



Prospectus 2016-17

ADULT COMMUNITY LEARNING
IN THE VALE OF GLAMORGAN

valecourses.org

V/C
ValeCourses
Adult Learning

Welcome to the Vale Courses Prospectus



Welcome to Adult Community Learning in the Vale of Glamorgan

Whatever your reason for learning there's a course to suit you. Courses start all year round, course times are flexible, run in the day and evening and also offered are one day or weekend workshops.

VENUE CODES

Barry Area:

BLL Barry Library	BPC Palmerston Adult Centre
BRL Rhoose Library	

Cowbridge & Llantwit Major Area:

CCC Cowbridge Community College	CCL Cowbridge Library
CES Eagleswell School, Llantwit Major	CLS Comprehensive School, Llantwit
CLY Llantwit Major Youth Centre	CSD St Donats Art Centre
CSH Southerndown Heritage Coast Cen	CTH Village Hall, Treoes
CWH Village Hall, Wick	CWV Western Vale Childrens Centre
CYI Ysgol Iolo Morganwg, Cowbridge	

Penarth Area:

PAC Albert Rd Church & Com Cen, Penarth	PDP Lee Hall, Dinas Powys
PLC Penarth Learning Community	PLL Penarth Library
PSS Old School, Sully	PTC Trinity Church, Penarth
PTK The Kymin, Penarth	PVW Village Hall, Wenvoe
PWH West House, Penarth	

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TERM DATES

Term 1

26 Sep to 9 Dec 2016

Half term: 24 to 29 Oct 2016

Term 2

16 Jan to 1 Apr 2017

Half term: 20 to 24 Feb 2017

Term 3

24 Apr to 10 Jul 2017

Half term: 29 May to 2 Jun 2017

CONTACT US

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www.valecourses.org

valeconnect Signup for regular email updates at www.valecourses.org



Find us on: [valecourses](https://www.facebook.com/valecourses)



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www.valecourses.org

Getting Started

Your guide to enrolling

HOW TO ENROL

Enrolment has never been easier! You can enrol in person, by post or over the telephone. We accept cash, cheque and card payments (please do not send cash or card details in the post).

Remember to enrol early as our courses fill up quickly and we wouldn't want you to miss out. Further information on all our courses and events can be found on our website www.valecourses.org or telephone **01446 773831**.

Telephone

To book your place on a course today with a card payment, please telephone Vale Courses on **01446 773831**.

By Post

Complete the enrolment form in this prospectus and forward to: Cowbridge Community College, Old Hall, High Street, Cowbridge CF71 7AH. Cheques made payable to '**Vale of Glamorgan Council**'.

Please note: If you require confirmation of your course, please enclose a stamped self addressed envelope.

In Person

Call in to:

- Cowbridge Community College
Old Hall, High Street, Cowbridge CF71 7AH
Telephone 01446 773831
Email valecourses@valeofglamorgan.gov.uk

Or visit:

- Palmerston Adult and Community Learning Centre
Cadoc Crescent, Barry CF63 2NT
Telephone 01446 733762
Email valecourses@valeofglamorgan.gov.uk

COURSE FEES

All courses have a fee attached, but some courses are eligible for concessions.

Band A

Full Fee

Band B

Over 60s not in full time employment, in receipt of a State benefit or full time student.



REFUNDS

Refunds are not normally given except when we close a course; however consideration will be given to written requests for exceptional circumstances. These will be subject to an administration charge of £10. Every effort is made to avoid cancelling or shortening courses.

CHANGE TO THE PROGRAMME

The Vale Council reserves the right to change tutors, courses and times after this publication has been printed.

DISABILITY

Please let us know if you have a disability which may affect participation in your chosen course prior to enrolling.

GIFT VOUCHERS

Available for all courses and workshops.

ROOM HIRE

Rooms are available for hire at Old Hall, Cowbridge with capacity of 10-100 people on an hourly or daily rate for meetings, training or functions. For more details please visit our website www.valecourses.org or telephone 01446 773831

Course Title	Starts	Day	Time	Wks	Cost		Venue
					Band A	Band B	

Many courses will continue in the Spring/Summer term

Band A Band B

ART

Refer to contents page for venue codes

BARRY AREA

Animal Caricatures	28/09/2016	WED	1900-2100	10	£89.00	£69.00	BPC
Draw Better Portraits	26/11/2016	SAT	1000-1600	1	£40.00	£40.00	BPC
Life Drawing	19/11/2016	SAT	1000-1600	1	£45.00	£45.00	BPC
Watercolours	27/09/2016	TUE	1300-1500	10	£89.00	£69.00	BPC
Watercolours	17/01/2017	TUE	1300-1500	10	£89.00	£69.00	BPC

