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Introduction and Acknowledgements

Activale is a directory of services for young people between the ages of 11 - 25 years. The Directory has been produced by the Children & Young Person's Information Service (CYPIS) through a joint project by the Young People's Partnership (YPP) and the 14-19 Network, funded by the Welsh Assembly Government. It has been produced with the help of other organisations including:

Penarth Youth Project

CLIC Online

Young People's Partnership (YPP)

14-19 Network

Vale Learning Network

Sports Development Unit (Vale of Glamorgan Council)

Libraries Service (Vale of Glamorgan Council)

Vale Volunteer Bureau

Barry College

Learning & Development Directorate (Vale of Glamorgan Council)

The aim is to provide a comprehensive source of information on all services and organisations that are accessible to young people, aged 11-25 years, and living in the Vale of Glamorgan. It is appropriate for use by young people themselves, carers of young people and professionals working with young people. When using the directory, you should be aware of our 'Safe Practice' section. In addition to the hard back directory, there is also an interactive CDRom available, and an Activale website: www.activale.co.uk

Cyflwyniad a Chydnabyddiaeth

Cyfeirlyfr gwasanaethau ar gyfer pobl ifanc rhwng 11 a 25 oed yw Activale. Cafodd ei lunio gan Wasanaeth Gwybodaeth Plant a Phobl Ifanc drwy brosiect a gynhaliwyd ar y cyd gan Bartneriaeth Pobl Ifanc a Rhwydwaith 14-19 dan nawdd Llywodraeth Cynulliad Cymru. Dyma'r sefydliadau a fu'n helpu i'w lunio:

Prosiect leuenctid Penarth

CLIC Ar-lein

Partneriaeth Pobl Ifanc

Rhwydwaith 14-19

Rhwydwaith Dysgu'r Fro

Uned Datblygu Chwaraeon (Cyngor Bro Morgannwg)

Y Gwasanaeth Llyfrgelloedd (Cyngor Bro Morgannwg)

Canolfan Gwirfoddolwyr y Fro

Coleg y Barri

Cyfarwyddiaeth Dysgu a Datblygu (Cyngor Bro Morgannwg)

Y bwriad oedd darparu cloddfa o wybodaeth am y gwasanaethau a'r sefydliadau sydd ar gael i bobl ifanc rhwng 11 a 25 oed sy'n byw yn y Fro. Mae'r llyfr yn addas i'w ddefnyddio nid yn unig gan bobl ifanc eu hunain ond gan eu gofalwyr a'r gweithwyr proffesiynol sy'n gweithio gyda hwy. Mae'n bwysig iawn rhoi sylw teilwng i adran 'Cadw'n Ddiogel' wrth ddefnyddio'r cyfeirlyfr. Yn ogystal â'r cyfeirlyfr clawr caled, mae disg CD-Rom ryngweithiol ar gael a gwefan Activale: www.activale.co.uk

Updating Information

We have tried to make the information as comprehensive as possible when putting together this directory. However, if there are any omissions and new services that would like to be included, or if there are any changes to the details of existing services, you can complete an online provider form, or contact us directly. Similarly, if you would like to give any feedback on the directory, you can log onto the website and complete a feedback form.

Contact Details:

CYPIS (Children & Young People's Information Service)

Tel: 01446 704704 Fax: 01446 704794

E-Mail: cypis@valeofglamorgan.gov.uk

Website: www.activale.co.uk

Diweddaru Gwybodaeth

Rydym wedi gwneud ein gorau i gynnwys cymaint o wybodaeth amrywiol ag sy'n bosibl yn y cyfeirlyfr hwn. Serch hynny, os gwyddoch am unrhyw wasanaethau newydd a hoffai gael eu cynnwys, gwasanaethau sydd wedi'u gadael allan, neu fanylion sydd wedi newid, mae croeso i chi roi gwybod i ni'n uniongyrchol neu drwy lenwi ffurflen ar-lein. Os ydych yn awyddus hefyd i wneud sylwadau ar y cyfeirlyfr, mae croeso i chi lenwi'r ffurflen sylwadau ar ein gwefan.

Manylion er mwyn cysylltu â ni:

Gwasanaeth Gwybodaeth Plant a Phobl Ifanc

Ffôn: 01446 704704 Ffacs: 01446 704794

E-bost: cypis@valeofglamorgan.gov.uk

Gwefan: www.activale.co.uk

Activale Youth Directory Registration Form

| ALE | of GL | .AM | ORGAI | ١ |
|-----|-------|-----|----------|---|
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| _ | _ | ~ | \sim | |

| Service/Project/Activity Name | | BRU MUNUANNWU |
|-------------------------------------|---------------------------------|---------------|
| Where is the | Main Contact Name | |
| Service/Project/Activity delivered? | Job Title | |
| Please give full address | Contact Address (This will | |
| Postcode | not be available to the public) | |
| Parish | | |
| Tel No | | |
| Mobile | | |
| Fax No | Postcode | |
| E-mail Address | Tel No | |
| Website address: | Fax No | |
| Areas of the Vale served? | E-mail Address | |

Please indicate which heading/s below best describe your service (please tick)

| | | <u> </u> | | | |
|--------|-------------------------|--------------------------|----------------|----------------------------------|-------|
| Money | Employment & Training | Sport, Leisure, Art | Law and Rights | Environment | Other |
| Health | Housing (Accommodation) | Family and Relationships | Education | World, UK, Europe, Wales, Travel | _ |

Accessing your Service/Project/Activity information

| What age rang | ge do you cover? | | | |
|-----------------|-------------------------|-----|-----------------------|-------------------------------------|
| How are you a | accessed initially e.g. | | | |
| drop in, teleph | one etc | | | |
| When are you | open? Please give tim | nes | Do you charge? (Pleas | se complete only appropriate boxes) |
| | AM | PM | Per Hour | £ |
| Monday | | | Per Day | £ |
| Tuesday | | | Per Week | £ |
| Wednesday | | | Per Session | £ |
| Thursday | | | Per Term | £ |
| Friday | | | By Arrangement | |
| Saturday | | | Free | |
| Sunday | | | | |

| Please give a brief description of what service you provide. | |
|--------------------------------------------------------------|--|
| | |
| | |
| | |
| | |
| | |
| | |

Questions

| Do you offer a service out of office hours? | | | | |
|--------------------------------------------------------------------------|------------|----------------|------------|--|
| Are your staff Criminal Records Bureau checked? | | | | |
| What are you doing to protect children? | | | | |
| Do you have a Health & Safety Policy? | Yes | 1 | No O | |
| Do you offer a service in Welsh? | Yes Wels | h exclusively | | |
| | Yes regul | | | |
| | English a | | | |
| | No or very | y occasionally | ' | |
| Do any of your staff speak, read or write Welsh? Please | Basic | | | |
| indicate number if known | Learner | | | |
| | Fluent | | | |
| Does your service have wheelchair access? | | | | |
| Do you cater for children with special needs? | | | | |
| Is there a waiting list? | | | | |
| Is there any training that you and your staff would benefit | | | | |
| from e.g. Welsh, child protection, disability awareness | | | | |
| How long has your service been in energtion? | | | | |
| How long has your service been in operation? How is the service funded? | | | | |
| | Vac | | la la | |
| Have young people been involved in planning, delivering, | Yes | | No O | |
| monitoring and evaluating the service? | | l . | | |
| Do you intend to involve them in the future and how? | Yes | | 1 0 | |
| Does your service seek feedback from young people? | Yes | | No O | |
| Does the service collect information on the | Yes | | 1 0 | |
| outcomes/achievements that young people gain from | | | | |
| receiving it? | | | | |

Please indicate how your service meets one or more of the 10 entitlements for young people (to be used for monitoring purposes)

Personal support and advice

Advice on health, housing benefits and other issues in accessible and welcoming settings

Recreational and social opportunities in a safe and accessible environment

Sporting, artistic, musical and outdoor experiences

Right to be consulted, to participate in decision-making and to be heard on all matters which concern them or have impact on their lives

Education, training and work experience, tailored to their needs

Basic skills that open doors to a full life and promote social inclusion

Wide variety of opportunities to participate in volunteering

Independent, specialist careers advice and guidance and

High quality, responsive and accessible services and

student support and counselling services

and active citizenship

facilities

| I agree for this information to be stored on the Children & Young People's Information Service | Yes | No | |
|----------------------------------------------------------------------------------------------------|-----|----|--|
| Database | | | |
| I agree for this information to appear in the Directory of Services for Young People | Yes | No | |
| I agree for this information to appear on the Children & Young People's online directory (website) | Yes | No | |

| Signature | Name | Date |
|----------------------------------------------------------------------------------------------|------|------|
| Office Use only: System Ref: Date form sent: Date last updated: Date form received by CYPIS: | | |

Please send the completed form to:- Vale of Glamorgan Children & Young People's Information Service, Community Services, Dock Office, Subway Road, Barry, CF63 4RT. Email: cypis@valeofglamorgan.gov.uk Tel: 01446 704704

It's about You!

Extending Entitlement - For Young People Aged 11-25 years in Wales

The Welsh Assembly Government, in 2002, launched its Flagship Policy Extending Entitlement: Supporting Young People in Wales. The Welsh Assembly Government believe that support for young people aged 11-25years should be structured around 10 entitlements. They want every young person in Wales to have the same rights or entitlements (things you are allowed/should have/have a right to).

The 10 Entitlements launched by the Welsh Assembly Government have been developed using the United Nations Convention for the Rights of the Child (UNCR).

The 10 Entitlements have also been produced in three formats for slightly different purposes. These three versions aim to replicate the basic entitlements but not duplicate them. They focus on ensuring that all youth provision can be encapsulated in easily digestible formats avoiding jargon and confusion.

Universal Entitlement:

Every young person in Wales has basic entitlement to:

- Education, training and work experience tailored to their needs;
- Basic skills, which open doors to a full life and promote social inclusion;
- A wide and varied range of opportunities to participate in volunteering and active citizenship;
- High quality, responsive, and accessible services and facilities;
- Independent, specialist careers advice and guidance and student support and counselling services;
- Personal support and advice where and when needed and an appropriate format with clear ground rules on confidentiality;
- Advice on health, housing benefits and other issues provided in accessible and welcoming settings;
- Recreational and social opportunities in a safe and accessible environment;
- Sporting, artistic, musical and outdoor experiences to develop talents, broaden horizons and promote rounded perspectives including both national and international contexts;
- The right to be consulted, to participate in decision-making and be heard, on all matters which concern them or have an impact on their lives.

Extending Entitlement - Young person version

1. Your Rights

- a. To learn what your rights are and understand them
- b. Make sure you are able to claim them and to understand and accept the responsibilities arising from them

2. Being Heard

It is your right to have the opportunity to be involved in making decisions, planning and reviewing an action that might affect you. Having a voice, having a choice even if you don't make the decision yourself. Your voice, your choice.

3. Feeling Good

To feel confident and feel good about yourself

4. Education & Employment

- a. To be able to learn about things that interest and affect you
- b. To enjoy the job that you do
- c. To get involved in the activities that you enjoy including leisure, sporting, artistic, hobbies and cultural activities

5. Taking Part/Getting Involved

To be involved in volunteering and to be active in your community

6. Being Individual

- a. To be treated with respect and as an equal by everyone,
- b. To be recognised for what you have to contribute and of your achievements
- c. To celebrate what you achieve

7. Easy Access

Easy access in getting the best services that you should have, locally and nationally, and to have someone available to help you find them

8. Health & Wellbeing

To lead a healthy life, both physically and emotionally

9. Access to Information & Guidance

To be able to get information, advice and support on a wide range of issues that affect your life, as and when you need it

10. Safety & Security

To live in a safe, secure home and community

CLIC Online Version

Developed for the collation of local and national information, specifically targeted for young people. This information is available through various media forms including the CLIC Online website

- 1. Education
- 2. Employment and Training
- 3. Environment
- 4. World, Europe, UK and Wales
- 5. Family and Relationships
- 6. Health
- 7. Housing
- 8. Laws and rights
- 9. Money
- 10. Sport and Leisure

Mae hyn I gyd amdanoch chi!

Ymestyn Hawliau Pobl Ifanc rhwng 11 a 25 oed yng Nghymru

Yn 2002, lansiodd Llywodraeth Cynulliad Cymru bolisi arloesol o dan y teitl Ymestyn Hawliau: Cefnogi Pobl Ifanc yng Nghymru. Mae LICC o'r farn y dylai cefnogaeth sy'n cael ei rhoi i bobl ifanc rhwng 11 a 25 oed gael ei seilio ar 10 hawl benodol ac mae'n awyddus i Gymry ifainc gael yr un hawliau. (Eich hawliau yw'r hyn y cewch/y dylech/neu y mae hawl i chi ei gael).

Mae'r 10 hawl a lansiodd Llywodraeth Cynulliad Cymru wedi cael eu seilio ar Gonfensiwn y Cenhedloedd Unedig ar Hawliau'r Plentyn.

Cafodd yr hawliau hyn eu cyhoeddi mewn tri fformat penodol at ddibenion ychydig yn wahanol i'w gilydd. Er ein bod yn sôn am yr un hawliau yn y tri fersiwn hwn, nid ailadrodd yw'r bwriad. Y nod yn hytrach yw crynhoi'r holl ddarpariaeth ar gyfer pobl ifanc mewn fformatiau syml ac osgoi unrhyw jargon dryslyd.

Hawliau Cyffredinol:

Mae gan bobl ifanc yng Nghymru hawl sylfaenol i:

- Addysg, hyfforddiant a phrofiad gwaith wedi'u teilwra i'w hunion anghenion;
- Sgiliau sylfaenol, sy'n rhoi cyfle iddynt fyw bywyd llawn ac yn eu helpu i gymryd rhan lawn yn eu cymdeithas;
- · Wneud pob math o waith gwirfoddol ac arfer ei hawliau'n llawn fel dinesydd;
- Wasanaethau a chyfleusterau ymatebol o safon uchel sy'n hawdd mynd iddynt a'u defnyddio;
- Gyngor ac arweiniad arbenigol ac annibynnol am yrfaoedd, cefnogaeth i fyfyrwyr a gwasanaethau cwnsela;
- Gymorth a chyngor personol ble bynnag a phryd bynnag y bo angen ar ffurf briodol - a rheolau clir am gyfrinachedd;
- Gyngor am lechyd, budd-daliadau tai a materion eraill mewn mannau croesawgar sy'n hawdd mynd atynt;
- Gymdeithasu a hamddena mewn mannau diogel sy'n hawdd mynd atynt;
- Brofiadau artistig, cerddorol, awyr agored a'r cyfle i gymryd rhan mewn chwaraeon er mwyn meithrin eu doniau, ehangu eu gorwelion a magu safbwyntiau aeddfed ar faterion cenedlaethol a rhyngwladol;
- Wybod yn union beth sy'n digwydd, cymryd rhan mewn penderfyniadau a chael llais ym mhopeth sy'n gysylltiedig â hwy neu'n effeithio ar eu bywydau.

Ymestyn Hawliau - Fersiwn ar gyfer Person Ifanc

1. Eich Hawliau

- a. Dysgu a deall eich hawliau
- b. Gwnewch yn siwr y gellwch fynnu'ch hawliau a'ch bod yn deall a derbyn y cyfrifoldebau sy'n dod yn eu sgîl.

2. Cael Gwrandawiad

Mae gennych hawl i gymryd rhan mewn penderfyniadau ac i helpu i gynllunio ac adolygu unrhyw weithred a allai effeithio arnoch. Dylai fod gennych lais a dewis yn y mater hyd yn oed os na fydd cyfle i chi wneud y penderfyniad.

3. Teimlo'n dda

Teimlo'n hyderus ac yn dda amdanoch chi'ch hun

4. Addysg a Swyddi

- a. Cael cyfle i ddysgu am bethau sydd o ddiddordeb i chi ac yn effeithio arnoch
- b. Gallu mwynhau eich swydd
- c. Cael cyfle i ddilyn gweithgareddau sydd wrth eich bodd gan gynnwys chwaraeon, gweithgareddau hamdden, gweithgareddau artistig, hobïau a gweithgareddau diwylliannol

5. Cymryd rhan/Helpu

Cymryd rhan mewn gwaith gwirfoddol a bod yn weithgar yn eich cymuned

6. Bod yn unigolyn

- a. Cael eich parchu a'ch trin fel person cyfartal,
- b. Cael eich cydnabod am eich cyfraniad a'r hyn yr ydych wedi'i gyflawni
- c. Dathlu'r hyn yr ydych wedi'i gyflawni

7. Manteisio ar wasanaethau

Cyfle i gael y gwasanaethau gorau'n lleol ac yn genedlaethol a rhywun wrth law i'ch helpu i ddod o hyd iddynt

8. lechyd a Lles

Byw bywyd iach yn gorfforol ac yn emosiynol

9. Gwybodaeth ac Arweiniad pan fo angen

Cael gwybodaeth, cyngor a chymorth ble a phryd bynnag y bo angen er mwyn i chi allu ymdopi â phob math o bethau sy'n effeithio ar eich bywyd

10. Eich cadw'ch hun a'ch eiddo'n ddiogel

Fersiwn CLIC Ar-lein

Cafodd y fersiwn hwn ei lunio er mwyn casglu gwybodaeth leol a chenedlaethol sy'n targedu pobl ifanc. Mae'r wybodaeth hon ar gael mewn sawl cyfrwng gan gynnwys gwefan CLIC Ar-lein

- 1. Addysg
- 2. Cyflogaeth a Hyfforddiant
- 3. Yr Amgylchedd
- 4. Y Byd, Ewrop, y DU a Chymru
- 5. Y Teulu a Pherthnasau
- 6. lechyd
- 7. Tai
- 8. Y Gyfraith a Hawliau
- 9. Arian
- 10. Chwaraeon a Hamdden

Safe Practice

The Vale of Glamorgan Council has published this list of information of organisations in an effort to provide a central reference point for individuals or organisations that may benefit from using these organisations. Please note that the Vale of Glamorgan Council has not made any independent enquiries in relation to the organisations included in this list. The Vale of Glamorgan Council has not quality assured any organisation listed in this directory. The Vale of Glamorgan Council has not carried out any independent checks of any of the individuals employed by or undertaken any tasks on behalf of any of the organisations included in this list. It is the responsibility of any individual or organisation to ensure that the service provided by any organisation included in the list is appropriate and suitable for their needs. The Vale of Glamorgan Council recommends that young people or agencies working with young people ascertain the following information prior to working with any organisation:

- 1. Have the organisation staff been checked by the Criminal Records Bureau (CRB)?
- 2. Does the organisation have child protection procedures in place?
- 3. Does the organisation hold appropriate public liability insurance?
- 4. Have premises been health and safety risk assessed?
- 5. Does the organisation have a worker who is first aid qualified?
- 6. Are the organisation staff appropriately trained and qualified for the service they are providing?
- 7. Does the organisation belong to an appropriate national association or professional body?
- 8. Does the provision hold a quality assurance mark from a governing or professional body?
- 9. Has the organisation been inspected by a recognised external body e.g. ESTYN?
- 10. Does the organisation have a complaints procedure?

Clearly it will be the responsibility of any individual or organisation to ensure that they attend the premises of the organisation listed which they intend to use and speak to the people in charge to satisfy themselves as to the appropriateness of the service provided.

Cadw'n Ddiogel

Mae Cyngor Bro Morgannwg wedi cyhoeddi'r rhestr hon o fanylion am sefydliadau er mwyn sicrhau bod cloddfa o wybodaeth ar gael mewn un lle ar gyfer pwy bynnag a allai elwa arni. Mae'n bwysig cofio serch hynny, na wnaeth y Cyngor unrhyw ymholiadau annibynnol am y sefydliadau ar y rhestr ac nad yw wedi profi eu hansawdd. Nid yw'r Cyngor chwaith wedi gweithredu ar ran unrhyw sefydliadau ar y rhestr nac archwilio unrhyw un o'u gweithwyr. Mater i'r sefydliad neu'r unigolyn felly yw sicrhau bod y gwasanaethau sy'n cael eu cynnig yn gweddu i'w anghenion. Gan hynny, mae Cyngor Bro Morgannwg yn argymell pobl ifanc a'r asiantaethau sy'n gweithio gyda hwy i ofyn y cwestiynau canlynol cyn mentro ymwneud ag unrhyw sefydliad:

- 1. A gafodd gweithwyr y sefydliad eu harchwilio gan y Swyddfa Cofnodion Troseddol?
- 2. A oes gan y sefydliad drefniadau ar gyfer amddiffyn plant?
- 3. A oes gan y sefydliad yswiriant atebolrwydd cyhoeddus priodol?
- 4. A gafodd y peryglon i iechyd a diogelwch ar y safle eu hasesu?
- 5. A oes gan y sefydliad unrhyw weithwyr sydd wedi ennill cymhwyster cymorth cyntaf?
- 6. Ydy gweithwyr y sefydliad yn ddigon cymwys a hyfforddedig i allu darparu'r gwasanaeth?
- 7. Ydy'r sefydliad yn aelod o gorff cenedlaethol neu broffesiynol addas?
- 8. A oes gan y sefydliad nod sicrhau ansawdd oddi wrth gorff llywodraethol neu broffesiynol?
- 9. A gafodd y sefydliad ei archwilio gan gorff allanol cydnabyddedig fel ESTYN er enghraifft?
- 10. A oes gan y sefydliad drefn lleisio cwyn?

Wrth reswm, os ydych chi am ddefnyddio unrhyw wasanaeth ar y rhestr, chi'n unig fydd yn gyfrifol am fynd i'r safle, siarad â'r rheolwyr a phenderfynu a fo'n gweddu i'ch anghenion ai peidio.

Disclaimer

The Vale of Glamorgan Council cannot accept responsibility for any errors or omissions in relation to the entries in this directory and is not responsible for the services provided by any external organisation listed. The majority of organisations included in this directory are not managed or run by the Vale of Glamorgan Council. The directory has been complied in an effort to assist you in contacting services. The Vale of Glamorgan Council cannot be held liable for the services provided by any external organisation named in this directory and cannot be held liable for any damage or loss caused by any inaccuracy in this directory, nor for the actions for any of the external organisations listed. The Vale of Glamorgan Council cannot be held responsible for any information contained on websites, in publications, newsletters or any other source of information mentioned in this directory.

The listing of an organisation in this directory does not imply that the Vale of Glamorgan Council endorses that organisation, nor does the absence of any organisation imply that we do not support. it.

Ymwadiad

Ni fydd Cyngor Bro Morgannwg yn gyfrifol am unrhyw wallau yn y cyfeirlyfr, na gwybodaeth sydd wedi'i gadael allan na gwasanaethau ar y rhestr sy'n cael eu cynnig gan sefydliadau allanol. Mae'r rhan fwyaf o'r sefydliadau yn y llyfr yn gwbl annibynnol ar y Cyngor. Cafodd y llyfr ei lunio'n unig er mwyn eich helpu i gysylltu â'r gwasanaethau hynny. Ni fydd Cyngor Bro Morgannwg yn atebol am unrhyw wasanaethau ar y rhestr sy'n cael eu cynnig gan sefydliadau allanol, nac am unrhyw ddifrod neu golled sy'n digwydd oherwydd gwallau yn y llyfr. Ni fydd chwaith yn atebol am unrhyw gamau y bydd y sefydliadau allanol hyn yn eu cymryd. Ni fydd Cyngor Bro Morgannwg yn gyfrifol am gynnwys unrhyw wefannau, cyhoeddiadau, cylchlythyrau ac ati sy'n cael sylw yn y cyfeirlyfr hwn.

Nid yw Cyngor Bro Morgannwg yn cymeradwyo'r sefydliadau sydd wedi'u rhestru nac yn anghymeradwyo'r rhai sydd heb eu rhestru.

Our Use of Categories

Each of the services highlighted in this directory has been placed in one of the following 13 categories:

- Art
- Education
- Employment & Training
- Environment
- Family & Relationships
- Health
- Housing
- Information & Advice
- Law & Rights
- Leisure
- Money
- Sport
- World & Travel

These categories have been adapted from CLIC Online, which provides information under each of these headings on its website.

In many instances, organisations will provide services that fall under more than one category. In these cases details of the service will only be included under one section in the Directory, and a text box will appear at the bottom of their form indicating the other headings under which they also provide a service.

Categorïau yn y llyfr

Cafodd y gwasanaethau y soniwyd amdanynt yn y cyfeirlyfr eu rhannu i 13 categori sef:

- Celf
- Addysg
- Cyflogaeth a Hyfforddiant
- Yr Amgylchedd
- · Y Teulu a Pherthnasau
- lechyd
- · Tai
- Gwybodaeth a Chyngor
- Y Gyfraith a Hawliau
- Hamdden
- Arian
- Chwaraeon
- Y Byd a Theithio

Cafodd y categorïau hyn eu haddasu o wefan CLIC Ar-lein sy'n rhannu ei holl wybodaeth yn y ffordd hon.

Bydd llawer o sefydliadau'n darparu gwasanaethau sy'n gallu perthyn i fwy nag un categori. Pan ddigwydd hyn, bydd manylion am y gwasanaeth yn cael eu rhestru o dan un adran yn unig yn y llyfr, a bydd blwch testun ar waelod y ffurflen yn nodi'r categorïau eraill.

Alphabetical index

| Name | Category |
|----------------------------------------------------------|-------------|
| 1148 (Penarth) Squadron Air Training Corps | Leisure |
| 11th Barry Sea Scout Group | Leisure |
| 15th Penarth (Elfed Avenue United Church) Scout Group | Leisure |
| 1st Barry Sea Scout Group | Leisure |
| 1st Colwinston Guides | Leisure |
| 1st Cowbridge Guides | Leisure |
| 1st Cowbridge Scout Group | Leisure |
| 1st Dinas Powys Scout Group | Leisure |
| 1st Llandough & Cogan Scout Group | Leisure |
| 1st Llantwit Major Scout Group | Leisure |
| 1st Ogmore Down Scout Group | Leisure |
| 1st Penmark / Porthkerry Scout Group | Leisure |
| 1st Wenvoe Scout Group | Leisure |
| 2300 (St Athan) Squadron Air Training Corps | Leisure |
| 293 Squadron Air Training Corps | Leisure |
| 2nd/4th Barry Scout Group | Leisure |
| 5th Barry (Salem Baptist) Scout Group | Leisure |
| 6th Barry (All Saints) Scout Group | Leisure |
| 94th Penarth (Stanwell Road Baptist) Scout Group | Leisure |
| Amelia Trust Farm | Environment |
| Area 41 | Leisure |
| Art Links Foundation | Art |
| Arts Development | Art |

Barry & District Mencap Health

Barry & Vale Harriers Athletic Club Sport

Barry Adult Education Centre Education

Barry Amateur Swimming Club Sport

Barry Athletic Tennis Club Sport

Barry Basketball Club Sport

Barry Beavers Disabled Swimming Club Sport

Barry Camera Club Arts

Barry College Education

Barry College Family Planning Clinic Health

Barry Detachment, 3rd (cdt) Bn Rrw,

The Royal Regiment of Wales Leisure

Barry Hospital Family Planning Clinic Health

Barry Leisure Centre Leisure

Barry Library Information & Advice

Barry Sea Cadet Corps Leisure

Barry Sub Aqua Club Sport

Barry Training Services Employment & Training

Barry Yacht Club Leisure

Barry YMCA Leisure

Barry Youth Centre Leisure

Beechwood College Education

Billboard Ensemble Arts

Boccia Blasters Club Sport

Boccia Rollers Sport

Boys Brigade Wales Leisure

Bramble Hedge Holiday Club Leisure

Broad Street Family Planning Clinic Health

Byrd Crescent Youth Club Leisure

Business Eye Money

C Card Scheme Health

Cardiff & the Vale Parents Federation Family & Relationships

Cardiff & Vale Crossroads Family & Relationships

Cardiff & Vale Girl Guides Organisation Leisure

Cardiff County and Vale of Glamorgan Music Service Arts

Cardiff Institute For The Blind Law & Rights

Careers Wales Employment & Training

Carers Centre Health

Children & Family Placement and Support Family & Relationships

Children & Young People's Information Service (CYPIS) Information & Advice

Children With Disabilities Team Health

Citizen's Advice Bureau - Barry Information & Advice

Citizen's Advice Bureau - Cowbridge Information & Advice

Citizen's Advice Bureau - Penarth Information & Advice

CLIC Online Information & Advice

Coed Hills Environment

Colcot Community Project Family & Relationships

Colcot Drop-In Centre Family Planning Clinic Health

Colcot Sports Amateur Boxing Club Sport

Colwinston Youth Club Leisure

Combat School UK Sport

Connect (Girls Brigade) Leisure

Cosmeston Lakes Country Park & Medieval Village Environment

Cowbridge Community College Education

Cowbridge Lawn Tennis Club Sport

Cowbridge Leisure Centre Leisure

Cowbridge Library Information & Advice

Cowbridge Tae Kwon Do Club Sport

Cowbridge Youth Centre Leisure

Cricket in the Vale Of Glamorgan Sport

Cymdeithas Tai Hafan Housing

Dan 24/7 Information & Advice

Dance Class for Children Arts

Dance Class for Children - Barry Arts

Dinas Powys Branch of the Pony Club Sport

Dinas Powys Golf Club Sport

Dinas Powys Lawn Tennis Club Sport

Dinas Powys Library Information & Advice

Direct Payments (Children) Money

Disability Sports Development Officer Sport

Duke Of Edinburgh Award Education

Dyffryn Gardens Environment

Education Welfare Officer Education

Epilepsy Penarth Health

European Blue Parking Badge Scheme Law & Rights

Fflag (Families & Friends of Lesbians And Gay Men) Information & Advice

Flat Holm Project Environment

Fontygary Surf Life Saving Club Sport

Football Development Officer Sport

Forte School Of Music Arts

Fpa Cymru - Speakeasy Family & Relationships

Funky Dragon Law & Rights

Genesis Project Employment & Training

Gibbonsdown Community Centre Family & Relationships

Gingerbread Advice Line Information & Advice

Girl Guides - Barry East Leisure

Girl Guides - Dinas Powys And Llandough Leisure

Girl Guides - Penarth & Sully Leisure

Girl Guides - Vale of Glamorgan

(Barry West, Rhoose & St Athan) Leisure

Glamorgan Bird Club Environment

Glamorgan Heritage Coast Environment

Glamorgan Young Farmer's Clubs Environment

Glamorganshire Golf Club Sport

Globe Café (for Internationals & Friends)

Leisure

Gofal Cymru Housing

Goshin Karate Club Sport

Gymnastics in the Vale Sport

Hafal Health

Hafal in the Western Vale Health

Health Zone - Penarth Youth Project Health

Helen O'Grady Children's Drama Academy Arts

Home Access Housing

Homelessness Team Housing

Homes 4u Housing

Housing and Community Safety Division Housing

Housing Grants Housing

Immanuel Church Penarth Youth Activities Leisure

Infrared Youth Club Leisure

Inroads Cardiff & Vale Street Drugs Project Health

Job Centre Plus (Barry) Employment & Training

Job Centre Plus (Penarth) Employment & Training

Job Shop Extra Employment & Training

Kip Mcgrath Education Centre - Barry Education

Kip Mcgrath Education Centre - Penarth Education

Kumon - Penarth Education

Kumon - Barry Education

Language & Play Family & Relationships

Leaving Care Team Housing

Lifestyle Health & Fitness Sport

Little Fish Fun Club Leisure

Llamau Jigso Project Housing

Llamau Ltd - Tom Holmes Project Housing

Llamau Ltd - Ty John Rowley Housing

Llantwit Major & District Riding Club Sport

Llantwit Major Chess Club Leisure

Llantwit Major Cricket Coaching Sport

Llantwit Major Family Planning Clinic Health

Llantwit Major Girl Guide Association Leisure

Llantwit Major Grasshoppers Arts

Llantwit Major Leisure Centre Leisure

Llantwit Major Library Information & Advice

Llantwit Major Surf Lifesaving Club Sport

Llantwit Major Tae Kwon Do Sport

Llantwit Major Young Fire Fighters Education

Llantwit Major Youth Centre Leisure

Maes Dyfan Youth Centre Leisure

Major Music Arts

Mind in the Vale of Glamorgan Health

Mobile Library Information & Advice

Moya Vahey School of Russian Classical Ballet Arts

Murchfield Youth Club Leisure

Newland (VADT) Health

Newydd Housing Association Housing

Nifty Kids After School Club Leisure

Nifty Kids Out of School Holiday Care Scheme Leisure

NSPCC Information & Advice

Ogmore Residential Centre Trust Education

Palmerston Adult Education Centre Education

Pass Plus Cymru Education

Penarth Adult Education Centre Education

Penarth Arts & Crafts Ltd Arts

Penarth Chess Club Leisure

Penarth Community Arts Project Arts

Penarth Detachment, Glamorgan Counties Army

Cadet Force (5th Cadet Battalion The Royal Welsh)

Leisure

Penarth Family Planning Clinic Health

Penarth Hockey Club Sport

Penarth Lawn Tennis Club Sport

Penarth Leisure Centre Leisure

Penarth Library Information & Advice

Penarth Phab (Physically Disabled/Able Bodied) Club Leisure

Penarth Players Arts

Penarth Sea Angling Club Sport

Penarth Sea Cadet Corps Leisure

Penarth Wales Water Ski Club Sport

Penarth Yacht Club Leisure

Penarth Youth Project Information and Advice

Pendoylan After School Club Leisure

Pendoylan Out of School Club - 'Simply The Best' Leisure

Peterstone-Super-Ely Lawn Tennis Club Sport

Phoenix Players Arts

Play Development Leisure

Popstars Arts

Positive Image Photographic Society Arts

Princes Trust Cymru - Community Action Programme Money

Prince's Trust Cymru - Development Rewards Money

Prince's Trust Cymru - Mentoring for Care Leavers Information & Advice

Prince's Trust Cymru - Team Programme Employment & Training

Pupil Support Education

Race Equality First Law & Rights

Rhoose and St Athan Camera Club Arts

Rhoose Detachment, 3rd (cdt) Bn Rrw,

The Royal Regiment Of Wales Leisure

Rhoose Library Information & Advice

Rhoose Youth Club Leisure

Rhyddid Riding Club Sport

Road Safety Unit Education

Royal National Institute for the Deaf & Hard of Hearing Law & Rights

Rugby Development Officer Sport

Salvation Army Youth Group Leisure

Seaview Lads Angling Club Sport

Simply The Best Cowbridge After School Club Leisure

Snap Cymru Education

Southerndown Surf Lifesaving Club Sport

Special Olympics Wales Sport

Specialist Child & Adolescent Mental Health Service Health

Sports Development Unit Sport

Squash Wales Sport

St Athan Library Information & Advice

St Athan Youth Brass Band Arts

St Athan Youth Club Leisure

St Aubin After School Club Leisure

St Aubin Holiday Care Scheme Leisure

St Brides & Ogmore Youth Club Leisure

St Donats Arts Centre Arts

Stagecoach Theatre Arts - Penarth Arts

Stagecoach Theatre Arts - Western Vale Arts

Student Finance Wales

(Student Support - Grants, Loans And Fees.) Money

Sully Library Information & Advice

Sully Sailing Club Sport

Sully Youth Club Leisure

Sunny Blue Drop In Centre Health

Sure Start Family & Relationships

Tall Ships Youth Trust - Cardiff & The Vale Branch World & Travel

The Adoption Agency Family & Relationships

The Hive Information & Advice

The People Business Employment & Training

Tourist Information Centre - Barry World & Travel

Tourist Information Centre - Penarth World & Travel

Trading Standards Law & Rights

Treasure Trove Leisure

Ty Hafan Health

Vale Allsports Club Sport

Vale Amateur Boxing Clubs Sport

Vale Division Rangers Leisure

Vale Explorer Unit Leisure

Vale Family Group Meeting Project Family & Relationships

Vale Family Support Service Family & Relationships

Vale Karate Sport

Vale Learning Network Education

Vale of Glamorgan Council - Recycling & Regeneration Environment

Vale of Glamorgan Council Training Services Employment & Training

Vale of Glamorgan Fostering Team Family & Relationships

Vale of Glamorgan Network of Healthy Schools Health

Vale of Glamorgan Open Learning Centre Education

Vale of Glamorgan Training Association Employment & Training

Vale of Glamorgan Women's Aid Housing

Vale of Glamorgan Young Carers Project Family & Relationships

Vale Photographic Club Arts

Vale Romance Academy Family & Relationships

Vale Volunteer Bureau Employment & Training

Vale Youth Forum Law & Rights

Valeplus Education

Valeways Environment

Valley And Vale Community Arts Arts

Vibe Experience Leisure

Vicitim Support - Vale of Glamorgan Law & Rights

Vine Youth Project Leisure

Vision 21 Education

WAMES Health

Welsh Academy of Martial Arts Sport

Welsh Badminton Union Sport

Welsh Bowls Coaching Association Sport

Welsh Netball Association Sport

Welsh Wheelchair Rugby Association Sport

Wenvoe Library Information & Advice

Wenvoe Youth Club Leisure

Wesley Court Youth Centre Leisure

Western Vale Integrated Children's Centre Family & Relationships

Whitmore Bay Surf Lifesavers Club Sport

Wick Youth Club Leisure

Windsor Lawn Tennis Club Sport

Youth Gateway Service (Careers Wales) Employment & Training

Youth Offending Team Law & Rights

arts

Organisation Name

Art Links Foundation

Arts Development

Barry Camera Club

Billboard Ensemble

Cardiff County & Vale of Glamorgan Music Service

Dance Class for Children - Barry

Dance Class for Children - Rhoose

Forte School of Music

Helen O'Grady Children's Drama Academy

Llantwit Major Grasshoppers

Major Music

Moya Vahey School of Russian Classical Ballet

Penarth Arts & Crafts Ltd

Penarth Community Arts Project

Penarth Players

Phoenix Players

Popstars

Positive Image Photographic Society

Rhoose & St. Athan Camera Club

St Athan Youth Brass Band

St Donats Arts Centre

Stagecoach Theatre Arts - Penarth

Stagecoach Theatre Arts - Western Vale

Vale Photographic Club

Valley & Vale Community Arts

Useful Links

education

Organisation Name

Barry Adult Education Centre

Barry College

Beechwood College

Cowbridge Community College

Duke of Edinburgh Award

Education Welfare Officer

Kip Mcgrath Education Centre - Barry

Kip Mcgrath Education Centre - Penarth

Kumon - Barry

Kumon - Penarth

Llantwit Major Young Fire Fighters

Ogmore Residential Centre Trust

Palmerston Adult Education Centre

Pass Plus Cymru

Penarth Adult Education Centre

Pupil Support

Road Safety Unit

Snap Cymru

Vale Learning Network

Vale of Glamorgan Open Learning Centre

Valeplus

Vision 21

Useful Links

Schools in the Vale

employment & training

Organisation Name

Barry Training Services

Careers Wales

Genesis Project

Job Centre Plus - Barry

Job Centre Plus - Penarth

Job Shop Extra

Prince's Trust Cymru - Team Programme

The People Business

Vale of Glamorgan Council Training Services

Vale of Glamorgan Training Association (VGTA)

Vale Volunteer Bureau

Youth Gateway Service

environment

Organisation Name

Amelia Trust Farm

Coed Hills

Cosmeston Lakes Country Park & Medieval Village

Dyffryn Gardens

Flat Holm Project

Glamorgan Bird Club

Glamorgan Heritage Coast

Glamorgan Young Farmer's Clubs

Vale of Glamorgan Council - Recycling & Regeneration

Valeways

family & relationships

Organisation Name

Cardiff & the Vale Parents Federation

Cardiff & Vale Crossroads

Child & Family Placement and Support

Colcot Community Project

FPA - Speakeasy

Gibbonsdown Community Centre

Language & Play

Sure Start

The Adoption Agency

Vale Family Group Meeting Project

Vale Family Support Service

Vale of Glamorgan Fostering Team

Vale of Glamorgan Young Carer's Project

Vale Romance Academy

Western Vale Integrated Children's Centre

health

Organisation Name

Barry & District Mencap

Barry College Family Planning Clinic

Barry Hospital Family Planning Clinic

Broad Street Family Planning Clinic

C Card Scheme

Carers Centre

Children With Disabilities Team

Colcot Drop-In Centre Family Planning Clinic

Epilepsy Penarth

Hafal

Hafal in the Western Vale

Health Zone - Penarth Youth Project

Inroads Cardiff & Vale Street Drugs Project

Llantwit Major Family Planning Clinic

Mind in the Vale of Glamorgan

Newland (Vale Alcohol & Drug Team)

