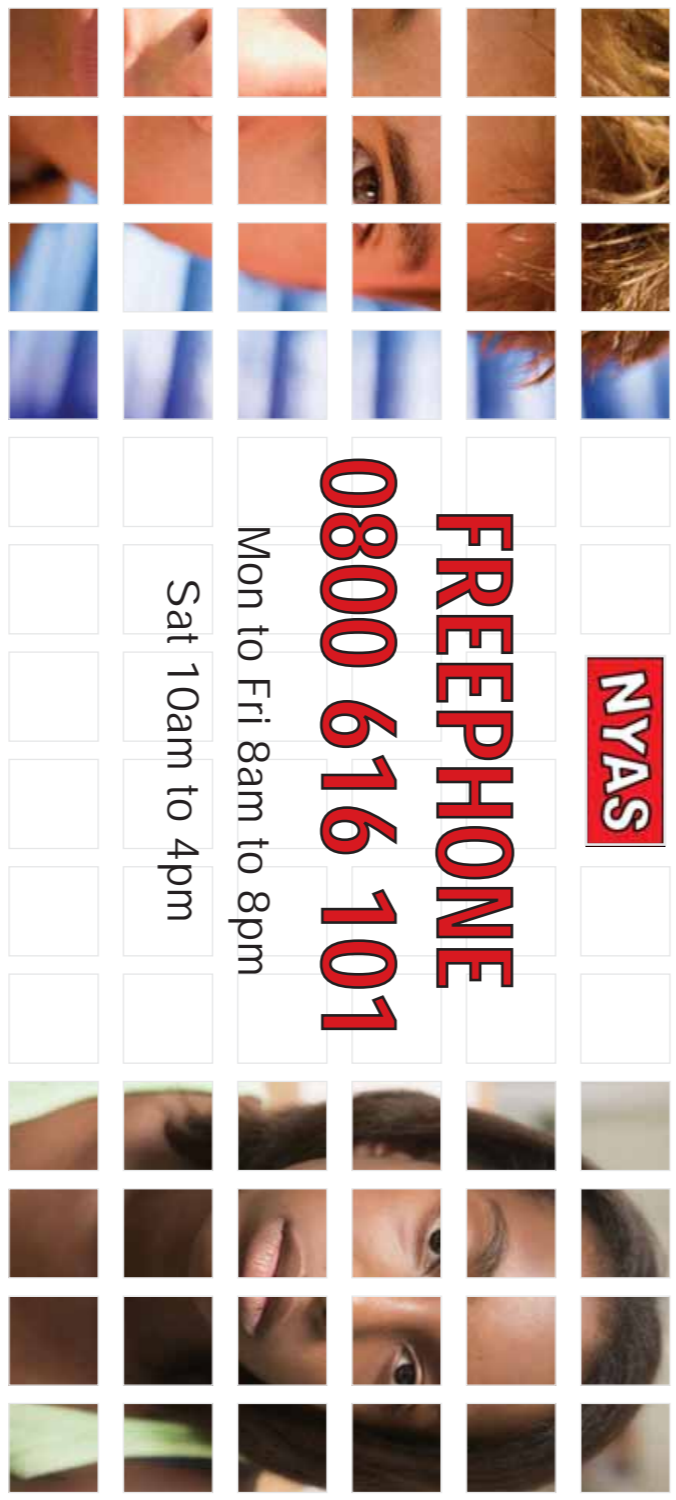




**FREEPOST
NYAS**

NO
STAMP
NEEDED



NYAS

**FREEPHONE
0800 616 101**

Mon to Fri 8am to 8pm
Sat 10am to 4pm



HOW TO CONTACT NYAS

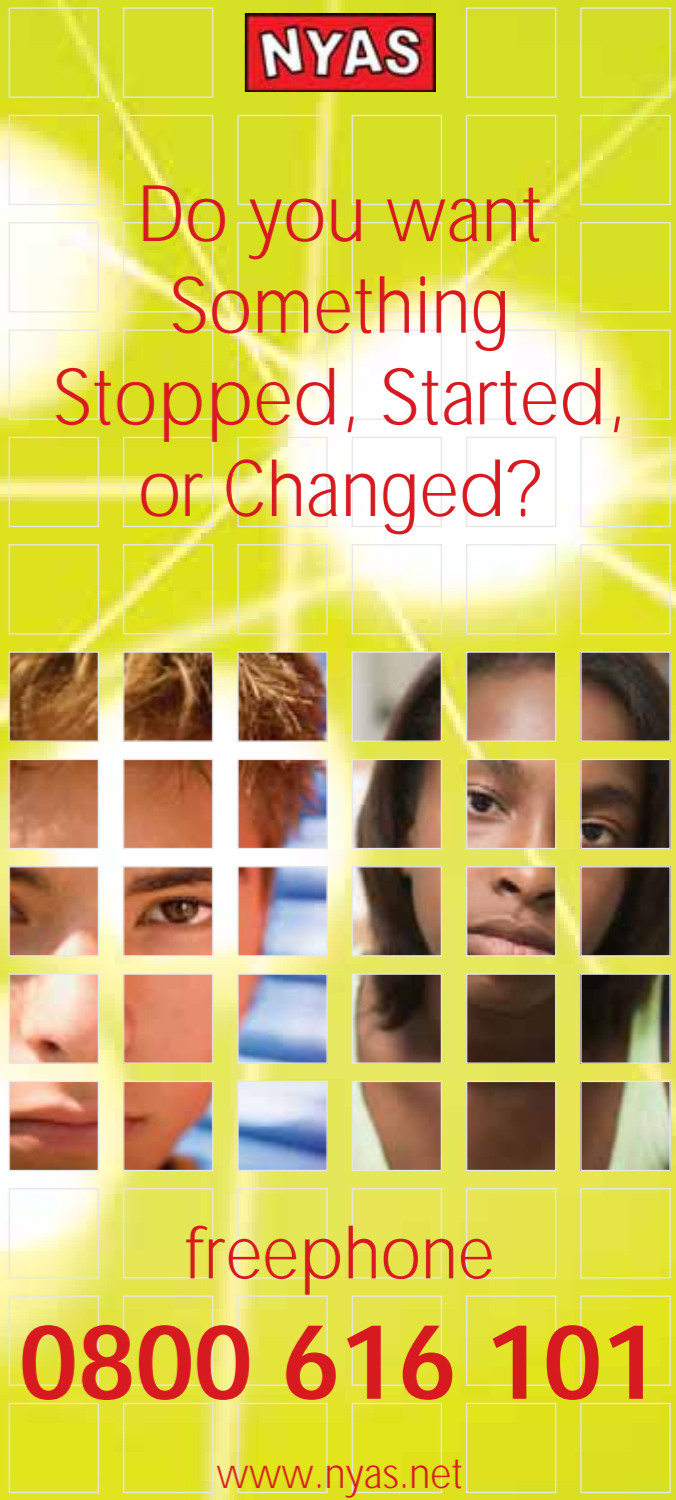
You can call us on
FREEPHONE 0800 616 101
Monday to Friday 8am - 8pm
Saturday 10am - 4pm

0151 649 8700
Monday to Friday 9am - 5pm

You can write to us
FREEPOST NYAS

You can email us on
help@nyas.net

You can our website at
www.nyas.net



NYAS

Do you want
Something
Stopped, Started,
or Changed?



freephone
0800 616 101

www.nyas.net



These are some examples of how NYAS has helped young people.

Ben had left home due to problems between him and his mother. He'd been dossing in friends' flats on and off for three months, sleeping rough some of the time. When he contacted NYAS he'd tried to get help for himself through social services but had been told 'he was not a priority'. NYAS contacted social services and explained Ben's rights. After talking to NYAS the social services agreed to help BEN.

Rachel 13, was being bullied by the older girls at the children's home where she was being looked after. She had run away on more than one occasion in the past because she felt that no one was listening to her and she was on the brink of running away again when she contacted NYAS.