COWBRIDGE & LLANTWIT MAJOR AREA

An Introduction to Pen and Wash	12/01/2017	THU	1000-1600	1	£35.00	£35.00	CSD
Art for Beginners	30/09/2016	FRI	1000-1200	10	£89.00	£69.00	CTH
Art for Beginners	20/01/2017	FRI	1000-1200	10	£89.00	£69.00	CTH
Create Vibrant Oil Pastel Paintings	04/03/2017	SAT	1000-1600	1	£35.00	£35.00	CCC
Draw Better Portraits	12/11/2016	SAT	1000-1600	1	£40.00	£40.00	CCC
Draw Better Portraits	28/01/2017	SAT	1000-1600	1	£40.00	£40.00	CCC
Draw Better Portraits	25/03/2017	SAT	1000-1600	1	£40.00	£40.00	CCC
Drawing & Painting Mixed Media	27/09/2016	TUE	1000-1200	15	£133.50	£103.50	CCC
Drawing & Painting Mixed Media	28/09/2016	WED	1330-1530	15	£133.50	£103.50	CTH
Drawing & Painting Mixed Media	28/09/2016	WED	1330-1530	10	£89.00	£69.00	CWH
Drawing & Painting Mixed Media	29/09/2016	THU	1245-1445	15	£133.50	£103.50	CCC
Drawing & Painting Mixed Media	18/01/2017	WED	1330-1530	10	£89.00	£69.00	CWH
Drawing & Painting Mixed Media Advanced	29/09/2016	THU	1000-1200	15	£133.50	£103.50	CCC
Explore Drawing	28/09/2016	WED	0930-1130	15	£133.50	£103.50	CCC
Explore Drawing and Painting	28/09/2016	WED	1400-1600	15	£133.50	£103.50	CCC
Exploring Watercolours	27/09/2016	TUE	1900-2100	10	£89.00	£69.00	CCC
Exploring Watercolours	17/01/2017	TUE	1900-2100	10	£89.00	£69.00	CCC
Found Objects Still Life Drawing	26/09/2016	MON	1000-1200	10	£89.00	£69.00	CCC
Found Objects Still Life Drawing	16/01/2017	MON	1000-1200	10	£89.00	£69.00	CCC
From Photograph to Watercolour	13/10/2016	THU	1000-1600	1	£35.00	£35.00	CSD
Gouache Sketching on Tinted Paper	10/11/2016	THU	1000-1600	1	£35.00	£35.00	CSD
How to Draw in One Day	09/03/2017	THU	1000-1600	1	£35.00	£35.00	CSD
iPad Painting Using Brushes App	26/11/2016	SAT	1000-1600	1	£35.00	£35.00	CCC
Life Drawing	27/09/2016	TUE	1900-2100	10	£114.00	£94.00	CCC
Life Drawing	17/01/2017	TUE	1900-2100	10	£114.00	£94.00	CCC
Lino Cutting and Printing Xmas Cards	03/12/2016	SAT	1000-1600	1	£40.00	£40.00	CCC
Painting Snow in Watercolour	08/12/2016	THU	1000-1600	1	£35.00	£35.00	CSD
Portraiture	26/09/2016	MON	1300-1500	15	£133.50	£103.50	CCC
Portraiture	30/09/2016	FRI	1000-1200	15	£133.50	£103.50	CCC
Watercolours	28/09/2016	WED	1900-2100	15	£133.50	£103.50	CCC
Watercolours Basics	09/02/2017	THU	1000-1600	1	£35.00	£35.00	CSD
Watercolours Intermediate	28/09/2016	WED	1145-1345	15	£133.50	£103.50	CCC

PENARTH AREA

Animal Caricatures - Easter Chickens	04/03/2017	SAT	1000-1600	1	£35.00	£35.00	PLC
Drawing & Painting Mixed Media	26/09/2016	MON	1000-1200	15	£133.50	£103.50	PDP
Drawing & Painting Mixed Media	29/09/2016	THU	1400-1600	15	£133.50	£103.50	PTC
Drawing & Watercolours	26/09/2016	MON	1900-2100	15	£133.50	£103.50	PLC
Drawing and Painting Spring Flowers	25/03/2017	SAT	1000-1600	1	£35.00	£35.00	PLC
Life Drawing and Portraiture	26/09/2016	MON	1900-2100	10	£114.00	£94.00	PLC

Course Title	Starts	Day	Time	Wks	Cost		Venue
					Band A	Band B	

Many courses will continue in the Spring/Summer term

ART (cont.)

Refer to contents page for venue codes

PENARTH AREA (cont.)							
Life Drawing and Portraiture	16/01/2017	MON	1900-2100	10	£114.00	£94.00	PLC
Portraiture	27/09/2016	TUE	1000-1200	10	£89.00	£69.00	PTC
Portraiture	17/01/2017	TUE	1000-1200	10	£89.00	£69.00	PTC
So You Think You Cant Draw	27/09/2016	TUE	1900-2100	10	£89.00	£69.00	PLC
So You Think You Cant Draw	17/01/2017	TUE	1900-2100	10	£89.00	£69.00	PLC
Watercolours for Beginners	12/11/2016	SAT	1000-1600	1	£35.00	£35.00	PLC

COMPUTERS AND PHOTOGRAPHY

BARRY AREA

Digital Photography for Beginners	26/09/2016	MON	1900-2100	10	£89.00	£69.00	BPC
Digital Photography for Beginners	16/01/2017	MON	1900-2100	10	£89.00	£69.00	BPC
Digital Photography for Beginners	17/01/2017	TUE	1300-1500	5	£44.50	£34.50	BRL
ECDL Advanced (1 Module)	29/09/2016	THU	1900-2100	20	£300.00	£300.00	BPC
Meet the iPad for Beginners	10/11/2016	THU	0930-1130	5	£44.50	£34.50	BRL
Photo Walk - Photography Skills and Photochallenge	11/10/2016	TUE	1300-1600	1	£18.00	£18.00	BRL