Penarth Family Planning Clinic

Specialist Child and Adolescent Mental Health Service

Sunny Blue Drop-In Centre

Ty Hafan

Vale of Glamorgan Network of Healthy Schools

WAMES

housing

Organisation Name

Cymdetheis Tai Hafan

Gofal Cymru

Home Access

Homelessness Team

Homes 4 U

Housing and Community Safety

Housing Grants

Leaving Care Team

Llamau Jigso Project

Llamau Ltd - Tom Holmes Project

Llamau - Ty John Rowley

Newydd Housing Association

Vale of Glamorgan Women's Aid

information & advice

Organisation Name

Wenvoe Library

Useful Links

Barry Library Children's Information Service (CYPIS) Citizen's Advice Bureau - Barry Citizen's Advice Bureau - Cowbridge Citizen's Advice Bureau - Penarth Clic Online Cowbridge Library Dan 24/7 **Dinas Powys Library** Fflagg (Families & Friends of Lesbians and Gay Men) Gingerbread Advice Line Llantwit Major Library Mobile Library & Support Service **NSPCC** Penarth Library Penarth Youth Project Prince's Trust Cymru - Mentoring For Care Leavers Rhoose Library St Athan Library **Sully Library** The Hive

law & rights

Organisation Name

Cardiff Institute for the Blind

European Blue Parking Badge

Funky Dragon

Race Equality First

Royal National Institute for the Deaf & Hard of Hearing

Trading Standards

Vale Youth Forum

Victim Support - Vale of Glamorgan

Youth Offending Team

leisure

Organisation Name

1148 (Penarth) Squadron Air Training Corps

11th Barry Sea Scout Group

15th Penarth (Elfed Avenue United Church) Scout Group

1st Barry Sea Scout Group

1st Colwinston Guides

1st Cowbridge Guides

1st Cowbridge Scout Group

1st Dinas Powys Scout Group

1st Llandough & Cogan Scout Group

1st Llantwit Major Scout Group

1st Ogmore Down Scout Group

1st Penmark / Porthkerry Group

1st Wenvoe Scout Group

2300 (St Athan) Squadron Air Training Corps

293 Squadron, Air Training Corps

2nd / 4th Barry Scout Group

5th Barry (Salem Baptist) Scout Group

6th Barry (All Saints) Scout Group

94th Penarth (Stanwell Road Baptist) Scout Group

Area 41

Barry Detachment, 3rd (cdt) Bn Rrw, The Royal Regiment of Wales

Barry Leisure Centre

Barry Sea Cadets Corps

Barry Yacht Club Barry YMCA **Barry Youth Centre Boys Brigade Wales** Bramble Hedge After School Club Byrd Crescent Youth Club Cardiff & Vale Girl Guides Organisation Colwinston Youth Club Connect (Girls Brigade) Cowbridge Leisure Centre Cowbridge Youth Centre Girl Guides - Barry East Girl Guides - Dinas Powys & Llandough Girl Guides - Penarth & Sully Girl Guides - Vale of Glamorgan (Barry West, Rhoose & St Athan) Globe Café Immanuel Church Penarth Youth Activities Infrared Youth Group Little Fish Fun Club Llantwit Major Chess Club Llantwit Major Girl Guide Association Llantwit Major Leisure Centre Llantwit Major Youth Centre Maes Dyfan Youth Centre Murchfield Youth Club

Nifty Kids After School Club

Nifty Kids Out of School Holiday Care Scheme

Penarth Chess Club

Penarth Detachment, 3rd (cdt) Bn Rrw, The Royal Regiment of Wales

Penarth Leisure Centre

Penarth PHAB (Physically disabled / abled bodied) Club

Penarth Sea Cadet Corps

Penarth Yacht Club

Pendoylan After School Club

Pendoylan Out of School Club - 'Simply the Best'

Play Development

Rhoose Detachment, 3rd (cdt) Bn Rrw, The Royal Regiment of Wales

Rhoose Youth Club

Salvation Army Youth Group

Simply The Best Cowbridge After School Club

St Athan Youth Club

St Aubin After School Club

St Aubin Holiday Care Scheme

St Brides & Ogmore Youth Club

Sully Youth Club

Treasure Trove

Vale Division Rangers (Guides)

Vale Explorer Unit (Scouts)

Vibe Experience

Vine Youth Project

Wenvoe Youth Club

Wesley Court Youth Centre

Wick Youth Club

money

Organisation Name

Business Eye

Direct Payments (Children)

Prince's Trust Cymru - Community Action Programme

Prince's Trust Cymru - Development Rewards

Student Finance Wales

sport

Organisation Name

Barry & Vale Harriers Athletic Club

Barry Amateur Swimming Club

Barry Athletic Tennis Club

Barry Basketball Club

Barry Beavers Disabled Swimming Club

Barry Sub Aqua Club

Boccia Blasters

Boccia Rollers

Colcot Sports Amateur Boxing Club

Combat School UK

Cowbridge Lawn Tennis Club

Cowbridge Tae Kwon Do Club

Cricket in the Vale of Glamorgan

Dinas Powys Branch of the Pony Club

Dinas Powys Golf Club

Dinas Powys Lawn Tennis Club

Disability Sports Development Officer

Fontygary Surf Life Saving Club

Football Development Officer (List of Football Clubs)

Glamorganshire Golf Club

Goshin Karate Club

Gymnastics in the Vale

Lifestyle Health & Fitness

Llantwit Major & District Riding Club

Llantwit Major Cricket Coaching

Llantwit Surf Lifesaving Club

Llantwit Major Tae Kwon Do

Penarth Hockey Club

Penarth Lawn Tennis Club

Penarth Sea Angling Club

Penarth Wales Water Ski Club

Peterstone-Super-Ely Lawn Tennis Club

Rhyddid Riding Club

Rugby Development Officer (List of Rugby Clubs)

Seaview Lads Angling Club

Southerndown Surf Lifesaving Club

Special Olympics Wales

Sports Development Unit

Squash Wales (List of Squash clubs)

Sully Sailing Club

Vale Allsports Club

Vale Amateur Boxing Clubs

Vale Karate

Welsh Academy of Martial Arts

Welsh Badminton Union (List of Badminton Clubs)

Welsh Bowls Coaching Association (List of Bowling Clubs)

Welsh Netball Association (List of Netball Clubs)

Welsh Wheelchair Rugby Association

Whitmore Bay Surf Lifesavers Club

Windsor Lawn Tennis Club

world & travel

Organisation Name

Tall Ships Youth Trust - Cardiff and the Vale Branch

Tourist Information Centres - Barry

Tourist Information Centres - Penarth

Art Links Foundation

The service we provide includes: Be Talk, Teen Talk & Let's Talk.

Be Talk will work with children between 8 and 14 with focus on Self-Awareness, providing a template to which they will acknowledge their personal lives, i.e. Life Writing as well as exploring ways of personal development utilising inspiring material such as documentaries, films and music etc.

Teen Talk is a series of workshops designed for teenagers exploring what we can learn from the World of Art (in particular Films, Music & Literature).

Let's Talk is a holistic Counselling approach for those who are experiencing emotional difficulties or facing transitions. This service however will not be available until 2009 when I am fully qualified as a Counsellor, but both Be Talk and Teen Talk can be available upon mutual convenience.

There are no set costs - please contact for further information.

| Contact Address | 3 Aubrey Terrace Cowbridge Vale of Glamorgan CF71 7DN |
|----------------------------|----------------------------------------------------------------|
| Tel No | 01446 776804 |
| Mobile | 07886 211218 |
| Fax No | |
| E-mail Address | elikeen@aol.com |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, e-mail for details |

| Opening Times | AM | PM |
|---------------|----|-------|
| Monday | | 15:30 |
| Tuesday | | 15:30 |
| Wednesday | | 15:30 |
| Thursday | | 15:30 |
| Friday | | 15:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 11 - 25 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Arts Development

The Vale of Glamorgan has an exciting variety of arts. These include live music festivals, dance events, a selection of art galleries and artists in residence projects. The Vale of Glamorgan Arts Development Officer works in partnership with many organisations. Contact for further information on arts activities in and around the Vale.

| Contact Address | Vale Of Glamorgan Council Docks Office Subway Road Barry Vale of Glamorgan CF63 4RT |
|----------------------------|-------------------------------------------------------------------------------------------------|
| Tel No | 01446 704714 |
| Mobile | |
| Fax No | 01446 704892 |
| E-mail Address | tcharding@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, e-mail, fax, website, outreach projects |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 4 - 25 years |
| Is a service provided in Welsh? | Yes - Bi-lingual information provided |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Barry Camera Club

We are a Barry based camera club that would welcome new young members. We practice both digital and traditional photographic techniques.

Prospective members are invited to come along free of charge for a couple of evenings to see what we can offer.

Ordinary Members £30 Senior Members £24

Joint Membership £40

Joint Senior Membership £30

| Contact Address | St Francis Millennium Centre Park Road Barry Vale of Glamorgan CF62 6NX |
|----------------------------|-------------------------------------------------------------------------|
| Tel No | 01446 730639 |
| Mobile | |
| Fax No | |
| E-mail Address | vocart-uk@yahoo.co.uk |
| Website Address | www.thewpf.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone or e-mail for details |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | 19:30 – 21.30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Billboard Ensemble

We are an amateur dramatics company bringing the West End to Barry. We pride ourselves on being highly talented and professional. The adult section stages a musical every summer, the junior section stages a children's musical in the spring/summer. Both sections combine to stage a magical christmas pantomime. Members are involved in singing, dancing and acting. Backstage helpers are always welcome for those not interested in performing. Meeting times vary so contact for further information.

| Contact Address | Cadoxton Moors Community Centre Edmund Place Barry Vale of Glamorgan CF63 2NX |
|----------------------------|----------------------------------------------------------------------------------------|
| Tel No | 01446 733625 |
| Mobile | |
| Fax No | |
| E-mail Address | billboard-ensemble@hotmail.co.uk |
| Website Address | http://www.theatre-wales.co.uk/index.asp |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone/e-mail for further details. There are auditions for performing side of company |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | £4.00 |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 5 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Cardiff County And Vale Of Glamorgan Music Service

We offer instrumental and vocal tuittion to 166 schools in Cardiff and the Vale of Glamorgan, plus 26 ensembles based at the Friary Centre on a weekly basis which regularly perform in prestigious venues. Music development Fund (WAG) is used to run inclusion projects such as Rock School, Steel Pans, Asian Drumming, Music Therapy, Special Schools Music, Global Music, Samba and Czech Roma project.

Schools are billed for tuition, who themselves decide what, if anything, to charge.

| Contact Address | Cardiff County and Vale of Glamorgan Music Service The Friary The Friary Centre Cardiff Cardiff CF10 3FA |
|----------------------------|----------------------------------------------------------------------------------------------------------|
| Tel No | 02920 640950 |
| Mobile | |
| Fax No | 02920 666593 |
| E-mail Address | ccvgmusicservice@cardiff.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Through schools for tuition and by phone for the Friary |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:00 | 16:30 |
| Tuesday | 08:00 | 16:30 |
| Wednesday | 08:00 | 16:30 |
| Thursday | 08:00 | 16:30 |
| Friday | 08:00 | 16:30 |
| Saturday | 08:00 | 16:30 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 4 - 21 years |
| Is a service provided in Welsh? | Yes - We try to accomodate when possible |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Education.

Dance Class For Children - Barry

We are a Dance class that offers a mixture of ballet, tap, modern & jazz, all taught under the ISPD sylabus, to a wide range of ages and ability.

Contact for futher information on costs and other details - fee depends on the class taken.

| Contact Address | St David's Methodist Church Barry Vale of Glamorgan |
|----------------------------|-----------------------------------------------------|
| Tel No | 07867 988068 |
| Mobile | 07867 988068 |
| Fax No | |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone for further details |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 16:30 - 18:30 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 4 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Dance Class For Children - Rhoose

We are a Dance class that offers a mixture of ballet, tap, modern & jazz, all taught under the ISPD sylabus, to a wide range of ages and ability.

Contact for futher information on costs and other details - fee depends on class taken.

| Contact Address | Rhoose & District Community hall Stewart Road Rhoose Barry Vale of Glamorgan CF62 3EZ |
|----------------------------|---------------------------------------------------------------------------------------------------|
| Tel No | 07867 988068 |
| Mobile | 07867 988068 |
| Fax No | |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact by phone for further details |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | 16:00 - 20:30 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 4 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Forte School Of Music

We provide unique, fun music lessons in classes of up to 9 children, leading to individual tuition for any age. Central, high street location. There is a large festival concert for all pupils every year. We are able to offer all of the Forte courses at our Cowbridge School including Junior Keys, Piano Keys and Music is Fun. We also have very limited spaces for private piano lessons. If you are interested in a free trial lesson, please give us a ring

| Contact Address | 41 High Street Cowbridge Vale of Glamorgan CF71 7YG |
|----------------------------|-----------------------------------------------------|
| Tel No | 0870 2405664 |
| Mobile | |
| Fax No | |
| E-mail Address | tims@fortemusic.com |
| Website Address | http://www.fortemusic.co.uk/cowbridge.htm |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone, e-mail or refer to website |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | | 15:30 - 20:00 |
| Tuesday | | 15:30 - 20:00 |
| Wednesday | | 15:30 - 20:00 |
| Thursday | | 15:30 - 20:00 |
| Friday | | |
| Saturday | 09:30 | 16:30 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £10.75 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 6 months+ |
| Is a service provided in Welsh? | Yes - We can offer classes using Welsh |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Education.

Helen O'grady Children Drama Academy

We provide development through drama of social, communication and basic skills. The aim of the Academy is to help young people, 5-17 years, develop:

- Enthusiasm
- Confidence
- · Self Esteem
- · Conversational ability
- Social Skills

These aims are achieved through a highly developed and unique drama programme.

Please ring to confirm the times for each age group.

| Contact Address | 9 Llanmaes Street Cardiff Cardiff CF11 7LQ |
|----------------------------|---------------------------------------------------------|
| Tel No | 0845 603 7220 |
| Mobile | |
| Fax No | |
| E-mail Address | swales@helenogrady.co.uk |
| Website Address | www.helenogrady.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone, e-mail or visit website for further information. |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | 16:00 - 19:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------|
| Hourly Cost | £6.20 |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £68.25 |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 4 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Llantwit Major Grasshoppers

The club teaches children and young people traditional country dances of the British Isles, Ireland and Europe. We aim to have fun whilst encouraging team building, self confidence, awareness of the culture whilst hopefully staying fit.

| Contact Address | Llanilltud Fawr Comprehensive School Ham Lane East Llantwit Major Vale of Glamorgan CF61 1TQ |
|----------------------------|-------------------------------------------------------------------------------------------------------|
| Tel No | 01446 750752 |
| Mobile | |
| Fax No | |
| E-mail Address | s.r.hyde@cardiff.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in on the night or phone for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 18:30 - 20:00 |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £1.00 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 6 - 25 years |
| Is a service provided in Welsh? | Yes - Very occassionally |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Major Music

Major Music was originally established in February 2000. We aim to satisfy the considerable interest amongst young people - both male and female, in learning modern instruments, vocals and "DJ-ing" skills. Major Music provides access to a variety of musical instruments including guitars, drums and pianos, musical tutors, vocal coaches and mentors.

| Contact Address | Youth Centre Station Road Llantwit Major Vale of Glamorgan CF61 1ST |
|----------------------------|------------------------------------------------------------------------------|
| Tel No | 01446 792141 |
| Mobile | 07849 390572 |
| Fax No | |
| E-mail Address | info@majormusic.net |
| Website Address | www.majormusic.net |
| Areas of the Vale served | Llantwit Major |
| How to contact the service | Website/ phone for further information or drop by |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 18:30 - 21:00 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £5.00 |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 12 - 25 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Moya Vahey School Of Russian Classical Ballet

We teach people of all ages to learn to dance. Please contact for details on cost and other arrangements

| Contact Address | Ramoth Chapel Westgate Cowbridge Vale of Glamorgan |
|----------------------------|----------------------------------------------------|
| Tel No | 01446 774080 |
| Mobile | |
| Fax No | |
| E-mail Address | moyavahey@beynon65.freeserve.co.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone or e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | | |
| Tuesday | | 15:30 - 20:30 |
| Wednesday | | 16:00 - 18:00 |
| Thursday | | |
| Friday | | 14:00 - 19:00 |
| Saturday | 09:00 | 14:00 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------|
| Hourly Cost | £3.50 |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 3 - 65 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | No |
| people with special needs? | |

Penarth Arts & Crafts Ltd

We aim to make art accessible to the community at large. We present contemporary Welsh art and crafts and offer workshops and other educational facilities to the community. We also provide art workshops for disadvantaged, disabled and isolated groups in the community.

| Contact Address | Washington Gallery 1-3 Washington Buildings Stanwell Road Penarth Vale of Glamorgan CF64 2AD |
|----------------------------|----------------------------------------------------------------------------------------------|
| Tel No | 02920 712100 |
| Mobile | |
| Fax No | 02920 708047 |
| E-mail Address | info@washingtongallery.co.uk |
| Website Address | www.washingtongallery.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in or telephone, e-mail, letter for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 18:00 |
| Tuesday | 09:00 | 18:00 |
| Wednesday | 09:00 | 18:00 |
| Thursday | 09:00 | 18:00 |
| Friday | 09:00 | 18:00 |
| Saturday | 09:00 | 18:00 |
| Sunday | 11:00 | 18:00 |

| Is there a charge? | |
|---------------------------------|----------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 5 years+ |
| Is a service provided in Welsh? | Yes - We regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Penarth Community Arts Project

We provide professionally taught arts activities within the community, including - drawing / painting / sculpture / computer based art/ digital & general photography / film making. Contact for further information on times, costs and other details.

| Contact Address | | |
|---------------------------------|------------------------------|--------|
| Tel No | 07971966163 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | r.fielding@ntlworld.com | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone for further inform | mation |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | £3.50 | |
| Termly Cost | | |
| Cost by Arrangement | | |
| Free | Yes | |
| Age ranges covered | All ages | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |

people with special needs?

Penarth Players

We are a local theatre group that performs regular shows. We are always interested in new members who wish to act or help backstage. Actors should be 18 or over and those with experience would be preferred - but that shouldn't put anyone off! Times and dates of shows vary, so contact us to find out more.

| Contact Address | 57 Windsor Road Penarth Vale of Glamorgan CF64 1JE | |
|---------------------------------|-------------------------------------------------------------|-------|
| Tel No | 02920 703588 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Contact us by phone for de | tails |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | | |
| Free | Yes | |
| Age ranges covered | 18 years+ | |
| Is a service provided in Welsh? | Yes Occassionally | |
| Is there wheelchair access? | No | |
| Does the service cater for | No | |

people with special needs?

Phoenix Players

We are a theatre group based in the Cowbridge area. We put on 3 productions a year at St Donats and welcome new members. We meet on Mondays & Wednesday for 6 weeks prior to each production. Contact us for further information on how to join.

| Contact Address | Aberthin Village Hall Cowbridge Vale of Glamorgan Council |
|----------------------------|-----------------------------------------------------------|
| Tel No | 01446 774089 |
| Mobile | |
| Fax No | |
| E-mail Address | jeff.heenan-davies@infantino.demon.co.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact by phone or e-mail for further information |

| Opening Times | AM | PM |
|---------------|----|-------|
| Monday | | 19:30 |
| Tuesday | | |
| Wednesday | | 19:30 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £15.00 |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

Popstars

Popstars Dance School is an established dance school with a fresh and innovative outlook to dance. The Dance School offers the most amount of classes in Cardiff and surrounding area with all of the dance classes taught by a professional qualified teacher.

There are 4 venues in the Vale where the classes take place. These are:

Barry Memorial Hall, Gladstone Road, Barry

Llantwit Major Town Hall, Llantwit Major

The Paget Rooms, Penarth Town Centre

Cowbridge Leisure Centre, The Broadshard, Cowbridge

contact for details on times and cost etc

| Contact Address | |
|----------------------------|--------------------------------------------------|
| Tel No | 07974 304181 |
| Mobile | |
| Fax No | |
| E-mail Address | info@popstarsdanceschool.co.uk |
| Website Address | www.popstarsdanceschool.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in or telephone/ e-mail for further details |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 16:30 - 20:30 |
| Thursday | | 16:30 - 20:30 |
| Friday | | 16:00 - 19:00 |
| Saturday | | |
| Sunday | | 16:00 - 20:00 |

| Is there a charge? | | |
|---------------------------------|----------------------|--|
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | £3.00 | |
| Termly Cost | | |
| Cost by Arrangement | | |
| Free | | |
| Age ranges covered | 3 Years + | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Check for each venue | |
| Does the service cater for | Yes | |
| people with special needs? | | |

Positive Image Photographic Society

We are a local camera club that uses both traditional and modern methods. As well as going on field trips, there are a wide range of guest speakers and some good experts who are members of the club, who can share knowledge and give advice.

Cost is £10 per year, plus a small fee on the night.

| Contact Address | St Baruc's church Phyllis Street Barry Island Barry Vale of Glamorgan |
|----------------------------|-----------------------------------------------------------------------|
| Tel No | 02920 701583/01446 408483 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.thewpf.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 21:00 |
| Tuesday | 09:00 | 21:00 |
| Wednesday | 09:00 | 21:00 |
| Thursday | 09:00 | 21:00 |
| Friday | 09:00 | 21:00 |
| Saturday | 09:00 | 21:00 |
| Sunday | 09:00 | 21:00 |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £10.00 |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Rhoose And St Athan Camera Club

We offer a varied programme which includes speakers and experts on a variety of aspects of photography. Club members help each other on both traditional and digital photography. We take part in inter-club activities. New members can come along for a few taster sessions and decide if they want to stay before paying any membership fees.

Costs = £12.00 twice a year.

| Contact Address | Rhoose & District Community Association Stewart Road Rhoose Barry Vale of Glamorgan CF62 3EZ |
|----------------------------|----------------------------------------------------------------------------------------------------------|
| Tel No | 01446 737032 |
| Mobile | |
| Fax No | |
| E-mail Address | jancawley@gmail.com |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone or e-mail for further information |

| Opening Times | AM | PM |
|---------------|----|-------|
| Monday | | |
| Tuesday | | 19:30 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £1.00 |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 Years + |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

St Athan Youth Brass Band

The Junior Brass band runs from St Athan camp and is tutored by Bandmaster Alan Bourne. The St Athan brass band is the Royal Air forces voluntary brass band which are a highly acclaimed and travel all over the country. Here children are tutored in brass band instruments. Visitor passes are required before you can enter MOD St. Athan, please contact Nadia or Alan directly on 01446 797318.

| Contact Address | Ministry of Defence St Athan Barry Vale of Glamorgan CF62 4WA | |
|----------------------------|---------------------------------------------------------------|--|
| Tel No | 01446 797318 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | njstanton@valeofglamorgan.gov.uk | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone for further information | |

| Opening Times | AM | PM |
|---------------|----|--------------|
| Monday | | |
| Tuesday | | 17:30 - late |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 8-14 Years |
| Is a service provided in Welsh? | N/A |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

St Donats Arts Centre

We are a popular Arts Centre with live theatre, music, dance, as well as annual craft fayres. We also have cinema showing popular and independent films, a visual art gallery with exhibitions all year and annual festivals such as the Wales International Storytelling Festival. There is also a café and alcohol bar open during events. Each event and film has its own prices - contact for further information.

| Contact Address | St Donats Arts Centre St Donat's Llantwit Major Vale of Glamorgan CF61 1WF |
|----------------------------|----------------------------------------------------------------------------|
| Tel No | 01446 799100 |
| Mobile | |
| Fax No | |
| E-mail Address | admin@stdonats.com |
| Website Address | http://www.stdonats.com/ |
| Areas of the Vale served | All Vale |
| How to contact the service | Visit, telephone for bookings, e-mail |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - Some bi-lingual publicity materials available to the |
| | public |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Stagecoach Theatre Arts - Penarth

At Stagecoach we provide a safe and secure environment in 598 theatre schools throughout the UK and Ireland. Children and teenagers learn the major disciplines of performance. Working in small classes led by talented professionals, students gain confidence and self-esteem while learning drama, singing and dancing skills. Fees Depend on age - please call for details

| Contact Address | St Cyres Comprehensive School St Cyres Road Penarth Vale of Glamorgan CF64 2XP |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 02920 362036 |
| Mobile | |
| Fax No | |
| E-mail Address | rosemarycollard@btconnect.co.uk |
| Website Address | www.stagecoach.co.uk/penarth |
| Areas of the Vale served | Penarth |
| How to contact the service | Contacted directly by telephone/e-mail, or visit website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | 09:30 | 13:30 |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £295.00 |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 4-16 Years |
| Is a service provided in Welsh? | Only very basic Welsh spoken |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Stagecoach Theatre Arts - Western Vale

At Stagecoach we provide a safe and secure environment in 598 theatre schools throughout the UK and Ireland. Children and teenagers learn the major disciplines of performance. Working in small classes led by talented professionals, students gain confidence and selfesteem while learning drama, singing and dancing skills.

The costs vary depending on age. As of 2006 the costs are:

- 3-4 Tiny Stages £98 per term
- 4-6 Early Stages £147.50 per term
- 6-16 £295 per term

| Contact Address | The Old Hall Llandough Cowbridge Vale of Glamorgan CF71 7LR |
|----------------------------|-------------------------------------------------------------------|
| Tel No | 01446 773160 |
| Mobile | |
| Fax No | |
| E-mail Address | gillrice@btconnect.com |
| Website Address | www.stagecoach.co.uk |
| Areas of the Vale served | Cowbridge |
| How to contact the service | Drop by or telephone/e-mail/visit website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | 09:30 | 13:00 |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £295.00 |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 3-16 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

Vale Photographic Club

We are a photographic club using modern and traditional techniques, and we take part in field trips, interclub competitions and general aspects of photography. We would welcome new members.

Costs = £12.00 twice a year Contact for further details.

| Contact Address | Community Hall Ystradowen Cowbridge Vale of Glamorgan CF71 7SY |
|----------------------------|----------------------------------------------------------------|
| Tel No | 01446 793685 |
| Mobile | |
| Fax No | |
| E-mail Address | jan.cawley@gmail.com |
| Website Address | www.thewpf.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, e-mail or visit website for further details |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | 19:30 – 21.30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £1.00 |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | No |

Valley And Vale Community Arts

We offer access to Community Arts and media workshops and projects in video, animation, dance, drama, forum theatre, photography, visual and digital arts, multi media, music and design, creating equal opportunities through positive action by prioritising individuals, groups and communities who are often marginalised.

Valley and Vale Community Arts offers a wide range of tailor-made training courses and programmes. We train groups, organisations and individuals.

Costs and courses vary - contact us for further information.

| Contact Address | Valley & Vale Community Arts Heol Dewi Sant Bettws Bridgend Mid Glamorgan CF32 8SU |
|----------------------------|------------------------------------------------------------------------------------------------|
| Tel No | 01656 729246 |
| Mobile | |
| Fax No | 01656 72918 |
| E-mail Address | mail@valleyandvale.co.uk |
| Website Address | http://www.valleyandvale.co.uk/index.htm |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, e-mail or website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Arts

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/Helpline |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|----------------------------|------------------|
| www.artswales.org.uk/ | Arts Council | Overview of | |
| | of Wales | Welsh art, | |
| | | funding etc | |
| www.bbc.co.uk | BBC Website | Everything, | |
| | | from Arts to | |
| | | Education in | |
| | | Wales | 00000 004400 |
| www.chapter.org | Chapter Arts | Listings, | 02920 304400 |
| | Centre, | events, | |
| | Cardiff | bookings etc Website still | 00000 000000 |
| www.communitymusicwales.org.uk | Community Music Wales | under | 02920 838060 |
| | iviusic vvales | construction | |
| www.ffotogallery.org/turnerhouse/index.htm | Turner House | Art | 02920 708870 |
| www.notoganery.org/turnernouse/index.nun | Art Gallery, | exhibitions, | 02920 700070 |
| | Penarth | workshops, | |
| | l Gilaitii | talks & | |
| | | events | |
| www.gigs.co.uk/display.php?region=5&s=1 | Gigs.Co.UK | Best gigs in | |
| The state of the s | 0.90.00.01 | Cardiff | |
| www.walesontheweb.org | Wales on the | Information, | |
| • | Web | includes arts | |
| | | opportunities | |
| | | and venues | |
| | | across | |
| | | Wales | |
| www.wmc.org.uk | Wales | Forthcoming | 08700 402000 |
| | Millenium | concerts, | |
| | Centre, | booking, | |
| | Cardiff | events etc | |
| http://www.youtharts.org.uk/ | Youth Arts | Arts news, | |
| | | events, | |
| | | opportunities | |
| | | etc | |

Barry Adult Education Centre

We provide courses for adults and young people in a variety of subjects, some of which are accredited. Subjects include ICT training including (CLAIT and ECDL) as well as introductory courses, art and craft, complementary health, European languages, Welsh for Adults, music, dance and general interest. 14-16 yr olds can access adult education courses if accompanied by an adult. 16-25 yr olds are welcome unaccompanied. If you are in full time work the cost is £2.25 per hour. Concessionary rates are available if you are in full time education or in receipt of benefits in which case you pay £1.15 per hour. Most courses are 2 hour classes for 10 weeks payable in advance at £45.00 per term full fee, £11.50 per term concessionary fee.

| Contact Address | Barry Comprehensive School, Port Road West Barry Vale of Glamorgan CF62 8ZJ | |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Tel No | 01446 738054 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | badedcen@valeofglamorgan.gov.uk | |
| Website Address | www.valeofglamorgan.gov.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | A brochure advertising courses is available in May each year. In addition flyers and leaflets are produced regularly. Learners can phone to book places followed up by enrolments at centres. | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 12:30 |
| Tuesday | 09:00 | 12:30 |
| Wednesday | 09:00 | 12:30 |
| Thursday | 09:00 | 12:30 |
| Friday | 09:00 | 12:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | Yes Welsh for adults is a specific course |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Barry College

At Barry College, we provide high quality education and training which represents value for money and meets the needs of the local, wider and international community. Phone us and request a brochure or come in and have a chat.

There are some enrolement fees which are dependent on course, whether you are part time/full time etc. Please ring for further details.

| Contact Address | Barry College Colcot Road Barry Vale of Glamorgan CF62 8YJ | |
|----------------------------|---------------------------------------------------------------------|--|
| Tel No | 01446 725000 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | enquiries@barry.ac.uk | |
| Website Address | www.barry.ac.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Phone or e-mail for details, or to request a brochure | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 20:00 |
| Tuesday | 08:30 | 20:00 |
| Wednesday | 08:30 | 20:00 |
| Thursday | 08:30 | 20:00 |
| Friday | 08:30 | 20:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|--------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 - 25 years |
| Is a service provided in Welsh? | Yes - Occasionally |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Beechwood College

Beechwood College is the realisation of a dream. It is Wales's first purpose-built residential college for young people aged 16 - 25 who have Autistic Spectrum Disorder or Asperger's Syndrome. It is set in beautiful grounds in the heart of the Vale of Glamorgan and offers all the facilities and connections to the local community that young people could wish for. Our students are assessed on an individual fee basis, dependent upon personal needs, at an agreed annual fee.

We are a 52 week Residential Education College.

| Contact Address | Beechwood College Beechwood House Hayes Road Sully Penarth Vale of Glamorgan CF64 5SE | |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Tel No | 02920 532210 | |
| Mobile | | |
| Fax No | 02920 531774 | |
| E-mail Address | info@beechwood-college.co.uk | |
| Website Address | www.beechwood-college.co.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Student referrals are via parents or fellow professionals from across the country. Pre-arranged appointments only. Website for information about the College and referrals is available. | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-------------------------------------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 - 35 years |
| Is a service provided in Welsh? | Not at the moment due to the demand of our students communication difficulties |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes - we are a centre for those with learning difficulties in the post 16 age group |

Cowbridge Community College

We provide courses for adults and young people in a variety of subjects, some of which are accredited. Subjects include ICT training including (CLAIT and ECDL) as well as introductory courses, art and craft, complementary health, European languages, Welsh for Adults, music, dance and general interest. 14-16 yr olds can access adult education courses if accompanied by an adult. 16-25 yr olds are welcome unaccompanied. If you are in full time work the cost is £2.25 per hour. Concessionary rates are available if you are in full time education or in receipt of benefits in which case you pay £1.15 per hour. Most courses are 2 hour classes for 10 weeks payable in advance at £45.00 per term full fee, £11.50 per term concessionary fee.

| Contact Address | Cowbridge Adult Centre 64 High Street Cowbridge Vale of Glamorgan CF71 7AH |
|----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tel No | 01446 773831 |
| Mobile | |
| Fax No | 01446 774272 |
| E-mail Address | aeccowbridge@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | A brochure advertising courses is available in May each year. In addition flyers and leaflets are produced regularly. Learners can phone to book places followed up by enrolments at centres |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 16:00 |
| Tuesday | 09:00 | 16:00 |
| Wednesday | 09:00 | 13:00 |
| Thursday | 09:00 | 16:00 |
| Friday | 09:00 | 13:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | Yes Welsh for adults is a specific course |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Duke Of Edinburgh Award

The Duke of Edinburgh's Award is a challenging programme of activities which will help young people to learn new skills, help others and experience adventure, therefore giving a great sense of achievement. Contact us on the details given to find out more.

| Contact Address | Cowbridge Youth & Community Centre The Court House Westgate Cowbridge Vale of Glamorgan CF71 7AR |
|----------------------------|--------------------------------------------------------------------------------------------------|
| Tel No | 01446 774011 |
| Mobile | |
| Fax No | |
| E-mail Address | dofevale@valeofglamorgan.gov.uk |
| Website Address | http://www.theaward.org/ |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone/e-mail or general letter enquiries |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 - 25 years |
| Is a service provided in Welsh? | Yes |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

We also provide services in Leisure.

Education Welfare Officer

We are responsible for providing work permits, and supporting pupils' welfare. We aim to help young people achieve their potential educational level. We also provide information on how old a child must be to work.

| Contact Address | Vale Of Glamorgan Council Civic Offices Holton Road Barry Vale of Glamorgan CF63 4RU | |
|----------------------------|--------------------------------------------------------------------------------------------------|--|
| Tel No | 01446 709181 / 01446 709171 | |
| Mobile | | |
| Fax No | 01446 701821 | |
| E-mail Address | BCooke@valeofglamorgan.gov.uk | |
| Website Address | www.valeoflglamorgan.gov.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone/e-mail or referral | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 3 - 16 years |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

Kip Mcgrath Education Centre - Barry

We provide after school tuition in Maths and English for school age children, up to the age of 16 years old. Tuition times vary and include some Saturdays. Please contact for further details. We also provide holiday tutoring and fun activities for children, and English as a foreign language tuition.

| Contact Address | First Floor, 99 High Street Barry Vale of Glamorgan CF62 7DS |
|----------------------------|-----------------------------------------------------------------------|
| Tel No | 01446 700999 |
| Mobile | |
| Fax No | |
| E-mail Address | glynis@kmecbarry.wanadoo.co.uk |
| Website Address | www.kipmcgrath.com |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone/e-mail/mobile/ drop in |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 20:00 |
| Tuesday | 09:00 | 20:00 |
| Wednesday | 09:00 | 20:00 |
| Thursday | 09:00 | 20:00 |
| Friday | 09:00 | 20:00 |
| Saturday | 09:00 | 20:00 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £23.00 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 6 - 16 years |
| Is a service provided in Welsh? | Yes - We can offer exam papers and reading materials |
| | in Welsh |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

Kip Mcgrath Education Centre - Penarth

We provide after school tuition in Maths and English for school age children, up to the age of 16 years old. Tuition times vary and include some Saturdays. Please contact for further details. We also provide holiday tutoring and fun activities for children, and English as a foreign language tuition.

| Contact Address | 6 Andrews Buildings, Stanwell Road Penarth Vale of Glamorgan CF64 2AA |
|----------------------------|--------------------------------------------------------------------------------|
| Tel No | 07815 129684 |
| Mobile | |
| Fax No | |
| E-mail Address | glynis@kmecbarry.wanadoo.co.uk |
| Website Address | www.kipmcgrath.com |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone/e-mail/mobile/ drop in |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 20:00 |
| Tuesday | 09:00 | 20:00 |
| Wednesday | 09:00 | 20:00 |
| Thursday | 09:00 | 20:00 |
| Friday | 09:00 | 20:00 |
| Saturday | 09:00 | 20:00 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £23.00 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 6 - 16 years |
| Is a service provided in Welsh? | Yes - We can offer exam papers and reading materials in Welsh |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

Kumon - Barry

For almost 50 years, children around the world have benefited from studying the Kumon maths programme. 45,000 children of all ages and abilities are currently enrolled at study centres throughout the UK. At the heart of the Kumon method of learning is the idea that each individual child can reach his or her potential, if given the right support and conditions. Kumon's programmes aim to increase self-confidence and empower students with the skills to learn for themselves.

| Contact Address | St Francis Millennium Centre, Park Road Barry Vale of Glamorgan CF62 6NX |
|----------------------------|-----------------------------------------------------------------------------------|
| Tel No | 01446 704961 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.kumon.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone, website |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 15:45 - 17:00 |
| Wednesday | | |
| Thursday | | |
| Friday | | 15:45 - 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | £11.25 |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 11 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | N/A |

Kumon - Penarth

For almost 50 years, children around the world have benefited from studying the Kumon maths programme. 45,000 children of all ages and abilities are currently enrolled at study centres throughout the UK. At the heart of the Kumon method of learning is the idea that each individual child can reach his or her potential, if given the right support and conditions. Kumon's programmes aim to increase self-confidence and empower students with the skills to learn for themselves.

| Contact Address | 8 Kymin Terrace Penarth Vale of Glamorgan CF64 1AP |
|----------------------------|----------------------------------------------------|
| Tel No | 02920 704961 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.kumon.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone, website |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 15:30 - 18:00 |
| Thursday | | 15:30 - 18:00 |
| Friday | 09:15 | 12:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | £11.25 |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 11 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | N/A |

Llantwit Major Young Fire Fighters

The Young Firefighters Scheme was set up in partnership with Vale Youth Services in November 2004. Fire fighters is run from the fire station and they study for an NVQ in fire safety. It is a formal teaching environment as they undergo training in a working fire station. Young people have to apply to go on the scheme and undergo an interview by the Station Chief.

| Contact Address | South Wales Fire & Rescue Service Fire Station, Llanmaes Road Llantwit Major Vale of Glamorgan CF61 2XD | |
|----------------------------|---------------------------------------------------------------------------------------------------------|--|
| Tel No | 01446 792141 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | njstanton@valeofglamorgan.gov.uk | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone for further information | |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 19:00 - 21:00 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 - 18 years |
| Is a service provided in Welsh? | N/A |
| Is there wheelchair access? | No |
| Does the service cater for people with special needs? | No |

Ogmore Residential Centre Trust

We provide residential education courses.

Training provided: staff training, street training, education of young people. Some courses are accredited. There is also an arts venue & facility service provided at various times to young people aged 8 to 24, regardless of social background. This is also available to adults through Lifelong Learning Classes. Some equipment may be needed depending on the course, costing upwards of £15.

*Hours arranged when booking - the cost varies annually so it is best to contact us to find out prices.

We are open 24 hours residential.

| Contact Address | Main Road Ogmore-by-sea Bridgend Vale of Glamorgan CF32 0PW |
|----------------------------|---------------------------------------------------------------------------|
| Tel No | 01656 880646 |
| Mobile | ogmore@ogmorecentre.com |
| Fax No | 01656 881026 |
| E-mail Address | ogmore@centre-trust.freeserve.co.uk |
| Website Address | www.ogmorecentre.com |
| Areas of the Vale served | All Vale |
| How to contact the service | Referrals are for groups not individuals. Contact for further information |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 8 - 25 years |
| Is a service provided in Welsh? | Yes it is possible |
| Is there wheelchair access? | Yes - We have limited facilites |
| Does the service cater for | Yes |
| people with special needs? | |

| V۷ | 'e als | o provide | services in | Leisure. |
|----|--------|-----------|-------------|----------|
|----|--------|-----------|-------------|----------|

Palmerston Adult Education Centre

We provide courses for adults and young people in a variety of subjects, some of which are accredited. Subjects include ICT training including (CLAIT and ECDL) as well as introductory courses, art and craft, complementary health, European languages, Welsh for Adults, music, dance and general interest. 14-16 yr olds can access adult education courses if accompanied by an adult. 16-25 yr olds are welcome unaccompanied. If you are in full time work the cost is £2.25 per hour. Concessionary rates are available if you are in full time education or in receipt of benefits in which case you pay £1.15 per hour. Most courses are 2 hour classes for 10 weeks payable in advance at £45.00 per term full fee, £11.50 per term concessionary fee.

| Contact Address | Palmerston Community Education Centre Cadoc Crescent Barry Vale of Glamorgan CF63 2NT |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tel No | 01446 733762 |
| Mobile | |
| Fax No | |
| E-mail Address | palmerstoncentre@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | A brochure advertising courses is available in May each year. In addition flyers and leaflets are produced regularly. Learners can phone to book places followed up by enrolments at centres. |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 16:00 |
| Tuesday | 09:00 | 16:00 |
| Wednesday | 09:00 | 16:00 |
| Thursday | 09:00 | 16:00 |
| Friday | 09:00 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | Yes Welsh for adults is a specific course |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Pass Plus Cymru

Contact for details on costs and course times. Pass Plus Cymru is a specially enhanced Pass Plus course, which you can take after passing your driving test. By building on your driving skill, knowledge and hazard awareness, the course will help to reduce your risk of being involved in a crash and you could qualify for a substantial discount with many car insurance companies.

