

## Community Care and Health

### Day Care Services for Adults

#### What do we do?

We provide Day Care Services within the Vale of Glamorgan in a Variety of settings. The centres provide personal and practical support, socialisation, activities and opportunities for personal development. Within all day service provision, we endeavour to offer activities that meet the needs and wishes of the service users. The range of services takes account of the age, physical health and ability of users.

#### Who is the service for?

The services are aimed at older people, elderly mentally infirm, people with learning difficulties and younger physically disabled people. The services also provide advice and support for carers.

#### How can you find out more?

For information on how to access services for specific groups, enquiries should be made in the first instance to:

Contact and Information Centre

Telephone: 01446 731100

Textphone: 07966026541

Minicom: 01446 742245

E-mail: [CIC@valeofglamorgan.gov.uk](mailto:CIC@valeofglamorgan.gov.uk)

The opening hours of the centre are;

8.30am – 4.30pm Monday to Thursday

8.30am – 4.00pm Friday

#### Further Information:

A directory of current services and other contact details is available which details Residential, Nursing and Domiciliary Services provided within the Vale of Glamorgan. Copies are available from the Contact and Information Centre, Tel: 01446 731100.

This leaflet is also available in other languages and in large print and other formats upon request.

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