COWBRIDGE & LLANTWIT MAJOR AREA

Birds of Prey Photography	04/03/2017	SAT	1000-1500	1	£35.00	£35.00	CCC
Black and White Photography	18/01/2017	WED	1300-1500	5	£44.50	£34.50	CCC
Computers for the Terrified and the Internet	22/09/2016	THU	1000-1500	1	£35.00	£35.00	CCC
Creative Digital Photography - Close Up	28/01/2017	SAT	1000-1600	1	£35.00	£35.00	CCC
Creative Digital Photography - People	12/11/2016	SAT	1000-1600	1	£35.00	£35.00	CCC
Creative Photography - Aperture and Shutter Speed	09/11/2016	WED	1000-1200	5	£44.50	£34.50	CCC
Creative Photography - Programme Settings	28/09/2016	WED	1000-1200	5	£44.50	£34.50	CCC
Digital Photography for Beginners	28/09/2016	WED	1900-2100	5	£44.50	£34.50	CCC
Digital Photography for Beginners	08/11/2016	TUE	1300-1500	5	£44.50	£34.50	CLY
Email Marketing	18/11/2016	FRI	0900-1300	1	£32.00	£32.00	CCC
Excel for Beginners	11/11/2016	FRI	0900-1300	1	£32.00	£32.00	CCC
Excel for Improvers	03/02/2017	FRI	0900-1300	1	£32.00	£32.00	CCC
Google Analytics for Beginners	25/11/2016	FRI	0900-1300	1	£32.00	£32.00	CCC
iPad for Improvers (Internet, Email, Photos)	10/11/2016	THU	1230-1430	5	£44.50	£34.50	CCC
iPad for Improvers (Internet, Email, Photos)	02/03/2017	THU	0930-1130	5	£44.50	£34.50	CCC
Landscape Photography	19/11/2016	SAT	1000-1600	1	£35.00	£35.00	CSH
Landscape Photography	16/03/2017	THU	1000-1600	1	£35.00	£35.00	CSD
Meet the iPad for Beginners	29/09/2016	THU	1130-1330	5	£44.50	£34.50	CCC
Meet the iPad for Beginners	29/09/2016	THU	0930-1130	5	£44.50	£34.50	CCC
Meet the iPad for Beginners	19/01/2017	THU	0930-1130	5	£44.50	£34.50	CCC
Meet the iPad for Beginners	19/01/2017	THU	1130-1330	5	£44.50	£34.50	CCC
Meet the iPad for Beginners	02/03/2017	THU	1230-1430	5	£44.50	£34.50	CLY
Photo Walk - Photography Skills and Photochallenge	27/09/2016	TUE	1300-1600	1	£18.00	£18.00	CLY
Photo Walk - Photography Skills and Photochallenge	04/10/2016	TUE	1300-1600	1	£18.00	£18.00	CCC
Photoshop - Collage	28/09/2016	WED	1300-1500	5	£44.50	£34.50	CCC
Photoshop - Restoring Images	09/11/2016	WED	1300-1500	5	£44.50	£34.50	CCC
Photoshop - Understanding Layers	01/04/2017	SAT	1000-1600	1	£35.00	£35.00	CCC
Photoshop Elements for Beginners	09/11/2016	WED	1900-2100	5	£44.50	£34.50	CCC
Powerpoint for Beginners	14/10/2016	FRI	0900-1300	1	£32.00	£32.00	CCC

Course Title	Starts	Day	Time	Wks	Cost		Venue
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COMPUTERS AND PHOTOGRAPHY (cont.)

Refer to contents page for venue codes

COWBRIDGE & LLANTWIT MAJOR AREA (cont.)

Powerpoint for Improvers	10/02/2017	FRI	0900-1300	1	£32.00	£32.00	CCC
Studio Photography	11/11/2016	FRI	1000-1400	5	£99.00	£79.00	CCC
Twitter for Beginners	15/12/2016	THU	0930-1230	1	£0.00	£0.00	CCC
Wedding Photography	25/03/2017	SAT	1000-1600	1	£45.00	£45.00	CCC
Word for Improvers	04/11/2016	FRI	0900-1300	1	£32.00	£32.00	CCC
Word Processing for Beginners	07/10/2016	FRI	0900-1300	1	£32.00	£32.00	CCC
WordPress Websites for Beginners	27/09/2016	TUE	1900-2100	10	£89.00	£69.00	CCC

PENARTH AREA

Computers for the Terrified and the Internet	12/12/2016	MON	1000-1500	1	£35.00	£35.00	PWH
Creative Photography - Aperture and Shutter Speed	17/01/2017	TUE	1000-1200	5	£44.50	£34.50	PWH
Creative Photography - Programme Settings	08/11/2016	TUE	1000-1200	5	£44.50	£34.50	PWH
Digital Photography for Beginners	27/09/2016	TUE	1000-1200	5	£44.50	£34.50	PWH
iPad for Improvers (Internet, Email, Photos)	07/11/2016	MON	1000-1200	5	£44.50	£34.50	PWH
iPad for Improvers (Internet, Email, Photos)	27/02/2017	MON	1000-1200	5	£44.50	£34.50	PWH
Meet the iPad for Beginners	26/09/2016	MON	1300-1500	5	£44.50	£34.50	PLL
Meet the iPad for Beginners	26/09/2016	MON	1000-1200	5	£44.50	£34.50	PWH
Meet the iPad for Beginners	07/11/2016	MON	1300-1500	5	£44.50	£34.50	PLL
Meet the iPad for Beginners	16/01/2017	MON	1300-1500	5	£44.50	£34.50	PLL
Meet the iPad for Beginners	16/01/2017	MON	1000-1200	5	£44.50	£34.50	PWH
Meet the iPad for Beginners	27/02/2017	MON	1300-1500	5	£44.50	£34.50	PLL
Photo Walk - Photography Skills and Photochallenge	18/10/2016	TUE	1300-1600	1	£18.00	£18.00	PTK

CRAFTS

BARRY AREA

Cake Decorating Sugarcraft Beginners	29/09/2016	THU	1230-1430	10	£90.00	£70.00	BPC
Cake Decorating Sugarcraft Improvers	29/09/2016	THU	1000-1200	10	£90.00	£70.00	BPC
Cake Decorating Sugarcraft Improvers	29/09/2016	THU	1650-1850	10	£90.00	£70.00	BPC
Cake Decorating Sugarcraft Improvers	29/09/2016	THU	1900-2100	10	£90.00	£70.00	BPC
Ceramics	26/09/2016	MON	1300-1500	10	£99.00	£79.00	BPC
Ceramics	27/09/2016	TUE	1900-2100	10	£99.00	£79.00	BPC
Festive Glass Fusing Decorations	26/11/2016	SAT	1000-1600	1	£39.00	£39.00	BPC
Floral Designs for Christmas	19/11/2016	SAT	1000-1600	1	£40.00	£40.00	BPC
Gift Wrapping and Bow Making	26/11/2016	SAT	1000-1600	1	£42.00	£42.00	BPC
Kiln Glass Fusing	29/09/2016	THU	1000-1200	10	£99.00	£79.00	BPC
Upholstery & Furniture Restoration - visit Website for details							
Wedding Flowers	26/11/2016	SAT	1000-1600	1	£40.00	£40.00	BPC

COWBRIDGE & LLANTWIT MAJOR AREA

Beaded Jewellery for Beginners	12/11/2016	SAT	1000-1600	1	£35.00	£35.00	CCC
Bridal Flowers	28/01/2017	SAT	1000-1600	1	£40.00	£40.00	CCC
Calligraphy for Beginners	29/09/2016	THU	1300-1500	10	£89.00	£69.00	CCC
Calligraphy for Improvers	29/09/2016	THU	1000-1200	10	£89.00	£69.00	CCC
Ceramics	26/09/2016	MON	1000-1230	10	£121.25	£96.25	CCC
Ceramics	26/09/2016	MON	1300-1500	10	£99.00	£79.00	CCC
Ceramics	27/09/2016	TUE	1900-2100	10	£99.00	£79.00	CCC

Course Title	Starts	Day	Time	Wks	Cost		Venue
					Band A	Band B	

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CRAFTS (cont.)