The course is in two parts: Theory presentation for either a morning or evening (check website for dates) and an all day driving experience with a highly qualified approved driving instructor (done in pairs) which incorporates motorway driving, town and rural roads etc. Contact for further details on course costs and dates.

| Contact Address | South Wales Fire & Rescue Service Fire Station, Port Road West Barry Vale of Glamorgan CF62 3AZ |
|----------------------------|-------------------------------------------------------------------------------------------------|
| Tel No | 08450 504255 |
| Mobile | |
| Fax No | |
| E-mail Address | sdodd-clark@valeofglamorgan.gov.uk |
| Website Address | www.dragondriver.com |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone for details or check out dragon driver website |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 17 - 25 years |
| Is a service provided in Welsh? | Yes - A Welsh service is available on request |
| Is there wheelchair access? | Can depend on venue |
| Does the service cater for people with special needs? | Yes - where possible |

Penarth Adult Education Centre

We provide courses for adults and young people in a variety of subjects, some of which are accredited. Subjects include ICT training including (CLAIT and ECDL) as well as introductory courses, art and craft, complementary health, European languages, Welsh for Adults, music, dance and general interest. 14-16 yr olds can access adult education courses if accompanied by an adult. 16-25 yr olds are welcome unaccompanied. If you are in full time work the cost is £2.25 per hour. Concessionary rates are available if you are in full time education or in receipt of benefits in which case you pay £1.15 per hour. Most courses are 2 hour classes for 10 weeks payable in advance at £45.00 per term full fee, £11.50 per term concessionary fee.

| Contact Address | St Cyres Comprehensive School, St Cyres Road Penarth Vale of Glamorgan CF64 2XP |
|----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tel No | 02920 701569 |
| Mobile | |
| Fax No | 02920 710108 |
| E-mail Address | padedcen@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | A brochure advertising courses is available in May each year. In addition flyers and leaflets are produced. Learners can phone to book places followed up by enrolments at centres. |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 13:00 |
| Tuesday | 09:00 | 13:00 |
| Wednesday | 09:00 | 13:00 |
| Thursday | 09:00 | 13:00 |
| Friday | 09:00 | 13:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | Yes Welsh for adults is a specific course |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Pupil Support

Our service is multi-disciplinary and comprises:

- Specialist Teachers for children with hearing and visual impairments, specific or general learning difficulties, emotional and/or behavioural difficulties (ebd), attending mainstream primary schools
- Hospital and Home tutors
- Learning mentors ('Partnership for New Parents')
- Educational Psychologists and Welfare Officers
- Primary / Secondary Transition Project Teacher (Child and Youth Partnership funding)
- Senior Speech and Language Therapist and therapy aides (jointly funded with the NHS)
- The teaching and ancillary support staff of (Special Classes and Units) where funding has not been delegated to the schools

| Contact Address | Vale Of Glamorgan Council Civic Offices Holton Road Barry Vale of Glamorgan CF63 4RU |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| Tel No | 01446 709180 |
| Mobile | |
| Fax No | 01446 701821 |
| E-mail Address | BGrover@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Not for the public to contact. Referrals need to come from: Pre-school from NHS Trust referral & school age from School / Social Services referral. |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 0-19 Years |
| Is a service provided in Welsh? | Yes - Some staff are fluent in Welsh |
| Is there wheelchair access? | N/A |
| Does the service cater for | Yes |
| people with special needs? | |

Road Safety Unit

Our programme consists of:

- Cycle Training = Off-road playground training; On-road training; 'Home to School' training (where appropriate) for 'Safe Routes To School' pupils.
- Pass Plus Cymru for 17 25 year olds = Post-driving test supplementary training covering the 6 Pass Plus elements; Theory session covering driving skills and attitude and basic car maintenance.
- "Scooter Smart" for 16 to 18 year olds = Ratio: 2:1 trainees to trainer, Training conducted through educational establishment but trainee does not have to be a pupil.
- Occasional Child Pedestrian Training = New school route and New road features.
- Provide Road Safety resources and literature for Youth groups. Eg. Scouts & Guides.

Please contact for more information.

| Contact Address | Vale Of Glamorgan Council Docks Office Subway Road Barry Vale Of Glamorgan CF63 4RT |
|----------------------------|-------------------------------------------------------------------------------------|
| Tel No | 01446 704774 |
| Mobile | |
| Fax No | 01446 704891 |
| E-mail Address | mdacey@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Through schools or directly by phone or e-mail |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 0 - 25 Years |
| Is a service provided in Welsh? | Yes - Regular use of basic Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

SNAP Cymru

SNAP Cymru is a Charity that offers information and support to families of children and young people who have special educational needs. Our service is free to parents, carers and young people.

We are here to offer you an independent ear when you need someone to talk to and provide you with information about issues affecting children's education and development. Our trained officers and Volunteer Independent Parental Supporters are able to help.

| Contact Address | YMCA Court Road Barry Vale Of Glamorgan CF63 4EE |
|----------------------------|-----------------------------------------------------------|
| Tel No | 01446 724005 |
| Mobile | |
| Fax No | |
| E-mail Address | sian.jones@snapcymru.org |
| Website Address | www.snapcymru.org |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone, pre-arranged meetings, home visits |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 15:00 |
| Thursday | 09:00 | 15:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 0 - 24 Years |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

We also provide a service in Information & Advice.

Vale Learning Network

The Vale Learning Network is a voluntary, non-statutory partnership of post-16 providers of education and training. From the point of view of individual learners, we provide advice and information about the availability of courses across the Vale for post-16 learners and can fund some of this provision. Delivery of courses is normally made by partner providers within the network.

| Contact Address | Barry College, Colcot Road Barry Vale of Glamorgan CF62 8YJ |
|----------------------------|----------------------------------------------------------------------|
| Tel No | 01446 725075 |
| Mobile | |
| Fax No | |
| E-mail Address | davidgiles@valelearning.net |
| Website Address | www.valelearning.net |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact directly or through learning providers |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 Years + |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Consult individual learning centres |
| Does the service cater for people with special needs? | Yes |

Vale Of Glamorgan Open Learning Centre

We provide an opportunity to improve literacy and numeracy skills in a supportive environment with an individual learning plan. There are creches to support learning for students at the Open Learning Centre. The number of staff working varies but all are qualified. There is also accredited Basic Skills Training provided, resulting in City and Guilds 9281(£3.00). IT Services ARE paid for by arrangement (ESOL)

There are ALSO outreach services in other parts of the Vale - contact for details on costs and further information.

| Contact Address | Holton Junior & Infant School, Holton Road Barry Vale of Glamorgan CF63 4TF |
|----------------------------|--------------------------------------------------------------------------------------|
| Tel No | 01446 736466 |
| Mobile | |
| Fax No | 01446 722423 |
| E-mail Address | CMorgan@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in and join, contact by telephone/ email or via referrals. |

| Opening Times | AM | PM |
|---------------|---------------|---------------|
| Monday | 10:00 - 15:00 | 18:45 - 20:45 |
| Tuesday | 10:00 | 15:00 |
| Wednesday | 10:00 - 15:00 | 18:45 - 20:45 |
| Thursday | 10:00 | 15:00 |
| Friday | 10:00 | 15:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £3.00 |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 - 25 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

Vale Plus

We provide learning and leisure opportunities for young adults with learning disabilities, within the Barry area. There is training provided in exam subjects and ASDAN (Award Scheme Development and Accreditation Network), along with an Accredited qualification in WJEC (Welsh Joint Education Committee) Office Skills. Criteria for accessing service: Referral by case managers from CST (Community Support Team).

| Contact Address | Vale Plus Centre 118a High Street Barry Vale of Glamorgan CF62 7DT |
|----------------------------|--------------------------------------------------------------------|
| Tel No | 01446 746691 |
| Mobile | |
| Fax No | 01446 746691 |
| E-mail Address | melanie@valeplus.com |
| Website Address | www.valeplus.com |
| Areas of the Vale served | All Vale |
| How to contact the service | Referral from CST (Community Support Team) |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:30 | 15:45 |
| Tuesday | 09:30 | 15:45 |
| Wednesday | 09:30 | 15:45 |
| Thursday | 09:30 | 15:45 |
| Friday | 09:30 | 15:45 |
| Saturday | 10:00 | 15:30 |
| Sunday | | |

| Is there a charge? | | |
|---------------------------------|-------------------------------------|--|
| Hourly Cost | | |
| Daily Cost | £32.00 | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | | |
| Free | | |
| Age ranges covered | 16 years+ | |
| Is a service provided in Welsh? | Yes – Regularly use Welsh & English | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

We also provide services in Leisure.

Vision 21

We offer vocational training for adults with learning disabilities. Our projects are in catering, woodwork, horticulture, ICT, training & mentoring, retail and pottery. Contact us for further details about the service.

| Contact Address | Vision 21 Cyfle Cymru Unit 10-12 Field Way Cardiff CF14 4HY |
|----------------------------|-------------------------------------------------------------------------|
| Tel No | 02920 621194 |
| Mobile | |
| Fax No | 02920 692458 |
| E-mail Address | admin@vision-twentyone.com |
| Website Address | http://www.vision-twentyone.com/archive/index.htm |
| Areas of the Vale served | All Vale |
| How to contact the service | By phone, completing an application, drop-in for a taster or interview. |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 16:00 |
| Tuesday | 08:30 | 16:00 |
| Wednesday | 08:30 | 16:00 |
| Thursday | 08:30 | 16:00 |
| Friday | 08:30 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | | |
|---------------------------------|------------|--|
| Hourly Cost | | |
| Daily Cost | £31.15 | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | | |
| Free | | |
| Age ranges covered | 16 Years + | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

Education

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/ Helpline |
|-----------------------------------------------------------|-----------------------------|---------------------------------------------------------------------------|----------------------|
| www.atlanticcollege.org | Atlantic College | Courses, information, applications etc | 01446 799000 |
| www.bbc.co.uk/learning/ | BBC | Online learning, support and advice | |
| www.bridgend.ac.uk/ | Bridgend College | Courses, prospectus, enrolment etc | 01656 302302 |
| www.bullying.co.uk | Bullying Online | Helping pupils and parents with Bullying – Advice, links etc | |
| http://www.prospects.ac.uk/cms/ShowPage/Home_page/p!eLaXi | Prospects.ac.uk | Official Graduate Careers Website | |
| http://www.support4learning.org.uk/home/index.cfm | Support4learnin g.org.uk | Signpost to relevant organisations and resources in a number of key areas | 08712 300040 |
| http://www.ucas.com/ | UCAS | Schools & Colleges directory, information for students etc | |

State Schools in the Vale

The following schools are state schools in the Vale. We have included the contact details for each. If there is any further information you require, you can find details on the Vale's website at www.valeofglamorgan.gov.uk.

| Address | Contact Number | Further details |
|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Sully Road Penarth, CF64 2TP | 02920 704212 | E-mail: AshgroveS@valeofglamorgan.g ov.uk Website: www.ashgroveschool.org.uk |
| Port Road West, Barry, CF62 8ZJ | 01446 411411 | E-mail: BarryCS@valeofglamorgan.gov .uk Website: www.barrycomp.com |
| Merthyr Dyfan Road, Barry, CF62 9YQ | 01446 403500 | E-mail: BrynHafrenCS@valeofglamorg an.gov.uk |
| Aberthin Road, Cowbridge CF71 7EN | 01446 772311 | E-mail: CowbridgeHS@valeofglamorga n.gov.uk Website: www.cowbridgecomprehensive school.co.uk |
| Ham Lane East, Llantwit Major CF61 9TQ | 01446 793301 | E-mail: LlantwitMajorHS@valeofglamor gan.gov.uk Website: www.llantwitschool.org.uk |
| St. Cyres Road Penarth CF64 2XP | 02920 708708 | E-mail: contact@stcyres.valeofglamorg an.sch.uk Website: www.stcyres.glamorgan.sch.uk |
| Argae Lane, Barry CF63 1BL | 01446 729250 | E-mail: StRichardGwynCS@valeofgla morgan.gov.uk Website: www.strichardgwyn.co.uk |
| | Penarth, CF64 2TP Port Road West, Barry, CF62 8ZJ Merthyr Dyfan Road, Barry, CF62 9YQ Aberthin Road, Cowbridge CF71 7EN Ham Lane East, Llantwit Major CF61 9TQ St. Cyres Road Penarth CF64 2XP Argae Lane, Barry | Sully Road Penarth, CF64 2TP Port Road West, Barry, CF62 8ZJ Merthyr Dyfan Road, Barry, CF62 9YQ Aberthin Road, Cowbridge CF71 7EN Argae Lane, Barry CF64 2XP O1446 729250 O1446 729250 O1446 729250 |

| Stanwell School (Foundation School) | Archer Road Penarth CF64 2XL | 02920 707633 | E-mail: school@stanwell.org Website: www.stanwell.valeofglamorgan. sch.uk |
|---------------------------------------------------------------|---------------------------------------|--------------|---------------------------------------------------------------------------------|
| Ysgol Erw'r Delyn (Special School) | St Cyres Road Penarth, CF64 2WR | 02920 707225 | E-mail: YErwDelyn@valeofglamorgan. gov.uk |
| Ysgol Gyfun Bro Morgannwg (Community School – Welsh) | Colcot Road, Barry CF62 8YU | 01446 450280 | E-mail: YGBroMorgannwg@valeofglam organ.gov.uk Website: www.bromorgannwg.org.uk |
| Ysgol Maes Dyfan (Special School) | Gibbonsdown Rise Barry, CF63 7QZ | 01446 732112 | YMaesDyfan@valeofglamorga n.gov.uk |

Barry Training Services

Barry Training Services Ltd was established in 1990 primarily to deliver Lift Truck training to the private sector. Based in Barry, training is delivered throughout the UK and Europe. Client demand led to an expansion of the training offered. We now offer a variety of courses ranging from what are considered lightweight such as Welcome Host, First Aid, Basic Food Hygiene, through to the heavier side of industry including: Plant, Cranes, Fire, Confined Space, Dangerous Substance Driver Training and Health and Safety.

Most of the courses we offer can be delivered at the clients own premises, subject to suitability and numbers, as all our instructors carry portable equipment e.g. camera, TV, OHP etc. Cost of courses vary for each course, and funding can be sought depending on circumstances Training can take place on Weekends by arrangement.

| Contact Address | Sully Moors Road Sully Penarth Vale of Glamorgan CF64 5YU |
|----------------------------|-----------------------------------------------------------|
| Tel No | 01446 743913 |
| Mobile | |
| Fax No | 01446 746618 |
| E-mail Address | debbie_bts@btconnect.com |
| Website Address | www.barrytrainingservices.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | By referral or telephone, e-mail for details |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | No |

We also provide services in Education.

Careers Wales

Careers Wales is the all age careers information and guidance service in Wales. Services are free to all young people and most adults. You can drop in to our premises on Holton Road for advice or visit our website for more information.

| Contact Address | Careers Wales (Cardiff & Vale) 49 Holton Road Barry Vale of Glamorgan CF63 4HF |
|----------------------------|--------------------------------------------------------------------------------|
| Tel No | 01446 410600 |
| Mobile | |
| Fax No | 01446 410610 |
| E-mail Address | careerswales@cardiffandvale.org.uk |
| Website Address | www.careerswales.com |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, phone or e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 16:00 |
| Tuesday | 09:00 | 16:00 |
| Wednesday | 09:00 | 16:00 |
| Thursday | 09:00 | 16:00 |
| Friday | 09:00 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-----------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes - We have a Special Needs Careers Advisor |

Genesis Project

We provide support and information to parents and individuals to overcome the barriers they may face when wanting to access new training, education or employment. Some of the services will include: subsidised childcare, support and guidance, confidence building and a wealth of information on exisiting services, community events, relevant courses, training and opportunities in the local area.

| Contact Address | Community Enterprise Centre Skomer Road Barry Vale of Glamorgan CF62 9DA |
|----------------------------|--------------------------------------------------------------------------|
| Tel No | 01446 730852 / 700570 |
| Mobile | |
| Fax No | |
| E-mail Address | rnugent-finn@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in or phone/ e-mail for further details |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for people with special needs? | Yes |

We also provide services in Education.

Job Centre Plus (Barry)

Are you looking for work? At Jobcentre Plus we can help you find the right kind of jobs: full time or part time, temporary or permanent. In some areas we offer a fully integrated work and benefit service. We offer active help from personal advisers to find work to meet individual needs and a more efficient and effective service for everyone who needs our help.

| Contact Address | Jobcentre Plus 9 Holton Road Barry Vale of Glamorgan CF63 4HA |
|----------------------------|---------------------------------------------------------------|
| Tel No | 01446 444016 |
| Mobile | |
| Fax No | |
| E-mail Address | helen.hurley@jobcentreplus.gsi.gov.uk |
| Website Address | www.jobcentreplus.gov.uk |
| Areas of the Vale served | Barry |
| How to contact the service | Contact local centre by phone or see website |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | Yes - We regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | No |
| people with special needs? | |

We also provide services in Money.

Job Centre Plus (Penarth)

Are you looking for work? At Jobcentre Plus we can help you find the right kind of jobs: full time or part time, temporary or permanent. In some areas we offer a fully integrated work and benefit service. We offer active help from personal advisers to find work to meet individual needs and a more efficient and effective service for everyone who needs our help.

| Contact Address | Jobcentre Plus Charnwood House, Plymouth Road Penarth Vale of Glamorgan CF64 3DA |
|----------------------------|----------------------------------------------------------------------------------------------|
| Tel No | 0845 601 3614 |
| Mobile | |
| Fax No | |
| E-mail Address | ian.mcculloch@jobcentreplus.gsi.gov.uk |
| Website Address | www.jobcentreplus.co.uk |
| Areas of the Vale served | Penarth |
| How to contact the service | Contact local centre by phone or see website |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|----------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | Yes - We regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | N/A |
| people with special fleeds? | |

We also provide services in Money.

Job Shop Extra

We provide a service for residents in the Vale of Glamorgan who are looking for work, but are not necessarily unemployed. Please contact the Barry centre for details on Penarth and other opportunities.

Vale Job Shop Extra offers support, advice and training to local people who are currently looking for work or thinking about returning to work.

The experienced Job Shop team provides professional help and advice with job search, such as compiling CVs, filling in application forms and interview skills.

The variety of resources at the centres for the job hunter includes newspapers, stationery, postage, telephone / fax facilities, and computers including Internet access. Basic IT courses are also available.

| Contact Address | Job Shop Extra 10 Holton Road Barry Vale of Glamorgan CF63 4HD |
|----------------------------|----------------------------------------------------------------|
| Tel No | 01446 709763 |
| Mobile | |
| Fax No | |
| E-mail Address | barryjobshop@fsmail.net |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, telephone, e-mail |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 16:30 |
| Tuesday | 09:00 | 16:30 |
| Wednesday | 09:00 | 16:30 |
| Thursday | 09:00 | 16:30 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | Yes |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Prince's Trust Cymru - Team Programme

We offer a 12 week programme of personal development training to re-engage unemployed young people. We help them to think about their futures and in many cases it changes their lives. All team members who complete the program can expect to gain qualifications such as City and Guilds Profile of Achievement and Key Skills Units. During the programme participants will learn to take responsibility, learn the importance of teamwork and how to be a good leader, spend an adventurous, action-packed residential week, undertake a community project of their choice, get work experience, participate in a team challenge and stage a team presentation to recount their experiences.

Contact us to make an appointment

| Contact Address | Vale Of Glamorgan Training Association 47 Colcot Road Barry Vale of Glamorgan CF62 8HJ |
|----------------------------|----------------------------------------------------------------------------------------|
| Tel No | 0800 842 842 |
| Mobile | |
| Fax No | |
| E-mail Address | webinfowa@princes-trust.org.uk |
| Website Address | www.princes-trust.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, e-mail for further information or to make appointment |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 - 25 Years |
| Is a service provided in Welsh? | Yes - Occassionally |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

The People Business

We offer education and training to adults and young people - specialising in learners that require additional support or help to develop social and employment skills. Training is a combination of centre based learning and work experience with employers. Vocation routes offered are: Information & Communications Technology; Administration; Retail; Customer Service; Distribution & Warehousing. Learning Levels - from Basic and Key Skills (entry & level 1) through to NVQ level 3.

Our service is free for eligable learners and by arrangement for non-WAG eligable learners.

| Contact Address | The People Business Wales Ltd 12-14 Holton Road Barry Vale of Glamorgan CF63 4HD |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 01446 749349 |
| Mobile | 07779 796329 |
| Fax No | 01446 747255 |
| E-mail Address | willhills@thepeoplebusiness-wales.co.uk |
| Website Address | www.thepeoplebusiness-wales.co.uk |
| Areas of the Vale served | Barry |
| How to contact the service | Telephone, e-mail, drop in |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 Years + |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Education.

Vale Of Glamorgan Council Training Services

We provide work placements, training schemes and progression routes that include National Traineeships, Modern Apprenticeships and Work Based Training for young people and adults. There are also programmes for people aged 18 to 24 years and 25 plus, who have been unemployed for six months or more. We provide work experience and training opportunities in order to enhance their prospects of finding and remaining in sustained employment. Training is also available through the Alternative Curriculum programme. Clients are referred to the service, and many secure employment within the Council.

£25.00 per day for alternative curriculum. Check with us for other costs and concessions. NEW DEAL AND JOB SHOP EXTRA ARE ALSO INCLUDED WITHIN THIS SERVICE AND ACCESSED THROUGH IT.

| Contact Address | Holm View Leisure Centre, Skomer Road Barry Vale of Glamorgan CF62 9DA |
|----------------------------|---------------------------------------------------------------------------------|
| Tel No | 01446 421974 |
| Mobile | |
| Fax No | 01446 738154 |
| E-mail Address | |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Referrals from schools, Careers Wales and JobCentre Plus |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 16:00 |
| Tuesday | 09:00 | 16:00 |
| Wednesday | 09:00 | 16:00 |
| Thursday | 09:00 | 16:00 |
| Friday | 09:00 | 14:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | £25.00 |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 14 - 25 Years |
| Is a service provided in Welsh? | Yes - Occassionally |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Vale Of Glamorgan Training Association

We manage the funding to access training via the Modern Apprenticeship Scheme, arranging day release, learning reviews and support, and management training. There is also the Prince's Trust Team Programme, a 12 week personal development programme aimed at 16-25 year olds. We also manage a skill build contract to access NVQ 1 training

| Contact Address | Vale Of Glamorgan Training Association 47 Colcot Road Barry Vale of Glamorgan CF62 8HJ |
|----------------------------|----------------------------------------------------------------------------------------|
| Tel No | 01446 748212 |
| Mobile | |
| Fax No | 01446 748474 |
| E-mail Address | vgta@barry.ac.uk |
| Website Address | www.vgta.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone/referrals from careers service/drop in |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - Occasionally |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also provide services in Education. | |
|----------------------------------------|--|

Vale Volunteer Bureau

We provide a one stop resource for information, advice and guidance on all apsects of volunteering for both volunteers and recruiting organisations. We aim to link the skills, experience, time and enthusiasm of local people looking to volunteer with organisations seeking to develop their services.

We currently have 238 recruiting organisations registered with us, offering 480 local volunteering opportunities with an added 900+ overseas and residential opportunities available. Opportunities include work with young people, advocacy/advice, sports, fundraising, caring, clerical & computing, arts 'n' crafts, telephone helplines, substance misuse, outdoor conservation, driving, escort, befriending, mentoring, D.I.Y etc. We encourage organisations to reimburse all out-of-pocket expenses. We are also running a project to encourage more young people (16 - 25) into voluntary work, where we will be working with recruiting organisations to develop opportunities for young people.

| Contact Address | Vale Volunteer Bureau 34 Holton Road Barry Vale of Glamorgan CF63 4HD |
|----------------------------|-----------------------------------------------------------------------|
| Tel No | 01446 421782 |
| Mobile | |
| Fax No | 01446 746703 |
| E-mail Address | info@vvb.org.uk |
| Website Address | www.vvb.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, via telephone, outreach & website etc |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 10:00 | 16:00 |
| Tuesday | 10:00 | 16:00 |
| Wednesday | 10:00 | 16:00 |
| Thursday | 10:00 | 16:00 |
| Friday | 10:00 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 years+ |
| Is a service provided in Welsh? | Yes |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in World, Europe, UK, Wales & Travel.

Youth Gateway Service (Careers Wales)

We provide a Mentoring service for 16 to 18 year olds on training, work and college, to further their careers. Youth Gateway will help you to:

- Get motivated
- Make decisions
- Build confidence
- Make the most of yourself
- Work better as part of a team
- Develop job application and interview skills
- Develop your communication skills
- Help you make friends

Sometimes you will work one to one with your Adviser, and sometimes you will work in a group. You could have the chance to try activities like outdoor pursuits or art projects.

| Contact Address | Youth Gateway, Careers Wales (Cardiff & Vale) Ltd 12-14 Holton Road Barry Vale of Glamorgan CF63 4HD |
|----------------------------|------------------------------------------------------------------------------------------------------------------|
| Tel No | 01446 413000 |
| Mobile | |
| Fax No | 01446 413006 |
| E-mail Address | colin.adams@cardiff&vale.org.uk |
| Website Address | www.careerswales.com |
| Areas of the Vale served | All Vale |
| How to contact the service | Referrals from careers centre, Children First etc and through direct contact via phone, drop-in etc |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 16:00 |
| Tuesday | 09:00 | 16:00 |
| Wednesday | 09:00 | 16:00 |
| Thursday | 09:00 | 16:00 |
| Friday | 09:00 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16-18 Years |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

Employment & Training

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/ Helpline |
|----------------------------------------------------------|------------------------------------------------|----------------------------------------------------------------------|----------------------|
| http://www.bbc.co.uk/radio1/onelife/ work/index.shtml | BBC Website | Information on writing CV's, job opportunities, choices etc | |
| http://www.csa.gov.uk/ | Child Support Agency | Financial contributions from parents for children | |
| www.direct.gov.uk/Homepage/fs/en | All Public Services website | Public service information, including employment issues | |
| www.dwp.gov.uk | Department of Work & Pensions | Information on employment rights, pensions etc | 0207 7712 2171 |
| www.skill.org.uk | National Bureau for students with disabilities | Promoting opportunities for adults and young people with impairments | 0800 328 5050 |

Amelia Trust Farm

Set on a 160 acre lowland site in the middle of the Vale of Glamorgan, we are a working farm with a variety of livestock that gives free access to anyone who wishes to enjoy the tranquillity of the countryside.

Visitors are welcome to explore the farm and surrounding play areas and nature walks, with the possibility of pre-booking barbeque sites or hiring the use of other facilities, we even have a self-catering hostel for those who wish to make a longer stay!

Service provided: Hostel accommodation for groups (35 beds) with special education and training unit providing a whole range of services mainly, but not exclusively, to disaffected young people. Also open to other independent groups e.g. Duke of Edinburough, Scout groups, schools, youth clubs etc.

Some costs vary - contact for further information.

| Contact Address | Amelia Trust Farm Walterston Barry Vale Of Glamorgan CF62 3AS |
|----------------------------|---------------------------------------------------------------|
| Tel No | 01446 782030 |
| Mobile | |
| Fax No | 01446 782031 |
| E-mail Address | andrewc@ameliatrust.org.uk |
| Website Address | www.ameliatrust.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Visit, telephone/e-mail or referrals from schools etc |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:30 | 15:30 |
| Tuesday | 09:30 | 15:30 |
| Wednesday | 09:30 | 15:30 |
| Thursday | 09:30 | 15:30 |
| Friday | 09:30 | 15:30 |
| Saturday | 09:30 | 15:30 |
| Sunday | 09:30 | 15:30 |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | £36.00 |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 13 - 17 years |
| Is a service provided in Welsh? | Yes - Very occasionally |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Coed Hills

Coed Hills is a facility where alternative viable ways of living are experienced. Alternative energy, permaculture and recycling are under study. The art trial is internationally renowned. We are open to all types of visit and are here as a community resource. Workshops in all aspects of art and craft are available and we also have workshops for children. We provide young parent support, pre-natal support, a venue for youth activities and environmental/art/biology studies. Indeed, we provide a support nework for all young people. We are open from dawn till dusk, 365 days a year.

| Contact Address | Coed Hills St Hilary Cowbridge Vale of Glamorgan CF71 7DP |
|----------------------------|----------------------------------------------------------------|
| Tel No | 01446 774084 |
| Mobile | |
| Fax No | |
| E-mail Address | info@coedhills.co.uk |
| Website Address | www.coedhills.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Visit the centre, contact by phone or e-mail, some by referral |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 10:30 | 20:00 |
| Tuesday | 10:30 | 20:00 |
| Wednesday | 10:30 | 20:00 |
| Thursday | 10:30 | 20:00 |
| Friday | 10:30 | 20:00 |
| Saturday | 10:30 | 20:00 |
| Sunday | 10:30 | 20:00 |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 4 - 25 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes - disabled access catered for |
| Does the service cater for | Yes |
| people with special needs? | |

We also offer services in Education.

Cosmeston Lakes Country Park & Medieval Village

Our country park has 300 acres of lakes, grassland and woodland, incorporating visitor centre, café, adventure playground, nature trails, BBQ sites, bird hides and picnic tables. The Ranger Service also deliver environmental lessons to schools or societies by pre-booking.

Clubs who have their own safety policies due to the depth and coldness of the lake can only use the Lakes.

There is a re-constructed Medieval Village on the park which is open to the public for guided tours by guides dressed in medieval costume. The tours are on the hour between 11am-3pm daily and there is a cost for this facility.

There may be some charges for events at the medieval Village Medieval Village costs £3.50 adult/ £2.00 concessions.

| Contact Address | Cosmeston Lakes Country Park, Lavernock Road Penarth Vale of glamorgan CF64 5UY |
|----------------------------|------------------------------------------------------------------------------------------|
| Tel No | 02920 701678 |
| Mobile | |
| Fax No | 02920 708686 |
| E-mail Address | CosmestonLakes@valeofglamorgan.gov.uk |
| Website Address | http://www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Park open 24 hours |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also provide services in Leisure. | | |
|--------------------------------------|--|--|

Dyffryn Gardens

We are open al year from 1st March 2007 - Please call for times (029 20593328) Please call for more details about admission prices

Dyffryn Gardens is a beautiful grade I registered Edwardian garden, set in the heart of the Vale of Glamorgan countryside. The 55-acre gardens are the result of a unique collaboration between the eminent landscape architect: Thomas Mawson, and the passionate plant collector, Reginald Cory. The garden includes a fernery, herbaceous borders, many individual themed garden rooms and a well-established Arboretum, including 14 champion trees. The magnificent gardens have been undergoing extensive restoration work with assistance from the Heritage Lottery Fund, which is due for completion this year. Visitors will be able to enjoy new facilities including striking visitor centre and tea rooms and also enjoying a relaxing stroll through the recently restored Lavender Court, Vine walk and Fernery. Ongoing work includes the walled garden and new glasshouses, which are due for completion this summer.

| Contact Address | Dyffryn Gardens Dyffryn Cardiff Vale Of Glamorgan CF5 6SU |
|----------------------------|-----------------------------------------------------------------------|
| Tel No | 02920 593328 |
| Mobile | |
| Fax No | 02920 591966 |
| E-mail Address | BLHicks@valeofglamorgan.gov.uk/GFDonovan@valeof glamorgan.gov.uk |
| Website Address | www.dyffryngardens.org.uk/ |
| Areas of the Vale served | All Vale |
| How to contact the service | Open access or telephone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - Bi-lingual info |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Flat Holm Project

We manage the conservation of the natural and cultural features of Flat Holm Island as well as developing the island as an educational resource for the public. We provide day trips for adults and children and residential trips for schools/youth groups. We have a full environmental education programme including opportunities for leadership and problem solving. We can offer work experience placements for a minimum of 1 week. Some opportunities may involve a cost - contact for further details.

| Contact Address | Flat Holm Project Docks Barry Vale of Glamorgan CF62 5QS |
|----------------------------|--------------------------------------------------------------------|
| Tel No | 01446 747661 |
| Mobile | |
| Fax No | 01446 742012 |
| E-mail Address | flatholmproject@cardiff.gov.uk |
| Website Address | www.cardiff.gov.uk/flatholm |
| Areas of the Vale served | All Vale |
| How to contact the service | Usually by phone or email. People are able to drop into the office |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 4 years+ |
| Is a service provided in Welsh? | Yes - When required we provide a Welsh service |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

| We | also pro | vides | services | in | Education. | | | |
|----|----------|-------|----------|----|------------|--|--|--|
|----|----------|-------|----------|----|------------|--|--|--|

Glamorgan Bird Club

The Glamorgan Bird Club is dedicated to the study and conservation of the bird life in this part of South Wales. The membership ranges from beginners and back-garden birdwatchers to those who are professionally involved in conservation. Our common interest is the enjoyment of birds.

The club runs a full program of events, with indoor meetings on a wide range of subjects and outdoor meetings, led by some of our more experienced birdwatchers, to a number of locations.

Club members get a quarterly newsletter, giving up-to-date news and information. Each year we produce a comprehensive report, free to our members, on the status of birds in the region. Birdwatchers throughout the area submit reports to the County Recorder. These are then filed and provide an invaluable database. In addition, we operate a telephone information link that lets members know 'what's about'.

Single membership: £12 Family membership: £10 Concessionary: £6.00

| Contact Address | Kenfig National Nature Reserve Ton Kenfig Bridgend Mid Glamorgan CF33 4PT |
|----------------------------|---------------------------------------------------------------------------|
| Tel No | 02920 339424 |
| Mobile | |
| Fax No | |
| E-mail Address | john.wilson@glamorganbirds.org.uk |
| Website Address | www.glamorganbirds.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone or download a membership form |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | Meet at 19:45 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

We also provide services in Leisure.

Glamorgan Heritage Coast

We provide a range of services which include:

- education/interpretation
- guided walks/talks
- Volunteer & work experience placements in conservation
- Practical conservation work with groups.

The Centre is open 9.00-15.00pm on Monday, Thursday and Friday. We are on duty seven days a week, so are responsive for hours outside these set times. School walks/talks open to all and work experience pupils must be interviewed.

| Contact Address | Glamorgan Heritage Coast Heritage Coast Centre Southerndown Bridgend Vale of Glamorgan CF32 0RP |
|----------------------------|-------------------------------------------------------------------------------------------------|
| Tel No | 01656 880157 |
| Mobile | |
| Fax No | 01656 880931 |
| E-mail Address | heritagecoast@valeofglamorgan.gov.uk |
| Website Address | www.valeoglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Visit, phone, e-mail for details |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | 09:00 | 17:00 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 4 - 25 years |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also provide services in Education. |
|----------------------------------------|
|----------------------------------------|

Glamorgan Young Farmer's Clubs (YFC)

We are a self run group for young people to help with their self development. We have one based in the Maindy area and another in the Wick area.

Even though the name of the organisation refers to 'Young Farmers', our members represent young people from all walks of life, so, you don't need to be a farmer – in fact – if you're between 10 and 26 years old and want to live a little and learn a lot, then Wales YFC is most definitely for you!

Our members get the opportunity to take part in all sorts of fun activities, trips, demonstrations, competitions galore, acting, singing, performing, racing, treasure hunts, rallies, international travel, in fact, the list is never ending. It's the members that decide what we do! You can contact the maion office between the hours of 9.00 – 17.00, though part time only. Costs vary, so contact for further details.

| Contact Address | Pencoed College Pencoed Bridgend CF35 5LG |
|----------------------------|----------------------------------------------------|
| Tel No | 01656 864488 |
| Mobile | |
| Fax No | 01656 862398 |
| E-mail Address | glamorgan@yfc-wales.org.uk |
| Website Address | www.yfc-wales.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact by phone/e-mail/ web site etc |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 10 - 26 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Contact for further details |
| Does the service cater for people with special needs? | Contact for further details |

We also provide services in Leisure and Employment & Training.

Vale Of Glamorgan Council - Recycling & Regeneration

Waste Management and Cleansing departmentactively try to encourage young people to get involved in the local waste awareness campaign 'What's in your bin?'. The aim is to encourage reducing, reusing and recycling rather than throwing things away.

The main way we target young people is through local schools, giving talks and assemblies, encouraging recycling and running waste awareness projects which are just some of the avenues used. You may have seen some of the projects, like Penarth Pier's yearly decoration with baubles made by local children and charities all from things destined for the bin. We are also out and about after school hours, involving scouts and brownies and the like, or during the school holidays at events like the Vale Show. If you've made a hat or mask out of 'rubbish', the chances are it was with us!

Young people are also a fantastic way of getting parents and guardians or the rest of the community involved, encouraging them to recycle at home for example by using the free kerbside service for paper, cans, glass, cardboard and plastic, or making this a part of their own daily routine if living in their own home.

| Contact Address | Vale Of Glamorgan Council, Alps, Quarry Road Wenvoe Cardiff Vale Of Glamorgan, The CF5 6AA |
|----------------------------|--------------------------------------------------------------------------------------------------------|
| Tel No | 02920 673092 |
| Mobile | |
| Fax No | 02920 673221 |
| E-mail Address | sharrison@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact by phone/e-mail/website |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - bi-linguial info |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | No |

Valeways

We are an environmental group dedicated to opening and promoting countryside access within the Vale of Glamorgan. We support teams of mixed ability volunteers, to improve & maintain public access to the Vale of Glamorgan countryside and walks are subsequently promoted via led walks. Free walks leaflets are provided to encourage the community and it's visitors to walk, explore and care for the free green spaces around them.

| Contact Address | Unit 7 Community Enterprise Centre, Skomer Road Barry Vale of Glamorgan CF62 9DA |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 01446 749000 |
| Mobile | |
| Fax No | 01446 749000 |
| E-mail Address | info@valeways.org.uk |
| Website Address | www.valeway.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, e-mail, or drop by |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - Walk leaflets produced in Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

We also provide services in Leisure.

Environment

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/ Helpline |
|--------------------------------------------------|--------------------------------------------------|--------------------------------------------------------------------------|----------------------|
| www.barrywales.co.uk/hawkingce ntre | Welsh Hawking Centre | Booking, opening times, information etc | 01446 734687 |
| www.bridgend.gov.uk/green/index .htmlBridgend | Bridgend Council | Directory of green/environmental organisations | |
| www.ccw.gov.uk | Countryside Council for Wales | Countryside access, news, information | 0845 1306 229 |
| www.cprw.org.uk/home.htm | Campaign for the protection of Rural Wales | Conserving Rural Wales, information, membership, news etc | 01938 552525 |
| www.environment- agency.gov.uk/regions/wales | Environment Agency | Environmental reports and issues, news, information etc | 08708 506506 |
| www.foe.co.uk | Friends of the Earth | Environmental charity – information, membership, campaigns etc | |
| www.glamorganwalks.com/index. html | Glamorgan Walks | Walking routes in the Vale, maps, local information etc | |
| www.goodbeachguide.co.uk/ | Good Beach Guide – Marine Conservation Society | Descriptions, photos and maps of over 1200 beaches in the UK | |
| www.greenpeace.org.uk/ | Green Peace | Environmental charity – information, membership, campaigns etc | |
| www.keepwalestidy.org | Keep Wales Tidy | Litter & Waste, community action, tourism etc | |
| www.nationaltrust.org.uk/main/ | National Trust | Visits, education, conservation, information etc | |
| www.rnli.org.uk | Royal National Lifeboat Institute | Local area, information, donations etc | |
| www.treeforall.org.uk/Wales | Woodland Trust | Tree planting campaign for Wales – campaigns, news, events, projects etc | 01686 412508 |
| www.wildlifetrusts.org | Wildlife trust | Voluntary organisation – get involved, membership, events etc | 0870 036 7711 |
| www.wwf-uk.org/core/index.asp | World Wildlife Fund | Membership, campaigns, news etc | 01483 426444 |

Cardiff & The Vale Parents Federation

We provide information to families and disabled people (with a learning disability) on a range of issues that impact on a person's life. We arrange training sessions in topics that interest people (Direct Payments, inclusive education, person centred planning etc) and also administer a small project that offers respite to families while offering quality experiences to their dependents.

