

Community Care and Health

Reablement in the Western Vale

What do we do?

We are a re-ablement scheme that has been set up by health and social services working together, to provide active rehabilitation to clients in their own home. Our aim is to help restore the skills and confidence required for living independently.

Who is the service for?

- ◆ People aged 65 years and over;
- ◆ Residents in the Western Vale;
- ◆ People who have suffered a recent acute episode or change in their functional ability;
- ◆ People who are motivated and have the potential to improve from a short-term reablement programme

How can you find out more?

The Western Vale Reablement Team accepts written referrals from:

- ◆ GPs
- ◆ Hospital based consultants
- ◆ Hospital discharge liaison staff
- ◆ Community Nurses
- ◆ Other Health Professionals
- ◆ Social Workers

Telephone: 01446 776142

Fax : 01446 773208

Address: Western Vale Reablement Team
79 Eastgate
Cowbridge
Vale of Glamorgan
CF71 7AA

Further information:

A directory of current services and other contact details is available which details Residential, Nursing and Domiciliary Services provided within the Vale of Glamorgan. Copies are available from the Contact and Information Centre, Tel: 01446 731100

This leaflet is also available in other languages and in large print and other formats upon request.

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