Refer to contents page for venue codes

COWBRIDGE & LLANTWIT MAJOR AREA

Chalk Paint Furniture & Upholstery for Beginners	26/11/2016	SAT	1000-1600	1	55.00	55.00	CCC
Colourful Aluminium Jewellery	19/11/2016	SAT	1000-1600	1	£40.00	£40.00	CCC
Easter Ceramics	04/03/2017	SAT	1000-1600	1	£37.00	£37.00	CCC
Festive Ceramics	19/11/2016	SAT	1000-1600	1	£37.00	£37.00	CCC
Festive Glass Fusing Decorations	01/12/2016	THU	1000-1600	1	£43.00	£43.00	CCC
Floral Designs for Autumn	27/09/2016	TUE	1900-2100	4	£45.60	£37.60	CCC
Floral Designs for Christmas	26/11/2016	SAT	1000-1600	1	£40.00	£40.00	CCC
Floral Designs for Spring	28/02/2017	TUE	1900-2100	5	£54.50	£44.50	CCC
Floral Designs for Summer	25/04/2017	TUE	1900-2100	5	£54.50	£44.50	CCC
Fused Glass Coasters	01/04/2017	SAT	1000-1600	1	£43.00	£43.00	CCC
Fused Glass Hearts	28/01/2017	SAT	1000-1600	1	£43.00	£43.00	CCC
Fused Glass Pendants	03/11/2016	THU	1000-1600	1	£43.00	£43.00	CCC
Fused Glass Wall Hanging	25/03/2017	SAT	1000-1600	1	£43.00	£43.00	CCC
Gift Wrapping and Bow Making	19/11/2016	SAT	1000-1600	1	£42.00	£42.00	CCC
Gift Wrapping and Bow Making	25/03/2017	SAT	1000-1600	1	£42.00	£42.00	CCC
Gift Wrapping Introduction	05/10/2016	WED	1800-2100	1	£20.00	£20.00	CCC
Gift Wrapping Introduction	07/12/2016	WED	1800-2100	1	£20.00	£20.00	CCC
Green Woodworking - From Log to Stool	27/09/2016	TUE	0930-1130	10	£89.00	£69.00	CCC
Lampshade Making for Beginners	01/04/2017	SAT	1000-1400	1	£45.00	£45.00	CCC
Making Flowers from Ribbon and Fabric	12/10/2016	WED	1800-2100	2	£35.00	£35.00	CCC
Stained Glass - Through the Looking Glass	12/11/2016	SAT	1000-1600	1	£41.00	£41.00	CCC
Stained Glass - Through the Looking Glass	03/03/2017	FRI	1000-1600	1	£41.00	£41.00	CCC
Willow BasketMaking for Beginners	04/11/2016	FRI	0930-1530	3	£95.00	£95.00	CCC
Willow BasketMaking for Beginners	12/01/2017	THU	0930-1530	3	£95.00	£95.00	CCC

PENARTH AREA

Colourful Aluminium Jewellery	04/03/2017	SAT	1000-1600	1	£40.00	£40.00	PLC
Floral Designs for Spring	04/03/2017	SAT	1000-1600	1	£40.00	£40.00	PLC
Green Woodworking - From Log to Stool	27/09/2016	TUE	1900-2100	10	£89.00	£69.00	PLC
Lampshade Making for Beginners	04/03/2017	SAT	1000-1400	1	£45.00	£45.00	PLC
Upcycle Jewellery Making	27/09/2016	TUE	1900-2100	10	£89.00	£69.00	PLC
Upcycle Jewellery Making	26/11/2016	SAT	1000-1600	1	£35.00	£35.00	PTC
Upholstery & Furniture Restoration - visit Website for details							
Woodwork & Carpentry	26/09/2016	MON	1900-2100	10	£89.00	£69.00	PLC

GENERAL

COWBRIDGE & LLANTWIT MAJOR AREA

Bridge For Beginners	29/09/2016	THU	1300-1500	10	£89.00	£69.00	CCC
Family History Stage 1	28/09/2016	WED	1300-1500	10	£89.00	£69.00	CCL
Family History Stage 4	28/09/2016	WED	1000-1200	10	£89.00	£69.00	CCL
Indian Cookery	27/09/2016	TUE	1900-2100	10	£89.00	£69.00	CLS
Indian Cookery	17/01/2017	TUE	1900-2100	10	£89.00	£69.00	CLS
Introduction to Ancient Egypt	04/10/2016	TUE	1300-1500	10	£89.00	£69.00	CLY
Introduction to Falconry Birds of Prey	20/01/2017	FRI	1000-14000	5	£99.00	£79.00	CCC
Music Appreciation with Tea and Cakes'	15/11/2016	TUE	1400-1600	1	£12.50	£12.50	CCC
Wine Appreciation	28/02/2017	TUE	1900-2100	6	£65.00	£54.00	CCC

Course Title	Starts	Day	Time	Wks	Cost		Venue
					Band A	Band B	

Many courses will continue in the Spring/Summer term

Band A Band B

GENERAL (cont.)