We employ a dedicated Play Co-ordinator whose role is to encourage and facilitate the development of play opportunities for disabled children.

| Contact Address | YMCA, Court Road Barry Vale of Glamorgan CF63 4EE |
|----------------------------|--------------------------------------------------------------------------------------|
| Tel No | 01446 724008 |
| Mobile | |
| Fax No | 02920 227878 |
| E-mail Address | admin@parentsfed.org |
| Website Address | www.parentsfed.org |
| Areas of the Vale served | All Vale |
| How to contact the service | Through web-site, open events and newsletters. Can also contact by phone and e-mail. |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Information & Advice.

Cardiff & Vale Crossroads

The project, based in Cardiff, provides young carers with a break from caring responsibilities and arrangeS fun activities, training, individual and group support, advice on health and well being, education, housing, links to mainstream services and help with life transitions.

| Contact Address | Cardiff & The Vale Crossroads 5 Norbury House, Norbury Road Cardiff CF5 3AS |
|----------------------------|-----------------------------------------------------------------------------|
| Tel No | 02920 577300 |
| Mobile | |
| Fax No | 02920 577300 |
| E-mail Address | admin@cardiffvalecrossroads.org.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | By referral or telephone for information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Vaa |
| FIEE | Yes |
| Age ranges covered | 7 - 17 years |
| | |
| Age ranges covered | 7 - 17 years |

Children & Family Placement And Support

Vale of Glamorgan Children & Family Services work to promote and safeguard the well-being of children and young people in need within their families and where this is not possible, to provide good quality alternative care. Contact for further details.

| Contact Address | Children & Family Services (Haydock House) 1 Holton Road Barry Vale of Glamorgan CF63 4HA |
|----------------------------|-------------------------------------------------------------------------------------------|
| Tel No | 01446 725202 |
| Mobile | |
| Fax No | 01446 725205 |
| E-mail Address | |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | By referral. Otherwise, telephone or e-mail for further information. |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - We can offer a service in Welsh |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also provide services in Health. | |
|-------------------------------------|--|
|-------------------------------------|--|

Colcot Community Project

We provide an open access drop-in centre for families to meet to get advice and support on a wide range of issues.

The project has a full ICT suite with 8 fully serviced Internet accessible computers, creche facilities and a small outside play area.

Contact to find out about further services offered

| Contact Address | 1 Police Houses, Winston Road Barry Vale of Glamorgan CF62 9SU |
|----------------------------|-------------------------------------------------------------------------|
| Tel No | 01446 748757 |
| Mobile | |
| Fax No | |
| E-mail Address | colcot.project@ntlworld.com |
| Website Address | |
| Areas of the Vale served | Barry |
| How to contact the service | Drop in, phone or e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 16:00 |
| Tuesday | 09:00 | 16:00 |
| Wednesday | 09:00 | 16:00 |
| Thursday | 09:00 | 16:00 |
| Friday | 09:00 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------------------------------|
| 3 | T |
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Information & Advice.

FPA Cymru - Speakeasy

We offer a non-threatening group based opportunity for parents to learn together and acquire the confidence and skills they need to talk to their children about sex and sexuality. Creative methods are used within our groups including collage and artwork, role play and games, as well as more traditional written work for those who wish.

| Contact Address | Family Planning Association Cymru, Canton House 435-451 Cowbridge Road East Cardiff CF5 1JH |
|----------------------------|------------------------------------------------------------------------------------------------------|
| Tel No | 0845 310 1334 |
| Mobile | |
| Fax No | 02920 644306 |
| E-mail Address | mariaf@fpa.org.uk |
| Website Address | www.fpa.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Parents & workers targeted by Project Officer/ self referral/ via existing agency |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:30 | 16:30 |
| Tuesday | 09:30 | 16:30 |
| Wednesday | 09:30 | 16:30 |
| Thursday | 09:30 | 16:30 |
| Friday | 09:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Health.

Gibbonsdown Community Centre

We provide a much needed resource for parents and residents in the Gibbonsdown area of Barry. There are childcare provisions, including playgroups & afterschool clubs plus training for adults with a free creche attached. Residents of Treharne and Gibbonsdown are given priority and the fees are subsidised through grants and fundraising.

| Contact Address | Gibbonsdown Community Centre, Ramsey Road Barry Vale Of Glamorgan CF62 9DF |
|----------------------------|-------------------------------------------------------------------------------------|
| Tel No | 01446 732692 |
| Mobile | |
| Fax No | 01446 732692 |
| E-mail Address | gibchildcentre@hotmail.com |
| Website Address | |
| Areas of the Vale served | Barry |
| How to contact the service | Drop in or phone for further details |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:30 |
| Tuesday | 08:30 | 17:30 |
| Wednesday | 08:30 | 17:30 |
| Thursday | 08:30 | 17:30 |
| Friday | 08:30 | 17:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Language & Play

We provide practical workshops for parents and carers of children aged 0-3, developing children's basic skills. The Language and Play Programme is an informal and fun set of workshops for parents and carers of pre-school children. We will get together for 7 weeks to share ideas on supporting your child's early development. There will be lots of exiting activities for you and your child to try - painting, puppet making etc. There is a lending library of books, CDs and games to borrow each week. It's great fun and free.

| Contact Address | Vale Of Glamorgan Council Civic Offices, Holton Road Barry Vale of Glamorgan CF63 4RU |
|----------------------------|---------------------------------------------------------------------------------------------------|
| Tel No | 01446 709798 |
| Mobile | |
| Fax No | 01446 709129 |
| E-mail Address | DCollins@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Nurseries & Schools, Health Visitor, Sure Start Referrals & signposting from other organisations |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | For parents & carers of children aged 0 - 3 |
| Is a service provided in Welsh? | Yes - We regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide a service in Education.

Sure Start

We work with parents and children to promote the physical, intellectual and social development of pre-school children aged 0-4yrs. Anyone living in the Barry area can make a referral. Activities include: Toddler Mornings, Story Sacks, Baby Massage, Befriending, Gym Tots, Courses and One to One in the home. The Team includes: Health Visitors, Midwife, Speech & Language Therapist, Social Workers, Play Support Workers, Nutritionist, Learning Opportunities Co-ordinator and Volunteers. We also cater for teenage mums. For parents of children aged 0-4 yrs

| Contact Address | Sure Start Building, Skomer Road Barry Vale Of Glamorgan CF62 9DA |
|----------------------------|---------------------------------------------------------------------|
| Tel No | 01446 732180 |
| Mobile | |
| Fax No | 01446 732236 |
| E-mail Address | surestart@valeofglamorgan.gov.uk |
| Website Address | http://www.surestart.gov.uk/aboutsurestart/help/contact s/wales/ |
| Areas of the Vale served | Barry |
| How to contact the service | Self referral through health professionals e.g. Health Visitors etc |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | For parents of children aged 0 - 4 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

We also provide services in Education and Health.

The Adoption Agency

We Provide a service for:

- a) Children who's care plan is for adoption
- b) Assessments of adopters
- c) Letter box contact for birth families and adopted children
- d) Post adoption support for those people affected by adoption
- e) Helping access their birth records
- f) Birth parent couselling and support

| Contact Address | Fostering & Adoption Resource Centre 14 Albert Crescent Penarth Vale of Glamorgan CF64 1DA |
|----------------------------|--------------------------------------------------------------------------------------------|
| Tel No | 02920 350954 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Through referral or contact by phone/see website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 0-18 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Vale Family Group Meeting Project

A Council run service, family group meetings are about bringing the wider family, including friends, together with relevant professionals to make plans and decisions in relation to child welfare issues.

N.B. The service is only available through referral from Children & Families workers.

| Contact Address | Vale Of Glamorgan Council Docks Office, Subway Road Barry Vale of Glamorgan CF63 4RT |
|----------------------------|--------------------------------------------------------------------------------------------------|
| Tel No | 01446 704679 |
| Mobile | |
| Fax No | |
| E-mail Address | kbuckler@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | By referral from Social Workers |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 0 - 18 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Vale Family Support Service

We take referrals from Vale Social Services. We offer a six week crisis intervention service for the families when there is a risk of accommodation or rehabilitation plan. We also offer long term less intensive support; weekly sessions in respect of parenting issues; parenting groups for parents with teenagers; parenting groups for parents with primary children; children's group (to run alongside parenting group, primary age); holiday activities and trips for referred families.

| Contact Address | NCH 37-39 Holton Road Barry Vale of Glamorgan CF63 4HB |
|----------------------------|--------------------------------------------------------------------|
| Tel No | 01446 734091 |
| Mobile | |
| Fax No | |
| E-mail Address | sue.malins@nch.org.uk |
| Website Address | www.nch.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Social Services referral |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 16:30 |
| Tuesday | 08:30 | 16:30 |
| Wednesday | 08:30 | 16:30 |
| Thursday | 08:30 | 16:30 |
| Friday | 08:30 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 0-16 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for people with special needs? | Yes |

Vale Of Glamorgan Fostering Team

The Fostering team are responsible for recruiting, training, assessing and supervising/supporting foster carers in the Vale of Glamorgan. We provide care to children/young people who are referred to us from Social Services teams only. However, we accept applications to become foster carers from the public. We take applications from people aged 21 and above.

| Contact Address | Fostering & Adoption Resource Centre 14 Albert Crescent Penarth Vale of Glamorgan CF64 1DA |
|----------------------------|--------------------------------------------------------------------------------------------|
| Tel No | 02920 350954 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Through referals or Telephone/ see website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Vale Of Glamorgan Young Carers Project

We provide respite and support services for young carers (aged 7 - 17 yrs) in the Vale of Glamorgan. Training also includes equal opportunities and NVQ training. Our volunteers are called 'sessionals'. Criteria for accessing this service: must be referred to the service - it is not open access. We are contactable every day betwen the hours of 9 am and 4 pm and young carers are contactable for a few hours each day (12 noon - 3 pm). Opening hours are flexible by arrangement

| Contact Address | NCH 37-39 Holton Road Barry Vale of Glamorgan CF63 4HB |
|----------------------------|--------------------------------------------------------------------|
| Tel No | 01446 734091 |
| Mobile | |
| Fax No | 02920 706100 |
| E-mail Address | wapfcrp@mail.nch.org.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Referrals from a variety of sources |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 16:00 |
| Tuesday | 09:00 | 16:00 |
| Wednesday | 09:00 | 16:00 |
| Thursday | 09:00 | 16:00 |
| Friday | 09:00 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 7 - 17 |
| Is a service provided in Welsh? | Occasionally. Some staff are fluent in Welsh |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Vale Romance Academy

The Romance Academy is a fifteen-week project specifically designed for teenagers & run by trained youth workers (first groups of 12 young people each, began November 2006 in Penarth & Dinas Powys). The project looks at sex, relationships & love, among other topics such as the media, alcohol and drugs, peer pressure, self esteem. As each Academy reaches its 'Graduation', it is anticipated that others will follow on as demand grows. The Romance Academy challenges current trends in our society towards sex, and invites young people to explore alternative, healthy lifestyles based on self esteem and safe, responsible choices. Explore the website - contact us if you have any questions - and sign up if you want to join an exciting and challenging course.

| Contact Address | Venues in Dinas Powys & Penarth | |
|----------------------------|------------------------------------------------------------------------|--|
| Tel No | 07870 206556 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | contact@valeromanceacademy.org.uk | |
| Website Address | www.valeromanceacademy.org.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | By phone/e-mail, advertising promotions and schools/youth club visits. | |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 19:00 - 21:00 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------|
| Hourly Cost | |
| | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 - 18 Years |
| Is a service provided in Welsh? | Yes - Can if necessary |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also | provide services in | Education. | | |
|---------|---------------------|------------|--|--|

Western Vale Intergrated Children's Centre

At the intergrated children's centre we provide a key building block by providing a number of services which help support children, young people and their families. Four of the key services of the centre are: Early years education, open-access play, training and community development, all of which are underpinned by the Health Agenda i.e. Healthy Schools

| Contact Address | Station Road Llantwit Major Vale of Glamorgan CF61 1ST |
|----------------------------|-----------------------------------------------------------------|
| Tel No | 01446 793030 |
| Mobile | |
| Fax No | 01446 795349 |
| E-mail Address | WVICCAdmin@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Open access |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 07:45 | 17:45 |
| Tuesday | 07:45 | 17:45 |
| Wednesday | 07:45 | 17:45 |
| Thursday | 07:45 | 21:00 |
| Friday | 07:45 | 17:45 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - Cylch meithrin and Ti a Fi take place at centre. |
| | Also bi-lingual publicity material |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Information & Advice and Education.

Family & Relationships

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/Helpline |
|-----------------------------------------|---------------------|-----------------------------------------------------------------------------------------------------------|------------------------------------------------|
| www.barnardos.org.uk/wales .htm | Barnardos | Working with vulnerable children & young people. Donations, news, information etc | 02920 493387 |
| www.childline.org.uk | Childline | Free helpline for children & young people | 0800 1111 |
| www.itsnotyourfault.org/ | NCH | Information for children, young people and parents going through a family break up | 0845 7626579 |
| www.kidscape.org.uk/info/helpline.shtml | Kidscape | National Charity dedicated to preventing bullying and child abuse | 08451 205204 |
| www.parentlineplus.org.uk | Parentline Plus | Advice, information and support for anyone who is parenting a child | 0808 800 2222 |
| www.relate.org.uk/ | Relate | Offers advice, relationship counselling, sex therapy etc face-to-face, by phone and through this website. | 02920 499349 |
| www.runawayhelpline.org.uk/ | Runaway Helpline | Advice, Helpline, information and other people's stories | 0808 800 7070 |
| www.talkdontwalk.org.uk/ | Talk don't walk | Helpline and advice for young people and parents of young people who have run away from home | 0845 085 2136 e-mail: info@talkdontwalk.org.uk |
| www.thehideout.org.uk/ | The Hideout | Domestic Violence – information, advice, comments etc | |

Barry & District Mencap

A learning disability affects the way someone learns, communicates or does some everyday things. Someone has a learning disability all through their life.

There are many different types of learning disability. They can be mild, moderate or severe. We provide leisure and social facilities, as well as support for persons with learning disabilities in the Vale of Glamorgan.

| Contact Address | 64 Pencoedtre Road Barry Vale of Glamorgan CF63 1SE |
|----------------------------|--------------------------------------------------------------|
| Tel No | 01446 730101 |
| Mobile | |
| Fax No | |
| E-mail Address | malcolmsrussell@tiscali.co.uk |
| Website Address | http://www.mencap.org.uk/index.asp |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop-in/ Telephone |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 18:45 - 20:45 |
| Wednesday | | |
| Thursday | | |
| Friday | | 18:45 - 20:45 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £10.00 |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Leisure.

Barry College Family Planning Clinic

For students of Barry College.

Staffed by 1 Family Planning trained Nurse. We provide: emergency hormonal contraception and advice. We also provide free and confidential advice about sex and contraception, pregnancy, unprotected sex, abortion, the morning after pill or STI (Sexually Transmitted Infections).

Contact for Bank Holiday opening hours

| Contact Address | Barry College Colcot Road Barry Vale of Glamorgan CF62 8YJ | |
|----------------------------|---------------------------------------------------------------------|--|
| Tel No | 01446 743519 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | sarah.kirtland@cardiffandvale.wales.nhs.uk | |
| Website Address | | |
| Areas of the Vale served | Barry | |
| How to contact the service | Drop in mainly, or phone/ e-mail for further information | |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 13:30 - 16:00 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Barry Hospital Family Planning Clinic

Staffed by 1 Family Planning trained Nurse.

Service provided: emergency hormonal contraception and advice

We offer free and confidential advice about sex and contraception, pregnancy, unprotected sex, abortion, the morning after pill or STI(Sexually Transmitted Infections).

Contact for Bank Holiday opening hours

| Contact Address | Barry Hospital Colcot Road Barry Vale of Glamorgan |
|----------------------------|-----------------------------------------------------------|
| Tel No | 01446 704142 |
| Mobile | |
| Fax No | |
| E-mail Address | sarah.kirtland@cardiffandvale.wales.nhs.uk |
| Website Address | |
| Areas of the Vale served | Barry |
| How to contact the service | Drop in mainly, or phone/ e-mail for further information. |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | 18:00 - 19:00 |
| Saturday | | |
| Sunday | | 18:00 - 19:00 |

| Is there a charge? | |
|---------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Broad Street Family Planning Clinic

We offer sexual health advice and information, as well as condoms, hormonal contraception, emergency hormonal contraception (EHC) and Pregnancy testing.

Contact for Bank Holiday Opening hours - Broad Street does advise making an appointment.

| Contact Address | Broad Street Clinic 130 Broad Street Barry Vale of Glamorgan CF62 7AL |
|----------------------------|-----------------------------------------------------------------------|
| Tel No | 01446 746722 |
| Mobile | |
| Fax No | |
| E-mail Address | sarah.kirtland@cardiffandvale.wales.nhs.uk |
| Website Address | |
| Areas of the Vale served | Barry |
| How to contact the service | Drop in mainly, or phone/ e-mail for further information |

| Opening Times | AM | PM |
|---------------|---------------|---------------|
| Monday | | 17:30 - 19:30 |
| Tuesday | | |
| Wednesday | | |
| Thursday | 09:00 - 11:30 | 15:30 - 18:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

C Card Scheme

S.A.F.E.A.S. Project for 14-25 year olds

Young people are given a registration card (C Card) when they join the scheme. They are given advice and information and if appropriate they are given a small supply of condoms. They then show the card at each subsequent visit and are issued with a further supply of condoms. The card ensures that they can't repeat their visits too frequently. After ten visits they are given further in-depth advice by the trained worker. All these C Card centres are only open during term time.

Designated Centres delivering the project:

| Centre | Day | Time | Weekly/Fortnightly |
|-------------------|-------|-------------|--------------------|
| Llantwit Major | Thurs | 7.30 - 8.30 | Weekly |
| Youth Centre | | | |
| Llantwit Drop in | Fri | 1-2 | Weekly |
| Cowbridge | Mon | 730 | Weekly |
| St Athan | Wed | 7.30 - 8.30 | Fortnightly |
| Wick | Wed | 7-8.30 | Fortnightly |
| Amelia Trust Farm | Fri | 7-8.30 | Fortnightly |
| Colcot Project | Tues | 3-4.30 | Weekly |
| | | | |
| | | | |

| Contact Address | Various Venues - see brief description |
|----------------------------|----------------------------------------------|
| Tel No | 01446 792141 |
| Mobile | |
| Fax No | |
| E-mail Address | nstanton@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in or telephone for further information |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 - 25 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes - although depends on centre |
| Does the service cater for | Yes |
| people with special needs? | |

Carers Centre

We provide information, support, advice and advocacy to anyone who is caring for a member of their family or friend - in any situation and of any age. We have an outreach service in the Western Vale Intergrated Children's Centre, In Llantwit Major.

| Contact Address | Carers Centre 1 Conway Road Cardiff CF11 9NT |
|----------------------------|------------------------------------------------------------|
| Tel No | 02920 221439 / 02920 221421 |
| Mobile | |
| Fax No | 02920 221368 |
| E-mail Address | cvcarerscentre@aol.com |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Outreach in the Vale. Phone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 16:00 |
| Tuesday | 09:00 | 16:00 |
| Wednesday | 09:00 | 16:00 |
| Thursday | 09:00 | 16:00 |
| Friday | 09:00 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | No |
| people with special needs? | |

Children With Disabilities Team

We are a specialist multi disciplinary team who believe that a child with a disability is a child first and should be encouraged and helped to access the same services and treatments as other children without disabilities.

We also link in with the Specialist Health Visitor and Social Workers based in other teams for children who have additional needs.

Referrals to the Children with Disabilities Team can be made by parents, family members and professionals.

To make sure the services we provide are given to people with the greatest need we use an eligibility criteria, our service is aimed at :-

Children/young people who are aged between

- 0 18 years and who have
- a learning disability and/or
- · a significant physical or sensory impairment.

| Contact Address | Children & Family Services 1 Holton Road Barry Vale of Glamorgan CF63 4HA |
|----------------------------|---------------------------------------------------------------------------|
| Tel No | 01446 725246 |
| Mobile | |
| Fax No | |
| E-mail Address | CSpence@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone, referral, e-mail |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 0 - 18 years |
| Is a service provided in Welsh? | Yes - occasionally if required |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Colcot Drop-In Centre Family Planning Clinic

Staffed by Family Planning (FP) Nurse, Sure Start Health Visitor and School Health Nurse + support from a Youth Worker when available.

We offer sexual health advice and information, as well as condoms, hormonal contraception, emergency hormonal contraception (EHC) and Pregnancy testing.

| Contact for | Bank | Holiday | Or | pening | times |
|-------------|------|---------|----|--------|-------|
| | | | | | |

| Contact Address | Colcot Health Clinic Winston Road Barry vale of Glamorgan CF62 9SU |
|----------------------------|-----------------------------------------------------------------------------|
| Tel No | 01446 748757 |
| Mobile | |
| Fax No | |
| E-mail Address | sarah.kirtland@cardiffandvale.wales.nhs.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in mainly, or phone/ e-mail for further information. |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 15:30 - 16:15 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----------|
| Is there a charge? | T |
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| | 5 1 .1 11 |
|---------------------------------------------|------------------|
| We also provide services in Family & F | () alatianahina |
| We also browne services in Family & F | 841311011S1110S |
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| | |

Epilepsy Wales

Epilepsy Wales provides support to people with epilepsy, their families and carers. We can advise on issues relating to epilepsy, with the exception of diagnosis and medication matters as our staff are not medically trained. Epilepsy Wales is not a front line emergency service but one that provides support and empowerment to our clients.

Opening times are not specific - there is an answer machine available at all times when helpline staff are not available.

| Contact Address | P O Box 4168 Cardiff CF14 0SR |
|----------------------------|-----------------------------------------------------|
| Tel No | 08457 413774 |
| Mobile | |
| Fax No | 02920 755515 |
| E-mail Address | epilepsywales@aol.com |
| Website Address | www.epilepsy-wales.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, website, letter or professional referral |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes occassionally, and we have some leaflets printed in |
| | Welsh |
| Is there wheelchair access? | We meet clients at their own homes or in public places |
| | suggested by the client themselves |
| Does the service cater for | Yes |
| people with special needs? | |

Hafal

Hafal Vale of Glamorgan helps people with severe mental illness and their families to work towards recovery. All our services are underpinned by Hafal's Recovery Programme which empowers clients and families to take control of their lives and achieve recovery. Hafal's Recovery Programme is a modern approach to dealing with mental illness. As an organisation managed by its members - people with experience of severe mental illness and their families - Hafal has drawn on many years experience in dealing with severe mental illness to make the Recovery Programme as effective as possible.

| Contact Address | Amy Evans Centre 190 Holton Road Barry Vale of Glamorgan CF63 4HN |
|----------------------------|-------------------------------------------------------------------|
| Tel No | 02920 565959 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.hafal.org/vale |
| Areas of the Vale served | All Vale |
| How to contact the service | By referral or phone/e-mail/see website for further information. |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 10:00 | 16:00 |
| Tuesday | 10:00 | 16:00 |
| Wednesday | 10:00 | 16:00 |
| Thursday | 10:00 | 16:00 |
| Friday | 10:00 | 16:00 |
| Saturday | 10:00 | 12:00 |
| Sunday | 10:00 | 12:00 |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 18 - 65 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Hafal In The Western Vale

We help people with severe mental illness and their families work toward recovery. We offer family support and respite. Our services include: employment training; family support; breaks for carers; carer's advocacy and general support.

| Contact Address | Unit 49 Enterprise Centre, Bryn Road Aberkenfig Bridgend Mid Glamorgan CF32 9BS |
|----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tel No | 01656 729191 |
| Mobile | |
| Fax No | 01656 723187 |
| E-mail Address | bridgend@hafal.org |
| Website Address | www.hafal.org |
| Areas of the Vale served | Western Vale |
| How to contact the service | Referral from community health teams for project/ service users & multi-disciplinary agencies. Phone/e- mail/see website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | 10:00 | 14:00 |
| Sunday | 10:00 | 14:00 |

| la thara a charge? | |
|---------------------------------|----------------------------------------|
| Is there a charge? | |
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 - 65 years |
| Is a service provided in Welsh? | Yes - We regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Health Zone - Penarth Youth Project

We provide information on sexual health and hand out free condoms and pregnancy tests. We also run Glyndwr Road Drop-in. Please drop in or contact us by phone for further information and advice.

| Contact Address | Glandwr Community Centre, Glyndwr Road Penarth Vale of Glamorgan CF64 3ND |
|----------------------------|------------------------------------------------------------------------------------|
| Tel No | 02920 253691 |
| Mobile | |
| Fax No | |
| E-mail Address | penarthyouthproject@hotmail.com |
| Website Address | |
| Areas of the Vale served | Penarth |
| How to contact the service | Drop in, or phone/ e-mail for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 15:00 - 16:15 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 years |
| Is a service provided in Welsh? | No but some information is bi-lingual |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Inroads Cardiff & Vale Street Drugs Project

We are a community based needs led agency. We seek to enable drug users and those affected by drug use to make informed, positive life choices. We achieve this through the creation and maintenance of therapeutic relationships, the development of realistic goals and the adoption of safer practices.

| Contact Address | Inroads 42 Holton Road Barry Vale of Glamorgan CF63 4HD |
|----------------------------|---------------------------------------------------------|
| Tel No | 01446 450005 |
| Mobile | |
| Fax No | 01446 411016 |
| E-mail Address | mail@inroadswales.org |
| Website Address | www.inroadswales.org |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, telephone or make appointment |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:30 | 16:30 |
| Tuesday | 09:30 | 13:30 |
| Wednesday | 09:30 | 16:30 |
| Thursday | 09:30 | 16:30 |
| Friday | 09:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------------------------------------------|
| - | |
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - a service is available in Welsh & English |
| Is there wheelchair access? | N/A |
| Does the service cater for | N/A |
| people with special needs? | |

We also provide services in Infomation & Advice.

Llantwit Major Family Planning Clinic

We are staffed by Family Planning (FP) Nurse, School Health Nurses and Sure Start Health Visitors with support from a Youth Worker when available. We offer sexual health advice, information, condoms, hormonal contraception, Emergency Hormonal Contraception (EHC) and Pregnancy testing. Please contact for Bank Holiday Opening hours.

| Contact Address | Llantwit Major Clinic, Boverton Road Llantwit Major Vale of Glamorgan CF61 1XZ |
|----------------------------|-----------------------------------------------------------------------------------------|
| Tel No | 01446 791170 |
| Mobile | |
| Fax No | |
| E-mail Address | sarah.kirtland@cardiffandvale.wales.nhs.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in mainly, or phone/ e-mail for further information. |

| Opening Times | AM | PM |
|---------------|---------------|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | 09:00 - 11:30 | 13:00 - 14:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Mind In The Vale Of Glamorgan

We aim to develop services which are based on the wishes, needs and rights of people who use the service. We work to support and empower people with mental health problems. We aim to assist in developing 'good practice' in mental health service, raising public awareness of mental health services. The organisation runs four projects, listed below:

- Tynewydd Centre [Mental Health Resource Drop-In Centre], Barry
- Doves Centre [Mental Health Resource Drop-In Centre], Penarth
- Rainbow Project [Mental Health Resource Drop-In Centre with outreach sessions and groups.] Western Vale.
- Travellers in Mind [café and catering based work experience project] Skillshare Project . Referrals: All Mental Health Resource (Drop In) Centres are open referral. Referrals for vocational support and/or work experience [Travellers in Mind and Skillshare] via Main Office.

| Contact Address | Mind In The Vale 29 Tynewydd Road Barry Vale of Glamorgan CF62 8HB |
|----------------------------|--------------------------------------------------------------------|
| Tel No | 01446 730792 |
| Mobile | |
| Fax No | 01446 700524 |
| E-mail Address | mindinvaleofglam@onetel.com |
| Website Address | http://www.mind.org.uk/index.htm |
| Areas of the Vale served | All Vale |
| How to contact the service | By Referral or drop in. Telephone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 18 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Newland (VADT)

The Vale Alcohol and Drug Team (VADT) offers a counselling and community care service to anyone who is concerned about their alcohol or drug use. The community addictions unit offers needle exchange, substitute prescribing detoxification. We also provide specialist staff and easy access appointments.

- *All services offered on appointment basis only
- *Agency is not appropriate for individuals under the age of 18

| Contact Address | Newland Alcohol Drug Services 26 Newlands Street Barry Vale of Glamorgan CF62 8EA |
|----------------------------|-----------------------------------------------------------------------------------|
| Tel No | 01446 700943 |
| Mobile | |
| Fax No | 01446 721896 |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | By referrals, drop-in and telephone |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| le there e charge? | |
|---------------------------------|-----------|
| Is there a charge? | |
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 18 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | No |
| people with special needs? | |

Penarth Family Planning Clinic

We offer sexual health advice, information, condoms, hormonal contraception, emergency hormonal contraception (EHC) and Pregnancy testing. Please contact for Bank Holiday Opening times

| Contact Address | Health Centre, Stanwell Road Penarth Vale of Glamorgan |
|----------------------------|-----------------------------------------------------------|
| Tel No | 02920 702396 |
| Mobile | |
| Fax No | |
| E-mail Address | sarah.kirtland@cardiffandvale.wales.nhs.uk |
| Website Address | |
| Areas of the Vale served | Penarth |
| How to contact the service | Drop in mainly, or phone/ e-mail for further information. |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 15:30 - 18:00 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 years+ |
| Is a service provided in Welsh? | N/A |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also provide services in Family & Relationships. |
|-----------------------------------------------------|
|-----------------------------------------------------|

Specialist Child & Adolescent Mental Health Service

At the Child and Adolescent Mental Health Service, we provide a range of interventions and treatments which include consultation, psychiatric assessment, developmental assessment, family therapy, individual therapy, behavioural therapy, medication and group work.

| Contact Address | Cardiff & Vale N H S Trust Llandough Hospital, Penlan Road Llandough Penarth Vale of Glamorgan CF64 2XX |
|----------------------------|---------------------------------------------------------------------------------------------------------|
| Tel No | 02920 715593 |
| Mobile | |
| Fax No | 02920 715150 |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Referral or phone for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 0 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

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|---------------------------------------------|------------------|
| We also provide services in Family & F | () alatianahina |
| We also browne services in Family & F | 841311011S1110S |
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| | |

Sunny Blue Drop In Centre

We promote mental health and provide a range of mental health services that are based on the needs, wishes and rights of the people using them. We aim to promote an holistic approach to mental health; and support and empower people who have mental health problems. Services include:

- Drop in Centre Run in Mental Health Matters' centre in Nolton Street, Bridgend, it aims to provide a social centre which gives people a say in how it is run; to provide information; and to assist people to get the help and support they need from other organisations.
- Housing Services Housing Project; Family Support Service; Information Service.
- Patient's Council the Patient's Council Development Project this project provides support to in-patients at Glanrhyd Hospital and Coity Clinic, Princess of Wales Hospital.
- Advocacy Service We aim to assist people who are experiencing mental health problems and are having difficulties explaining their mental health distress to their doctor or health care provider. We are based at Wyndham Street and can be contacted on 01656 651450.

| Contact Address | Mental Health Matters 63 Nolton Street Bridgend Mid Glamorgan CF31 3AE |
|----------------------------|------------------------------------------------------------------------|
| Tel No | 01656 767045 |
| Mobile | |
| Fax No | 01656 663397 |
| E-mail Address | mhm.matters@talk21.com |
| Website Address | |
| Areas of the Vale served | Western Vale |
| How to contact the service | Drop in or by Telephone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 12:00 - 16:00 |
| Tuesday | | 15:00 - 20:00 |
| Wednesday | | 12:00 - 16:00 |
| Thursday | | 12:00 - 16:00 |
| Friday | | 12:00 - 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes |
| Is there wheelchair access? | Yes - Limited though |
| Does the service cater for | No |
| people with special needs? | |

Ty Hafan

We are a Children's Hospice in Wales for terminally ill children.

The Hospice is open 24 hours a day, 7 days a week, 52 weeks a year.

Ty Hafan's mission is to improve the quality of life of children with life threatening disorders and their families in Wales by providing a high standard of respite and palliative care. Importantly, this is engendered in a caring, therapeutic and family atmosphere without cost to the families involved.

| Contact Address | Ty Hafan, Hayes Road Sully Penarth Vale of Glamorgan CF64 5XX |
|----------------------------|---------------------------------------------------------------------------|
| Tel No | 02920 532200 |
| Mobile | |
| Fax No | 02920 532202 |
| E-mail Address | info@tyhafan.org |
| Website Address | www.tyhafan.org |
| Areas of the Vale served | All Vale |
| How to contact the service | Access by referral (following a set referral criteria) |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 0 - 19 Years |
| Is a service provided in Welsh? | Yes - fluent speakers available |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Vale Of Glamorgan Network Of Healthy Schools

Our service actively promotes and protects the physical, mental and social well-being of its community through positive action by such means as policy, strategic planning and staff development with regard to its curriculum, ethos, physical environment and community relations.

We can offer a service on weekends as well if required. Contact for further information.

| Contact Address | Local Authority Health Board 2 Stanwell Raod Penarth Vale of Glamorgan CF64 3EA |
|----------------------------|---------------------------------------------------------------------------------|
| Tel No | 02920 350607 |
| Mobile | |
| Fax No | 02920 350601 |
| E-mail Address | Carol.Maher@nphs.wales.nhs.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Through Schools, LEA, NPHS, or contact directly by telephone/e-mail |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 4 - 18 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

WAMES (Welsh Association of ME & CFS Support)

We provide a contact point and advice for young people and their carers suffering with or suspecting they have ME or Chronic Fatigue Syndrome. There is also an occasional newsletter produced. The Welsh Association of ME & CFS Support is an umbrella body set up by the Welsh ME Support Groups in April 2001. It aims to provide a united voice for people with ME and CFS in Wales

We can be contacted at any reasonable hour.

| Contact Address | 58 Greenfield Avenue Dinas Powys Vale of Glamorgan CF64 4BX | |
|----------------------------|----------------------------------------------------------------------|--|
| Tel No | 02920 514328 or 0845 458 4495 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | sylvia@wames.org.uk | |
| Website Address | www.wames.org.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Phone, letter, e-mail, website, newsletter | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 21:00 |
| Tuesday | 09:00 | 21:00 |
| Wednesday | 09:00 | 21:00 |
| Thursday | 09:00 | 21:00 |
| Friday | 09:00 | 21:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 3 - 25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | N/A |
| Does the service cater for people with special needs? | Yes |
| people with special fleeds? | |

<u>Health</u>

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/Helpline |
|-----------------------------------------------|---------------|----------------------|------------------|
| www.alcoholics-anonymous.org.uk | Alcoholics | Helpline | 0845 769 7555 |
| | Anonymous | and general | |
| | | information | |
| www.autism.org.uk/helpline | The National | Helpline & | 0845 070 4004 |
| | Autistic | information | |
| | Society | | |
| http://www.bbc.co.uk/health/ | BBC | Information | |
| | | relating to | |
| www.concorrectorchuk.org/ | Cancer | health | 0207 121 6699 |
| www.cancerresearchuk.org/ | Research UK | Advice, information, | 0207 121 0099 |
| | Research on | support | |
| www.cvmhdp.org.uk | Cardiff & The | Online | 02920 222000 |
| www.cviiiiap.org.ak | Vale Mental | directory, | 02320 222000 |
| | Health | services, | |
| | Development | newsletter | |
| | Project | etc | |
| www.diabetes.org.uk | Diabetes UK | Information, | 0207 4241000 |
| | | advice, | |
| | | research | |
| | | etc | |
| www.dyslexiawales.com | Dyslexia | Information, | 01558 685644 |
| | Wales | help, Check | |
| | | list and | |
| | | more | |
| www.dyspraxiafoundation.org.uk/index.php | Dyspraxia | Advice, | 01462 454 986 |
| | Foundation | information, | |
| | | donations | |
| www.knowcannabis.org.uk/ | Know | Advice, | |
| | Cannabis | information, | |
| | | statistics | |
| www.mindbodysoul.gov.uk/ | Wired for | etc Information, | |
| www.minabodysodi.gov.dk/ | Health | advice, | |
| | Ticaitii | news on | |
| | | health etc | |
| www.selfharm.org.uk/default.aspa | National | Self Harm – | |
| | Children's | information, | |
| | Bureau | advise, | |
| | | feedback, | |
| | | self help | |
| | | etc | |
| www.talktofrank.com/ | FRANK | A - Z of | 0800 776600 |
| | | drugs, | |
| | | advice, | |
| | | information | |
| | _ | etc | |
| www.teenagehealthfreak.org/homepage/index.asp | Teenage | Ask a | |
| | Health Freak | doctor, | |

| | | diaries, advice and information | |
|---------------------------------|-------------|-----------------------------------------------------|---------------|
| www.wales.nhs.uk | NHS Wales | Local health services, news, events etc | |
| www.youngminds.org.uk/index.php | Young Minds | Children & young people's mental health charity | 0870 870 1721 |

Cymdeithas Tai Hafan

We provide time limited holistic support to vulnerable women and their children, and work with the individual needs of the service user and encourage development of the individuals, the family and its networks. We work with all issues related to housing, maintaining tenancies, health and well being, finance, emotional support, child and family, child protection, education, training and social inclusion.

| Contact Address | Cymdeithas Tai Hafan 48 Holton Road Barry Vale of Glamorgan CF63 4HD |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 01446 747524 |
| Mobile | |
| Fax No | 01446 747524 |
| E-mail Address | kim.hughes@tai-hafan.co.uk |
| Website Address | www.tai-hafan.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Referral from supporting people |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | Yes - We have Welsh speakers and regularly use Welsh & English |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

Gofal Cymru

Our services are available to people who experience mental health problems. We are a Housing Advice Project, providing information and advice to people to resolve housing issues e.g homelessness, rehousing, housing benefit, evictions. We provide support to manage tenancies and mental health, including support with financial management, income maximisation, debt, benefits, independent living skills, access opportunities for employment, training and education. We manage isolation and develop social networks. Our services are available at service users home / preferred location.

| Contact Address | Gofal Cymru 240 Holton Road Barry Vale of Glamorgan CF63 4HS |
|----------------------------|--------------------------------------------------------------------------|
| Tel No | 01446 742941 |
| Mobile | |
| Fax No | 01446 733707 |
| E-mail Address | michelleosullivan@gofalcymru.org.uk |
| Website Address | www.gofalcymru.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Referral |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 17 - 65 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

| We also provide services in Health | | We also | provide | services | in | Health | | |
|------------------------------------|--|---------|---------|----------|----|--------|--|--|
|------------------------------------|--|---------|---------|----------|----|--------|--|--|

Home Access

Home Access provides advice and support for those who are homeless or threatened with homelessness in the Vale of Glamorgan. We can offer a current list of vacancies in the area and a free telephone service to look for places to live. A small waiting list is kept and presently given to those with the greatest need though priority is given to families.

| Contact Address | Tabernacle Baptist Church, Plassey Street Penarth Vale of Glamorgan CF64 1EN |
|----------------------------|------------------------------------------------------------------------------|
| Tel No | 02920 702690 |
| Mobile | |
| Fax No | 02920 702775 |
| E-mail Address | homeaccess96@yahoo.co.uk |
| Website Address | www.tabernacle-penarth.com |
| Areas of the Vale served | Penarth |
| How to contact the service | Drop in or phone, e-mail, see website for information. |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 12:00 |
| Tuesday | 09:00 | 12:00 |
| Wednesday | 09:00 | 12:00 |
| Thursday | 09:00 | 12:00 |
| Friday | 09:00 | 12:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | No |
| people with special needs? | |

Homelessness Team

We provide short term emergency accommodation for people who are homeless. Individuals can make direct contact with the Council by going to the offices, by telephoning the numbers shown or by accessing the website. Members of the public are also signposted to other more specialist advice services, where this is appropriate.

| Contact Address | Housing Department, Vale Of Glamorgan Council 2-8 Holton Road Barry Vale of Glamorgan CF63 4HD |
|----------------------------|------------------------------------------------------------------------------------------------------------|
| Tel No | 01446 709500 |
| Mobile | |
| Fax No | 01446 709841 |
| E-mail Address | housing@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Direct contact by phone/website or drop in to Council offices |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-----------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | Yes - we can provide a service in Welsh or English. |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Homes4u

We advertise Council properties that are available for allocation. You need only apply to either the Council or Newydd Housing Association to register for membership of Homes4u. Our Homes4u lettings scheme aims to create greater choice for people needing low cost homes for rent within the Vale.

