

Community Care and Health

Mental Health Services for Older People

What do we do?

The team is made up of Social Service and Health Care Professionals that include, Social Workers, Social Work Assistants, Psychiatric Nurses and Nurse Aides, Occupational and Physiotherapists and a Psychologist. We are known as the Community Mental Health Team (CMHT).

We also have very close links with The Memory Team and Psychiatric Services at the Barry and Bridgend Hospital's.

A Comprehensive Assessment of Need for the provision of services or Individual Specialist Assessment can be undertaken by any member of the CMHT in accordance with your needs.

We aim to give support to individuals and their carers by providing a wide range of care options in their own home, access to day care, respite and long-term residential care. We also provide information and advice, ongoing monitoring and liaison with other professionals.

Who is the service for?

We provide a Specialist Service to people over the age of 65 years, who have a late onset mental illness, and to adults of any age with a diagnosis of dementia.

How can you find out more?

In the first instance all enquiries should be made to the:

	Contact and Information Centre
Telephone	01446 731100
Text phone	07966026541
Minicom	01446 742245
E-Mail	CIC@valeofglamorgan.gov.uk

Opening hours are:	8.30am-4.30pm Mon-Thurs
	8.30am-4.00pm Friday

The Psychiatric Services at The Barry and Bridgend Hospitals or The Memory Team at Llandough Hospital can also make referrals.

This leaflet is also available in other languages and in large print and other formats upon request.

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