Refer to contents page for venue codes

PENARTH AREA

Family History Stage 3	30/09/2016	FRI	1000-1200	10	£89.00	£69.00	PLL
Guitar for Beginners	27/09/2016	TUE	1900-2100	10	£89.00	£69.00	PLC
Healthy Indian Cookery Takeaway	12/11/2016	SAT	1000-1600	1	£40.00	£40.00	PLC
Healthy Indian Cookery Takeaway	04/03/2017	SAT	1000-1600	1	£40.00	£40.00	PLC
Indian Cookery	26/09/2016	MON	1900-2100	10	£89.00	£69.00	PLC
Indian Cookery	16/01/2017	MON	1900-2100	10	£89.00	£69.00	PLC
Mediterranean Cookery	27/09/2016	TUE	1900-2100	10	£89.00	£69.00	PLC
Mediterranean Cookery	17/01/2017	TUE	1900-2100	10	£89.00	£69.00	PLC
Wine Appreciation	31/10/2016	MON	1900-2100	6	£65.00	£54.00	PLC

HEALTH & WELLBEING

COWBRIDGE & LLANTWIT MAJOR AREA

Introduction to Indian Head Massage	19/01/2017	THU	1900-2100	8	£71.00	£55.00	CCC
Introduction to Reflexology	29/09/2016	THU	1900-2100	8	£71.00	£55.00	CCC
Pilates	26/09/2016	MON	1330-1500	10	£60.00	£45.00	CWH
Pilates	28/09/2016	WED	1000-1200	10	£80.00	£60.00	CCC
Stress Management	27/04/2017	THU	1900-2100	8	£71.00	£55.00	CCC
Tea Dance (2nd Friday of the Month)	09/09/2016	FRI	1400-1600	4	£20.00	£20.00	CSD
The Art of Relaxation	19/11/2016	SAT	1000-1600	1	£35.00	£35.00	CCC
Versatile Essential Oils	04/03/2017	SAT	1000-1400	1	£25.00	£25.00	CCC
Yoga	26/09/2016	MON	1000-1130	10	£60.00	£45.00	CCC
Yoga	27/09/2016	TUE	1300-1430	10	£60.00	£45.00	CCC
Yoga	28/09/2016	WED	1000-1130	10	£60.00	£45.00	CCC
Yoga	28/09/2016	WED	1900-2030	10	£60.00	£45.00	CES

PENARTH AREA

Body Toning 55+	28/09/2016	WED	0945-1115	10	£60.00	£45.00	PDP
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LANGUAGES

BARRY AREA

Spanish 4	28/09/2016	WED	1900-2100	15	£133.50	£103.50	BPC
Spanish 5+	27/09/2016	TUE	1900-2100	15	£133.50	£103.50	BPC

COWBRIDGE & LLANTWIT MAJOR AREA

French - visit our website for more courses				15	£133.50	£103.50	
French 1 for Beginners	26/09/2016	MON	1300-1500	15	£133.50	£103.50	CCC
French 1 for Beginners	29/09/2016	THU	1900-2100	15	£133.50	£103.50	CCC
French 2	30/09/2016	FRI	0930-1130	15	£133.50	£103.50	CCC
French 4	27/09/2016	TUE	1230-1430	15	£133.50	£103.50	CCC
French 5+	28/09/2016	WED	1000-1200	15	£133.50	£103.50	CCC
French 5+	29/09/2016	THU	0930-1130	15	£133.50	£103.50	CCC
French Advanced	27/09/2016	TUE	0930-1130	15	£133.50	£103.50	CCC
German - visit our website for more courses				15	£133.50	£133.50	
German for Improvers	27/09/2016	TUE	1800-2000	15	£133.50	£103.50	CCC
German for Improvers Plus	28/09/2016	WED	1800-2000	15	£133.50	£103.50	CCC
Italian 1 for Beginners	29/09/2016	THU	1630-1830	15	£133.50	£103.50	CCC
Italian 2	29/09/2016	THU	1900-2100	15	£133.50	£103.50	CCC
Spanish 1 for Beginners	27/09/2016	TUE	1900-2100	15	£133.50	£103.50	CLS

Course Title	Starts	Day	Time	Wks	Cost		Venue
					Band A	Band B	

Many courses will continue in the Spring/Summer term

LANGUAGES (cont.)

Refer to contents page for venue codes

COWBRIDGE & LLANTWIT MAJOR AREA (cont.)

Spanish 1 for Beginners	27/09/2016	TUE	1900-2100	15	£133.50	£103.50	CLS
Spanish 1 for Beginners	28/09/2016	WED	1900-2100	15	£133.50	£103.50	CCC
Spanish 1 for Beginners	28/09/2016	WED	1300-1500	15	£133.50	£103.50	CCC
Spanish 2	28/09/2016	WED	1000-1200	15	£133.50	£103.50	CCC
Spanish 2	29/09/2016	THU	1900-2100	15	£133.50	£103.50	CCC
Spanish 3	26/09/2016	MON	1300-1500	15	£133.50	£103.50	CCC
Spanish 3+	27/09/2016	TUE	1000-1200	15	£133.50	£103.50	CCC
Spanish 5+	27/09/2016	TUE	1300-1500	15	£133.50	£103.50	CCC
Spanish Advanced / Tertulia	26/09/2016	MON	1000-1200	15	£133.50	£103.50	CCC

PENARTH AREA

French - visit our website for more courses				15	£133.50	£103.50	
French 1 for Beginners	27/09/2016	TUE	1900-2100	15	£133.50	£103.50	PLC
French 3	27/09/2016	TUE	0930-1130	15	£133.50	£103.50	PTK
French 4	28/09/2016	WED	0945-1145	15	£133.50	£103.50	PTK
French 4	29/09/2016	THU	1000-1200	15	£133.50	£103.50	PSS
French 5	27/09/2016	TUE	1300-1500	15	£133.50	£103.50	PTK
German - visit our website for more courses				15	£133.50	£133.50	
Italian 1 for Beginners	26/09/2016	MON	1300-1500	15	£133.50	£103.50	PWH
Italian 2	26/09/2016	MON	1900-2100	15	£133.50	£103.50	PLC
Italian Power Course: Intensive, Revision, Practice	28/01/2017	SAT	1000-1600	1	£35.00	£35.00	PTC
Spanish - visit our website for more courses				15	£133.50	£103.50	
Spanish 1 for Beginners	29/09/2016	THU	1000-1200	15	£133.50	£103.50	PWH
Spanish Advanced / Tertulia	27/09/2016	TUE	0930-1130	15	£133.50	£103.50	PAC