A NYAS advocate visited Rachel at her Children's home and was able to support her and persuade the staff to take the problem of bullying seriously.

The service is Independent and Confidential.

Independent means that the people at NYAS do not work for anyone else.

Confidential means that the people at NYAS will keep what you say private, unless you, or someone else is in danger.

NATIONAL YOUTH ADVOCACY SERVICE

NYAS can help children and young people up to 25 years old

We have helped young people who are:

Wanting contact with family members

Involved with social services:

Leaving the care of social services

Wanting to live somewhere else or move placement

Not being listened to

Experiencing bullying

Making a formal complaint

In need of advice

Having problems at school

Being treated unfairly

For help or advice call FREE

0800 616 101



Need something stopped, started or changed



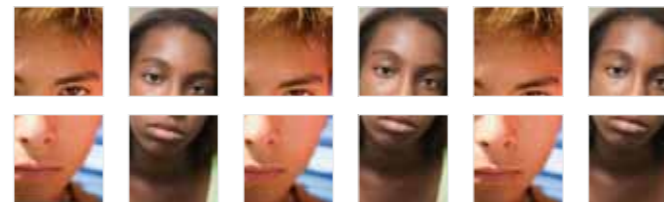
Are decisions being made about you that you don't like



Do you want help with making a complaint



If the answer is "YES" NYAS can help you, so you won't be alone!



Please Contact Me

My address is:
I can be contacted at:
My phone number is:
My email address is:

Is it safe for us to ring or write to you?

YES / NO

If NO, what is the best way to contact you?

You can put this card into an envelope and address it to

FREEPOST NYAS

(you do not need a stamp) and we will contact you as soon as we can.