

# Adopt a Child Change a Life!

## Introduction

Adopting a child is one of the most rewarding things any one can do. It can also be one of the most challenging. If you're thinking about adopting a child, even if you're only at the very early stages, the Vale of Glamorgan Council's Adoption Team can help.

From deciding whether adoption is for you, to guiding you through the whole assessment process, the Adoption Team is here to answer any questions you may have and to ensure that you receive the support you need.

## It takes all sorts...

Children and young people come from all types of backgrounds but they all need families to help them live their lives to the full. If it is impossible for a child to return to their birth family, adoption can be the best solution.

Adoption means that a child has a secure, caring, permanent home and the benefits of a supportive environment.

And because there is no such thing as a typical child, there's no such thing as a typical adopter either.

## So who can adopt?

There are lots of myths about who can adopt. The main priority for anyone considering adoption is that they must be able to offer a child a stable, loving home until the child becomes independent. They must be able to understand and provide for the child's needs and help them reach their full potential.



## Adopters don't have to be:

- ❌ **Married:** you can be single, married or in a relationship. Your sexuality is irrelevant. The main thing is that your home life is stable.
- ❌ **Under 40:** each application from would-be adoptive parents is looked at on its own merits. Age is only one of many factors that is considered in assessing whether adoption is right for you. Applications are welcome from people of all ages who feel they can offer a child a secure home life.
- ❌ **Wealthy:** you don't have to earn a particular amount of money to consider adoption. The Adoption Team will be able to tell you more about this and what help you may be able to receive.

## However, you will need to be:

- ✅ **Committed:** the adoption process is very rigorous so you will need to be sure that adoption is the right thing for you. The Vale of Glamorgan Council's Adoption Team is there to help you consider all the issues and support you through the process.
- ✅ **Interested:** you must show a real interest in children and be prepared to invest time and energy in developing your relationship with an adopted child.
- ✅ **Aware** that adopting a child is very rewarding but can also be challenging. You will need to accept that an adoptive child has a past and that it can be important for a child to retain links with his or her birth family.

## How can we help?

The Vale of Glamorgan's Adoption Team is there to advise you every step of the way. Members of the team can talk through the whole process with you and discuss any concerns you may have.

If you decide that you want to adopt, we can then help you through each stage of the adoption process and beyond. Training is available pre and post adoption to ensure you have all the skills necessary to welcome a new child into your home.

For more information, call the Adoption Team on 01446 725202 or check out the Vale of Glamorgan's Council Web site at [www.valeofglamorgan.gov.uk](http://www.valeofglamorgan.gov.uk)

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**Mabwysiadwch  
Blentyn  
Newidiwch  
Fywyd!**

**Gwnewch y Gwahaniaeth  
Mabwysiadu Fro  
yn y**

Vale of Glamorgan Council/Cyngor Bro Morgannwg  
Adoption Service/Gwasanaeth Mabwysiadu

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# Newidiwch Fywyd!

## Nid oes yn rhaid i fabwysiadwyr fod:

- ❌ **Yn Briod:** gallwch fod yn sengl, yn briod neu mewn perthynas. Nid yw eich tueddfryd rhywiol yn bwysig. Y prif beth yw bod gennych fywyd cartref sefydlog.
- ❌ **Dan 40:** caiff pob cais gan ddarpar rieni mabwysiadu ei ystyried ar sail ei rinweddau ei hun. Mae oedran yn un ffactor a gaiff ei ystyried ymysg nifer wrth asesu a yw mabwysiadu yn iawn i chi a'i peidio. Croesewir ceisiadau gan bobl o bob oed sy'n teimlo y gallant gynnig bywyd cartref sefydlog i blentyn.
- ❌ **Yn gyfoethog:** nid oes raid i chi fod yn ennill swm penodol o arian er mwyn ystyried mabwysiadu. Gall y Tim Mabwysiadu ddweud rhagor wrthydd chi am hyn ac am ba help y gallech ei gael.