Once you have registered with us you will be able to 'bid' for any advertised property of your choice.

| Contact Address | Housing Department, Vale Of Glamorgan Council 2-8 Holton Road Barry Vale of Glamorgan CF63 4HD |
|----------------------------|------------------------------------------------------------------------------------------------------------|
| Tel No | 01446 709840 |
| Mobile | |
| Fax No | 01446 709841 |
| E-mail Address | homes4u@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, e-mail, website |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

Housing And Community Safety Division

We provide the management of Council homes, homelessness, temporary accomodation, supporting people, VCAS, and lettings under Homes4U. Rent and licence charges vary. Under 18 years old - the service is open to anyone who qualifies for housing. 18 – 25 years old - we offer Homes4u guidance. The criteria for access is set by legislation. The following services are offered to those in Council housing:

Rent Arrears: 01446 709512, Housing repair: 01446 709520,

Contents Insurance: 01446 709512, General housing advice: 01446 709500,

Estate Management: 01446 709500

| Contact Address | Housing Department, Vale Of Glamorgan Council 2-8 Holton Road Barry Vale Of Glamorgan CF63 4HD |
|----------------------------|------------------------------------------------------------------------------------------------------------|
| Tel No | 01446 709500 |
| Mobile | |
| Fax No | 01446 421481 |
| E-mail Address | publicsectorhousing@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, e-mail or see website for further details. |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 - 25 years |
| Is a service provided in Welsh? | We can re-direct them if necessary |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Housing Grants

We provide Disabled Facilities Grants to enable adaptations to be carried out to dwellings. This includes access to and from the dwelling, improving personal safety, facilitating access for bathing or showering, access to a lavatory, food preparation and use of power, heat and light etc.

| Contact Address | Housing Department, Vale Of Glamorgan Council 2-8 Holton Road Barry Vale of Glamorgan CF63 4HD |
|----------------------------|------------------------------------------------------------------------------------------------|
| Tel No | 01446 709813 |
| Mobile | |
| Fax No | 01446 709828 |
| E-mail Address | |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | First approach must be made to Occupational Therapy department |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Leaving Care Team

We provide social work and social support worker input to care leavers and 16/17 year olds in need and who are homeless. The criteria for accessing this service is 15 - 21 yrs for Leaving Care Young People (24 yrs if in further education i.e. university) and 16 - 17 yrs in need under Section 17 of the Children's Act, 1989.

| Contact Address | Children & Family Services 1 Holton Road Barry Vale Of Glamorgan CF63 4HA |
|----------------------------|---------------------------------------------------------------------------|
| Tel No | 01446 725202 |
| Mobile | |
| Fax No | 01446 725205 |
| E-mail Address | RTaylor@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | By Referral |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 - 21 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Llamau Jigso Project

We provide housing and benefit advice, bond guarantee certificates for private rented accommodation, resettlement support, family mediation for homeless / threatened with homelessness and friendly lodgings.

| Contact Address | Llamau Housing Association 240 Holton Road Barry Vale of Glamorgan CF63 4HS |
|----------------------------|-----------------------------------------------------------------------------|
| Tel No | 01446 748852 |
| Mobile | |
| Fax No | |
| E-mail Address | sa@llamauvale.freeserve.co.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Referal, drop-in or contact by phone/e-mail |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 11:30 | 17:00 |
| Tuesday | 11:30 | 17:00 |
| Wednesday | 11:30 | 17:00 |
| Thursday | 11:30 | 17:00 |
| Friday | 11:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 - 25 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Llamau Ltd - Tom Holmes Project

We provide supported accommodation for young people leaving care or those to whom a service is owed. Support is offered with independent living skills. Contact for further information.

| Contact Address | 236 Holton Road Barry Vale of Glamorgan CF63 4HS |
|----------------------------|-----------------------------------------------------------|
| Tel No | 01446 748852 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.llamau.org |
| Areas of the Vale served | All Vale |
| How to contact the service | Referral via Social Services Leaving Care Team |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:30 | 17:00 |
| Tuesday | 09:30 | 17:00 |
| Wednesday | 09:30 | 17:00 |
| Thursday | 09:30 | 17:00 |
| Friday | 09:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 - 21 years |
| Is a service provided in Welsh? | Yes - Occasionally |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

Llamau Ltd - Ty John Rowley

We provide supported accommodation for young people leaving care, young offenders or those at risk of offending. Support is offered with independent living skills. Contact for further information.

| Contact Address | 95-97 Court Road Barry Vale of Glamorgan CF63 1ET |
|----------------------------|------------------------------------------------------------|
| Tel No | 01446 748852 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.llamau.org |
| Areas of the Vale served | All Vale |
| How to contact the service | Referral via Social Services or Youth Offending Team |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:30 | 17:00 |
| Tuesday | 09:30 | 17:00 |
| Wednesday | 09:30 | 17:00 |
| Thursday | 09:30 | 17:00 |
| Friday | 09:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 - 21 years |
| Is a service provided in Welsh? | Yes - Occassionally |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

Newydd Housing Association

We are a social landlord who provides affordable housing to people in housing need. We provide a free service for advice and assistance. Rent is chargeable on all properties.

| Contact Address | Newydd Housing Association 121 Broad Street Barry Vale Of Glamorgan CF62 7AL |
|----------------------------|------------------------------------------------------------------------------------------|
| Tel No | 01446 701501 |
| Mobile | |
| Fax No | 01446 701565 |
| E-mail Address | enquiries@newydd.co.uk |
| Website Address | |
| Areas of the Vale served | Barry |
| How to contact the service | By referal or Telephone/ e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | Yes - We regularly use English & Welsh |
| Is there wheelchair access? | Yes |
| Does the service cater for | No |
| people with special needs? | |

Vale Of Glamorgan Women's Aid

We provide information, support and temporary accomodation to women and children who are experiencing domestic abuse.

There is also a 24 hour a day helpline.

| Contact Address | Vale Of Glamorgan Womens Aid Holton Road Barry Vale of Glamorgan CF63 4HS |
|----------------------------|------------------------------------------------------------------------------------|
| Tel No | 01446 744755 |
| Mobile | |
| Fax No | 01446 746981 |
| E-mail Address | support@valewa.org.uk |
| Website Address | http://www.valewa.org.uk/ |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, outreach, refuge & referral |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 10:00 | 15:00 |
| Tuesday | 10:00 | 15:00 |
| Wednesday | 10:00 | 15:00 |
| Thursday | 10:00 | 15:00 |
| Friday | 10:00 | 15:00 |
| Saturday | | |
| Sunday | | |

| Yes |
|------------------------------------------------|
| All Ages |
| Yes - We do have access to a Welsh interpreter |
| Yes |
| Yes |
| |

<u>Housing</u>

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/Helpline |
|--------------------------|---------------|------------------------------------------------------------------------|------------------|
| www.homeless.org.uk/ | Homeless link | Information, news, | |
| | | local area | |
| www.sheltercymru.org.uk/ | Shelter Cymru | Housing projects, training & education, fundraising, news etc | 0808 8004444 |
| | | | |

Barry Library

The first new county library in Wales for more than ten years opened in Barry on 4th January 2007. Modern, colourful and welcoming the two-floor library offers state of the art facilities. The library has the largest selection of books in Vale and an extensive collection of music and DVDs. Customers can return and check out their own books using a self service checkout. The main reference library for the Vale is based on the first floor.

The library has dedicated children's and youth areas. The children's area includes books, computers and games consoles. The space can be arranged for a range of activities including craft workshops and storytimes. In the summer storytellers will hold sessions in the library's courtyard. Local young people helped to design the youth area, choosing to include a television, a music listening station, computers, sofas and an artwork created by pupils of Ysgol Gyfun Bro Morgannwg.

Have a look at the Library website for more information.

| Contact Address | The County Library, Barry King Square Barry CF63 4RW | |
|----------------------------|---------------------------------------------------------------|--|
| Tel No | 01446 709737/ 422423 | |
| Mobile | | |
| Fax No | 01446 709377 | |
| E-mail Address | barrylibrary@valeofglamorgan.gov.uk | |
| Website Address | http://barrylibrary.blogspot.com/ | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Drop in, telephone, website and e-mail for details | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 20:00 |
| Tuesday | 08:30 | 18:00 |
| Wednesday | 08:30 | 18:00 |
| Thursday | 08:30 | 20:00 |
| Friday | 08:30 | 18:00 |
| Saturday | 09:00 | 17:30 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Children and Young People's Information Service (CYPIS)

We provide high quality, accessible and impartial information, guidance and advice on the full range of child care and other services for children. This includes information on: childminders, day nurseries, playgroups and cylch meithrin, out of school clubs and holiday playschemes, unregistered childcare and other services in the Vale.

We also provide guidance on Working Tax Credit and Child Tax Credit, what to look for when choosing childcare and how to set up your own childcare provision. We also signpost to other organisations.

| Contact Address | Vale Of Glamorgan Council Docks Office, Subway Road Barry Vale of Glamorgan CF63 4RT | |
|----------------------------|--------------------------------------------------------------------------------------|--|
| Tel No | 01446 704704 | |
| Mobile | | |
| Fax No | 01446 704794 | |
| E-mail Address | CYPIS@valeofglamorgan.gov.uk | |
| Website Address | www.valeofglamorgan.gov.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone/e-mail/internet/fax for information | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-----------------------------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - In accordance with the Welsh Language Policy. |
| | Bi-lingual public information is provided |
| Is there wheelchair access? | N/A |
| Does the service cater for people with special needs? | We have information about services that cater for people with special needs |
| | |

We also provide services in Family & Relationships.

Citizen's Advice Bureau - Barry

We provide free, confidential and impartial advice to everybody, regardless of race, gender, sexuality, age, disability or religion.

Advice line: 0845 120 3756 open Mon, Tues, Thurs, Fri, 10-1pm

| Contact Address | Citizens Advice Bureau 119 Broad Street Barry Vale of Glamorgan CF62 7TZ | |
|----------------------------|--------------------------------------------------------------------------|--|
| Tel No | 0845 120 3756 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | gayreedy@aol.com | |
| Website Address | www.adviceguide.org.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone/drop in/ website for information | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 10:00 | 13:00 |
| Tuesday | 10:00 | 13:00 |
| Wednesday | 10:00 | 13:00 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes If essential |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | No |

We also offer services in Law & Rights.

Citizen's Advice Bureau - Cowbridge

We provide free, confidential and impartial advice to everybody, regardless of race, gender, sexuality, age, disability or religion.

Advice line: 0845 120 3756 open Mon, Tues, Thurs, Fri, 10-1pm

| Contact Address | Citizens Advice Bureau 79a Eastgate Cowbridge Vale of Glamorgan CF71 7AA | |
|----------------------------|--------------------------------------------------------------------------|--|
| Tel No | 0845 120 3756 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | gayreedy@aol.com | |
| Website Address | www.adviceguide.org.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Drop in. Telephone or website for further information | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | | |
| Tuesday | 10:00 | 13:00 |
| Wednesday | | |
| Thursday | 10:00 | 13:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes If essential |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

We also provide services in Law & Rights.

Citizen's Advice Bureau - Penarth

We provide free, confidential and impartial advice to everybody, regardless of race, gender, sexuality, age, disability or religion.

Advice line: 0845 120 3756 open Mon, Tues, Thurs, Fri, 10-1pm

| Contact Address | Vale Of Glamorgan Citizens Advice Bureau West House Cottage, Stanwell Road Penarth Vale of Glamorgan CF64 2ZA |
|----------------------------|---------------------------------------------------------------------------------------------------------------|
| Tel No | 0845 120 3756 |
| Mobile | |
| Fax No | |
| E-mail Address | gayreedy@aol.com |
| Website Address | www.adviceguide.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in. Telephone or website for further information |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | | 17:00 - 19:00 |
| Tuesday | | |
| Wednesday | | |
| Thursday | 10:00 | 13:00 |
| Friday | 10:00 | 13:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes If essential |
| Is there wheelchair access? | Yes |
| Does the service cater for | No |
| people with special needs? | |

We also offer services in Law & Rights.

Clic Online

CLIC Online is currently run by Careers Wales Association. It is the National Information and Advice Service for young people in Wales, aged 11 to 25 and is funded by the Welsh Assembly Government.

Website accessible 24 hours.

| Contact Address | Careers Wales Association Van Court, Caerphilly Business Park Caerphilly Mid Glamorgan CF83 3ED | |
|----------------------------|-------------------------------------------------------------------------------------------------|--|
| Tel No | | |
| Mobile | | |
| Fax No | | |
| E-mail Address | clic@careerswalesassociation.co.uk | |
| Website Address | http://www.cliconline.co.uk/ | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Website, e-mail | |

| Opening Times | AM | PM |
|---------------|----|------|
| Monday | 24 | Hour |
| Tuesday | 24 | Hour |
| Wednesday | 24 | Hour |
| Thursday | 24 | Hour |
| Friday | 24 | Hour |
| Saturday | 24 | Hour |
| Sunday | 24 | Hour |

| Is there a charge? | |
|---------------------------------|------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 years |
| Is a service provided in Welsh? | Yes - Bi-lingual information and website |
| Is there wheelchair access? | N/A |
| Does the service cater for | N/A |
| people with special needs? | |

Cowbridge Library

We provide a wide range of books for people of all ages. In addition to books we have music CDs, DVDs, books on tape and jigsaws. We also have a large print collection.

The Children's Library is very popular and we also have a Teenage area with a small study section.

We have recently added a collection of material aimed at people in the deaf community, with a collection of signed videos for the children.

Storytime: Wednesday - 2.00 - 2.30 pm during term time; clap/tap etc, books, talking books, DVDs for loan; free Broadband internet access.

| Contact Address | Vale Of Glamorgan Council Cowbridge Library, High Street Cowbridge Vale of Glamorgan CF71 7AH |
|----------------------------|-----------------------------------------------------------------------------------------------------------|
| Tel No | 01446 773941 |
| Mobile | |
| Fax No | 01446 771353 |
| E-mail Address | clibrary@valeofglamorgan.gov.uk |
| Website Address | pages on www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in or telephone, e-mail, website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:30 | 18:00 |
| Tuesday | 09:30 | 18:00 |
| Wednesday | 09:30 | 20:00 |
| Thursday | 09:30 | 18:00 |
| Friday | 09:30 | 18:00 |
| Saturday | 09:00 | 17:00 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Dan 24/7

Free & bilingual telephone helpline providing a single point of contact for anyone in Wales wanting further information and/or help relating to drugs and/or alcohol.

The helpline will assist individuals, their families, carers, and support workers within the drug and alcohol field to access appropriate local and regional services.

| Contact Address | | |
|---------------------------------|-----------------------------|--------------------|
| Tel No | 0800 633 55 88 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | www.askdan.org | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone or website for fu | irther information |
| | | |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday Sunday | | |
| Suriday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | | |
| Free | Yes | |
| Age ranges covered | All ages | |
| Is a service provided in Welsh? | Yes | |
| Is there wheelchair access? | N/A - helpline | |
| Does the service cater for | Yes | |
| people with special needs? | | |

| We also provide services in Health. | |
|----------------------------------------|--|
| Tro dies provide eer viese in Fredrich | |

Dinas Powys Library

We have storytime for under 5's: 2.30pm - 3.15pm every Tuesday; Clap/tap etc. Our facilities include:

- A wide range of books for children and adults.
- 8 computer terminals with internet access, a variety of computer software and [online] data base access (bookings may be made over the phone or in person).
- A display area for local posters and exhibitions. 1 computer terminal dedicated to the visually impaired.
- Updated collection of DVDs and Videos.
- Selection of daily newspapers and local studies Information.
- Reference information in hard copy and online.
- Selection of new books, some of which are also available in talking book format and large print. Comfortable environment and knowledgeable & approachable staff.
- A variety of products available for sale at a reasonable cost.
- Faxing, photocopying and Electoral Role.
- Children's activities (including holiday programmes).
- Books printed in Welsh.
- Foreign Language Learning materials.
- Adult Learning Classes

| Contact Address | Vale Of Glamorgan Council Dinas Powys Library, Fairoaks Dinas Powys Vale of Glamorgan, CF64 4QU | |
|----------------------------|----------------------------------------------------------------------------------------------------------|--|
| Tel No | 02920 512556 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | www.valeofglamorgan.gov.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Drop in or phone/e-mail for further information | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 10:00 | 18:00 |
| Tuesday | 10:00 | 18:00 |
| Wednesday | 10:00 | 18:00 |
| Thursday | 10:00 | 13:00 |
| Friday | 10:00 | 18:00 |
| Saturday | 10:00 | 17:00 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

FFLAG (Families & Friends Of Lesbians And Gay Men)

FFLAG-Wales supports the families and friends of lesbians, gay men and bisexual people. It is a voluntary organisation affiliated to FFLAG, the national umbrella organisation for such support groups throughout the UK. We provide opportunities to meet together in a friendly setting to offer support when needed, and we also have a telephone contact who will listen to any concerns you may have.

You can contact us on the phone numbers below, or via e-mail.

| Contact Address | | |
|---------------------------------|-------------------------------------|-------|
| Tel No | 0845 652 0311 / 0845 652 0322 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | janet.jeffries@btopenworld | .com |
| Website Address | www.fflagwales.org.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Phone, e-mail, website | |
| Opening Times | AM | PM |
| Monday | | 1 111 |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | | |
| Free | Yes | |
| Age ranges covered | All ages | |
| Is a service provided in Welsh? | Yes - Bi-lingual services available | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

| We also provide services in Famil | ly & Relationships. | |
|-----------------------------------|---------------------|--|

Gingerbread Advice Line

Nowadays, we aim to do two things: offer lone parents and their children practical and emotional support, and speak out for them in the media and politics.

Parents get together and form groups for mutual support and socialisation.

There is also a freephone advice line

£5 annual membership fee

| Contact Address | 4th Floor Baltic House, Mount Stuart Square Cardiff CF10 5FH |
|----------------------------|-----------------------------------------------------------------------|
| Tel No | 0800 018 4318 / 02920 471900 |
| Mobile | |
| Fax No | |
| E-mail Address | bobbyv@gingerbread.org.uk |
| Website Address | www.gingerbread.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact by phone or e-mail, or refer to the website |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| le there e charge? | |
|---------------------------------|---------------------------------------------------|
| Is there a charge? | |
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - Some members regularly use Welsh & English |
| Is there wheelchair access? | Yes - Regional Office does. Self Help groups vary |
| Does the service cater for | No |
| people with special needs? | |

We also provide services in Family & Relationships.

Llantwit Major Library

Storytime takes place between 2.30 pm - 3.00 pm every Monday, we also have clap/tap and rhyme sessions.

Llantwit Major is a busy library offering a popular local service, and is an important part of the local community, and a lively and pleasant place to visit with services that local people appreciate.

| Contact Address | Vale Of Glamorgan Council Llantwit Major Library, Boverton Road Llantwit Major Vale of Glamorgan CF61 1XZ | |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------|--|
| Tel No | 01446 792700 | |
| Mobile | | |
| Fax No | 01446 790126 | |
| E-mail Address | EAllen@valeofglamorgan.gov.uk | |
| Website Address | www.valeofglamorgan.gov.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Drop by, or telephone, e-mail and see website for further information | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:30 | 18:00 |
| Tuesday | 09:30 | 19:00 |
| Wednesday | 09:30 | 18:00 |
| Thursday | 09:30 | 18:00 |
| Friday | 09:30 | 19:00 |
| Saturday | 09:00 | 17:30 |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|----------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - We regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Mobile Library

Two mobile libraries are on the road most days from Monday to Saturday. They call at stops on a two-week timetable. Both vehicles provide a service in and around Barry, Penarth and the rural Vale. Both can negotiate narrow lanes, so there are few parts of the Vale that are inaccessible.

Each has a selection of popular fiction and non-fiction, a range of children's books, talking books and books in large print. If the book you want is not in stock you can reserve it for a small charge. Phone for information on when the library will be in your area.

| Contact Address | Vale Mobile Library Headquarters Vale Of Glamorgan Council, Sully Moors Road Nr Barry Vale of Glamorgan CF64 5RP | |
|---------------------------------|------------------------------------------------------------------------------------------------------------------|------------------------------|
| Tel No | 01446 740688 / 01446 74830 |)4 |
| Mobile | | |
| Fax No | 01446 740688 | |
| E-mail Address | | |
| Website Address | www.valeofglamorgan.gov. | uk |
| Areas of the Vale served | All Vale | |
| How to contact the service | Drop-in for a look around. C | Contact by phone for details |
| Opening Times | AM | PM |
| Opening Times Monday | Alvi | FIVI |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Carracy | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | | |
| Free | Yes | |
| Age ranges covered | All ages | |
| Is a service provided in Welsh? | Yes - We regularly use Wels | sh & English |
| Is there wheelchair access? | Yes | |

| We also provide services in Education. |
|----------------------------------------|
|----------------------------------------|

Does the service cater for people with special needs?

Yes

NSPCC

We have 177 community-based projects and run the Child Protection Helpline and ChildLine in the UK and the Channel Islands. Our work is with children, young people and their families. We also seek to achieve cultural, social and political change - influencing legislation, policy, practice, public attitudes, behaviours and delivering services for the benefit of young people. The NSPCC exists to end cruelty to children. We want to see a society where all children are loved, valued and able to fulfil their potential

| Contact Address | N S P C C Capital Tower, Greyfriars Road Cardiff CF10 3AG |
|----------------------------|--------------------------------------------------------------------|
| Tel No | 0800 1111 (children/young people) |
| Mobile | |
| Fax No | |
| E-mail Address | help@nspcc.org.uk |
| Website Address | http://www.nspcc.org.uk/default.html |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone helpline or see website |

| Opening Times | AM | PM |
|---------------|----|------|
| Monday | 24 | Hour |
| Tuesday | 24 | Hour |
| Wednesday | 24 | Hour |
| Thursday | 24 | Hour |
| Friday | 24 | Hour |
| Saturday | 24 | Hour |
| Sunday | 24 | Hour |

| Is there a charge? | |
|---------------------------------|------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 0 - 18 years |
| Is a service provided in Welsh? | Yes - Bi-Lingual information is provided |
| Is there wheelchair access? | N/A |
| Does the service cater for | Yes |
| people with special needs? | |

Penarth Library

Penarth library has a large selection of fiction and non-fiction books for loan. There is a sizeable collection of local studies and family history materials and Penarth also acts as an information link for the Welsh Assembly Government. Children have their own library with lots of picture and reading books as well as resources to help with homework and hobbies. There are music CDs, Talking Books, language tapes, and DVDs for loan, and computers with free internet access, that can also be used for word processing and spreadsheets.

We provide: storytime for under 5's on Tuesday afternoons 2.00 pm - 2.30 pm (weekly); occasional clap/tap sessions in the mornings; class visits from schools; holiday activities for children (Summer, Easter, Christmas, etc.)

| Contact Address | Vale Of Glamorgan Council Penarth Library, Stanwell Road Penarth Vale of Glamorgan CF64 2YT |
|----------------------------|---------------------------------------------------------------------------------------------|
| Tel No | 02920 708438 |
| Mobile | |
| Fax No | 02920 706564 |
| E-mail Address | plibrary@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, or use website, phone and e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:30 | 18:00 |
| Tuesday | 09:30 | 18:00 |
| Wednesday | 09:30 | 18:00 |
| Thursday | 09:30 | 20:00 |
| Friday | 09:30 | 18:00 |
| Saturday | 09:00 | 17:30 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - We regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Penarth Youth Project

The Penarth Youth Project exists to provide a high quality service for young people in Penarth coupled with the social, recreational and training opportunities which are aimed to enhance the equality of life and enable them to participate fully as members of society. We provide information, support and guidance open access for young people aged 11-25. Services provided include: info shop, outreach info sessions, Healthzone clinic on sexual

Services provided include: info shop, outreach info sessions, Healthzone clinic on sexual heath, housing, counselling, internet/computer access, career development, Duke of Edinburgh, volunteering, music, arts & environmental Projects, chill out coffee shop. There is also a drugs and alcohol drop in.

| Contact Address | The Info Shop 1a Stanwell Road Penarth Vale of Glamorgan CF64 2AB |
|----------------------------|-------------------------------------------------------------------|
| Tel No | 02920 405305 |
| Mobile | |
| Fax No | |
| E-mail Address | penarthyouthproject@hotmail.com |
| Website Address | www.penarthyouth project.org.uk |
| Areas of the Vale served | Penarth |
| How to contact the service | Open access |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 15:00 - 21:00 |
| Tuesday | | 15:00 - 21:00 |
| Wednesday | | |
| Thursday | | 15:00 – 17.00 |
| Friday | | 15:00 - 19:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11-25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Art; Education; Environment; Employment & Training; Family & Relationships; Health; Housing; Law & Rights; Leisure; Sport; World, UK, Europe, Wales, Travel.

Prince's Trust Cymru - Mentoring For Care Leavers

We offer young people, aged 16-21 and leaving the care system, the opportunity to develop a voluntary one-to-one relationship with the mentor. The mentor will encourage and support them into independent living. A volunteer mentor can help a young person get settled into a new home, get back into education or find employment, build confidence and skills, manage their money, reduce isolation and to go places.

| Contact Address | The Prince's Trust-Cymru 120-122 Broadway Cardiff CF24 1NJ |
|----------------------------|---------------------------------------------------------------------|
| Tel No | 0800 842 842 / 02920 437432 |
| Mobile | |
| Fax No | |
| E-mail Address | walesleavingcare@princes-trust.org.uk |
| Website Address | www.princes-trust.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, e-mail or website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 16 - 21 Years |
| Is a service provided in Welsh? | Yes - Occassionally |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Rhoose Library

We provide various activities and sessions in conjunction with Rhws Primary School, including storytimes, clap tap etc. Rhoose is the largest of the village branches in the Vale. The library is well used by the community and by children from Rhws Primary School next door.

| Contact Address | Vale Of Glamorgan Council Rhoose Library, Fontygary Road Rhoose Barry Vale of Glamorgan CF62 3DS |
|----------------------------|-----------------------------------------------------------------------------------------------------------------|
| Tel No | 01446 710220 |
| Mobile | |
| Fax No | |
| E-mail Address | Rhooselibrary@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, or phone, e-mail, website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 10:00 | 19:00 |
| Tuesday | | |
| Wednesday | 10:00 | 17:00 |
| Thursday | | |
| Friday | 10:00 | 17:00 |
| Saturday | 09:00 | 17:00 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

St Athan Library

St. Athan library is at the very centre of the village, near the village post office. The branch has a friendly atmosphere and a good range of popular books and talking books for adults and children.

| Contact Address | Vale Of Glamorgan Council St Athan Library, Church Lane St Athan Barry Vale of Glamorgan CF62 4PL |
|----------------------------|---------------------------------------------------------------------------------------------------|
| Tel No | 01446 751497 |
| Mobile | |
| Fax No | |
| E-mail Address | RHewiston@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in or phone, e-mail, refer to website for further information |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | | |
| Tuesday | 09:30 | 12:30 |
| Wednesday | | |
| Thursday | | 14:00 - 16:00 |
| Friday | | |
| Saturday | 09:30 | 12:30 |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Sully Library

The library has a good range of books for adults, a small children's area and four PCs connected to the internet. There is a disabled parking space directly outside the library and a disabled toilet inside. A hearing loop is installed at the library desk.

| Contact Address | Vale Mobile Library Headquarters Vale Of Glamorgan Council, Sully Moors Road Sully Penarth Vale of Glamorgan CF64 5RP |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------|
| Tel No | 02920 531267 |
| Mobile | |
| Fax No | |
| E-mail Address | SullyLibrary@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Any direct contact - drop-in, phone, on-line/web-site |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | | |
| Tuesday | | 15:00 - 18:00 |
| Wednesday | | |
| Thursday | | 15:00 - 18:00 |
| Friday | | |
| Saturday | 09:00 | 13:00 |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

The Hive

The Hive organisation is a Tri-Service information network available to all members of the serving community, their dependants and civilian employees. Information Officers are able to offer initial support and can advise referral to those professional agencies best suited to the individuals circumstances. There are currently over 150 HIVEs worldwide offering a wide range of information on the availability of unit and civilian facilities, local schools, housing, healthcare facilities, employment and training opportunities, relocation and local interest.

| Contact Address | Royal Air Force St Athan Barry Vale of Glamorgan CF62 4WA |
|----------------------------|-----------------------------------------------------------|
| Tel No | 01446 798381 |
| Mobile | |
| Fax No | |
| E-mail Address | stathan@thehivegb.co.uk |
| Website Address | www.hivemod.uk |
| Areas of the Vale served | St Athan |
| How to contact the service | Phone, e-mail, drop-in |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 13:00 |
| Tuesday | 09:00 | 13:00 |
| Wednesday | 09:00 | 13:00 |
| Thursday | 09:00 | 13:00 |
| Friday | 09:00 | 13:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | N/A |
| Does the service cater for people with special needs? | N/A |
| poopio with special fields: | |

Wenvoe Library

Wenvoe is a busy village library well used by the local community for leisure reading. There is a good selection of up to date books and talking books to choose from and these are changed regularly.

| Contact Address | Vale Of Glamorgan Council Wenvoe Library, Old Port Road Wenvoe Cardiff Vale of Glamorgan CF5 6AL |
|----------------------------|--------------------------------------------------------------------------------------------------|
| Tel No | 02920 594176 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.valeofglamorgan.gov.uk (pages) |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, or use phone/website for further information |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | | 14:00 - 15:00 |
| Tuesday | | |
| Wednesday | | |
| Thursday | | 15:00 - 18:00 |
| Friday | 10:00 | 12:00 |
| Saturday | 09:30 | 12:30 |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Information & Advice

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/Helpline |
|----------------------------------|----------------|----------------------------|------------------------------|
| www.cowbridge.co.uk/ | Cowbridge | Guide to | |
| | Onlne | Cowbridge | |
| | | Town | |
| www.gamblersanonymous.org.uk | Gambler's | Site about | 0207 384 3040 |
| | Anonymous | gambling | |
| | | addiction, | |
| | | support groups | |
| | 14 140 | and advice | |
| www.knowhere.co.uk/ | Know Where | Information on | |
| | Guide | your local area, | |
| | | contribution form local | |
| | | | |
| www.llantwit- | Llantwit Major | people Clubs and | |
| major.net/2005/clubs_groups.shtm | Guide | activities in | |
| major.net/2003/club3_groups.shtm | Oulde | Llantwit Major | |
| www.need2know.co.uk/ | Need2Now | Comprehensive | |
| www.noodziniow.oo.div | 11000211011 | information on | |
| | | various | |
| | | subjects | |
| www.penarth-online.co.uk/ | Penarth | Comprehensive | |
| · | Online | guide to | |
| | | Penarth | |
| www.penarthtown.co.uk/ | Penarth Town | Comprehensive | |
| | | guide to | |
| | | Penarth | |
| www.runawayhelpline.org.uk/ | Runaway | Advice, | 0808 800 7070 |
| | Helpline | Helpline, | |
| | | information and | |
| | | other people's | |
| Lununu aa maaritan aa ara | The | stories | 00457 00 00 00 |
| www.samaritans.org | The Samaritans | Helpline and advice - | 08457 90 90 90 |
| | Samamans | | e-mail: jo@samaritans.org |
| | | support, someone to | <u>jo@samamans.org</u> |
| | | talk to | |
| www.talkdontwalk.org.uk/ | Talk don't | Helpline and | 0845 085 2136 |
| www.taikdontwaik.org.div | walk | advice for | 0040 000 2100 |
| | Want | young people | e-mail: |
| | | and parents of | info@talkdontwalk.org.uk |
| | | young people | |
| | | who have run | |
| | | away from | |
| | | home | |
| www.thesite.org/ | The Site | Information on | |
| | | virtually | |
| | | everything | |
| www.valeofglamorgan.gov.uk | Vale of | Information on | |
| | Glamorgan | all matters in | |

| | Council | the Vale | |
|-----------------------------|------------------|----------------------------------------------------|---------------|
| www.walesontheweb.org | Wales on the web | Information on your local area | |
| www.worriedneed2talk.org.uk | NSPCC | Website & helpline - help with problems and advice | 0808 800 5000 |
| | | | |

Cardiff Institute For The Blind

The CIB exists to enable visually impaired people within the Counties of Cardiff and the Vale of Glamorgan to live a full and normal life. It seeks to influence policies and practices of other organisations, individuals and service providers in the light of its experience and research, and, in accordance with the resources it has available, complement the range of services provided by these organisations by directly contributing its own set of services.

| Contact Address | Cardiff Institute For The Blind, Shand House 20 Newport Road Cardiff Cardiff CF24 0YB |
|----------------------------|---------------------------------------------------------------------------------------------------|
| Tel No | 02920 485414 |
| Mobile | |
| Fax No | 02920 465222 |
| E-mail Address | carys@cibi.co.uk |
| Website Address | www.cibi.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in or by Referrals. Phone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:45 | 16:30 |
| Tuesday | 08:45 | 16:30 |
| Wednesday | 08:45 | 16:30 |
| Thursday | 08:45 | 16:30 |
| Friday | 08:45 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Health.

European Blue Parking Badge Scheme

The Blue Car Badge is available to anyone aged 2 years and above who have a permanent and substantial disability which makes them virtually unable to walk. The holder may be a driver or passenger.

A car displaying a Blue Badge is permitted to park closer to shops and public buildings - for example in Disabled Parking bays or on double yellow lines.

The cost is £2.00 per badge

| Contact Address | Vale Resource Centre, Vale Of Glamorgan Council Hen Goleg, College Fields Close Barry Vale of Glamorgan CF62 8LF |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------|
| Tel No | 01446 730402 |
| Mobile | |
| Fax No | 01446 721980 |
| E-mail Address | |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 16:30 |
| Tuesday | 09:00 | 16:30 |
| Wednesday | 09:00 | 16:30 |
| Thursday | 09:00 | 16:30 |
| Friday | 09:00 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - Can refer for bi-lingual service |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Funky Dragon

Funky Dragon - the Children and Young People's Assembly for Wales - is a peer-led organisation. Our aim is to give 0 – 25 year olds the opportunity to get their voices heard on issues that affect them. The opportunity to participate and be listened to is a fundamental right under the United Nations Convention Rights of the Child. Funky Dragon will try to represent as wide a range as possible and work with decision-makers to achieve change. Funky Dragon's main tasks are to make sure that the views of children and young people are heard, particularly by the Welsh Assembly Government, and to support participation in decision-making at national level.

| Contact Address | 1st Floor Varsity Building, 8 Castle Square Swansea Swansea | |
|----------------------------|-------------------------------------------------------------------|--|
| Tel No | SA1 1DW 01792 450000 | |
| Mobile | 01792 430000 | |
| Fax No | 01792 450005 | |
| E-mail Address | enquiries@funkydragon.org | |
| Website Address | http://www.funkydragon.org/index.asp | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Refer to website or telephone, e-mail for further details | |
| | | |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 years |
| Is a service provided in Welsh? | Yes |
| Is there wheelchair access? | N/A |
| Does the service cater for | Yes |
| people with special needs? | |

Race Equality First

We offer free confidential advice and support to victims of racial discriminination/racial harrassment who live or work in Cardiff or the Vale of Glamorgan. We also offer consultancy and advice on issues such as: race legislation, effective equal opportunities development, recruitment and selection, cultural diversity, and community development.

| Contact Address | The Friary Centre, The Friary Cardiff Cardiff CF10 3FA |
|----------------------------|--------------------------------------------------------------------------|
| Tel No | 02920 224097 |
| Mobile | |
| Fax No | 02920 229339 |
| E-mail Address | informationREF@aol.com |
| Website Address | www.raceequalityfirst.org |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, e-mail, letter for further information or to make appointment |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:30 |
| Tuesday | 09:00 | 17:30 |
| Wednesday | 09:00 | 17:30 |
| Thursday | 09:00 | 17:30 |
| Friday | 09:00 | 17:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|----------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No, but can arrange interpreters |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | No |

Royal National Institue For The Deaf And Hard Of Hearing

We give advice and information, provide services and develop technologies to improve the lives of deaf and hard of hearing people. We also conduct research and run campaigns to understand and change people's attitude to deafness. We work with others to make our vision real.

| Contact Address | Royal National Institute For The Deaf, Tudor House 16 Cathedral Road Cardiff CF11 9LJ |
|----------------------------|------------------------------------------------------------------------------------------------|
| Tel No | 02920 333038 |
| Mobile | |
| Fax No | 02920 333035 |
| E-mail Address | rnidcymru@rnid.org.uk |
| Website Address | www.rnid.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone/e-mail/website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - Bi-lingual Services |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Health.

Trading Standards

We provide consumer advice to the public on an array of subjects, including:

- Consumer education, including events aimed at young consumers
- Underage sales
- Product safety
- Weights & measures
- Scams & Doorstep sales
- Animal health & welfare
- Criminal Prosecutions

| Contact Address | Vale Of Glamorgan Council Civic Offices, Holton Road Barry Vale of Glamorgan CF63 4RU |
|----------------------------|---------------------------------------------------------------------------------------------------|
| Tel No | 01446 709105 |
| Mobile | |
| Fax No | 01446 709768 |
| E-mail Address | kepalmer@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Via telephone, e-mail and appointments in some cases |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - We use Welsh speakers where possible when |
| | dealing with Welsh speaking consumers |
| Is there wheelchair access? | Yes |
| Does the service cater for | No - Although all efforts are made to include these |
| people with special needs? | children in events we do i.e. quizzes aimed at special |
| | needs schools. |
| | |

Vale Youth Forum

The Vale Youth Forum has been operating since 1996. The VYF tries to include all young people in the Vale and currently works with a management team made up of young people from all over the Vale and three area teams with between 10 - 20 young people on each team. It is a great opportunity for young people to make their voices heard. Contact for further details.

| Contact Address | Area 41 Holton Road Barry Vale of Glamorgan CF63 4HB |
|----------------------------|--------------------------------------------------------------------------------|
| Tel No | 01446 745670 |
| Mobile | |
| Fax No | |
| E-mail Address | VVandeVoorde@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Through youth organisations or contact by phone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| Does the service cater for people with special needs? | Yes |

Vicitim Support - Vale Of Glamorgan

Victim Support is the National Charity for victims of crime. Staff and trained volunteers based in local schemes provide support, information and practical help to people who have suffered crimes ranging from burglary to the murder of a relative. Our witness service based in the Magistrates and Crown Courts, helps witnesses and their families before, during and after a trial.

There is also a helpline number: 0845 30 30 900

| Contact Address | South Wales Police Police Station, Paget Road Barry Vale of Glamorgan CF62 5TQ | |
|----------------------------|--------------------------------------------------------------------------------|--|
| Tel No | 01446 746049 | |
| Mobile | | |
| Fax No | 01446 746049 | |
| E-mail Address | valeofglamorganvs@victimsupportsouthwales.org.uk | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone or e-mail for further information | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 16:30 |
| Tuesday | 08:30 | 16:30 |
| Wednesday | 08:30 | 16:30 |
| Thursday | 08:30 | 16:30 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - there are Welsh speakers |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Information & Advice.

