



For children and young people with disabilities or additional needs

Is your child 0 - 18 years with a disability or additional need?

Sign up to **The Index** to be kept up to date about services,
support and activities across Cardiff and the Vale of Glamorgan



If you would like this information in another format e.g. large print, Braille, audio or another language, please contact the Family Information Service.

How to sign up to The Index?

You can sign up to The Index if you are:

- A parent/Carer of a child or young person aged 0 - 18 years with disabilities or additional needs.
- A professional working with children or young people 0 - 18 years with disabilities or additional needs.

Contact your local Family Information Service or visit their website to complete the registration form.

Cardiff Family Information Service

029 2035 1700

disabilityindex@cardiff.gov.uk

www.cardiff-fis.info

Vale Family Information Service

01446 704736

disabilityindex@valeofglamorgan.gov.uk

www.valeofglamorgan.gov.uk/fis



Gwasanaethau Gwybodaeth i Deuluoedd
Family Information Services



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Ref:

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What is The Index?

The Index is Cardiff and the Vale of Glamorgan's voluntary register of children and young people with disabilities or additional needs.

The Index aims to provide information to:

- **Families** – keeping families up to date with services, support and activities across Cardiff and the Vale of Glamorgan. It also provides a point of contact for families to discuss their needs.
- **Professionals** – keeping professionals up to date with the needs of children and young people with disabilities or additional needs, in order to plan services and improve access to services and support.
- **Organisations** – promoting existing services and support.



Who can sign up to The Index?

In order to be on The Index, a child or young person must:

- Be aged 0 - 18 years.
- Have a diagnosed disability, be in the process of diagnosis or have confirmed ongoing additional needs.

Why sign up to The Index?

Once signed up to The Index, you will receive:

- **The Index** - the newsletter which is sent out every 3 months, packed full of information about services, support and activities in Cardiff and the Vale of Glamorgan.
- **The Index eNews** - regular emails providing information about any activities and events which may be happening between issues of the newsletter.

Signing up will also mean that you help to influence the type of services being offered and developed.





What information do we need?

- Basic information e.g. name, date of birth, contact details, school.
- Details about any disabilities or additional needs.
- Details about services and support you already access/receive.
- Details of any specific information or support which you need.

Promise of confidentiality

- Information will be held confidentially on a secure system within each Family Information Service.
- Personal details will not be shared unless consent is given, or required to in law.
- All data or information requests will be strictly administered and monitored by the Disability Index Officer/Administrator under the Data Protection Act 1998.
- Anonymised statistical information will only be available to agencies responsible for planning / providing services for children and young people with disabilities or additional needs.



Useful Contact Information:

Health

Cardiff and Vale Child Health Directorate	029 2074 7662
Llandough Children's Centre	029 2070 5580
St David's Children's Centre	029 2053 6789

Social Services

Cardiff Child Health and Disability Team	029 2053 6400
Vale Child Health and Disability Team	01446 704285

Education

Cardiff Inclusion Service	029 2067 1479
Vale Inclusion Service	01446 709180
SNAP Cymru	029 2038 4868

Information, Advice and Support

Cardiff Family Information Service	029 2035 1700
Cardiff Families First Freephone	0808 8000 038
Cardiff Disability Team Around the Family	029 2022 8033

Vale Family Information Service	01446 704704
Vale Families First Advice Line	0800 0327 322

