

spring

COURSES

LOVE
COOKING

BE
CREATIVE

Take
great
photos

Sew many
textile courses
on offer

BRUSH UP
YOUR PAINTING

AND LOTS
MORE



VC
ValeCourses
Adult Learning

valecourses.org




PHOTO GRAPHY COURSES

Course	Date	Day	Time	Wks	Cost	Venue
Abstract Photography	16-2-19	Sat	10-4pm	1	£35	CCC
Digital Photography Foundation	4-3-19	Mon	1-3pm	6	£55.20*	PLC
Photoshop Elements for Improvers	5-3-19	Tue	1-3pm	5	£46*	CCC
Downloading Photographs to Computers	5-3-19	Tue	7-9pm	3	£28*	CCC
Digital Photography for Complete Beginners	6-3-19	Wed	10-12noon	3	£28*	CCC
Digital Photography for Improvers	6-3-19	Wed	1-3pm	5	£46*	CCC
Photoshop Elements for Improvers	6-3-19	Wed	7-9pm	5	£46*	CCC
Birds of Prey Photography	23-3-19	Sat	10-3pm	1	£40	CCC
Landscape Photography	30-3-19	Sat	10-4pm	1	£35	CSH

Venue code: CCC Cowbridge Community College, CSH Southerndown Heritage Coast, PLC Penarth Learning Community

*Fee concession available

To book telephone

01446 773831

valecourses.org





Cookery Courses

TO BOOK CALL
VALE COURSES

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Indian Cookery

Starts Mon 14 Jan 7-9pm

10 weeks Cost £97*

Penarth Learning Community

Breads and Baking

Starts Mon 21 Jan 6-9pm

5 weeks Cost £74*

Penarth Learning Community

A Taste of Mexican

Starts Tue 5 Feb 6-9pm

3 weeks Cost £41.40*

Penarth Learning Community

Greek Cookery

Starts Tue 5 Mar 6-9pm

5 weeks Cost £69*

Penarth Learning Community

Bread Making Workshop

Sat 23 Mar 10-4pm

1 day workshop Cost £40

Penarth Learning Community

Indian Cookery

Starts Tue 15 Jan 7-9pm

10 weeks Cost £97*

Llantwit Major School

Cooking on a Budget

Starts Wed 23 Jan 6-9pm

5 weeks Cost £74*

Llantwit Major School

Breads and Baking Stage 2

Starts Mon 4 Mar 6-9pm

3 weeks Cost £46*

Penarth Learning Community

Breads and Baking Stage 2

Starts Wed 6 Mar 6-9pm

3 weeks Cost £46*

Llantwit Major School

Chinese Style Cookery

Sat 23 Mar 10-4pm

1 day workshop Cost £40

Penarth Learning Community

* Concessions available



FLORISTRY COURSES

All materials included in the price

1

Mastering the Art of Floral Design

Starts 15 Jan 2019

Tue 10-12noon

or

Starts 18 Jan 2019

Fri 10-12noon

6 weeks

Band A £145

Band B £134

2

Spring and Easter Floristry

Starts 5 Mar 2019

Tue 10-12noon

or

Starts 8 Mar 2019

Fri 10-12noon

6 weeks

Band A £125

Band B £114

3

Wedding Flowers

30 Mar 2019

Sat 10-1pm

1 Day Workshop

£40



with Pip Hill-John
at Cowbridge Community College



To book call Vale Courses 01446 773831

creative writing

Advanced Creative Writing Fiction and Non-Fiction

Starts 15 Jan 2019 Tue 7-9pm 10 weeks
Penarth Learning Community

Creative Writing Fiction and Non-Fiction

Starts 15 Jan 2019 Tue 1-3pm 10 weeks
Cowbridge Community College

Modern Literature The Short Story

Starts 15 Jan 2019 Tue 10-12noon 10 weeks
Cowbridge Community College

Creative Writing For Beginners

Sat 16 Feb 2019 10-4pm 1 Day
Palmerston Adult Learning Centre

Creative Writing Find the Author in You

Sat 16 Feb 2019 10-4pm 1 day workshop
Cowbridge Community College

Creative Writing For Beginners

Starts Thu 7 Mar 2019 7-9pm 5 weeks
Cowbridge Community College

Creative Writing For Beginners

Sat 30 Mar 2019 10-4pm 1 day workshop
Cowbridge Community College

10 weeks Band A £92, Band B £73
5 weeks Band A £46, Band B £36.50
1 Day Workshop £35

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01446 773831
VALECOURSES.ORG



Experience something new!