Youth Offending Team

The Youth Offending Team (YOT) provides a statutory service under the Crime and Disorder Act 1998. This role includes the supervision of Young Offenders in custody and the community. Also the provision of support in engaging children and young people in intervention programmes to prevent/reduce offending.

| Contact Address | Social Services Department, Vale Of Glamorgan Council 91 Salisbury Road Barry Vale of Glamorgan CF62 6PD |
|----------------------------|----------------------------------------------------------------------------------------------------------------------|
| Tel No | 01446 745820 |
| Mobile | |
| Fax No | |
| E-mail Address | JEHoey@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Via the Police and Courts |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Law & Rights

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/Helpline |
|-------------------------------------|------------------------|----------------------|------------------|
| www.advicenow.org.uk | Advice Now | Making sense of | |
| | | the law and your | |
| | | rights | |
| www.bbc.co.uk/radio1/onelife/legal/ | BBC | Information and | |
| voting | | advice on voting | |
| www.cewc-cymru.org.uk | Council for | Charity working | 02920 228549 |
| | education in | with young people | |
| | world | to promote active | |
| | citizenship – Wales | global citizenship | |
| www.childrenslegalcentre.com | Children's | Law and policy | 0800 783 2187 |
| | legal centre | affecting children | |
| | 0 | and young people | |
| www.cliconline.co.uk | Clic | National advice | |
| | | service and | |
| | | information for 11- | |
| | | 25 year olds, | |
| | | includes local | |
| | 5 | information | 0007 7740 0474 |
| www.dwp.gov.uk | Department of | Information on | 0207 7712 2171 |
| | Work and | employment rights, | |
| | Pensions | pensions etc | 0454 040 0700 |
| www.nyas.net/ | National Youth | Children's rights | 0151 649 8700 |
| | Advocacy | and legal services | |
| | Services | 000 1 1 10 101 | |
| www.south- | South Wales | Official site of the | |
| wales.police.uk/index.asp | Police | South Wales Police | |
| www.validateuk.co.uk/ | Validate | Photographic proof | |
| f. 1 / f. 1/ /f. | 147.1.1 | of age scheme | 0045 450 0500 |
| www.wyfsd.org/wyfsd/en/front | Welsh youth | Youth led | 0845 458 9560 |
| | forum on | organisation with | |
| | sustainable | information on how | |
| | development | to join, news and | |
| | | events etc | |

1148 (Penarth) Sqn Air Training Corps

The ATC is a uniformed youth organisation which enjoys close links with the Royal Air Force (there is no obligation or commitment to any form of RAF service although it does provide an excellent grounding for those considering a future career within the Armed Forces). Activities include Annual RAF camps and sports competitions with other squadrons.

| Contact Address | Off Dingle Road | |
|----------------------------|--------------------------------------|--|
| | Penarth | |
| | Vale of Glamorgan | |
| Tel No | 02920 350448 | |
| Mobile | 07974 895567 | |
| Fax No | | |
| E-mail Address | | |
| Website Address | www.bearshead.co.uk | |
| Areas of the Vale served | Penarth | |
| How to contact the service | Drop by or phone for further details | |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 18:45 - 21:30 |
| Tuesday | | |
| Wednesday | | 18:45 - 21:30 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | £1.00 |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 13 - 20 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also offer services in Education.

11th Barry Sea Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility.

Contact us for further details on costs, meeting times and venue.

| Contact Address | Contact for Venue details | |
|---------------------------------|-----------------------------|----------------------|
| Tel No | 01446 406738 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | casadocp@hotmail.co.uk | |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Barry | |
| How to contact the service | Contact Chris Casado for f | urther details |
| Opening Times | AM | PM |
| Monday | 7 1111 | 1 141 |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | e information above) |
| Free | 40.44 | |
| Age ranges covered | 10 - 14 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |

| Maralan affan anniana in Education | |
|----------------------------------------|--|
| We also offer services in Education. | |
| TVO also sitel solvisses in Education: | |

people with special needs?

15th Penarth (Elfed Avenue United Church) Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility.

Contact us for further details on costs, meeting times and venue.

| Contact Address | Contact for Venue details | |
|---------------------------------|------------------------------|-----------------|
| Tel No | 01446 744505 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Penarth | |
| How to contact the service | Contact Pat Davies for furth | ner information |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | £5.00 | |
| Cost by Arrangement | | |
| Free | | |
| Age ranges covered | 6 - 14 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

| we also | provide services in Education. |
|---------|--------------------------------|
| | |

1st Barry Sea Scout Group

Sea scouting is a branch of scouting, based on the same fundamental scouting aims & methods, but adding a nautical twist to the programme and activities.

The cost is £35 per half year

Contact for further details on costs, meeting times and venue.

| Contact Address | Contact for Venue details | |
|---------------------------------|------------------------------------|---------------|
| | | |
| Tel No | 01446 739453 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Barry | |
| How to contact the service | Telephone for details | |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see inform | nation above) |
| Free | 10. 15 | |
| Age ranges covered | 10 - 15 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

| We also offer services in Education. | |
|--------------------------------------|--|

1st Colwinston Guides

We provide Adventure Youth Activities for girls including games, team building, self development, interests and learning skills. We provide a safe environment for girls and young women to fulfil their potential. To take an active and responsible role in society through a stimulating and enjoyable programme of activities delivered by trained volunteers. Contact for further details on costs, meeting times and venue.

| Contact Address | Colwinston Community Centre Colwinston Cowbridge Vale of Glamorgan CF71 7NL | |
|-------------------------------------------------------|-----------------------------------------------------------------------------|------------------|
| Tel No | 01656 890235 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | jenden@twmbarlwm.freese | rve.co.uk |
| Website Address | http://www.girlguiding.org. | uk/new/ |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone or e-mail for furt | ther information |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | £20.00 | |
| Cost by Arrangement | | |
| Free | | |
| Age ranges covered | 10 - 16 years | |
| Is a service provided in Welsh? | Yes - When appropriate | |
| Is there wheelchair access? | Yes | |
| Does the service cater for people with special needs? | Yes | |

| We also provide services in Education. | |
|----------------------------------------|--|

1st Cowbridge Guides

We provide Adventure Youth Activities for girls including games, team building, self development, interests and learning skills. We provide a safe environment for girls and young women to fulfil their potential. To take an active and responsible role in society through a stimulating and enjoyable programme of activities delivered by trained volunteers. Contact for further details on costs, meeting times and venue.

| | 14 | |
|---------------------------------|------------------------------|--------------------|
| Contact Address | Contact for Venue details | |
| | | |
| Tel No | 01446 773111 | |
| Mobile | 01446 773111 | |
| Fax No | | |
| E-mail Address | burns.lanblair@btinternet.c | nom. |
| Website Address | - | |
| Areas of the Vale served | http://www.girlguiding.org.u | uk/liew/ |
| How to contact the service | Contact Denise Burns for fu | urthor information |
| How to contact the service | Contact Demise Burns for it | urther information |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | £20.00 | |
| Cost by Arrangement | | |
| Free | | |
| Age ranges covered | 10 - 16 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

| We also offer services in Education. | |
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1st Cowbridge Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility.

Costs are £25.00 for one child per term, or £20 for any subsequent children who join. Contact for further details on meeting times and venue.

| Contact Address | Contact for Venue details | |
|-------------------------------------------------------|-----------------------------|---------------------|
| | | |
| Tel No | 01446 772555 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | gethinc@tiscali.co.uk | |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Cowbridge | |
| How to contact the service | Contact Gethin Charles for | further information |
| O : T | | D14 |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday Sunday | | |
| Suriday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | information above) |
| Free | | |
| Age ranges covered | 10 - 14 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for people with special needs? | We would if we had extra le | eaders |
| people with special fields: | | |

| We also offer services in Education. | |
|--------------------------------------|--|
|--------------------------------------|--|

1st Dinas Powys Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility.

Subs are approximately £20.00 per term. There are additional costs for camping trips etc. Contact for further details on costs, meeting times and venue.

| Contact Address | Contact for Venue details | |
|---------------------------------|-----------------------------|----------------------|
| | | |
| Tel No | 02920 513316 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | cw46@talk21.com | |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Dinas Powys | |
| How to contact the service | Contact Colin Turner for fu | rther information |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | e information above) |
| Free | | |
| Age ranges covered | 10 - 14 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |

| We also offer services in Education. | |
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| i vve algu uliel gerviceg ili i uucaliuli. | |
| The alee eller confident in Education | |

people with special needs?

1st Llandough & Cogan Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility.

Contact us for further details on costs, meeting times and venue.

| Contact Address | Contact for Venue details | |
|---------------------------------|-----------------------------|----------------------|
| | | |
| Tel No | 02920 407457 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Penarth | |
| How to contact the service | Contact Brian Wardell for f | urther information |
| : | | |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday Saturday | | |
| Sunday | | |
| Sullday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | £20.00 | |
| Cost by Arrangement | Yes (If by arrangement, see | e information above) |
| Free | | |
| Age ranges covered | 6 - 16 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

| We also offer services in Education. |
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1st Llantwit Major Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility. The cost per term is currently £20.00 to help with running costs, hall hire etc.

Contact for further details on costs, meeting times and venue.

| Contact Address | Contact for Venue details | |
|---------------------------------|--------------------------------|--------------------|
| | | |
| - | | |
| Tel No | 01446 792969 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | cindy@hamlane8.fsnet.co.u | ık |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Llantwit Major | |
| How to contact the service | Contact Cindy Jeffries for for | urther information |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | information above) |
| Free | | , |
| Age ranges covered | 8 - 14 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | No | |
| Does the service cater for | Yes | |
| people with special needs? | | |

| We also offer services in Education. | |
|--------------------------------------|--|

1st Ogmore Down Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility. There is a £5.00 membership fee when you join. Contact for further details on costs, meeting times and venue.

| Contact Address | | |
|---------------------------------|-----------------------------|--------------------|
| Tel No | 01446 793292 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | mjbooy@aol.com | |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Western Vale | |
| How to contact the service | Contact Martin Booy for fur | ther information |
| Opening Times | AM | PM |
| Monday | 7.00 | 1 111 |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | £18.00 | |
| Cost by Arrangement | Yes (If by arrangement, see | information above) |
| Free | | |
| Age ranges covered | 10 - 14 | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

1st Penmark/ Porthkerry Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility. We follow a programme which is based around helping young people develop knowledge, skills and attitudes in six personal development areas: Body, Mind, Faith and Beliefs, Relationships, Community and Surroundings. We aim to make the programme fun, attractive to young people & fulfilling for adult members. Yearly membership £25.00, cost per term is between £17 - £20 Contact for further details on costs, meeting times and venue.

| Contact Address | Contact for Venue details |
|----------------------------|----------------------------------------------------------------|
| Tel No | 01446 719321 |
| Mobile | |
| Fax No | |
| E-mail Address | susan.grant10@tesco.net |
| Website Address | www.catvog.org |
| Areas of the Vale served | Rhoose |
| How to contact the service | Contact Susan Grant by e-mail or phone for further information |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £17.00 |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 6 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also provide services in Education. |
|----------------------------------------|
|----------------------------------------|

1st Wenvoe Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility.

Contact us for further details on costs, meeting times and venue.

| | <u> </u> | |
|-------------------------------------------------------|-----------------------------|---------------------|
| Contact Address | Contact for Venue details | |
| Tel No | 02920 593345 | |
| Mobile | 02920 333343 | |
| Fax No | | |
| E-mail Address | | |
| Website Address | www.catvog.org | |
| Areas of the Vale served | www.catvog.org Wenvoe | |
| How to contact the service | Contact Martin Williams for | futher information |
| now to contact the service | Contact Martin Williams for | Tuttier information |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | £15.00 | |
| Cost by Arrangement | | |
| Free | | |
| Age ranges covered | 10 - 15 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for people with special needs? | Yes | |

|--|

2300 (St Athan) Squadron Air Training Corps

The aims of the Air Training Corps are to promote and encourage among young men and women a practical interest in aviation. It seeks to provide training that will be useful in the services & civil life. It fosters the spirit of adventure and develops the qualities of good leadership.

Cost: £4.00 per month

| Contact Address | Royal Air Force St Athan Barry Vale of Glamorgan |
|----------------------------|-------------------------------------------------------|
| Tel No | 01446 749293/ 01446 797189 |
| Mobile | |
| Fax No | |
| E-mail Address | jhorton@valeofglamorgan.gov.uk |
| Website Address | http://www.angelfire.com/ok5/2300/ |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop-in, or telephone/e-mail for further information. |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 19:00 - 21:45 |
| Tuesday | | |
| Wednesday | | 19:00 - 21:45 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | £1.00 |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 13 – 20 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

293 Squadron, Air Training Corps (Cowbridge)

The ATC is a uniformed youth organisation which enjoys close links with the Royal Air Force (there is no obligation or commitment to any form of RAF service although it does provide an excellent grounding for those considering a future career within the Armed Forces). There is an annual subscription of £50 (payable either annually or in 2 instalments). Most activities are then free of charge. Uniforms are provided free of charge.

| Contact Address | Off Aberthin Road |
|----------------------------|------------------------------|
| | Cowbridge |
| | Vale of Glamorgan |
| Tel No | 01446 774881 |
| Mobile | |
| Fax No | |
| E-mail Address | steven_dodd@msn.com |
| Website Address | www.cowbridgeatc.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop by, Telephone or e-mail |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 18:45 - 21:15 |
| Tuesday | | |
| Wednesday | | 18:45 - 21:15 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £50.00 |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 13 - 20 |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes - we can include wheelchair users |
| Does the service cater for | Yes |
| people with special needs? | |

| We also | provide services in Education. | |
|---------|--------------------------------|--|

2nd/4th Barry Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility. The Annual District Scout Fete is on the first Saturday of July in Romily Park, Barry.

Contact for Venue details

Contact for further information on venue and costs etc.

Contact Address

| Tel No | 01446 412794 | |
|---------------------------------|---------------------------|---------------------|
| Mobile | | |
| Fax No | | |
| E-mail Address | scoutleader.2nd4th@ntlwo | rld.com |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Barry | |
| How to contact the service | Contact John Lawrence for | further information |
| Opening Times | AM | PM |
| Opening Times Monday | AIVI | PIVI |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| | 1 | 1 |
| Is there a charge? | 1 | |
| Hourly Cost | | |
| Daily Cost | 22.52 | |
| Weekly Cost | £2.50 | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement Free | | |
| | 10 - 14 | |
| Age ranges covered | | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| | | |

| \ A / I | | | | |
|----------|---------|-----------|-----|------------|
| WA SICO | nrovida | CALVICAC | ın | Education. |
| VVC also | DIOVIGE | 301 11003 | 111 | Luucalion. |

Yes

Does the service cater for

people with special needs?

5th Barry (Salem Baptist) Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility.

Membership is £23.00, subs are £2.50.

Contact for further information on venue and meeting times.

| Contact Address | Contact for Venue details | |
|---------------------------------|-----------------------------|-----------------------|
| | | |
| Tel No | 01446 733712 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | lesley@bryan.org.uk | |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Barry | |
| How to contact the service | Contact Lesley Brian for fu | rther information |
| Opening Times | | D14 |
| Opening Times | AM | PM |
| Monday Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost Cost by Arrangement | Yes (If by arrangement, see | information above) |
| Free | les (ii by arrangement, see | illioilliation above; |
| Age ranges covered | 10 - 14 | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| | | |
| Does the service cater for | Yes | |
| people with special needs? | | |

| We also provide services in Education. | |
|------------------------------------------|--|
| TTO GIOG PIOTIGO COITICOO III EGGOGIOIII | |

6th Barry (All Saints) Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility.

Costs for Scouts is £8.00 per Calendar month + £22.00 per year per head/insurance. Contact for further information on meting times and venue.

| Contact Address | Contact for Venue details | |
|---------------------------------|-----------------------------|----------------------------|
| Tel No | 01446 748261 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | karen_ghazi_torbati@hotma | ail.com |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Barry | |
| How to contact the service | Contact Karen Ghazi-Torba | ti for further information |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | information above) |
| Free | | |
| Age ranges covered | 6 - 14 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

| We also provide services in Education. | |
|----------------------------------------|--|

94th Penarth (stanwell Road Baptist) Scout Group

Scouting's purpose is 'To help young people achieve their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of their local, national and international community.' Scouting is open to all young people without regard to origin, nationality, race, creed, physical or mental ability, gender, political or religious belief or sexual status. Scouting achieves it's purpose by 'Learning by Doing' in partnership with adults. They do this by taking part in a variety of activities, exploring the outdoors, participating in teams and taking responsibility.

Contact for further information on venue and costs etc.

| Contact Address | Contact for Venue details | |
|---------------------------------|---------------------------|-----------------------|
| Tel No | 02920 701198 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | www.catvog.org | |
| Areas of the Vale served | Penarth | |
| How to contact the service | Contact Roger Kingdom for | r further information |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | £15.00 | |
| Cost by Arrangement | | |
| Free | | |
| Age ranges covered | 6 - 15 | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

Area 41

We provide various activities for young people which take place during evenings and weekends. Only open during term time. Scheme called Splash is open during the summer holidays but only available for residents in Gibbonsdown & Castleland.

The project is particularly aimed at youngsters who are socially disadvantaged and subject to associated risks such as drug abuse, anti-social behaviour and youth offending.

Facilities on offer to young people who visit Area 41 include a digital music studio, a video editing suite, an internet cafe, digital TV and computer games.

| Contact Address | Vibe 41 Holton Road Barry Vale of Glamorgan CF63 4HB |
|----------------------------|------------------------------------------------------------------|
| Tel No | 01446 745670 |
| Mobile | |
| Fax No | 01446 745375 |
| E-mail Address | SJoshua@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | Barry |
| How to contact the service | Drop in, phone or e-mail |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | | |
| Tuesday | 07:00 | 21:30 |
| Wednesday | 07:00 | 21:30 |
| Thursday | 07:00 | 21:30 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Yes |
|---------------|
| 11 - 25 years |
| No |
| Yes |
| Yes |
| |

Barry Detachment, 3rd (cdt) Bn Rrw, The Royal Regiment Of Wales

We provide various skills and activities including: Drill, skill at arms (weapons training) shooting, map reading, field craft, first aid, expedition, physical training, cadet in the community, Duke of Edinburgh Award Scheme.

Contact for further details on any costs, meeting times, venues etc

Parents have to buy boots. Weekend's training is charged at £5.00 to cover food. Uniform is free.

| Contact Address | Rear of Memorial Hall, Gladstone Road |
|----------------------------|---------------------------------------|
| | Barry |
| | Vale of Glamorgan |
| Tel No | 02920 390992 |
| Mobile | |
| Fax No | 02920 390992 |
| E-mail Address | acoyglamorgan.acf@aol.com |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone, E-mail or Drop by |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 19:00 - 21:00 |
| Wednesday | | |
| Thursday | | 19:00 - 21:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 12 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for people with special needs? | No |

| We also provide services in Education. |
|----------------------------------------|
|----------------------------------------|

Barry Leisure Centre

Our doors are open daily to residents, tourists and visitors from afar. Our team are knowledgeable and friendly ensuring that you get the most from your visit, making sure that you exercise safely and are on hand to offer advice should you need it.

Our portfolio of Leisure Centres and Sport Centre are at the heart of community life - you can either pay as you visit or sign up for LifeStyle / FreeStyle membership, making us an affordable choice.

Free swimming: If you are 16 or under, or, 60 or over you could be eligible to join in with the free swimming initiative at certain times during the year

You may want to stay fit, get fit, become more active, rehabilitate after an illness or injury, improve your confidence, meet new friends, compete or get involved as a family. There are plenty more reasons to visit and support your local Council Centre.

| Contact Address | Barry Leisure Centre, Greenwood Street Barry Vale Of Glamorgan CF63 4JJ |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 01446 744770 |
| Mobile | |
| Fax No | 01446 744770 |
| E-mail Address | barrylc@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone, drop-in, e-mail for details |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 07:00 | 23:00 |
| Tuesday | 07:00 | 23:00 |
| Wednesday | 07:00 | 23:00 |
| Thursday | 07:00 | 23:00 |
| Friday | 07:00 | 23:00 |
| Saturday | 08:00 | 19:00 |
| Sunday | 08:00 | 20:00 |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - Regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

We also provide services in Sport.

Barry Sea Cadet Corps

The Sea Cadet Corps is a nationwide voluntary uniformed youth organisation, open to young people aged 12 – 18 years and with Junior Sections open to those of 10 - 12 years of age, regardless of sex, religion or race, and within the bounds of safety to themselves and others, to those with special needs.

Cost is £10 per month.

| Contact Address | H M S Cambria, Hayes Point Sully Vale Of Glamorgan CF64 5XU |
|----------------------------|----------------------------------------------------------------------|
| Tel No | 01446 701390 |
| Mobile | |
| Fax No | 01446 701390 |
| E-mail Address | barryscc24@aol.com |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone or e-mail for details |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | | |
| Tuesday | | 19:00 - 21:30 |
| Wednesday | | |
| Thursday | | 19:00 - 21:30 |
| Friday | | |
| Saturday | | |
| Sunday | 11:00 | 16:00 |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 10 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

Barry Yacht Club

Our club is for all ages and abilities, although under 14 's have to be sponsored by an adult member.

There are no set hours as such as it is a member's club. The Club continues to offer support, encouragement and training to get you afloat in a friendly family atmosphere.

There is always room for new members and new ideas. Recently the Club has opened a rowing section and will be racing increasingly popular Gigs.

To keep local watersports activities affordable, there are several classes of membership, from associate to full family members. Costs are as follows:

Under 18: £54 per year 18-21: £80 per year 21 and above: £220 per year

non-boating associate member: £68 per year

Sea rowing: £99 per year

| Contact Address | Club House, Pier Head Barry Outlet Harbour Docks Barry Vale of Glamorgan CF62 5QS |
|----------------------------|-----------------------------------------------------------------------------------|
| Tel No | 02920 514323 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.barryyachtclub.co.uk/ |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone for details or drop by to the club |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

Barry YMCA

Based in the modern Hub building, the area served is Barry and we provide gymnastic facilities for all ages, from babies through to Commonwealth & British Squad gymnasts. It is open to all boys and girls between 0 - 25 years. There are also dance classes for children aged 8-18 years.

| Contact Address | YMCA Court Road Barry Vale Of Glamorgan CF63 4EE |
|----------------------------|-----------------------------------------------------------|
| Tel No | 01446 724002 |
| Mobile | |
| Fax No | 01446 735449 |
| E-mail Address | bronwen@barryymca.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone us for details or to book classes |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 21:00 |
| Tuesday | 09:00 | 21:00 |
| Wednesday | 09:00 | 21:00 |
| Thursday | 09:00 | 21:00 |
| Friday | 09:00 | 21:00 |
| Saturday | 09:00 | 21:00 |
| Sunday | 10:00 | 15:00 |

| Is there a charge? | |
|---------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £2.50 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 0 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Barry Youth Centre

The Youth Service works with many organisations to make sure that young people are given a high quality provision during their transition to adulthood. The service helps individuals achieve their potential through their participation in educational initiatives that address issues that affect them.

We provide challenging and educational activities to young people regardless of creed, race or abilities.

| Contact Address | Holm View, Pencoedtre Lane Barry Vale of Glamorgan CF63 1QF |
|----------------------------|----------------------------------------------------------------------|
| Tel No | 01446 745670 |
| Mobile | |
| Fax No | |
| E-mail Address | ushaparmar@hotmail.com |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | Barry |
| How to contact the service | Drop by on an evening or telephone/e-mail for information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 19:00 - 22:00 |
| Tuesday | | 19:00 - 22:00 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also | provide | services in | Education. |
|---------|---------|-------------|------------|
|---------|---------|-------------|------------|

Boys Brigade Wales

The Boys' Brigade (BB) is a Christian Youth Organisation, with over half a million members world-wide. The BB offers a wide range of activities including Games, Crafts, Sports, Christian Teaching, Music and Holidays.

There is a structured Badge Scheme Culminating in the 'Queens Badge Award', and the opportunity to pursue Duke of Edinburgh

We have BB Companies at:

- Albert Road Methodist Church, Penarth
- Cadoxton Methodist Church, Barry
- Holy Trinity Presbyterian Church, Barry
- Tabernacle Presbyterian Church, Llantwit Major

Contact on our Cardiff number for further details

| Contact Address | The Boys Brigade Cathays 80 Woodville Road Cardiff Cardiff CF24 4ED |
|----------------------------|---------------------------------------------------------------------------------|
| Tel No | 02920 226668 |
| Mobile | |
| Fax No | |
| E-mail Address | bbwales@boys-brigade.org.uk |
| Website Address | www.boys-brigade.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone Boys Brigade Wales for details |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 16:00 |
| Tuesday | 09:00 | 16:00 |
| Wednesday | 09:00 | 16:00 |
| Thursday | 09:00 | 16:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 5 - 19 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Contact individual clubs to confirm |
| Does the service cater for people with special needs? | Yes |
| henbie mini sheriai needs: | |

| | We al | so provide | services in | Educa | tion. |
|--|-------|------------|-------------|-------|-------|
|--|-------|------------|-------------|-------|-------|

Bramble Hedge Holiday Club

Bramble Hedge Play Scheme has been set up for both boys and girls between the ages of three and twelve. The staff are all dedicated team players, who are committed to their job. In total we are a team of six, with four staff working at all times. Each child will be given a key worker and feed back will be given to you at the end of every session. Every person working at the club is CRB checked. Staff profiles are available on request

| Contact Address | Alexandra Community Hall Alexandra Gardens, Alexandra Crescent Barry Vale of Glamorgan CF62 7HT |
|----------------------------|-------------------------------------------------------------------------------------------------------------|
| Tel No | 01446 721565 |
| Mobile | 07852 951439 |
| Fax No | |
| E-mail Address | bramblehedge06@aol.com |
| Website Address | www.bramble-hedge.co.uk |
| Areas of the Vale served | Barry |
| How to contact the service | Phone or e-mail us for further information, or check website |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:15 | 18:00 |
| Tuesday | 08:15 | 18:00 |
| Wednesday | 08:15 | 18:00 |
| Thursday | 08:15 | 18:00 |
| Friday | 08:15 | 18:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | | |
|---------------------------------|--------------|--|
| Hourly Cost | | |
| Daily Cost | £20.00 | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | | |
| Free | | |
| Age ranges covered | 3 - 12 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

Bryd Crescent Youth Club

The Youth Service works with many organisations to make sure that young people are given a high quality provision during their transition to adulthood. The service helps individuals achieve their potential through their participation in educational initiatives that address issues that affect them.

We provide challenging and educational activities to young people regardless of creed, race or abilities.

| Contact Address | Cwrt Y Vil Community Centre, Byrd Crescent Penarth Vale of Glamorgan CF64 3QU |
|----------------------------|----------------------------------------------------------------------------------------|
| Tel No | 02920 190003 |
| Mobile | |
| Fax No | |
| E-mail Address | amborsden@valeofglamorgan.gov.uk |
| Website Address | www.valeyouthserv.ik.org |
| Areas of the Vale served | Penarth |
| How to contact the service | Open access |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 18:30 - 21:00 |
| Wednesday | | 18:30 - 21:00 |
| Thursday | | 18:30 - 21:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Cardiff & Vale Girl Guides Organisation

Areas served: Penarth, Dinas Powys, Llandough, Barry, Rhoose, St Athan We provide a safe environment for girls and young women to fulfil their potential. We encourage them to take an active and responsible role in society through a stimulating and enjoyable programme of activities delivered by trained volunteers.

The age groups we deal with are:

- Rainbows Age 5 -7
- Brownies age 7-10
- Guides Age 10-14
- Rangers and Senior Section age 14-26

Groups meet at various times and places - please contact for further details of groups in your area.

| Contact Address | | |
|---------------------------------|------------------------------|---------------------|
| | | |
| Tel No | 01446 796089 | |
| Mobile | 01440 790009 | |
| Fax No | | |
| E-mail Address | | |
| Website Address | http://www.girlguiding.org | uklnowl |
| Areas of the Vale served | http://www.girlguiding.org. | uk/iiew/ |
| How to contact the service | | further information |
| now to contact the service | Contact Margaret Foan for | iurther information |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | information above) |
| Free | | |
| Age ranges covered | 5 - 26 years | |
| Is a service provided in Welsh? | | |
| Is there wheelchair access? | Most halls do. Contact for o | confirmation |
| Does the service cater for | Yes | |
| people with special needs? | | |

Colwinston Youth Club

Youth club for young people in the Western Vale. Activities vary depending on time of year and include social activities, sports, indoor games, internet and computers, access to information, trips and residential activities, competitions, issue based work including 'safeas' scheme, discos, music, canteen and tuck shop

| Contact Address | Colwinston Village Hall Colwinston Cowbridge Vale of Glamorgan CF71 7NL |
|----------------------------|-------------------------------------------------------------------------|
| Tel No | 01656 890367 |
| Mobile | 07710 209437 |
| Fax No | |
| E-mail Address | clubbies@aol.com |
| Website Address | |
| Areas of the Vale served | Rural Vale |
| How to contact the service | Drop in or phone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | 19:00 - 21:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £0.50 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 11 - 18 years |
| Is a service provided in Welsh? | Very occasionally |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Connect (Girls Brigade)

We are a christian organisation serving the Dinas Powys area, providing a programme for girls covering spiritual, educational and physical activities, including badgework and fun and games. All girls are welcome. The Tuesday time stated (6.00 pm - 7.15 pm) applies to Barry, providing the same programme - at Cadoxton Methodist Church. Contact first for further information.

| Contact Address | 1 Carmarthen Road Dinas Powys Vale Of Glamorgan CF64 4PT |
|----------------------------|-------------------------------------------------------------------|
| Tel No | 02920 513571 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | http://www.girlsbrigade.org.uk/ |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone or website for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 18:00 - 21:15 |
| Tuesday | | 18:00 - 19:15 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £0.50 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 5 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Cowbridge Leisure Centre

Our doors are open daily to residents, tourists and visitors from afar. Our team are knowledgeable and friendly ensuring that you get the most from your visit, making sure that you exercise safely and are on hand to offer advice should you need it.

Our portfolio of Leisure Centres and Sport Centre are at the heart of community life - you can either pay as you visit or sign up for LifeStyle / FreeStyle membership, making us an affordable choice.

Free swimming: If you are 16 or under, or, 60 or over you could be eligible to join in with the free swimming initiative at certain times during the year

You may want to stay fit, get fit, become more active, rehabilitate after an illness or injury, improve your confidence, meet new friends, compete or get involved as a family. There are plenty more reasons to visit and support your local Council Centre.

| Contact Address | Cowbridge Leisure Centre, The Broadshoard Cowbridge Vale of Glamorgan CF71 7DA |
|----------------------------|-----------------------------------------------------------------------------------------|
| Tel No | 01446 775533 |
| Mobile | |
| Fax No | |
| E-mail Address | sljones@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in or phone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 07:00 | 22:00 |
| Tuesday | 07:00 | 22:00 |
| Wednesday | 07:00 | 22:00 |
| Thursday | 07:00 | 22:00 |
| Friday | 07:00 | 22:00 |
| Saturday | 09:00 | 18:00 |
| Sunday | 09:00 | 17:00 |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provides services in Sports.

Cowbridge Youth Centre

This is a statutory service that works with young people aged 11-25 years of age. It works in partnership with other agencies to ensure that young people are given high quality provision offering positive choices and opportunities during their transition to adulthood in order to achieve their potential as empowered individuals. We are sometimes open on a Saturday and Sunday.

| Contact Address | Cowbridge Youth & Community Centre The Court House, Westgate Cowbridge Vale Of Glamorgan CF71 7AR |
|----------------------------|---------------------------------------------------------------------------------------------------|
| Tel No | 01446 774460 |
| Mobile | |
| Fax No | 01446 775545 |
| E-mail Address | yccowbridge@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | Cowbridge |
| How to contact the service | Open access |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 18:30 - 21:30 |
| Tuesday | | 15:30 - 21:30 |
| Wednesday | | 15:30 - 21:30 |
| Thursday | | 18:30 - 21:30 |
| Friday | | 18:30 - 21:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|----------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 15 years |
| Is a service provided in Welsh? | No, but leaflets are also displayed in Welsh |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Girl Guides - Barry East

We provide a safe environment for girls and young women to fulfil their potential. We encourage them to take an active and responsible role in society through a stimulating and enjoyable programme of activities delivered by trained volunteers.

The age groups we deal with are:

- Rainbows Age 5 -7
- Brownies Age 7-10
- Guides Age 10-14

people with special needs?

Contact Address

• Rangers and Senior Section Age 14-26

Groups meet at various times and places - please contact for further details of groups in your area.

Contact for Venue Details

| Tel No | 01446 409282 | |
|---------------------------------|------------------------------------------------|----------------------|
| Mobile | | |
| Fax No | | |
| E-mail Address | jayne.newcombe@ntlworld.com | |
| Website Address | http://www.girlguiding.org.uk/new/ | |
| Areas of the Vale served | Barry | |
| How to contact the service | Contact Jayne Newcombe for further information | |
| On a nin n Time a | A.B.4 | DM |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | e information above) |
| Free | | |
| Age ranges covered | 5 - 26 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Most halls do. Contact for confirmation | |
| Does the service cater for | Yes | |

| We also provide services in Education. | |
|----------------------------------------|--|
|----------------------------------------|--|

Girl Guides - Dinas Powys And Llandough

We provide a safe environment for girls and young women to fulfil their potential. We encourage them to take an active and responsible role in society through a stimulating and enjoyable programme of activities delivered by trained volunteers.

The age groups we deal with are:

- Rainbows Age 5 -7
- Brownies Age 7-10,
- Guides Age 10-14,
- Rangers and Senior Section Age 14-26

Groups meet at various times and places - please contact for further details of groups in your area.

| Contact Address | | | |
|---------------------------------|-----------------------------------------------|--------------------|--|
| | | | |
| Tal Na | 00000 540757 | | |
| Tel No | 02920 513757 | | |
| Mobile | | | |
| Fax No | | | |
| E-mail Address | | .1.6 | |
| Website Address | http://www.girlguiding.org.u | uk/new/ | |
| Areas of the Vale served | Dinas Powys | | |
| How to contact the service | Phone Judith Sargeant for further information | | |
| Opening Times | AM | PM | |
| Monday | | | |
| Tuesday | | | |
| Wednesday | | | |
| Thursday | | | |
| Friday | | | |
| Saturday | | | |
| Sunday | | | |
| Is there a charge? | | | |
| Hourly Cost | | | |
| Daily Cost | | | |
| Weekly Cost | | | |
| Session Cost | | | |
| Termly Cost | | | |
| Cost by Arrangement | Yes (If by arrangement, see | information above) | |
| Free | , , | , | |
| Age ranges covered | 5 - 26 years | | |
| Is a service provided in Welsh? | No | | |
| Is there wheelchair access? | Most halls do. Contact for o | confirmation | |
| Does the service cater for | Yes | | |
| people with special needs? | | | |

| We also provide services in Education. | |
|----------------------------------------|--|

Girl Guides - Penarth & Sully

We provide a safe environment for girls and young women to fulfil their potential. We encourage them to take an active and responsible role in society through a stimulating and enjoyable programme of activities delivered by trained volunteers.

The age groups we deal with are:

- Rainbows Age 5 -7
- Brownies Age 7-10
- Guides Age 10-14

Contact Address

• Rangers and Senior Section Age 14-26

Groups meet at various times and places - please contact for further details of groups in your area.

Contact for Venue details

| Contact / tdaress | Contact for Venue details | |
|---------------------------------|------------------------------------------------------|--|
| | | |
| Tel No | 02920 711705 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | http://www.girlguiding.org.uk/new/ | |
| Areas of the Vale served | Penarth | |
| How to contact the service | Contact Jacqueline Griffiths for further information | |
| Opening Times | AM PM | |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see information above) | |
| Free | | |
| Age ranges covered | 5 - 26 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Most halls do. Contact for confirmation | |
| Does the service cater for | Yes | |
| people with special needs? | | |

| We also provide services in Education. | |
|----------------------------------------|--|
|----------------------------------------|--|

Girl Guides - Vale Of Glamorgan (Barry West, Rhoose & St Athan)

We provide a safe environment for girls and young women to fulfil their potential. We encourage them to take an active and responsible role in society through a stimulating and enjoyable programme of activities delivered by trained volunteers.

The age groups we deal with are:

- Rainbows Age 5 -7
- Brownies Age 7-10
- Guides Age 10-14
- Rangers and Senior Section Age 14-26

Groups meet at various times and places - please contact for further details of groups in your area.

| Contact Address | Contact for Venue details | |
|---------------------------------|------------------------------|--------------------|
| TIN | | |
| Tel No | 01446 750645 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | http://www.girlguiding.org.u | uk/new/ |
| Areas of the Vale served | Rural Vale | |
| How to contact the service | Contact Jane Rudd for furth | ner information |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | information above) |
| Free | | |
| Age ranges covered | 5 - 26 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Most halls do. Contact for c | onfirmation |
| Does the service cater for | Yes | |
| people with special needs? | | |

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|-------------------------------------------|--|
| We also provide services in Education. | |
| i vve also provide services in Education. | |
| Tro also provide solvitos ili Eddealisiii | |

Globe Café (for Internationals & Friends)

Globe Café provides a friendly, safe place to meet up with Internationals & friends living/working/studing locally. Whether you are new to the area or already well established, it's a great way to socialise, meet new friends, and practise your English language. Games, snooker/pool, X-Box etc are provided as well as outdoor informal sport, weather permitting. We enjoy learning about each others' cultures, music & foods and sometimes put on themed evenings with food from a particular country. We arrange extra outings and offer help & support as needed to help people settle into the country, at the same time making friends with people of so many different cultures. This Café provides an amazing opportunity to share & learn more about other cultures and lives.

| Contact Address | The Kymin Beach Road Penarth Vale of Glamorgan CF64 1JX |
|----------------------------|---------------------------------------------------------|
| Tel No | 07870 206556 |
| Mobile | 07870 206556 |
| Fax No | |
| E-mail Address | naorob@yahoo.co.uk |
| Website Address | www.globe-cafe.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, telephone, website, advertising, word of mouth |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | 19:30 - 22:30 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £1.00 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - we can if necessary |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Immanuel Church Penarth Youth Activities

As a newly established Church, we aim to be more contemporary in our outlook. We provide events and activities which are specifically geared to meet particular needs of young people. We will help develop the complete person physically, mentally, spiritually and emotionally. There are 3 events to choose from, many people come to all!

- 1. We hold a Saturday night Youth Club, Infrared for those aged 11-18. The first part is geared towards Yrs 6-8, then the later part is geared to Yrs 9+. We are primarily a sport, games, dance, drama, social club with music and tuck shop. We are open to everyone (whether you have a faith, no faith or don't care).
- 2. Sunday mornings (linked into the main church) are our Teen Church, which is a great place for those in Yrs 6-8 to learn more about Christianity in a contemporary way. We provide youth workers who regularly arrange socials of sports, games and outings.
- 3. Friday evenings is Cell Group which is for Yrs 10+ and is an interactive discussion group dealing with lots of issues that young people face such as peer pressure, drugs & alcohol, the media, etc.

| Contact Address | Paget Rooms, Victoria Road Penarth Vale of Glamorgan CF64 3EG |
|----------------------------|------------------------------------------------------------------------|
| Tel No | 02920 709168 |
| Mobile | |
| Fax No | |
| E-mail Address | enquiries@immanuelchurch.org.uk |
| Website Address | www.immanuelchurchpenarth.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, telephone, advertising, email, word of mouth |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 18 years |
| Is a service provided in Welsh? | Yes - a Welsh service is available on request |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also | | |
|---------|--|--|
| | | |
| | | |
| | | |

Infrared Youth Club

We are a youth club for young people aged 11-18 years. We organise sports - basketball, hockey, football, volleyball, snooker/pool, X-Box, dance, drama and tuck shop. We also arrange trips. We provide a safe and friendly place to relax and meet friends. Several youth workers and volunteers run all the activities; all of whom are police checked.

| Contact Address | Ysgol Pen Y Garth, Redlands Road Penarth Vale of Glamorgan CF64 2QN | |
|---------------------------------|------------------------------------------------------------------------------|-------------------------|
| Tel No | 02920 709168 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | chloeroberts2004@hotmail. | com |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Drop in/ advertising/schools | s/word of mouth |
| Opening Times | AM | PM |
| Opening Times Monday | Alvi | PIVI |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | 18:00 - 21:30 |
| Sunday | | 10.00 21.00 |
| | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | V _{2.2} | |
| Free | Yes | |
| Age ranges covered | 11 - 18 years | |
| Is a service provided in Welsh? | Yes - Welsh language youth | n workers are available |

| We also provide services in Education. | |
|----------------------------------------|--|

Yes

Yes

Is there wheelchair access?

Does the service cater for

people with special needs?