## Serch hynny, bydd yn rhaid i chi fod:

- ✅ **Yn Ymroddedig:** mae'r broses fabwysiadu yn un drwyadl iawn felly bydd yn rhaid i chi fod yn sicr bod mabwysiadu yn addas i chi. Mae Tim Mabwysiadu Cyngor Bro Morgannwg yma i'ch helpu i bwysu a mesur yr holl ystyriaethau ac i'ch cefnogi drwy'r broses.
- ✅ **Â Diddoredeb:** rhaid i chi ddangos gwir ddiddoredeb mewn plant a bod yn barod i fuddsoddi amser ac egni i feithrin eich perthynas gyda phlentyn mabwysiedig.
- ✅ **Yn ymwybodol** y gall mabwysiadu plentyn fod yn werthfawr iawn ond y gall hefyd fod yn anodd. Bydd yn rhaid i chi dderbyn bod gan blentyn a fabwysiedir orffennol ac y gall fod yn bwysig i blentyn gadw cysylltiad gyda'i deulu genedigol.

## Sut y gallwn ni helpu?

Mae Tim Mabwysiadu Bro Morgannwg yma i'ch cyngori ar bob cam o'r ffordd. Gall aelodau'r tim drafod yr holl broses gyda chi a thrafod unrhyw bryderon sydd gennych.

Os penderfynwch eich bod eisiau mabwysiadu, gallwn eich helpu drwy bob cam o'r broses fabwysiadu a thu hwnt. Mae hyfforddiant ar gael cyn ac ar ôl mabwysiadu i sicrhau eich bod yn meddu ar yr holl sgiliau angenrheidiol i groesawu plentyn newydd i'ch cartref.

I gael rhagor o wybodaeth, ffoniwch y Tim Mabwysiadu ar 01446 725202 neu edrychwch ar wefan Cyngor Bro Morgannwg ar [www.valeofglamorgan.gov.uk](http://www.valeofglamorgan.gov.uk)

# Mabwysiadwch Blentyn

## Cyflwyniad

Mae mabwysiadu plentyn yn un o'r pethau mwyaf gwerthfawr y gall unrhyw un ei wneud. Gall hefyd fod yn un o'r pethau anoddaf. Os ydych chi'n ystyried mabwysiadu plentyn, hyd yn oed os ydych chi ond yn megis dechrau meddwl am y peth, gall Tim Mabwysiadu Cyngor Bro Morgannwg eich helpu.

O benderfynu ydy mabwysiadu'n iawn i chi, i'ch tywys drwy'r holl broses asesu, mae'r Tim Mabwysiadu yma i ateb unrhyw gwestiynau sydd gennych a sicrhau eich bod yn cael y gefnogaeth y mae arnoch ei hangen.

## Nid yw pawb yr un fath...

Daw'r plant a'r bobl ifanc o bob math o gefndiroedd ond mae arnynt oll angen teuluoedd i'w helpu i fyw eu bywydau i'r eithaf. Os ydyw'n amhosib i blentyn ddechredu at ei deulu genedigol, mae'n bosib mai mabwysiadu yw'r ateb gorau.

Mae mabwysiadu yn golygu bod gan blentyn gartref diogel, gofalgar, parhaol ynghyd â'r manteision a geir o amgylchedd cefnogol.

A chan nad oes yna'r fath beth â phlentyn arferol, nid oes yna'r fath beth a mabwysiadwr arferol ychwaith.

## Felly pwy a all fabwysiadu?

Mae yna lawer o sôn am bwy a all fabwysiadu. Y brif flaenoriaeth i unrhyw un sy'n ystyried mabwysiadu yw bod yn rhaid i chi allu cynnig cartref sefydlog, cariadus i blentyn nes i'r plentyn dyfu'n annibynnol. Rhaid i chi allu deall anghenion y plentyn a'i helpu i gyrraedd ei lawn botensial.



# Make the Difference Adoption in the Vale

## Adopt a Child...

The Vale Adoption service has links to all South Wales adoption agencies and others nationwide. This provides a wide network for children who need adoption. There are many exciting changes on the horizon for people wishing to adopt and the Vale is seeking to ensure that it continues to provide a valuable resource for its children and continued support for its adopters.



## Mabwysiadwch Blentyn...

Mae gan wasanaeth Mabwysiadu'r Fro gysylltiadau â holl asiantaethau mabwysiadu De Cymru ac asiantaethau eraill ledled y wlad. Mae hyn yn golygu bod rhwydwaith eang ar gael ar gyfer plant sydd ag angen cael eu mabwysiadu. Mae llawer o newidiadau cyffrous ar y gorwel i bobl sy'n dymuno mabwysiadu ac mae'r Fro'n ceisio sicrhau ei bod yn dal i ddarparu adnodd gwerthfawr i'w phlant a chefnogaeth barhaus i'r bobl sy'n dymuno'u mabwysiadu.