PERSONAL DEVELOPMENT

BARRY AREA

Introduction to Counselling (Counselling Skills Level 1)	27/09/2016	TUE	0930-1130	10	£100.00	£80.00	BPC
Introduction to Counselling (Counselling Skills Level 1)	29/09/2016	THU	1900-2100	10	£100.00	£80.00	BPC
Counselling Skills Level 2	17/01/2017	TUE	0930-1200	20	£262.50	£212.50	BPC
Counselling Skills Level 2	19/01/2017	THU	1830-2100	20	£262.50	£212.50	BPC

COWBRIDGE & LLANTWIT MAJOR AREA

Introduction to Counselling (Counselling Skills Level 1)	28/09/2016	WED	1300-1500	10	£100.00	£80.00	CCC
Counselling Skills Level 2	18/01/2017	WED	1230-1500	20	£262.50	£212.50	CCC
Level 2 Award in Emergency First Aid At Work	12/12/2016	MON	0900-1700	1	£55.00	£55.00	CCC
Level 2 Award in Emergency First Aid At Work	05/04/2017	WED	0900-1700	1	£55.00	£55.00	CCC

PENARTH AREA

Introduction to Counselling (Counselling Skills Level 1)	26/09/2016	MON	1900-2100	10	£100.00	£80.00	PLC
Counselling Skills Level 2	16/01/2017	MON	1830-2100	20	£262.50	£212.50	PLC
Level 2 Award in Emergency First Aid At Work	28/01/2017	SAT	0900-1700	1	£55.00	£55.00	PTC

TEXTILES

BARRY AREA

Festive Patchwork and Quilting	26/11/2016	SAT	1000-1600	1	£42.00	£42.00	BPC
How to use a Sewing Machine	19/11/2016	SAT	1000-1600	1	£35.00	£35.00	BPC
Patchwork and Quilting	28/09/2016	WED	1300-1500	15	£133.50	£103.50	BPC
Patchwork and Quilting	28/09/2016	WED	0930-1130	15	£133.50	£103.50	BPC

Course Title	Starts	Day	Time	Wks	Cost		Venue
					Band A	Band B	

Many courses will continue in the Spring/Summer term

TEXTILES (cont.)

Refer to contents page for venue codes

COWBRIDGE & LLANTWIT MAJOR AREA

Applique Cushion - Use Sewing Machine for Beginners	28/01/2017	SAT	1000-1600	1	£40.00	£40.00	CCC
Bunting - Use Sewing Machine for Beginners	01/04/2017	SAT	1000-1600	1	£40.00	£40.00	CCC
Crochet Club (Meet Monthly 8 Oct, 12 Nov, 10 Dec)	08/10/2016	SAT	1000-1230	3	£30.00	£30.00	CCC
Crochet Flower Brooch	01/04/2017	SAT	1000-1600	1	£35.00	£35.00	CCC
Crochet Wrist Warmers	28/01/2017	SAT	1000-1600	1	£35.00	£35.00	CCC
Dressmaking - Upcycled Clothing	25/03/2017	SAT	1000-1600	1	£35.00	£35.00	CCC
Dressmaking and Sewing Skills	28/09/2016	WED	1900-2100	10	£89.00	£69.00	CCC
Fabric Door Stops (Owls, Beach Hut)	19/11/2016	SAT	1000-1600	1	£40.00	£40.00	CCC
Fabric Handmade Bespoke Accessories and Homeware	04/03/2017	SAT	1000-1600	1	£35.00	£35.00	CCC
Felt Making - Bags	28/01/2017	SAT	1000-1600	1	£40.00	£40.00	CCC
Felt Making - Hats	26/11/2016	SAT	1000-1600	1	£40.00	£40.00	CCC
Festive Crochet Tea Light Covers	19/11/2016	SAT	1000-1600	1	£35.00	£35.00	CCC
Festive Fabric Sewing Gift Set	12/11/2016	SAT	1000-1600	1	£40.00	£40.00	CCC
Knitting for Absolute Beginners	04/03/2017	SAT	1000-1600	1	£35.00	£35.00	CCC
Patchwork and Quilting	26/09/2016	MON	1000-1200	10	£89.00	£69.00	CCC
Patchwork and Quilting	26/09/2016	MON	1300-1500	10	£89.00	£69.00	CCC
Patchwork and Quilting	27/09/2016	TUE	1900-2100	10	£89.00	£69.00	CLS
Sewing Bee - Patterns, Cushions, Dressmaking	29/09/2016	THU	1000-1200	10	£89.00	£69.00	CCC
Sewing Bee - Patterns, Cushions, Dressmaking	29/09/2016	THU	1300-1500	10	£89.00	£69.00	CCC

PENARTH AREA

Dressmaking and Sewing Skills	28/09/2016	WED	1000-1200	10	£89.00	£69.00	PTK
Dressmaking and Sewing Skills	18/01/2017	WED	1000-1200	10	£89.00	£69.00	PTK
Dressmaking and Sewing Skills (Intermediate Level)	27/09/2016	TUE	1900-2100	10	£89.00	£69.00	PLC
Dressmaking Skills for Beginners	26/09/2016	MON	1900-2100	10	£89.00	£69.00	PLC
Dressmaking Skills for Beginners	04/03/2017	SAT	1000-1600	1	£35.00	£35.00	PLC
Felt Making - Flowers	25/03/2017	SAT	1000-1600	1	£35.00	£35.00	PLC
Felt Making Beginners and Improvers	12/11/2016	SAT	1000-1600	1	£35.00	£35.00	PLC
Festive Applique Bunting	26/11/2016	SAT	1000-1600	1	£40.00	£40.00	PTC
Knitting for Absolute Beginners	12/11/2016	SAT	1000-1600	1	£35.00	£35.00	PLC
Knitting for Absolute Beginners	25/03/2017	SAT	1000-1600	1	£35.00	£35.00	PLC
Knitting for Beginners	26/09/2016	MON	1900-2100	10	£89.00	£69.00	PLC
Knitting for Beginners	27/09/2016	TUE	1300-1500	10	£89.00	£69.00	PTC
Knitting for Improvers	16/01/2017	MON	1900-2100	10	£89.00	£69.00	PLC
Knitting for Improvers	17/01/2017	TUE	1300-1500	10	£89.00	£69.00	PTC
Patchwork and Quilting for Beginners	28/09/2016	WED	1300-1500	10	£89.00	£69.00	PTK
Patchwork and Quilting for Beginners	18/01/2017	WED	1300-1500	10	£89.00	£69.00	PTK

Writing Contest

AUTHORS

PRIZES:

▶ 1st £100 ▶ 2nd £75 ▶ 3rd £50

THE THEME:

Write the first chapter of an historical novel

You may choose any historical period, from any country, or culture, up to and including World War II.