One Day Courses

ACROSS THE VALE OF GLAMORGAN



JANUARY TO MARCH 2019

ART

How to Draw Boats

Thu 10 January 10-4pm £35
Southerndown Heritage Coast Cen
Peter Cronin

Drawing and Painting Spring Flowers

Sat 16 February 10-4pm £35
Palmerston Adult Learning Centre
Helen Joy

Watercolours for Beginners

Sat 23 March 10-4pm £35
Palmerston Adult Learning Centre
Penelope Cowley

Portraiture for Beginners

Sat 23 March 10-4pm £40
Palmerston Adult Learning Centre
Christine Lloyd

Landscapes in Watercolour

Sat 23 March 10-4pm £35
Penarth Learning Community
Pauline Williams

Watercolour Basics Explained

Thu 14 February 10-4pm £35
Southerndown Heritage Coast Cen
Peter Cronin

Life Drawing Workshop

Sat 16 February 10-4pm £45
Palmerston Adult Learning Centre
Pauline Williams

Seascapes using Palette Knife in Acrylic

Sat 23 March 10-4pm £35
Cowbridge Community College
Sarah Davies

How to Draw Better Portraits

Sat 23 March 10-4pm £40
Cowbridge Community College
Heather Simmonds

Portraiture for Beginners

Sat 30 March 10-4pm £40
Cowbridge Community College
Christine Lloyd

Aerial Perspective in Acrylic

Sat 16 February 10-4pm £35
Cowbridge Community College
Sarah Davies

Pen and Wash Techniques for Sketching

Thu 14 March 10-4pm £35
Southerndown Heritage Coast Cen
Peter Cronin

Animal Caricatures

Sat 23 March 10-4pm £35
Penarth Learning Community
Helen Joy

So You Think You Can't Draw Workshop

Sat 23 March 10-4pm £35
Penarth Learning Community
Nicola Tucker

CRAFTS (all materials included)

Willow Weaving Introduction

Fri 18 January 9.30-3.30pm £40
Cowbridge Community College
Out to Learn Willow

Fused Glass Jewellery

Thu 24 January 10-4pm £45
Cowbridge Community College
Frances Lloyd

Fused Glass Light Catchers

Thu 7 February 10-4pm £45
Cowbridge Community College
Frances Lloyd

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CRAFTS (continued)

Upholstery

Sat 16 February 10-4pm £35
Palmerston Adult Learning Centre
Judith Harris

How to use a Sewing Machine

Sat 16 February 10-4pm £35
Palmerston Adult Learning Centre
Brigit Lee Pimm

Pewter Jewellery

Sat 23 March 10-4pm £45
Cowbridge Community College
Mandy Nash

Chalk Paint Furniture & Upholstery for Beginners

Sat 30 March 10-4pm £55
Cowbridge Community College
Nicola Sumner-Smith

Stained Glass Heart and Flowers

Sat 16 February 10-4pm £43
Cowbridge Community College
Ingrid Walker

Fused Glass Coasters

Thu 21 February 10-4pm £45
Cowbridge Community College
Frances Lloyd

Marvellous Mosaics Workshop

Sat 23 March 10-3pm £70
Palmerston Adult Learning Centre
Justine Stroud

Stained Glass Easter Eggs

Sat 30 March 10-4pm £43
Cowbridge Community College
Ingrid Walker

Felt Bags

Sat 16 February 10-4pm £45
Palmerston Adult Learning Centre
Mandy Nash

Upholstery

Sat 23 March 10-4pm £35
Cowbridge Community College
Judith Harris

Dressmaking

Sat 23 March 10-4pm £35
Penarth Learning Community
Deb Delloyd

OTHER

Introduction to Wordpress Websites

Mon 21 January 9-3pm £35
Cowbridge Community College
Adam Colman

Meditation and Mindfulness

Sat 16 February 10-4pm £35
Cowbridge Community College
Natalie Snuggs

Emergency First Aid at Work - Level 2

Thu 7 March 9-5pm £55
Palmerston Adult Learning Centre
Denise Davies

Excel for Advanced

Mon 25 March 9-3pm £35
Cowbridge Community College
Adam Colman

Facebook Skills for Groups

Mon 4 February 9-3pm £35
Cowbridge Community College
Adam Colman

Excel for Beginners

Mon 18 February 9-3pm £35
Cowbridge Community College
Adam Colman

Excel for Improvers

Mon 11 March 9-3pm £35
Cowbridge Community College
Adam Colman

Reflexology Introduction

Sat 30 March 10-4pm £35
Cowbridge Community College
Juliette Howles

Birds of Prey Intro to Falconry

Sat 16 February 10-3pm £40
Cowbridge Community College
Lewis Phillips

iPads for Beginners

Wed 27 February 10-4pm £35
Cowbridge Community College
Ren Perini

Mindfulness Techniques for Counselling

Sat 23 March 10-4pm £35
Palmerston Adult Learning Centre
Natalie Snuggs

Meditation & Mindfulness Going Forwards

Sat 30 March 10-4pm £35
Cowbridge Community College
Natalie Snuggs



TRY SOMETHING DIFFERENT

New Courses

Guitars for Beginners

Starts 15 Jan
Tue 7-9pm 10wks
Llantwit Major School
Cost £92*

Dressmaking and Sewing Skills

Starts 16 Jan
Wed 6.30-9pm 8wks
Cowbridge Community College
Cost £92*

Dressmaking and Sewing Skills

Starts 17 Jan
Thu 10-12noon 10wks
Palmerston Learning Centre
Cost £92*

Sewing Bee

Starts 17 Jan
Thu 1-3.30pm 8wks
Cowbridge Community College
Cost £92*

Counselling Skills Level 2

Starts 18 Jan
Fri 10-1pm 20wks
Cowbridge Community College
Cost £316*

Marvellous Mosaics (Improvers)

Starts 23 Jan
Wed 10-12noon 4wks
Cowbridge Community College
Cost £76*

Sugarcraft Flowers for Cakes

Starts 4 Feb
Mon 10-12noon 8wks
Cowbridge Community College
Cost £92*

Willow Basket Making (Beginners)

Starts 15 Feb
Fri 9.30-3.30pm 3wks
Cowbridge Community College
Cost £95*

French for Holidays

Starts 6 Mar
Wed 1-3pm 10wks
Penarth Albert Road
Cost £92*

*Concessions available

Telephone Vale Courses 01446 773831 to book your place