Little Fish Fun Club

The Little Fish Fun Club is a Christian Holiday Club, where we welcome children of all faiths. We aim to spread the Christian message to young people, to increase their spiritual awareness and to explore biblical themes and the good news of Jesus in a fun way. We provide crafts, games, prayer and worship. Material from these sessions are used in our parish family services. We meet once every school holiday (Weds) and for 1 week in the summer holiday.

| Contact Address | Colwinston Community Centre Colwinston Cowbridge Vale of Glamorgan CF71 7NL |
|----------------------------|-----------------------------------------------------------------------------|
| Tel No | 01446 773910 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | Cowbridge |
| How to contact the service | Contact by phone |
| | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | | |
| Tuesday | | |
| Wednesday | 10:00 | 15:00 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | £3.00 |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 5 - 12 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Llantwit Major Chess Club

We are a chess club that competes in the East Glamorgan league at Atlantic College. New members are always welcome. Please contact us for further information.

| Contact Address | Atlantic College St Donat's Llantwit Major Vale of Glamorgan CF61 1YZ | |
|----------------------------|-----------------------------------------------------------------------|--|
| Tel No | 01656 880300 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | davesueclara@btopenworld.com | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Phone, e-mail | |

| Opening Times | AM | PM |
|---------------|----|-------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 19:30 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | £1.00 |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | N/A |
| Is there wheelchair access? | Yes |
| Does the service cater for | N/A |
| people with special needs? | |

Llantwit Major Girl Guide Association

We provide suitable activities for each age group ranging from craft, songs and games for Rainbows; to outdoor activities, crafts and a whole range of varied activities including camping for the older girls in the organisation. Please contact for further details on costs, venue and meeting times.

| Contact Address | | |
|---------------------------------|-----------------------------|------------------|
| | | |
| Tel No | 01446 792846 | |
| Mobile | 01440702040 | |
| Fax No | | |
| E-mail Address | janet.smithPLC@virgin.net | |
| Website Address | http://www.girlguiding.org. | |
| Areas of the Vale served | Llantwit Major | |
| How to contact the service | Contact Janet Smith for fur | ther information |
| | | |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | £1.50 | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | | |
| Free | | |
| Age ranges covered | 5 - 25 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

Llantwit Major Leisure Centre

Our doors are open daily to residents, tourists and visitors from afar. Our team are knowledgeable and friendly ensuring that you get the most from your visit, making sure that you exercise safely and are on hand to offer advice should you need it.

Our portfolio of Leisure Centres and Sport Centre are at the heart of community life - you can either pay as you visit or sign up for LifeStyle / FreeStyle membership, making us an affordable choice.

Free swimming: If you are 16 or under, or, 60 or over you could be eligible to join in with the free swimming initiative at certain times during the year

You may want to stay fit, get fit, become more active, rehabilitate after an illness or injury, improve your confidence, meet new friends, compete or get involved as a family. There are plenty more reasons to visit and support your local Council Centre.

| Contact Address | Llantwit Major Leisure Centre, Ham Lane East Llantwit Major Vale of Glamorgan CF61 1TQ |
|----------------------------|-------------------------------------------------------------------------------------------------|
| Tel No | 01446 793947 |
| Mobile | |
| Fax No | |
| E-mail Address | llantwitlc@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, telephone, e-mail |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 07:00 | 23:00 |
| Tuesday | 07:00 | 23:00 |
| Wednesday | 07:00 | 23:00 |
| Thursday | 07:00 | 23:00 |
| Friday | 07:00 | 23:00 |
| Saturday | 08:00 | 18:00 |
| Sunday | 08:00 | 18:00 |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - we regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Sports.

Llantwit Major Youth Centre

We provide a youth and community service. We can accommodate 260 children at one time in the Youth Club. Our youth service is for 11 - 25 year olds and our community service is for life-long learning 0 - 100 yrs. Our service includes JobShop Extra, Adult Education, Age Concern, keep fit, school exclusion unit, victim support, free training for young people, after school care, plus lots more.

We provide challenging and educational activities to young people regardless of creed, race or abilities

| Contact Address | Families Centre, Station Road Llantwit Major Vale of Glamorgan CF61 1ST |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 01446 792141 |
| Mobile | llanyc@valeofglamorgan.gov |
| Fax No | 01446 795560 |
| E-mail Address | llanyc@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | Llantwit Major |
| How to contact the service | Drop in, phone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 22:00 |
| Tuesday | 09:00 | 21:00 |
| Wednesday | 09:00 | 21:30 |
| Thursday | 09:00 | 22:00 |
| Friday | 09:00 | 21:30 |
| Saturday | 10:00 | 12:00 |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

| W | e a | lso | provide | services | in | Ed | ucat | tion. |
|---|-----|-----|---------|----------|----|----|------|-------|
|---|-----|-----|---------|----------|----|----|------|-------|

Maes Dyfan Youth Centre

Maes Dyfan Youth Centre provides a youth facility for children aged 11 to 18 years with learning disabilities. The centre provides a number of activities such as sport, pool, artwork, cookery etc and aims to assist in educational development and social skills.

| Contact Address | Ysgol Maes Dyfan, Gibbonsdown Rise Barry Vale of Glamorgan CF63 1DT |
|----------------------------|------------------------------------------------------------------------------|
| Tel No | 01446 732112 |
| Mobile | 07979 770989 |
| Fax No | |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone for further information or drop in to Centre |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 17:30 - 20:00 |
| Tuesday | | |
| Wednesday | | 17:30 - 20:00 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £10.00 |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 11 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Murchfield Youth Club

The Youth Service works with many organisations to make sure that young people are given a high quality provision during their transition to adulthood. The service helps individuals achieve their potential through their participation in educational initiatives that address issues that affect them.

We provide challenging and educational activities to young people regardless of creed, race or abilities

| Contact Address | Murchfield Community Centre, Fairoaks Dinas Powys Vale of Glamorgan CF64 4QU |
|----------------------------|------------------------------------------------------------------------------|
| Tel No | 02920 190003 |
| Mobile | |
| Fax No | 02920 190003 |
| E-mail Address | amborsden@valeofglamorgan.gov.uk |
| Website Address | www.valeyouthserv.ik.org |
| Areas of the Vale served | Dinas Powys |
| How to contact the service | Open access |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 18:30 - 21:00 |
| Tuesday | | |
| Wednesday | | |
| Thursday | | 18:30 - 21:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

| We also provide services in Education. |
|----------------------------------------|
|----------------------------------------|

Nifty Kids After School Club

We provide childcare in a safe and secure environment. Activities provided include arts, crafts, board games, lego, kenek, soft ball games and games to stimulate the mind.

| Contact Address | Cwm Talwg Community Centre, Plas Cleddau Barry Vale of Glamorgan CF62 7FG |
|----------------------------|------------------------------------------------------------------------------------|
| Tel No | 07816 892904 |
| Mobile | 07816 912332 or 07816 892904 |
| Fax No | 01446 741863 |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | Barry |
| How to contact the service | By Phone |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 15:30 - 18:00 |
| Tuesday | | 15:30 - 18:00 |
| Wednesday | | 15:30 - 18:00 |
| Thursday | | 15:30 - 18:00 |
| Friday | | 15:03 - 18:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £5.50 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 3.5 - 12 years |
| Is a service provided in Welsh? | Yes - we regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| 1 3 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 | |
|------------------------------------------|--|
| We also provide services in Education. | |
| I WE also provide services in Education. | |

Nifty Kids Out Of School Holiday Care Scheme

We provide childcare in a safe and secure environment. Activities provided include arts, crafts, board games, lego, kenek, soft ball games and games to stimulate the mind.

| Contact Address | Cwm Talwg Community Centre, Plas Cleddau | |
|----------------------------|------------------------------------------|--|
| | Barry | |
| | Vale of Glamorgan | |
| | CF62 7FG | |
| Tel No | 07816 892904 | |
| Mobile | 07816 912332 or 07816 892904 | |
| Fax No | 01446 741863 | |
| E-mail Address | | |
| Website Address | | |
| Areas of the Vale served | Barry | |
| How to contact the service | Contact by phone | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:00 | 18:00 |
| Tuesday | 08:00 | 18:00 |
| Wednesday | 08:00 | 18:00 |
| Thursday | 08:00 | 18:00 |
| Friday | 08:00 | 18:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | | |
|---------------------------------|----------------------------------------|--|
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | £20.00 | |
| Termly Cost | | |
| Cost by Arrangement | | |
| Free | | |
| Age ranges covered | 3.5 - 12 years | |
| Is a service provided in Welsh? | Yes - we regularly use Welsh & English | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

| [, , , , , , , , , , , , , , , , , , , | |
|-------------------------------------------|--|
| We also provide services in Education. | |
| i vve also blovide services in Education. | |
| Tro also provide services in Education. | |

Penarth Chess Club

We are a chess club that plays in a competitive league. Members should have some knowedge of the game. New members have a 3 week taster before they pay membership fees. Fees halved for Juniors and unemployed.

| Contact Address | The Kymin, Beach Road Penarth Vale of Glamorgan CF64 1JX |
|----------------------------|----------------------------------------------------------|
| Tel No | 02920 709562 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone us for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 19:15 - 22:15 |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £1.00 |
| Termly Cost | £25.00 |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | No |
| people with special needs? | |

Penarth Detachment, Glamorgan Counties Army Cadet Force (5th Cadet Battalion The Royal Welsh)

We provide the following activities and opportunities:

Drill, skill at arms (Weapons training), shooting, map reading, field craft, first aid, expeditions, physical training, cadet in the community, Duke of Edinburgh Award scheme. Contact for further details on costs, meeting times and venues.

| Contact Address | ACF Hut, Woodland Place Penarth Vale of Glamorgan CF64 2EX |
|----------------------------|------------------------------------------------------------|
| Tel No | 02920 390992 |
| Mobile | |
| Fax No | 02920 390992 |
| E-mail Address | acoyglamorgan.acf@aol.com |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop by or phone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 19:00 - 21:00 |
| Tuesday | | |
| Wednesday | | 19:00 - 21:00 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 12 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for people with special needs? | No |

Penarth Leisure Centre

Our doors are open daily to residents, tourists and visitors from afar. Our team are knowledgeable and friendly ensuring that you get the most from your visit, making sure that you exercise safely and are on hand to offer advice should you need it.

Our portfolio of Leisure Centres and Sport Centre are at the heart of community life - you can either pay as you visit or sign up for LifeStyle / FreeStyle membership, making us an affordable choice.

Free swimming: If you are 16 or under, or, 60 or over you could be eligible to join in with the free swimming initiative at certain times during the year

You may want to stay fit, get fit, become more active, rehabilitate after an illness or injury, improve your confidence, meet new friends, compete or get involved as a family. There are plenty more reasons to visit and support your local Council Centre.

| Contact Address | Penarth Leisure Centre, Andrew Road Penarth Vale of Glamorgan CF64 2NS |
|----------------------------|------------------------------------------------------------------------|
| Tel No | 02920 700717 |
| Mobile | |
| Fax No | 02920 712916 |
| E-mail Address | penarthlc@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in, or phone/ e-mail/see website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 07:00 | 23:00 |
| Tuesday | 07:00 | 23:00 |
| Wednesday | 07:00 | 23:00 |
| Thursday | 07:00 | 23:00 |
| Friday | 07:00 | 23:00 |
| Saturday | 08:00 | 19:00 |
| Sunday | 08:00 | 20:00 |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - we regularly use Welsh and English |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also | provide | services | in | Sport |
|----------|---------|-----------|----|-------|
| VVC 4130 | provide | 301 11003 | | Opon. |

Penarth Phab (Physically Disabled/Able Bodied) Club

We are a youth club where people with or without disabilities meet to interact and enjoy a range of activities and outings.

Phab is a national charity dedicated to promoting the integration of people with and without physical disabilities, at all levels of society.

| Contact Address | Albert Road Methodist Church, Albert Road Penarth Vale of Glamorgan CF64 1BY |
|----------------------------|---------------------------------------------------------------------------------------|
| Tel No | 02920 214555 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone/contact through schools and carers |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 18:30 - 20:30 |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £5.00 |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 11 - 19 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Penarth Sea Cadet Corps

The Sea Cadet Corps is a nationwide voluntary uniformed youth organisation, open to young people aged 12 to 18 years with Junior Sections open to those of 10 to 12 years of age, regardless of sex, religion or race, and within the bounds of safety to themselves and others and to those with special needs.

| Contact Address | Stanwell Crescent Penarth Vale Of Glamorgan |
|----------------------------|---------------------------------------------|
| Tel No | 02920 710137 |
| Mobile | 07973 531986 |
| Fax No | |
| E-mail Address | stdavids@ntlworld.com |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone for further details on how to join |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 19:00 - 21:15 |
| Wednesday | | |
| Thursday | | 19:00 - 21:15 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | £2.50 |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 10 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Penarth Yacht Club

We are an RYA (Royal Yachting Association) approved training centre for dinghy sailing, dinghy racing and Youth Sailing. Training is held throughout the year on various evenings at the club for different age groups, and on nearby Cosmeston lakes, for cadets and adult beginners. We welcome all new members of any age or experience from complete novice to veteran.

Please contact us for details on membership fees and meeting times etc.

Cost by Arrangement

Age ranges covered

Is a service provided in Welsh?

Is there wheelchair access?

Does the service cater for

people with special needs?

Free

| Please contact us for details on membership fees and meeting times etc. | | | |
|-------------------------------------------------------------------------|----------------------------------------------------------------------|---------|--|
| Contact Address | Penarth Yacht Club, The Esplanade Penarth Vale of Glamorgan CF64 3AU | | |
| Tel No | 02920 709233 | | |
| Mobile | | | |
| Fax No | | | |
| E-mail Address | penyot2@aol.com | | |
| Website Address | http://www.penarthyachtclu | ıb.com/ | |
| Areas of the Vale served | Penarth | | |
| How to contact the service | Arranged with sail training officer | | |
| Opening Times | AM | PM | |
| Opening Times | AIVI | PIVI | |
| Monday Tuesday | | | |
| Wednesday | | | |
| Thursday | | | |
| Friday | | | |
| Saturday | | | |
| Sunday | | | |
| | <u> </u> | 1 | |
| Is there a charge? | | | |
| Hourly Cost | | | |
| Daily Cost | | | |
| Weekly Cost | | | |
| Session Cost | | | |
| Termly Cost | | | |

8 years+

Yes - though it is limited

No

No

Yes (If by arrangement, see information above)

Pendoylan After School Club

We offer a wide variety of Arts & Crafts and have an hours Fun French on Friday afternoons. We operate a Healthy Eating Policy in line with current guidelines and provide a substantial home-made tea daily. Discount offered for siblings. Please contact for further details.

| Contact Address | Pendoylan War Memorial Hall Pendoylan Cowbridge Vale of Glamorgan CF71 7UJ |
|----------------------------|----------------------------------------------------------------------------------------|
| Tel No | 01443 239345 / 07974372617 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | Cowbridge |
| How to contact the service | Contact by phone for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 15:30 - 18:00 |
| Tuesday | | 15:30 - 18:00 |
| Wednesday | | 15:30 - 18:00 |
| Thursday | | 15:30 - 18:00 |
| Friday | | 15:30 - 18:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £8.00 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 3 - 14 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Pendoylan Out Of School Club - 'Simply The Best'

Holiday Club is from 8am to 6pm and includes 3 meals and 2 snacks. Halfday care is available for £15 and includes 2 meals and 1 snack. No discounts are available for Holiday Club. Contact to confirm Holiday club dates

| Contact Address | Pendoylan War Memorial Hall Pendoylan Cowbridge Vale of Glamorgan CF71 7UJ |
|----------------------------|----------------------------------------------------------------------------|
| Tel No | 01443 239345 / 07974372617 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | Cowbridge |
| How to contact the service | Contact via telephone |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:00 | 18:00 |
| Tuesday | 08:00 | 18:00 |
| Wednesday | 08:00 | 18:00 |
| Thursday | 08:00 | 18:00 |
| Friday | 08:00 | 18:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | £28.00 |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 3 - 14 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Play Development

We offer various open access playschemes and play ranger play days for children age 5 to 14 yrs. These take place mainly during the school summer holidays, throughout the Vale. We are always looking for people who would like to work on the playschemes and we offer training.

| Contact Address | Vale of Glamorgan Council Docks Office, Subway Road Barry Vale of Glamorgan CF63 4RT |
|----------------------------|--------------------------------------------------------------------------------------|
| Tel No | 01446 704809 |
| Mobile | |
| Fax No | |
| E-mail Address | JoaJones@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Via main contact number |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 5 - 14 Years |
| Is a service provided in Welsh? | Yes - there are Welsh speakers working in playschemes |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Rhoose Detachment, 3rd (cdt) Bn Rrw, The Royal Regiment Of Wales

We provide the following activities: drill, skill at arms (weapons training), shooting, map reading, field craft, first aid, expeditions, physical training, cadet in the community and the Duke of Edinburgh Award Scheme. Please contact for further details on any costs, meeting times, venues etc. Parents have only to buy boots. A weekend of training is charged at £5.00 to cover food. Uniform is free.

| Contact Address | | |
|---------------------------------|---------------------------------|------------------------|
| Tel No | 02920 390992 | |
| Mobile | 02320 330332 | |
| Fax No | | |
| E-mail Address | acoyglamorgan.acf@aol.co | am. |
| Website Address | acoygiamorgan.acr@aoi.cc | 7111 |
| Areas of the Vale served | All Vale | |
| How to contact the service | Drop by, or phone/e-mail fo | or further information |
| now to contact the service | Drop by, or phone/e-mail it | n turther information |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | 19:00 - 21:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |
| La than and a second | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | Voc /If by orrengement | information above |
| Cost by Arrangement Free | Yes (If by arrangement, see Yes | inionnation above) |
| | 12 - 18 Years 9 Months | |
| Age ranges covered | | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | No | |
| Does the service cater for | No | |
| people with special needs? | | |

Rhoose Youth Club

The Youth Service works with many organisations to make sure that young people are given a high quality provision during their transition to adulthood. The service helps individuals achieve their potential through their participation in educational initiatives that address issues that affect them.

We provide challenging and educational activities to young people regardless of creed, race or abilities

| Contact Address | Youth Club, Celtic Way Rhoose Barry Vale of Glamorgan CF62 3FT |
|----------------------------|----------------------------------------------------------------|
| Tel No | 01446 745670 |
| Mobile | |
| Fax No | 01446 745375 |
| E-mail Address | ushaparmar@hotmail.com |
| Website Address | |
| Areas of the Vale served | Rhoose |
| How to contact the service | Open access |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | 18:30 - 21:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We | also | provide | services | in Ec | lucation. |
|----|------|---------|----------|-------|-----------|
|----|------|---------|----------|-------|-----------|

Salvation Army Youth Group

We are a discussion group for young people looking at issues of faith and spirituality. Feel free to come along or contact us first for further information.

| Contact Address | The Salvation Army 101a Plassey Street Penarth Vale of Glamorgan CF64 1EL | |
|----------------------------|---------------------------------------------------------------------------|--|
| Tel No | 02920 700858 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Drop in or contact for further details | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | 11:30 | 12:30 |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also provide services in Education. |
|----------------------------------------|
|----------------------------------------|

Simply The Best Cowbridge After School Club

We offer a wide variety of Arts & Crafts and have one hour of Fun French on Friday afternoons. We operate a Healthy Eating Policy in line with current guidelines and provide a substantial home-made tea daily. Discount offered for siblings.

| Contact Address | Y Bont Faen Primary School, Borough Close Cowbridge Vale of Glamorgan CF71 7BN |
|----------------------------|-----------------------------------------------------------------------------------------|
| Tel No | 07974 372617 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | Cowbridge |
| How to contact the service | Phone for further details |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 15:00 - 17:45 |
| Tuesday | | 15:00 - 17:45 |
| Wednesday | | 15:00 - 17:45 |
| Thursday | | 15:00 - 17:45 |
| Friday | | 15:00 - 17:45 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £8.00 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 3 - 14 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

St Athan Youth Club

The Youth Service works with many organisations to make sure that young people are given a high quality provision during their transition to adulthood. The service helps individuals achieve their potential through their participation in educational initiatives that address issues that affect them.

We provide challenging and educational activities to young people regardless of creed, race or abilities

| Contact Address | St Athan Football Club | |
|----------------------------|-------------------------------|--|
| | St Athan Village | |
| | Nr Barry | |
| | Vale of Glamorgan | |
| Tel No | 01446 792141 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | llanyc@valeofglamorgan.gov.uk | |
| Website Address | | |
| Areas of the Vale served | St Athan | |
| How to contact the service | Open access | |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 19:00 - 21:30 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 19 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also provide services in Education. | |
|----------------------------------------|--|

St Aubin After School Club

We encourage the children to develop their all important social skills such as good manners, speech, table manners and social graces that society itself expects and recognises. This of course goes hand in hand with giving each child the experiences and space to find and develop their own character in a safe and stimulating environment.

Through the years the original St. Aubin has moved with the times and developed it's programme of staff training – both internally and externally. It's status as an NVQ assessment and training centre ensures that we can all reach the highest standard of staff training. Costs: £4.73 per day, or £10.50 with transport and tea.

| Contact Address | 34 Archer Road Penarth Penarth Vale of Glamorgan CF64 3HL |
|----------------------------|-----------------------------------------------------------|
| Tel No | 02920 708112 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.staubinnurseries.co.uk |
| Areas of the Vale served | Penarth |
| How to contact the service | Phone, e-mail or see website for further details |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 15:30 - 18:00 |
| Tuesday | | 15:30 - 18:00 |
| Wednesday | | 15:30 - 18:00 |
| Thursday | | 15:30 - 18:00 |
| Friday | | 15:30 - 18:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | £4.73 |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 5 - 16 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

St Aubin Holiday Care Scheme

We encourage the children to develop their all important social skills such as good manners, speech, table manners and social graces that society itself expects and recognises. This of course goes hand in hand with giving each child the experiences and space to find and develop their own character in a safe and stimulating environment.

Through the years the original St. Aubin has moved with the times and developed it's programme of staff training – both internally and externally. It's status as an NVQ assessment and training centre ensures that we can all reach the highest standard of staff training. Costs: £19.43 per day/£94.50 per week.

| Contact Address | 34 Archer Road Penarth Vale of Glamorgan CF64 3HL |
|----------------------------|------------------------------------------------------------|
| Tel No | 02920 708112 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.staubinnurseries.co.uk |
| Areas of the Vale served | Penarth |
| How to contact the service | Phone, e-mail or see website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:00 | 18:00 |
| Tuesday | 08:00 | 18:00 |
| Wednesday | 08:00 | 18:00 |
| Thursday | 08:00 | 18:00 |
| Friday | 08:00 | 18:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | £19.43 |
| Weekly Cost | £94.50 |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 5 - 16 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

St Brides and Ogmore Youth Club

Youth club for young people in the Western Vale area. Activities vary depending on time of year and include social activities, sports, indoor games, internet and computers, access to information, trips and residential activities, competitions, issue based work including 'safeas' scheme, discos, music, canteen and tuck shop

| Contact Address | St Brides Sports Pavilion St Brides Bridgend |
|----------------------------|----------------------------------------------|
| Tel No | 01656 890367 |
| Mobile | |
| Fax No | |
| E-mail Address | clubbies@aol.com |
| Website Address | |
| Areas of the Vale served | Western Vale |
| How to contact the service | Open access |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 19:00 - 21:00 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £0.50 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 11 - 18 Years |
| Is a service provided in Welsh? | Yes - very occasionally |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Sully Youth Club

The Youth Service works with many organisations to make sure that young people are given a high quality provision during their transition to adulthood. The service helps individuals achieve their potential through their participation in educational initiatives that address issues that affect them.

We provide challenging and educational activities to young people regardless of creed, race or abilities

| Contact Address | Sully Youth Club, The Pavillion (off Burnham Avenue) Sully Vale of Glamorgan |
|----------------------------|------------------------------------------------------------------------------|
| Tel No | 02920 190003 |
| Mobile | |
| Fax No | |
| E-mail Address | amborsden@valeofglamorgan.gov.uk |
| Website Address | www.valeyouthserv.ik.org |
| Areas of the Vale served | Sully |
| How to contact the service | Open access |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 18:30 - 21:00 |
| Thursday | | 18:30 - 21:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also provide services in Education. |
|----------------------------------------|
|----------------------------------------|

Treasure Trove

Treasure Trove is a week-long residential project held once a year for 40 or so young people. The young people may or may not have physical disabilities and are aged between 16 and 25 years.

£50.00 for full board, entry fees, travel etc.

Contact for more details on cost, times, dates and any further information.

| Contact Address | 26 Coed Bach Barry Vale of Glamorgan CF62 8AE |
|----------------------------|-----------------------------------------------|
| Tel No | 01446 421713 |
| Mobile | |
| Fax No | |
| E-mail Address | treasuretrove@ntlworld.com |
| Website Address | http://www.treasure-trove.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone/e-mail/website for further information |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £50.00 |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 16 - 25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Vale Division Rangers

We are a Girl Guides organisation based in Cowbridge offering Adventure Youth Activities for older girls with activities including games, team building, self development, special Interests and learning skills.

Contact for meeting times, venue and cost.

| Contact Address | Contact for venue details Cowbridge |
|----------------------------|-------------------------------------|
| Tel No | 01656 890235 |
| Mobile | |
| Fax No | |
| E-mail Address | jenden@twmbarlwm.freeserve.co.uk |
| Website Address | www.catvog.org |
| Areas of the Vale served | Cowbridge |
| How to contact the service | Phone for further details |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 14 - 26 Years |
| Is a service provided in Welsh? | Yes |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also pr | rovide services in Education. | |
|------------|-------------------------------|--|

Vale Explorer Unit

We provide for older scouts, both girls and boys, with onus on lifelong learning, self development and outdoor experiences. We meet at different times in Cowbridge, Llantwit Major, St Athan and St Brides. Costs are approximately £60 per year - please contact for further information.

| Contact Address | Various Venues | |
|---------------------------------|--------------------------------|--------------------|
| | | |
| Tel No | 01446 794764 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | ian.jones71@btopenworld.c | om |
| Website Address | www.catvog.org | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Phone or e-mail for further of | details |
| Opening Times | AM | PM |
| Monday | , | · ··· |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | information above) |
| Free | | |
| Age ranges covered | 14 - 18 Years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |

| We also provide services in Education. | |
|---------------------------------------------|--|
| I VVE AISO DIOVIDE SELVICES III FOUCATION. | |
| 110 alee provide eer 11000 iii = aacaiioiii | |

people with special needs?

Vibe Experience

We provide facilties and activities for young people including: Film (we make community and issue based films on substance mis-use alcohol and drugs) music, events, dance, issue based workshops, taster sessions and direct services to the public. We also provide event / conference support including Health & Safety plans.

| Contact Address | Vibe 41 Holton Road Barry Vale of Glamorgan CF63 4HB |
|----------------------------|---------------------------------------------------------------------------|
| Tel No | 01446 745670 |
| Mobile | |
| Fax No | 01446 733622 |
| E-mail Address | info@vibeexperience.com |
| Website Address | www.vibeexperience.com |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in events, or telephone, website and e-mail for further information, |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 21:30 |
| Wednesday | 09:00 | 21:30 |
| Thursday | 09:00 | 21:30 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Letter and access | |
|---------------------------------|---------------------------------------------|
| Is there a charge? | |
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 8 - 25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes - only the ground floor in Area 41 |
| Does the service cater for | Yes - partnership with Vale Disability Team |
| people with special needs? | |

Vine Youth Project

The Vine Youth Project seeks to support young people in their personal, social and spiritual development. We use general and specialist activities to enhance self identity and personhood through a variety of medium and service provision.

The project takes place in the following areas:

- Detached Youth Work Dinas Powys area
- Youth Bus Dinas Powys area
- Friday Chill Youth Club Murch Community Hall, Dinas Powys.
- School Based Youth Work St Cyres (Dinas Powys / Penarth)

| Contact Address | See brief description - various venues |
|----------------------------|----------------------------------------|
| Tel No | 07733 364107 |
| Mobile | |
| Fax No | |
| E-mail Address | thevineyouthproject@btinternet.com |
| Website Address | |
| Areas of the Vale served | Dinas Powys |
| How to contact the service | Drop in or phone for details |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | | |
| Tuesday | | 19:30 - 21:30 |
| Wednesday | | |
| Thursday | 09:00 | 15:00 |
| Friday | | 19:30 - 21:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes - Pending staff training |

Wenvoe Youth Club

The Youth Service works with many organisations to make sure that young people are given a high quality provision during their transition to adulthood. The service helps individuals achieve their potential through their participation in educational initiatives that address issues that affect them.

We provide challenging and educational activities to young people regardless of creed, race or abilities

| Contact Address | Wenvoe Community Centre Old Port Road Wenvoe Cardiff Vale of Glamorgan CF5 6AL |
|----------------------------|--------------------------------------------------------------------------------|
| Tel No | 02920 190003 |
| Mobile | |
| Fax No | |
| E-mail Address | amborsden@valeofglamorgan.gov.uk |
| Website Address | www.valeyouthserv.ik.org |
| Areas of the Vale served | All Vale |
| How to contact the service | Open access |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 18:30 - 21:00 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 11 - 25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

| We also provide services in Education. | |
|----------------------------------------|--|

Wesley Court Youth Centre

The Youth Service works with many organisations to make sure that young people are given a high quality provision during their transition to adulthood. The service helps individuals achieve their potential through their participation in educational initiatives that address issues that affect them.

We provide challenging and educational activities to young people regardless of creed, race or abilities

| Contact Address | Youth House, Station Road Dinas Powys Vale of Glamorgan CF64 4DF |
|----------------------------|------------------------------------------------------------------|
| Tel No | 02920 513035 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | Dinas Powys |
| How to contact the service | Open access |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 18:30 - 21:00 |
| Wednesday | | 18:30 - 21:00 |
| Thursday | | 18:30 - 21:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £0.20 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 11 - 25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Education.

Wick Youth Club

Youth club for young people in the Western Vale area. Activities vary depending on the time of year and include social activities, sports, indoor games, use of internet and computers, access to information, trips and residential activities, competitions, issue based work including 'safeas' scheme, discos, music, canteen and tuck shop

| Contact Address | Sport Pavilion, Cwrt-y-felin Wick Cowbridge Vale of Glamorgan CF71 7QT |
|----------------------------|------------------------------------------------------------------------------------|
| Tel No | 01656 890367 |
| Mobile | |
| Fax No | |
| E-mail Address | clubbies@aol.com |
| Website Address | |
| Areas of the Vale served | Western Vale |
| How to contact the service | Open access or contact for information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 19:00 - 21:30 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------|
| · · · | |
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £0.50 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 11 - 25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Education.

<u>Leisure</u>

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/ Helpline |
|-------------------------------------|------------------------------------------------|---------------------------------------------------------------------------------|----------------------|
| www.adventure.visitwales.com/index. | Adventure | Activities & outdoor | - |
| asp | Wales | pursuits in Wales | |
| www.bbc.co.uk | BBC | Leisure opportunities in Wales | |
| www.glamorganwalks.com/index.html | Glamorgan Walks | Walking routes in the Vale, maps, local information etc | |
| www.goodbeachguide.co.uk/ | Good Beach Guide – Marine Conservation Society | Descriptions, photos and maps of over 1200 beaches in the UK | |
| www.knowhere.co.uk | The Knowhere Guide | Local guides to leisure activities and more, with comments from local residents | |
| www.llantwit-major.net | Llantwit Major.Net | Information on clubs and activities in Llantwit Major and surrounding area | |
| www.taskforcepaintball.co.uk | Task Force | Activity centre – includes information, bookings, prices etc | 02920 566573 |
| www.waverleyexcursions.co.uk | Waverly & Balmoral Steam ships | Plan your trip, book online, news etc | 0845 1304647 |
| www.yha.org.uk | Youth Hostel Association | Local accommodation, membership, offers etc | 0870 770 8868 |

Business Eye

Welcome to Business Eye - a free service for businesses in Wales. Whatever your business, we are here to help you find the information and support that you are seeking. Our business is to help your business. We are totally impartial in finding the right service providers (public, private or voluntary) to meet your needs. Whether you are an established company, a start-up, a sole trader or an employer of hundreds, Business Eye is here to help.

| Contact Address | Business Service Centre Innovation Quarter, Hood Road Barry Waterfront Barry Vale of Glamorgan CF62 5QN |
|----------------------------|---------------------------------------------------------------------------------------------------------|
| Tel No | 01446 732172/ 01446 720104 |
| Mobile | |
| Fax No | |
| E-mail Address | Gill.Millard@btconnect.com |
| Website Address | www.businesseye.org.uk / www.llygadbusnes.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in to the premises, or phone/e-mail for information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 18 years+ |
| Is a service provided in Welsh? | Yes - regularly use Welsh & English |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Direct Payments (Children)

Direct Payments is an alternative way of receiving a service from the Vale of Glamorgan Council. The following groups of people are eligible to receive Direct Payments: Older people, people with a physical disability or sensory impairment, people with a learning disability, disabled young persons (16/17 Years Old), carers (including 16/17 yr old carers), any person who has parental responsibility for a disabled child, disabled people with parental responsibility for a child. Direct Payments enable people to buy their own community care or support services e.g. assistance with personal care, assistance to access leisure activities in the community, respite for carers. This is often achieved by the service user employing a personal assistant. Direct Payments gives the service user more choice, control and flexibility over their care package, as they are able to decide when, where and by whom their care needs are met.

The amount received by the service user is based on their assessment of need and paid on an hourly rate for weekdays and weekends. We contract with a support organisation, the Rowan Organisation, who are available to offer support on matters such as employment law, budgeting, assistance with recruiting PAs and other general employment issues

| Contact Address | Vale Of Glamorgan Council Docks Office, Subway Road Barry Vale ofGlamorgan CF63 4RT |
|----------------------------|------------------------------------------------------------------------------------------------|
| Tel No | 01446 704685 |
| Mobile | |
| Fax No | |
| E-mail Address | EHale@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | |
| How to contact the service | Referrals from young person (aged 16/17), person with parental responsibility or social worker |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - A service can be provided if necessary |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

We also provide services in Family & Relationships.

Princes Trust Cymru - Community Action Programme

The Trust can offer support to groups of young people who have an idea for a project that will benefit their community. As part of the programme we can give you hands on support to plan and manage your project safely. We can also help to get funding, develop your ideas, learn new skills, gain nationally recognised qualifications, to make a difference to your community, and meet new people and have an amazing time.

| Contact Address | The Prince's Trust-Cymru 120-122 Broadway Splott Cardiff CF24 1NJ |
|----------------------------|-------------------------------------------------------------------|
| Tel No | 0800 842 842 |
| Mobile | 07967 376921 |
| Fax No | 02920 486968 |
| E-mail Address | info@princes-trust.org.uk |
| Website Address | www.princes-trust.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone, e-mail or view website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|--------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 - 25 Years |
| Is a service provided in Welsh? | Yes - Occasionally |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Prince's Trust Cymru - Development Rewards

Development Rewards are available for young people aged 14-25 who are unemployed, are in or leaving care, have been in trouble with the police, or have no qualifications. They could receive money and support to help them get into education, training or work. They could get a cash award of between £50 and £500 or support and advice to help set goals, make decisions and find other programmes or support. Training fees, equipment and transport costs are just a few examples of costs we could provide Development Rewards for, to help young people get their lives working.

| Contact Address | The Prince's Trust-Cymru 120-122 Broadway Cardiff CF24 1NJ |
|----------------------------|-------------------------------------------------------------------|
| Tel No | 0800 842 842 |
| Mobile | |
| Fax No | |
| E-mail Address | info@princes-trust.org.uk |
| Website Address | www.princes-trust.org.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in or telephone/e-mail/visit website for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|---------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 14 - 25 Years |
| Is a service provided in Welsh? | Yes - Occassionally |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Student Finance Wales (Student Support - Grants, Loans and Fees)

Student Finance Wales deliver Welsh Assembly Government financial support to students and other learners who normally live in Wales, in partnership with key stakeholders in local government, schools, further and higher education and the Student Loans Company. Students in Wales can now use the Student Finance Wales Contact Centre (SFWCC) to access a range of information relating to student finance. You can contact The Student Finance Wales Contact Centre Phone 0845 602 8845

| Contact Address | Vale Of Glamorgan Council Civic Offices, Holton Road Barry Vale of Glamorgan CF63 4RU |
|----------------------------|---------------------------------------------------------------------------------------------------|
| Tel No | 01446 709244 |
| Mobile | |
| Fax No | 01446 421547 |
| E-mail Address | studentsupport@valeofglamorgan.gov.uk |
| Website Address | www.studentfinancewales.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | We arrange visits to schools and colleges. Telephone, drop-in or e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 18 - 25 Years |
| Is a service provided in Welsh? | Yes - Via the Contact centre based in North Wales telephone no. 08456+028845. This contact centre is open most days 8am til 8pm |
| Is there wheelchair access? | No |
| Does the service cater for people with special needs? | Yes - students with disabilities can apply for additional support |

We also provide services in Education.

Money

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/Help Line |
|------------------------------------------------|-----------------------------------|-----------------------------------------------------------------------------------------------|----------------------|
| www.dfes.gov.uk/studentsupp ort/ | Department for Education & Skills | Student loans, grants, bursaries etc | |
| www.insolvencyhelpline.co.uk/ | Insolvency helpline | National debt advisory service | 0800 074 6918 |
| www.moneynet.co.uk/ | Money.co.uk | Information on all money related matters, from credit cards to insurance, banks and mortgages | |
| www.nationaldebtline.co.uk | National Debt line | Free & confidential advice on dealing with debt problems | 0808 808 4000 |
| www.support4learning.org.uk/h ome/index.cfm | Support4learning.org .uk | Signpost to relevant organisations and resources in a number of key areas | 08712 300040 |
| www.walesindex.co.uk/ | Wales Index | Information including local banks etc | |

Barry & Vale Harriers Athletic Club

We offer athletics in association with Welsh Athletics throughout the Vale of Glamorgan, and use facilities at Jenner Park, Barry.

Contact for information on prices and reductions for members.

| Contact Address | Jenner Park, Barry Road Barry Vale of Glamorgan CF62 9BG |
|----------------------------|-------------------------------------------------------------------|
| Tel No | 01446 794939 |
| Mobile | 07889 363041 |
| Fax No | |
| E-mail Address | fred.malkin@dfdstransport.co.uk |
| Website Address | http://www.welshathletics.org/clubs/barry.htm |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone or e-mail for details |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 18:00 - 19:30 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 8 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Barry Amateur Swimming Club

We aim to promote the development of young swimmers so that they may achieve their full potential through competitive, recreational, and inter-club swimming.

Currently the costs for membership are £160 per year, payable by two installments. Contact for further information as these may change.

| Contact Address | Barry Leisure Centre, Greenwood Street Barry Vale of Glamorgan CF63 4JJ |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 01446 733784 |
| Mobile | |
| Fax No | |
| E-mail Address | heulwen@ntlworld.com |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact by phone or e-mail |

| Opening Times | AM | PM |
|---------------|---------------|---------------|
| Monday | | 19:00 - 20:00 |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | 19:00 - 20:00 |
| Saturday | | |
| Sunday | 09:00 - 10:00 | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 7 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

Barry Athletic Tennis Club

A local tennis club based on Barry Island, we have coaching courses for 5-16 year olds on Sunday mornings. We have good facilities to play tennis at other times and we are generally open daylight hours.

Single adult membership £116
Joint membership £210
Family membership £255
Student membership £55
Junior membership (14 - 18) £33
Minor membership (under 14s) £22

We are generally open daylight hours. Contact us for further details.

| Contact Address | Barry Athletic Club Ltd, Paget Road Barry Vale of Glamorgan CF62 5TQ |
|----------------------------|-------------------------------------------------------------------------------|
| Tel No | 01446 412976 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.tennisbarry.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop by, phone, or see website for details |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 5 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

Barry Basketball Club

We provide the opportunity to play basketball to whoever wishes to play. Members can play at a competitive level if they wish, though this requires an extra fee to play in the competitive league.

Takes place at Holm View and Barry Leisure centres Costs are £4.00 for Tuesdays; £3.00 for Sundays

| Contact Address | Barry Leisure Centre, Greenwood Street Barry Vale of Glamorgan CF63 4JJ |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 02920 531531 |
| Mobile | |
| Fax No | |
| E-mail Address | alun.rees3@btopenworld.com |
| Website Address | http://www.barrybasketball.org/ |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone for details or turn up on the night |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | | |
| Tuesday | | 20:00 - 22:00 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | 11:00 | 13:00 |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 11 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

Barry Beavers Disabled Swimming Club

We teach young and old to learn to swim with the maximum safety, and we also teach them to have water awareness.

Users should have a disability in order to access the service - though not necessarily a severe disability. There are also helpers for non-swimmers. We hold regular raffles to help with the costs of pool hire.