SEND ENTRIES TO:

Creative Writing Competition, Old Hall, High Street, Cowbridge CF71 7AH

The closing date will be Tuesday, 1st November 2016

Please submit 5 copies of your writing. All pieces of writing must be typed and not handwritten. The entry must include contact details, such as Name, Email and Telephone. No age limit. Individuals can enter more than one piece of writing on the basis they pay for each entry.

MAXIMUM OF 1500 WORDS. ENTRY FEE: £5

Course Title	Starts	Day	Time	Wks	Cost			Venue
					Band A	Band B	Band C	

Once a week courses for thirty weeks

Refer to contents page for venue codes

WELSH FOR ADULTS

BARRY AREA

Mynediad 1 Entry 1 *Crèche	27/09/2016	TUE	1300-1500	30	£150.00	£100.00	£50.00	BPC
Mynediad 1 Entry 1	28/09/2016	WED	1700-1900	30	£150.00	£100.00	£50.00	BLL
Mynediad 1 Entry 1	28/09/2016	WED	1900-2100	30	£150.00	£100.00	£50.00	BPC
Mynediad 2 Entry 2	27/09/2016	TUE	1700-1900	30	£150.00	£100.00	£50.00	BLL
Mynediad 2 Entry 2 *Crèche	29/09/2016	THU	0930-1130	30	£150.00	£100.00	£50.00	BPC
Mynediad 2 Entry 2	29/09/2016	THU	1900-2100	30	£150.00	£100.00	£50.00	BPC
Sylfaen 1 Foundation 1 *Crèche	27/09/2016	TUE	0930-1130	30	£150.00	£100.00	£50.00	BPC
Sylfaen 1 Foundation 1	27/09/2016	TUE	1900-2100	30	£150.00	£100.00	£50.00	BPC
Sylfaen 1 Foundation 1	29/09/2016	THU	1700-1900	30	£150.00	£100.00	£50.00	BLL
Sylfaen 2 Foundation 2 *Crèche	26/09/2016	MON	1300-1500	30	£150.00	£100.00	£50.00	BPC
Sylfaen 2 Foundation 2	28/09/2016	WED	1700-1900	30	£150.00	£100.00	£50.00	BLL
Canolradd 1 Intermediate 1	26/09/2016	MON	1900-2100	30	£150.00	£100.00	£50.00	BPC
Canolradd 1 Intermediate 1 *Crèche	28/09/2016	WED	1300-1500	30	£150.00	£100.00	£50.00	BPC
Canolradd 2 Intermediate 2 *Crèche	28/09/2016	WED	1230-1430	30	£150.00	£100.00	£50.00	BPC
Uwch 2 Higher 2 *Crèche	26/09/2016	MON	0930-1130	30	£150.00	£100.00	£50.00	BPC
Uwch 3 Higher 3 *Crèche	29/09/2016	THU	0930-1130	30	£150.00	£100.00	£50.00	BPC

COWBRIDGE & LLANTWIT MAJOR AREA

Mynediad 1 Entry 1	27/09/2016	TUE	0930-1130	30	£150.00	£100.00	£50.00	CCC
Mynediad 1 Entry 1	29/09/2016	THU	1900-2100	30	£150.00	£100.00	£50.00	CCC
Mynediad 1 Entry 1	27/09/2016	TUE	1900-2100	30	£150.00	£100.00	£50.00	CLS
Mynediad 2 Entry 2	26/09/2016	MON	1300-1500	30	£150.00	£100.00	£50.00	CCC
Mynediad 2 Entry 2	27/09/2016	TUE	1900-2100	30	£150.00	£100.00	£50.00	CCC
Mynediad 2 Entry 2 *Crèche	28/09/2016	WED	0930-1130	30	£150.00	£100.00	£50.00	CWV
Mynediad 2 Entry 2	28/09/2016	WED	1900-2100	30	£150.00	£100.00	£50.00	CLS
Sylfaen 1 Foundation 1	29/09/2016	THU	1900-2100	30	£150.00	£100.00	£50.00	CCC
Sylfaen 2 Foundation 2	26/09/2016	MON	0930-1130	30	£150.00	£100.00	£50.00	CCC
Sylfaen 2 Foundation 2	29/09/2016	THU	0930-1130	30	£150.00	£100.00	£50.00	CYI
Canolradd 1 Intermediate 1	28/09/2016	WED	1900-2100	30	£150.00	£100.00	£50.00	CLS
Canolradd 2 Intermediate 2	28/09/2016	WED	1900-2100	30	£150.00	£100.00	£50.00	CLS
Uwch 3 Higher 3	28/09/2016	WED	1300-1500	30	£150.00	£100.00	£50.00	CCC

