

## Community Care and Health

### Contact and Information Centre (CIC)

#### What do we do?

We are a single point of contact for residents in the Vale of Glamorgan and we are able to deal direct with requests for information and advice about Adult Social Care Services and other related services.

For example, we can provide information in relation to all personal care problems, carrying out daily living tasks, problems with mobility and access, and procedures for protection of vulnerable adults.

#### Who is the service for?

The service is provided to Adults, their carers and families in the Vale of Glamorgan.

Professionals can also get in touch with us to refer clients to Social Work and Occupational Therapy services.

#### How can you find out more?

If you have a query in regards to assistance for yourself or someone you know or would like information about services available, you can contact the Contact and Information Centre during office hours:

8.30am - 4.30pm Monday – Thursday  
8.30am - 4.00pm Friday

By using **one** of the following:

Telephone:	01446 731100
Text:	07966 026541
Minicom:	01446 742245
Fax:	01446 721980
E-mail:	CIC@valeofglamorgan.gov.uk

Address: CIC, PO Box 83, Barry, CF63 8YR

This leaflet is also available in other languages and in large print and other formats upon request.

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