PENARTH AREA

Mynediad 1 Entry 1	27/09/2016	TUE	1900-2100	30	£150.00	£100.00	£50.00	PLC
Mynediad 1 Entry 1	29/09/2016	THU	1300-1500	30	£150.00	£100.00	£50.00	PAR
Mynediad 2 Entry 2	26/09/2016	MON	1900-2100	30	£150.00	£100.00	£50.00	PLC
Mynediad 2 Entry 2	27/09/2016	TUE	1300-1500	30	£150.00	£100.00	£50.00	PVW
Mynediad 2 Entry 2	29/09/2016	THU	1000-1200	30	£150.00	£100.00	£50.00	PAR
Sylfaen 1 Foundation 1	27/09/2016	TUE	1900-2100	30	£150.00	£100.00	£50.00	PLC
Sylfaen 2 Foundation 2	29/09/2016	THU	1900-2100	30	£150.00	£100.00	£50.00	PTK
Canolradd 1 Intermediate 1	29/09/2016	THU	1900-2100	30	£150.00	£100.00	£50.00	PTK
Canolradd 2 Intermediate 2	28/09/2016	WED	1230-1430	30	£150.00	£100.00	£50.00	PAR
Pontio/Uwch 1 Bridge/Higher 1	28/09/2016	WED	0930-1130	30	£150.00	£100.00	£50.00	PAR
Uwch 3 Higher 3	29/09/2016	THU	1830-2030	30	£150.00	£100.00	£50.00	PTK
Uwch 4 Higher 4	27/09/2016	TUE	1000-1200	30	£150.00	£100.00	£50.00	PTK

Enrol during July for 10% early bird discount.

Welsh for the Family and Fast Track courses are also available.

Get Back on Track with a FREE Course

The Vale of Glamorgan Adult and Community Learning Service offers a range of opportunities for individuals to improve their skills and qualifications and build confidence.

Visit www.gbotfree.org to download the latest brochure.

Dewch yn ôl ar y Trywydd Iawn drwy ddilyn Cwrs am ddim

Mae gwasanaeth Addysg Oedolion a Dysgu Cymunedol Bro Morgannwg yn cynnig pob math o gyfle i bobl wella eu sgiliau a'u cymwysterau a magu hyder.

Ewch i www.gbotfree.org er mwyn llwytho'r llyfryn diweddaraf i lawr.

Adult Community Learning in the Vale of Glamorgan

FREE COURSES

Get back on Track!

- Gain skills for the workplace
- Achieve qualifications to help you get that job
- Get help and support for your jobsearch
- Improve your English, Maths and ICT
- Build your confidence

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It depends on you!

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Get Back on Track
Palmerston Community Learning Centre
Cadoc Crescent, Barry CF63 2NT

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- FOOD BWYD
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www.cardiff.gov.uk/learn
www.caerdydd.gov.uk/dysgu

☎ 029 2023 1652



Adult Community Learning



adultcommunitylearningcardiff



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@DysguCaerdydd



Enrolment Form

Student No.

A Welsh version of this enrolment form is available upon request.

1. Personal Details

Title: Mr/Miss/Mrs/Ms/Other Surname Forename

Date of Birth Gender M F Surname at 16

Address

Mobility No.

Home No.

Town/City Post Code E-mail

2. Course Information

Course Code Course Title

Term Autumn Spring Summer Day M Tu W Th F Sa Su Time

Venue No. of Weeks Date Learner Starts Course

How did you hear about our courses? Website Brochure/Flyer Social Media Other:

3. Fee Information

Amount Paid By Learner

Band A Band B Receipt No.

Cheque Cash Card Invoice

Please tick all that apply:

<input type="checkbox"/> Over 60s	<input type="checkbox"/> Full Time Students
<input type="checkbox"/> Income Support/ Pension Credit	<input type="checkbox"/> Exceptionally Severe Disablement Allowance
<input type="checkbox"/> Carer's Allowance	<input type="checkbox"/> Disability Living Allowance
<input type="checkbox"/> Working Tax Credit	<input type="checkbox"/> Employment Support Allowance
<input type="checkbox"/> Incapacity Benefit	<input type="checkbox"/> Jobseekers Allowance
<input type="checkbox"/> Council Tax Benefit Reduction	<input type="checkbox"/> Housing Benefit
<input type="checkbox"/> Personal Independence Payment	<input type="checkbox"/> Industrial Displacement Benefit

4. National Identity

Welsh Scottish Irish British English Other, please specify:

Please indicate the language in which you prefer to learn: English Welsh Other, please specify:

5. Help & Support

Do you have a disability, learning difficulty, mental health problem or any long standing illness? No, Go to 6 Yes, select below

<input type="checkbox"/> Visual impairment	<input type="checkbox"/> Severe learning difficulties	<input type="checkbox"/> SPLD—attention deficit hyperactivity disorder
<input type="checkbox"/> Hearing impairment	<input type="checkbox"/> Specific learning difficulties	<input type="checkbox"/> Physical and/or medical difficulties
<input type="checkbox"/> Multi-sensory impairment	<input type="checkbox"/> SPLD—dyslexia	<input type="checkbox"/> Behavioural, emotional and social difficulties
<input type="checkbox"/> Autistic spectrum disorders	<input type="checkbox"/> SPLD—dyscalculia	<input type="checkbox"/> Speech, language and communication difficulties
<input type="checkbox"/> General learning difficulties	<input type="checkbox"/> SPLD—dyspraxia	<input type="checkbox"/> Profound and multiple learning difficulties
<input type="checkbox"/> Moderate learning difficulties		

Will you need support with your learning? (e.g. large print, hearing loop, etc.)

No Yes, please specify:

Help to evacuate the building in the event of an emergency/ fire drill? (e.g. I use a wheelchair)

No Yes, please specify:

6. Ethnicity

<input type="checkbox"/> White	<input type="checkbox"/> Arab	<input type="checkbox"/> Indian	<input type="checkbox"/> Caribbean	<input type="checkbox"/> Pakistani
<input type="checkbox"/> White & Asian	<input type="checkbox"/> Gypsy/Irish Traveller	<input type="checkbox"/> Other Asian	<input type="checkbox"/> Chinese	Other, please specify: <input type="text"/>
<input type="checkbox"/> Black Caribbean	<input type="checkbox"/> White & Black Caribbean	<input type="checkbox"/> Irish	<input type="checkbox"/> Other White	<input type="text"/>
<input type="checkbox"/> Bangladeshi	<input type="checkbox"/> Black African	<input type="checkbox"/> White & Black African	<input type="checkbox"/> Black Other	

Any data supplied by you on this form will be processed in accordance with Data Protection Act requirements and in supplying it you consent to the Council processing the data for the purpose for which it is supplied.

Signature Date