Prices are £12.00 per year for children and £14.00 per year for adults.

| Contact Address | Barry Leisure Centre, Greenwood Street Barry Vale of Glamorgan CF63 4JJ |
|----------------------------|-------------------------------------------------------------------------|
| Tel No | 01446 739469 |
| Mobile | |
| Fax No | |
| E-mail Address | severnave@aol.com |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone us for details |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | 17:45 - 18:45 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 5 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Barry Sub Aqua Club

Our underwater world is one of amazing new experiences and memorable encounters where you will see and get close to some of nature's most beautiful creations.

Diving will take you to new places and introduce you to new friends who will share your fascination for exploring and discovering the vibrant and exciting realm beneath the sea. It is an experience like no other on our planet and the BSAC can take you there. Phone us for details on meeting times and cost/equipment arrangements.

| Contact Address | Bryn Hafren Comprehensive School Merthyr Dyfan Road Barry Vale of Glamorgan CF62 9YQ |
|----------------------------|--------------------------------------------------------------------------------------------------|
| Tel No | 01446 406401 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | www.barrysubaqua.org.uk or http://www.bsac.com/ |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone us or see website for details |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 18:30 - 21:00 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 8 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for people with special needs? | Yes |

Boccia Blasters Club

Boccia is a low impact, strategic game that is similar to the game of boules, and designed to be played by people with disabilities. We are a regional club with members coming from all over South Wales. We provide opportunities from beginner to performance level. Players take part in tournaments within Wales and England.

There are no limitations on how to propel your boccia ball. A player can roll, push, kick or throw their ball. You can use a ramp with an assistant, or even a head aid if that is more suitable. This makes the game open to people of all ages and abilities regardless of impairment.

| Contact Address | The School House Pencoed Comprehensive School ,Coychurch Road Pencoed Bridgend Mid Glamorgan CF35 5LY |
|----------------------------|-------------------------------------------------------------------------------------------------------|
| Tel No | 02920 628359 |
| Mobile | |
| Fax No | |
| E-mail Address | deborah@martin.fsnet.co.uk |
| Website Address | http://www.disability-sport-wales.org/index.html |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone or e-mail for further details |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | 11:00 | 12:30 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £2.00 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Boccia Rollers

Boccia is a low impact, strategic game that is similar to the game of boules, and designed to be played by people with disabilities.

Our club is Led by a qualified Boccia coach and supported by qualified volunteers. We offer participants the opportunity to play boccia from recreational to competitive level. We also have curling once a month.

| Contact Address | Barry Leisure Centre, Greenwood Street Barry Vale of Glamorgan CF63 4JJ |
|----------------------------|-------------------------------------------------------------------------|
| Tel No | 01446 411572 |
| Mobile | 07774 720216 |
| Fax No | |
| E-mail Address | val@dahenol.fsnet.co.uk |
| Website Address | http://www.disability-sport-wales.org/index.html |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone or e-mail us for details, or view website |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | 14:00 - 15:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £2.00 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Colcot Sports Amateur Boxing Club

We are an Amateur boxing club based in the Colcot area of Barry. For further information about how to register, contact us on the details given, or contact the Welsh Amateur Boxing Association

The cost at present are: Seniors: £2 per week Juniors: £1 per week

| Contact Address | Barry Sports Club, Colcot Road Barry Vale of Glamorgan CF62 8UJ |
|----------------------------|--------------------------------------------------------------------------|
| Tel No | 01446 418733 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | |
| Areas of the Vale served | Barry |
| How to contact the service | Drop-in; phone for further details |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 18:00 - 20:00 |
| Tuesday | | 18:00 - 20:00 |
| Wednesday | | 18:00 - 20:00 |
| Thursday | | 18:00 - 20:00 |
| Friday | | 18:00 - 20:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | £2.00 |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 9 - 35 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for people with special needs? | No |

Combat School Uk

Kenpo Karate on Mondays and Ninjutsu on Wednesdays. The Instructor is recognised for his own technique. We put the student above the techniques and cater for all abilities. Contact for further details.

| Contact Address | |
|----------------------------|---------------------------------------|
| Tel No | 07981870736 |
| Mobile | |
| Fax No | |
| E-mail Address | thorviking@talk21.com |
| Website Address | www.webspawner.com/users/combatschool |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone/e-mail for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 19:00 - 21:00 |
| Tuesday | | |
| Wednesday | | 19:00 - 21:00 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £3.00 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 11 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Depends on the type and severity |
| people with special needs? | |

Cowbridge Lawn Tennis Club

We are a tennis club based in Cowbridge. Members can use courts at any time and we have coaching for junior members. There is an annual fee - contact us for information on prices and concessions.

| Contact Address | The Broadshoard Cowbridge Vale of Glamorgan CF71 7DA |
|----------------------------|------------------------------------------------------|
| Tel No | 01446 775626 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | http://cowbridge.totaltennis.net/home/home.asp |
| Areas of the Vale served | Cowbridge |
| How to contact the service | Drop by or phone for further details. |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 4 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | N/A |
| people with special needs? | |

Cowbridge Tae Kwon Do Club

Our Martial arts club is based at the Village Hall in Ystryd Owen, and the club caters for all abilities and also competes at various levels. The cost is £10.00 per month. If you require further information on costs, equipment and meeting times etc, then contact us on the details given.

| Contact Address | Ystryd Owen Village Hall |
|----------------------------|---------------------------------------------|
| | Ystryd Owen |
| | Cowbridge |
| | Vale of glamorgan |
| Tel No | 01446 772317 |
| Mobile | |
| Fax No | 01446 772317 |
| E-mail Address | simon@smithsmechanical.co.uk |
| Website Address | |
| Areas of the Vale served | Cowbridge |
| How to contact the service | Telephone or e-mail for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 17:30 - 19:00 |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 6 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for people with special needs? | No |

Cricket in the Vale Of Glamorgan

Contact the Cricket Development Officer for further details on costs, times, and contact details for all clubs in the Vale of Glamorgan.

The following clubs exist in the Vale:

Barry Athletic

Barry Wanderers

Cowbridge

Llantwit Centurians

Penarth

Sully

Vale (Ewenny, Corntown, Southerndown)

Wenvoe

Contact Pete Hatdwicke the Cricket Development Officer for further details

| Contact Address | Contact for venue details |
|----------------------------|---------------------------------------------|
| Tel No | 01446 704820 |
| Mobile | 07980 805665 |
| Fax No | |
| E-mail Address | hardwicke71@hotmail |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact Pete Hardwicke by phone for details |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Check with individual clubs |
| Is there wheelchair access? | Check with individual clubs |
| Does the service cater for | Check with individual clubs |
| people with special needs? | |

Dinas Powys Branch of the Pony Club

We are a club set up to teach young people to be responsible horse owners. We meet weekly

or fortnightly to teach all aspects of competition & Horsemanship.

Contact for details on times, cost and venue.

Annual Subscription: £50

Family subscription (more than 2 members, any number of children): £125.00

Badge: £1.50

Tie (17 & under) £4.50 Tie (18 & over): £5.50 Joining fee £1.00

| Contact Address | Dinas Powys Vale of Glamorgan |
|----------------------------|--------------------------------------|
| Tel No | 02920 530247 |
| Mobile | 07968 264202 |
| Fax No | |
| E-mail Address | |
| Website Address | http://www.pcuk.org/find_branch.html |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact by phone for further details |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | | |
|---------------------------------|------------------------------------------------|--|
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see information above) | |
| Free | | |
| Age ranges covered | 0 - 25 years | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes | |
| Does the service cater for | Yes | |
| people with special needs? | | |

Dinas Powys Golf Club

An 18-hole course set on parkland offering golf lessons, trolley hire, catering, club hire, practice area, putting green and pro-shop.

Players are welcome on weekdays and weekends by arrangement. There is a separate function room with bar for large societies and charity events.

Contact for fees, venue opening times and further information.

| Contact Address | Dinas Powys Golf Club, Highwalls Road Dinas Powys Vale of Glamorgan CF64 4AJ |
|----------------------------|---------------------------------------------------------------------------------------|
| Tel No | 02920 512727 |
| Mobile | |
| Fax No | |
| E-mail Address | dinaspowysgolfclub@yahoo.co.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact by phone or e-mail for details |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | 09:00 | 16:30 |
| Tuesday | 09:00 | 16:30 |
| Wednesday | 06:00 | 13:00 |
| Thursday | 09:00 | 16:30 |
| Friday | 09:00 | 16:30 |
| Saturday | | 13:00 - 16:30 |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes - but only for the club house |
| Does the service cater for | Yes - depending on the special need |
| people with special needs? | |

Dinas Powys Lawn Tennis Club

For coaching opportunities call club coach Rob Walbyoff on 07931 665431. For further details on costs, membership fees and court opening times, ring on the number given.

- Saturday morning sessions take place during the summer from March August.
- Sunday afternoon sessions take place during the winter from Sept March.
- Friday evenings for 10 years and over take place all year.
- Tournament week 2nd week of school summer holiday.
- Family events occur once a month on a Sunday

| Contact Address | St Andrews Road | |
|----------------------------|------------------------------------------|--|
| | Dina Powys | |
| | Vale of Glamorgan | |
| Tel No | 02920 512163 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | jan@dinaspowis.wanadoo.co.uk | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Contact by phone for further information | |

| Opening Times | AM | PM |
|---------------|-------|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | 17:00 - 19:00 |
| Saturday | 10:00 | 12:30 |
| Sunday | | 14:00 - 16:00 |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 3 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Disability Sports Development Officer

Our aim is to aid the development, and implementation, of disability sport within the Vale of Glamorgan, contributing toward the national aims of the Disability Sport Wales scheme. i.e. facilitate a broad range of sporting and physical activity opportunities which reflect and meet the needs of the range of impairments and abilities within the County, promoting an inclusive sporting philosophy within the local authority area. We aim to create and develop existing and new clubs in order to provide opportunities for disabled people to participate at all levels within sport and physical activity. We also run the 'Vale Allsports Club', during which participants have the opportunity to experience a variety of sports including football, basketball, lacrosse, cricket, hockey and curling. Contact for further details.

| Contact Address | Vale of Glamorgan Council Docks Office, Subway Road Barry Vale of Glamorgan CF63 4RT | |
|----------------------------|--------------------------------------------------------------------------------------|--|
| Tel No | 01446 704728 | |
| Mobile | | |
| Fax No | 01446 704892 | |
| E-mail Address | LRuston@valeofglamorgan.gov.uk | |
| Website Address | www.disability-sport- | |
| | wales.org/www.valeofglamorgan.gov.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone, personal contact through taster days, clubs, | |
| | e-mail, web etc | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | Yes - bi-lingual information |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Fontygary Surf Life Saving Club

Our club teaches children from the age of 7 upwards about beach awareness, first aid and eventually working to attain Sea Bronze award in order to becoming a fully qualified lifeguard. Costs are £50.00 for seniors (16+), £45.00 for juniors and £38.00 for nippers, with concessions for families.

Contact for details on winter and summer training times.

people with special needs?

| | Rhoose Vale of Glamorgan | |
|--------------------------------|-----------------------------|----------------------|
| Tel No | 01446 711997 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | http://www.slsawales.org/ | |
| Areas of the Vale served | Rhoose | |
| How to contact the service | Drop in to the hut or conta | ct by telephone |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | e information above) |
| Free | | |
| Age ranges covered | 7 years+ | |
| Is a service provided in Welsh | No No | |
| Is there wheelchair access? | No | |
| Does the service cater for | Yes | |

Football Development Officer

We aim to facilitate the development of new and existing sports activities to enable more people to take part in quality sports opportunities. This is achieved by working in partnership with local organisations and sports clubs to assist them with e.g. coach education, funding, club development, marketing.

We have a database of contact details for local sports clubs that can be distributed to interested indivduals.

There are football clubs throughout the Vale, in towns including Llantwit Major, Cowbridge, Barry, Penarth, Dinas Powys, Sully & Wenvoe. Contact the football development officer for contact details of your local club.

| Contact Address | Vale of Glamorgan Council Dock Office, Subway Road Barry Vale of Glamorgan CF63 4RT | |
|----------------------------|-------------------------------------------------------------------------------------------------|--|
| Tel No | 01446 704729 | |
| Mobile | | |
| Fax No | 01446 704892 | |
| E-mail Address | RMorgans@valeofglamorgan.gov.uk | |
| Website Address | www.valeofglamorgan.gov.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Phone/e-mail or website for further details. Some outreach projects | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|-------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 6 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Individual clubs may vary - contact for details |
| Does the service cater for people with special needs? | Individual clubs may vary - contact for details |

Football Clubs

The following Football clubs exist in the Vale of Glamorgan. We have listed their contact details where possible. If no number appears, or you would like more detailed information about football opportunities in the Vale, please contact the Football Development Officer using the details given in this directory.

| Club Name | Contact Name | Contact | Other Details |
|----------------------------|--------------------|---------------|---------------------|
| | | Number | |
| Barry Athletic Afc | Mrs V Davies | 07811 104543 | www.barrytownfc.co. |
| | | | uk |
| Barry Allstars | Ms Carol Deacon | 01446 409763 | |
| Barry Bluebirds | Mr L Williams | 01446 407007 | |
| Barry Eagles | Mr L Williams | 01446 408801 | |
| Barry Hibernian | Mrs J Bridgeman | 01446 721487 | |
| Barry Town | Mr Stuart Lovering | 07751 441561 | |
| Barry Villa | | | |
| Barry West End | Mr C Hopkins | 01446 405926 | |
| Cogan Coronation | Mr Mark Stevens | 02920 635294/ | |
| | | 07894 871503 | |
| Cowbridge Town FC | Mr Paul Langford | 01446 771860 | |
| Dinas Powys FC | Mr Giles Simpson | 02920 512717 | |
| Holton Road | Mrs S Thompson | 01446 408254 | |
| Island Marine | Mr N Owens | 01446 721916 | |
| Llantwit Major | Mr G John | 01446 793669 | |
| Llantwit Major AFC | | 01446 792714 | |
| Penarth Celtic | Mr N Tsitsinakis | 01633 894393 | |
| Penarth Saints | Mr J Stuart-Torrie | 07788 493557 | |
| Porthkerry Panthers | Mr A Fitchett | 01446 738041 | |
| Rhoose Rangers | Mr B Skinner | 01446 719710 | |
| Romily Rangers | Mr Martyn Young | 01446 735068 | |
| St Athan FC | Mr A Ross | 07815 138076 | |
| Sully Sports (incorporates | Mrs E Bennett | 07773 175187 | |
| Sully Colts) | | | |
| Vale Wanderers | Mrs Eryl Underdown | 01446 709371 | |
| Wenvoe Colts | Mrs Karen Wilson | 02920 593495 | |

Glamorganshire Golf Club

Membership costs vary - contact for details.

The Glamorganshire Golf Club, situated in the seaside town of Penarth on the outskirts of Cardiff is the second oldest golf club in South Wales. Although being near the sea, the Glamorganshire is not a links, but an 18-hole parkland course on undulating ground on the edge of what are now Cosmeston Lakes.

See website or contact directly for details on green fees and other information.

| Contact Address | Glamorganshire Golf Club, Lavernock Road Penarth Vale of Glamorgan CF64 5UP |
|----------------------------|--------------------------------------------------------------------------------------|
| Tel No | 02920 701185 |
| Mobile | |
| Fax No | 02920 701185 |
| E-mail Address | glamgolf@btconnect.com |
| Website Address | www.glamorganshiregolfclub.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact for details on how to become a member |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 16:30 |
| Tuesday | 08:30 | 16:30 |
| Wednesday | 08:30 | 16:30 |
| Thursday | 08:30 | 16:30 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 10 years+ |
| Is a service provided in Welsh? | Yes |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Goshin Karate Club

We are a non-competitive Karate club, teaching self defence. The syllabus allows people with varying abilities and disabilities to take part. Please contact us for prices, as costs may vary.

| Contact Address | Buttrills Community Centre, North Walk Barry Vale of Glamorgan CF62 8BX |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 07792 428605 |
| Mobile | |
| Fax No | |
| E-mail Address | goshin@ntlworld.com |
| Website Address | www.goshin.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone/e-mail/website |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 17:30 - 20:00 |
| Thursday | | 17:30 - 20:00 |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|----------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 5 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes - (syllabus takes people from all backgrounds) |
| Does the service cater for people with special needs? | Yes |

Gymnastics In The Vale

The Vale of Glamorgan Sports Development Team are able to provide contact information for local gymnastic clubs in the area and we are able to offer advice on the most appropriate club given the age range etc. Please contact Karen Davies - Sports Development Officer in the Vale - for details on where and when they take place.

| Contact Address | Vale of Glamorgan Council Docks Office, Subway Road Barry Vale of Glamorgan CF63 4RT |
|----------------------------|--------------------------------------------------------------------------------------|
| Tel No | 01446 704614 |
| Mobile | |
| Fax No | |
| E-mail Address | kjdavies@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone or e-mail for further details. |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 11 - 18 years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Dependent on club |
| Does the service cater for | Dependent on club |
| people with special needs? | |

Lifestyle Health & Fitness

We offer a range of memberships to suit all your training and leisure needs with no joining fee. The LifeStyle Health and Fitness Studios have all recently been refurbished so you can experience state of the art Technogym equipment.

By signing up for LifeStyle membership you can access all of the centres to suit your needs. With busy life styles this helps whether you reside in one town and are perhaps visiting, working or studying at another

| Contact Address | Various venues around the Vale | |
|----------------------------|-----------------------------------------|--|
| Tel No | 01446 709589 | |
| Mobile | | |
| Fax No | 01446 701361 | |
| E-mail Address | jrogers@valeofglamorgan.gov.uk | |
| Website Address | www.valeofglamorgan.gov.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Phone or e-mail for further information | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 07:00 | 22:00 |
| Tuesday | 07:00 | 22:00 |
| Wednesday | 07:00 | 22:00 |
| Thursday | 07:00 | 22:00 |
| Friday | 07:00 | 22:00 |
| Saturday | 08:00 | 19:00 |
| Sunday | 08:00 | 20:00 |

| Is there a charge? | |
|---------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £3.50 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 16 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | N/A |
| people with special needs? | |

Llantwit Major & District Riding Club

We promote and encourage care, riding, and enjoyment of the horse, plus friendship and fun. Please contact for details on membership fees, meeting times and an outline of activities. We also meet during the summer holidays.

| Contact Address | Tremains Farm, Llanmaes Road Llantwit Major Vale of Glamorgan CF61 2XF | |
|---------------------------------|---------------------------------------------------------------------------------|--------------------|
| Tel No | 01446 750574 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | ann.barnaby@solidealuk.co | om |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Contact via telephone | |
| Opening Times | AM | PM |
| Monday | Alvi | I IVI |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Is there a charge? Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | information above) |
| Free | 100 (11 12) 1111111901119111, 000 | |
| Age ranges covered | All ages | |
| Is a service provided in Welsh? | No | |

No

No

Is there wheelchair access?

Does the service cater for

people with special needs?

Llantwit Major Cricket Coaching

We provide cricket coaching and participation in games at under 11,13,15 levels and the adult league. Play is seasonal from May to August. Costs: 9-14years £10; 15 years + £20 and special rates are available for family membership.

| Contact Address | 8 Brecon Street Boverton Llantwit Major Vale of Glamorgan CF61 2GJ |
|----------------------------|--------------------------------------------------------------------|
| Tel No | 01446 796173 |
| Mobile | |
| Fax No | |
| E-mail Address | nglwil@aol.com |
| Website Address | |
| Areas of the Vale served | Llantwit Major |
| How to contact the service | Telephone for further details |

| Opening Times | AM | PM |
|---------------|---------------|---------------|
| Monday | | |
| Tuesday | | 18:00 - 19:30 |
| Wednesday | | |
| Thursday | | 18:00 - 19:30 |
| Friday | | |
| Saturday | | |
| Sunday | 10:00 - 11:30 | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 7 - 25 years |
| Is a service provided in Welsh? | Yes - Occasionally |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Llantwit Major Surf Lifesaving Club

Llantwit Major SLSC has a high standing in the local community providing sport and education from nippers to masters. New members are always welcome to join the family atmosphere at Llanwit Major Surf Life Saving Club.

We are a large surf lifesaving club that provides lifeguard duties for Llantwit Major beach. Members can train towards their NARS lifeguard award.

£40 membership per annum.

| Contact Address | Llantwit Major Lifesaving Club, Llantwit Major Beach Llantwit Major Vale of Glamorgan |
|----------------------------|---------------------------------------------------------------------------------------------|
| Tel No | 01446 793642/795313 |
| Mobile | |
| Fax No | |
| E-mail Address | sue@suemcdonagh.co.uk |
| Website Address | http://www.llantwitmajorslsc.org.uk/ |
| Areas of the Vale served | Llantwit Major |
| How to contact the service | Phone/e-mail/website for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | 18:00 - 20:00 |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £40.00 |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 7 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | N/A |
| Does the service cater for people with special needs? | N/A |

Llantwit Major Tae Kwon Do

We provide martial arts training which takes place at Llantwit Major Leisure Centre. Costs are as follows:

- training once per week = £12 per month for children / £18 per month for adults or
- twice per week = £18 per month for children / £22 per month for adults.

| Contact Address | Llantwit Major Leisure Centre, Ham Lane East Llantwit Major Vale of Glamorgan CF61 1TQ |
|----------------------------|-------------------------------------------------------------------------------------------------|
| Tel No | 01446 790082 |
| Mobile | |
| Fax No | |
| E-mail Address | pauljonestaekwonmudo@hotmail.com |
| Website Address | |
| Areas of the Vale served | Llantwit Major |
| How to contact the service | Telephone or e-mail for further information, or drop in to leisure centre |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 18:00 - 21:00 |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | 19:00 - 21:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 5 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | Depends on the extent of the need |
| people with special needs? | |

Penarth Hockey Club

Penarth Hockey Club operates three mens senior teams and three youth / junior teams (under 11, 13 & 15 years old). Please contact us for further information on how to join.

| Contact Address | Penarth Athletic Club, Lavernock Road Penarth Vale of Glamorgan |
|----------------------------|-----------------------------------------------------------------|
| Tel No | 02920 708402 |
| Mobile | |
| Fax No | |
| E-mail Address | kevin.james98@ntlworld.com |
| Website Address | http://penarthhc.freeservers.com/ |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 18:00 - 19:00 |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £2.00 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 8 Years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

Penarth Lawn Tennis Club

We are a friendly and sociable family orientated club situated in the heart of Penarth over looking the sea. The club has 3 floodlit hard courts plus 4 un-maintained grass courts. The club also boasts a historic club house with a bar facilty. Penarth LTC, provides a professional Coaching Programme that caters for 3yr olds, junior beginners to advanced and adult beginners to top club level. Coaching runs throughout the whole year on Saturday mornings and during the weekday evenings. Details on courses and booking individual lessons are available via the club website. Penarth LTC also has a very active social programme on and off the courts for juniors, teenagers & adults. Penarth LTC welcomes new members. Members can play whenever the courts are free, 7 days a week. There is also free coaching available to members. Non members should contact either the club secretary or club coach for details on joining and coaching opportunities.

| Contact Address | Penarth Lawn Tennis Club, Rectory Road Penarth Vale of Glamorgan | |
|----------------------------|------------------------------------------------------------------------------|--|
| | CF64 3AN | |
| Tel No | 02920 706897 | |
| Mobile | 07909 987359 | |
| Fax No | | |
| E-mail Address | coach: rob_cunningham@hotmail.com | |
| Website Address | www.pltc.org or www.robthecoach.co.uk | |
| Areas of the Vale served | Penarth | |
| How to contact the service | Drop in, contact either Club Coach or membership secretary via details above | |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 3 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |
| people with special fleeds? | |

Penarth Sea Angling Club

We promote sea angling through competitions. We have one full time coach and meet according to the tide times. Please contact for further information on times, cost etc

| Contact Address | Penarth Pier, The Esplanade Penarth Vale of Glamorgan CF64 3AU | |
|---------------------------------|-------------------------------------------------------------------------|--------------------|
| Tel No | 02920 706995 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone, join at Penarth I | Pier |
| On an in a Time a | A B 4 | DM |
| Opening Times | AM | PM |
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | | |
| Cost by Arrangement | Yes (If by arrangement, see | information above) |
| Free | | • |
| Age ranges covered | All ages | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | Yes - to the pier, but not rea | ally for the beach |

Yes

Does the service cater for

people with special needs?

Penarth Wales Water Ski Club

We meet at Penarth beach by arrangement, so there are no formal meeting times. We have a club boat that all members can use. We also teach waterskiing to people with disabilities. Please contact us for information on cost and meeting arrangements.

| Contact Address | The Seafront | |
|----------------------------|----------------------------------------------------------|--|
| | Penarth Esplanade | |
| | Penarth | |
| | Vale of Glamorgan | |
| Tel No | 02920 211193 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone for further information and membership details | |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes - will have to be accompanied by an adult |
| people with special needs? | |

Peterstone-Super-Ely Lawn Tennis Club

We are a small Tennis club in Peterston-Super-Ely. We offer coaching, which incurs an extra charge. Members can use the facilities at any time and there is a friday night club at 6.00pm for young people.

Annual membership fees vary - at the time of printing they are:

- £70 per family
- £40 per couple
- £30 for one senior
- £25 for one junior

If you would like further information on costs, or any other details, please contact us on the number given.

| Contact Address | 8 Main Avenue Peterston-Super-Ely Vale Of Glamorgan CF5 6LQ | |
|----------------------------|----------------------------------------------------------------------|--|
| Tel No | 01446 760757 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | moodyjones@btinternet.com | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Drop by or phone for further details | |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 7 Years + |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Rhyddid Riding Club

Our club caters for horse owners (however you don't have to have a horse to join) in the Cardiff, Newport, Bridgend, Vale and Valleys areas.

There is an annual fee and a joining fee of £2.00

people with special needs?

The riding club meets at various venues, please ring for further information.

| Contact Address | | |
|---------------------------------|-------------------------------|--------------------|
| Tel No | 02920 869302 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | rstones@ocdgr.jnj.com | |
| Website Address | http://www.rhyddid.org.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Ring secretary for further in | nformation |
| Opening Times | AM | PM |
| Monday | Aivi | FIVI |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |
| Is there a charge? | | |
| Hourly Cost | | |
| Daily Cost | | |
| Weekly Cost | | |
| Session Cost | | |
| Termly Cost | £16.00 | |
| Cost by Arrangement | Yes (If by arrangement, see | information above) |
| Free | | |
| Age ranges covered | All Ages | |
| Is a service provided in Welsh? | No | |
| Is there wheelchair access? | No | |
| Does the service cater for | No | |

Rugby Development Officer

We aim to facilitate the development of new and existing sports activities to help more people to take part in quality sports opportunities. We achieve this by working in partnership with local organisations and sports clubs to assist them with e.g. coach education, funding, club development and marketing.

We have a database of contact details for local sports clubs that can be distributed to interested indivduals.

There are rugby clubs in Barry, Cowbridge, Dinas Powys, Llantwit Major, Penarth and Sully. Contact us for further information

| Contact Address | Vale of Glamorgan Council Docks Office, Subway Road Barry Vale of Glamorgan CF63 4RT | |
|----------------------------|--------------------------------------------------------------------------------------|--|
| Tel No | 01446 704603 | |
| Mobile | | |
| Fax No | 01446 704892 | |
| E-mail Address | Msilva@valeofglamorgan.gov.uk | |
| Website Address | www.valeofglamorgan.gov.uk | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone or e-mail for further information. Also through outreach and fun days | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 6 Years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Rugby Clubs

The following Rugby clubs exist in the Vale of Glamorgan. We have listed their contact details where possible. If no number appears, or you would like more detailed information about rugby opportunities in the Vale, please contact the Rugby Development Officer using the details given in this directory.

| Club Name | Contact Name | Contact Number | Other Details |
|--------------------|-------------------|-------------------|---------------|
| Barry RFC | Mr Mike Mepham | 07795 334345 | |
| Cowbridge RFC | Mr Alun Griffiths | 01446 793552 | |
| Dinas Powys RFC | Mr Jeff Haines | 01446 720556 | |
| Llantwit Major RFC | Mr Jayne Thomas | 01446 795559 | |
| Penarth RFC | Mr David Hughes | 02920 882817 | |
| Sully Sports RFC | Mrs Sarah | 01446 407080/ | |
| | Rudeford | 07753 551474 | |

Seaview Lads Angling Club

Angling & Sports club - we arrange trips all over the world and pride ourselves on being a conservationist, accessible and innovative club. We have upwards of 80 members and would welcome more. As well as fishing competitively, we have recreational and social events as well. Membership fees: £10.00 seniors/£5.00 juniors

Please contact for further details on meeting times, cost, equipment etc

| Contact Address | Barry Services Social Club & 65 Merthyr Street Barry Vale of Glamorgan CF63 4LD | Institute | |
|----------------------------|---------------------------------------------------------------------------------|------------------------------------------|--|
| Tel No | 01446 732989 | | |
| Mobile | | | |
| Fax No | | | |
| E-mail Address | | | |
| Website Address | http://www.seaviewlads.org. | http://www.seaviewlads.org.uk/index.html | |
| Areas of the Vale served | All Vale | | |
| How to contact the service | Telephone or website for further information | | |
| Opening Times | AM | PM | |
| Monday | | | |
| Tuesday | | | |
| Wednesday | | | |
| Thursday | | | |
| Friday | | | |
| Saturday | | | |
| Sunday | | | |
| Is there a charge? | | | |
| Hourly Cost | | | |
| Daily Cost | | | |
| | | | |

| Is there a charge? | |
|---------------------------------|--------------------------------------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | £5.00 |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes - We have boat trips with disabled access, but there isn't access to club. |
| Does the service cater for | Yes |
| people with special needs? | |

Southerndown Surf Lifesaving Club

We are a surf lifesaving club. We train our members to become qualified beach lifeguards, which involves teaching them swimming skills, lifesaving skills, first aid etc. We provide voluntary patrols at Southerndown beach throughout the summer season. As well as training we compete in regional and national competitions, and we are affiliated to the Surf Lifesaving Association of Wales.

Membership is £6.00 per month - contact for details on meeting times etc

| Contact Address | Dunraven Bay |
|----------------------------|----------------------------------------------|
| | Southerndown |
| | Vale of Glamorgan |
| Tel No | 01656 890559 |
| Mobile | 07841 686268 |
| Fax No | |
| E-mail Address | southerndownslsc@hotmail.com |
| Website Address | www.southerndownslsc.ik.com |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone/e-mail/website for further information |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|----------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | £1.50 |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 7 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | Yes - If they can meet swimming standard required. |
| people with special needs? | |

Special Olympics Wales

We provide year long sports development and training for people with learning difficulties, and opportunities to pursue various sports to Special Olympics Standard. For further information on what opportunites exist and how to access them, contact us on the number or e-mail address given.

| Contact Address | 11 Court Road Barry Vale of Glamorgan CF63 4ER |
|----------------------------|---------------------------------------------------------|
| Tel No | 01446 749144 |
| Mobile | |
| Fax No | 01446 749144 |
| E-mail Address | jeff@dahenol.fsnet.co.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact by telephone or e-mail for details |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 10:00 | 16:00 |
| Tuesday | 10:00 | 16:00 |
| Wednesday | 10:00 | 16:00 |
| Thursday | 10:00 | 16:00 |
| Friday | 10:00 | 16:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | 6 Years + |
| Is a service provided in Welsh? | Yes |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Sports Development Unit

We aim to facilitate the development of new and existing sports activities to help more people to take part in quality sports opportunities. We achieve this by working in partnership with local organisations and sports clubs to assist them with e.g. coach education, funding, club development and marketing.

We have a database of contact details for local sports clubs that can be distributed to interested indivduals. During the school holidays we often deliver a programme of sports taster sessions in conjunction with local clubs.

In partnership with the District Sports Council we deliver an annual Coach Education programme.

| Contact Address | Vale of Glamorgan Council Docks Office, Subway Road Barry Vale Of Glamorgan CF63 4RT |
|----------------------------|--------------------------------------------------------------------------------------|
| Tel No | 01446 704614 / 01446 704754 / 01446 704730 |
| Mobile | |
| Fax No | 01446 704892 |
| E-mail Address | KJDavies@valeofglamorgan.gov.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone or e-mail for further information. We also have outreach days and events |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 08:30 | 17:00 |
| Tuesday | 08:30 | 17:00 |
| Wednesday | 08:30 | 17:00 |
| Thursday | 08:30 | 17:00 |
| Friday | 08:30 | 16:30 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £2.00 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 6 - 25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Squash Wales

Squash Wales is the governing body of squash within Wales - and a member of World Squash (www.worldsquash.org) and European Squash (www.europeansquash.com)

There are many squash clubs in and around the Vale, and various opportunities to join and compete. If you require further information, please contact us on the number given.

| Contact Address | The St Mellons Hotel St Mellons Cardiff Newport CF3 2XR |
|----------------------------|---------------------------------------------------------|
| Tel No | 01633 682119 |
| Mobile | 07971052567 |
| Fax No | |
| E-mail Address | mike@squashwales.co.uk |
| Website Address | www.squashwales.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone centrally, or contact individual clubs |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | It would depend on the individual clubs |
| Does the service cater for people with special needs? | It would depend on the individual clubs |

Squash Clubs

The following Squash clubs exist in the Vale of Glamorgan. We have listed their contact details where possible. For more detailed information about Squash opportunities in the Vale, please contact Squash Wales using the details given in this directory.

| Club Name | Contact Address | Aroo | Postcode |
|--------------------------|---------------------------------|----------------|----------|
| Club Name | Contact Address | Area | Postcode |
| Barry Leisure Centre | Greenwood Street | Barry | CF63 4RU |
| Cogan Leisure Centre | Andrews Road | Penarth | CF64 2NS |
| Cowbridge Squash Club | The Broadshoard | Cowbridge | CF71 7DB |
| Holm View Leisure Centre | Skomer Road | Barry | CF62 9DA |
| Llantwit Major Rugby | Boverton Road | Llantwit Major | CF61 6XZ |
| Squash Club | | | |
| Old Penarthians Squash | St Marks Road | Penarth | CF64 2PD |
| Club | | | |
| RAF St Athan | St Athan | Barry | CF62 4WA |
| Vale Squash Club | Vale Hotel Golf & Spa Resort | Hensol Park | CF72 8JY |

Sully Sailing Club

Sully Sailing Club is a small friendly club dedicated to dinghy sailers. We have just opened our new Clubhouse with disabled access, hot showers, and a committee room (but no, we do not have a bar).

We race every Sunday through the season, with handicap races for both the 'fast' and 'slow' fleets. In this way we are able to offer competitive racing to all regardless of the class of boat you sail.

We have informal training sessions for our less experienced members held on a Wednesday evening, and have recently been granted 'Dragon Sail' status by the Welsh Yachting Association. This will lead to a programme of more formal training for juniors.

If you don't own a boat but are keen to sail, we can help. There are crewing opportunities in two person boats across a range of performances.

Contact us or see our website for further details on costs and meeting times.

| Contact Address | Foreshore off Smithies Avenue Sully Vale of Glamorgan CF64 5SS |
|----------------------------|-----------------------------------------------------------------------|
| Tel No | 02920 531130 |
| Mobile | |
| Fax No | |
| E-mail Address | rpmather@btinternet.com |
| Website Address | http://www.sully-sailing.org.uk/ |
| Areas of the Vale served | Sully |
| How to contact the service | Drop by, or phone, e-mail or refer to website for further information |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | N/A |
| Is there wheelchair access? | Only for the clubhouse |
| Does the service cater for | Depends on the special need |
| people with special needs? | |

Vale Allsports Club

During the sessions participants have the opportunity to experience a variety of sports including football, basketball, lacrosse, cricket, hockey and kurling. These opportunities are delivered by individuals experienced in working with children with disabilities and are run in a fun, friendly environment.

Costs are £2.00 for 6pm - 7pm; £2.50 for 7pm - 8.30pm

| Contact Address | Vale of Glamorgan Council Docks Office, Subway Road Barry Vale of Glamorgan CF63 4RT |
|----------------------------|--------------------------------------------------------------------------------------|
| Tel No | 01446 704728 |
| Mobile | |
| Fax No | 01446 704892 |
| E-mail Address | LRuston@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone, e-mail, or check website for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | 18:00 - 20:30 |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 8 - 20 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | Yes |
| people with special needs? | |

Vale Amateur Boxing Clubs

Our Boxing Association covers all of the Boxing clubs in the Southern Division which includes the Vale of Glamorgan. Contact for further details on suitable clubs in your area, and any potential costs, contact details etc.

| Contact Address | Various Venues |
|----------------------------|-----------------------------------------|
| Tel No | 01446 485918 |
| Mobile | |
| Fax No | |
| E-mail Address | collinsbox@tiscali.co.uk |
| Website Address | |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone or e-mail for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | No |
| people with special needs? | |

Vale Karate

We offer both traditional and sport karate sessions. Classes take place at Barry Leisure Centre, we welcome new members. Please feel free to drop by or contact for details.

| Contact Address | Barry Leisure Centre, Greenwood Street Barry Vale of Glamorgan CF63 4JJ |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 01446 744770 |
| Mobile | |
| Fax No | As above - call first |
| E-mail Address | rob@valekarate.com |
| Website Address | www.valekarate.com |
| Areas of the Vale served | All Vale |
| How to contact the service | Drop in or telephone/ e-mail for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 17:30 - 18:30 |
| Tuesday | | 19:00 - 20:00 |
| Wednesday | | 19:00 - 20:00 |
| Thursday | | |
| Friday | | 19:00 - 20:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £3.50 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 4 Years + |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | No |
| people with special needs? | |

Welsh Academy Of Martial Arts

We provide Martial arts training for the young and old, of all abilities. We are based and train at the YMCA in Barry. Costs are £4.00 for juniors, £4.50 for adults. We sometimes have special events, including tournaments – contact for further details.

| Contact Address | YMCA, Court Road Barry Vale of Glamorgan CF63 4EE | |
|----------------------------|----------------------------------------------------------------|--|
| Tel No | 07903 326568 | |
| Mobile | | |
| Fax No | | |
| E-mail Address | tolcher-james@welshacademyofmartialarts.co.uk | |
| Website Address | | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Phone or e-mail for further information or drop in to the YMCA | |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | 17:00 - 20:00 |
| Tuesday | | |
| Wednesday | | 17:00 - 20:00 |
| Thursday | | |
| Friday | | 17:00 - 20:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | £4.50 |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 3 Years 6 months + |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | Yes |
| people with special needs? | |

Welsh Badminton Union

The Welsh Badminton Union is the governing body for badminton in Wales, and is ultimately responsible for the development of the sport across Wales. For information on clubs and opportunities in your area, contact us on the details given. There are clubs from Cowbridge to Barry, so contact us for more information.

| Contact Address | Welsh Badminton Union, Unit E4 South Point, Foreshore Road Cardiff CF10 4SP | |
|----------------------------|-----------------------------------------------------------------------------|--|
| Tel No | 02920 497225 | |
| Mobile | | |
| Fax No | 02920 497224 | |
| E-mail Address | wbu@welshbadminton.net | |
| Website Address | http://www.welshbadminton.net/ | |
| Areas of the Vale served | All Vale | |
| How to contact the service | Telephone, e-mail or see website for further information | |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|--------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Yes - very occassionally |
| Is there wheelchair access? | Depends on club |
| Does the service cater for | Depends on club |
| people with special needs? | |

Badminton Clubs

The following Badminton clubs exist in the Vale of Glamorgan. We have listed their contact details where possible. If no number appears, or you would like more detailed information about Badminton opportunities in the Vale, please contact the Welsh Badminton Association using the details given in this directory.

| Club Name | Contact Name | Contact Number | Additional Information |
|---------------------------------------|--------------------------|----------------|------------------------|
| Barry Leisure Centre Junior Badminton | Barry Leisure Centre | 01446 744770 | |
| Holm View | Holm View Leisure Centre | 01446 700258 | |
| RAF St Athan - East Camp Gymnasium | RAF St Athan | 01446 798381 | |
| Vale Badminton Club | Cowbridge Leisure Centre | 01446 775533 | |

Welsh Bowls Coaching Association

There are a number of Bowls clubs in the Vale of Glamorgan, and young people are encouraged to participate. There is a youth development officer in place to ensure that young people are helped and encouraged. For further information on opportuinities in your area, you should contact on the number given. There are clubs in many areas, including: Barry, Dinas Powys, Cowbridge, Llantwit Major, Penarth, Rhoose and Sully. Costs for membership will vary, so contact for further information.

| Contact Address | Various Venues |
|----------------------------|-------------------------------------------------------|
| Tel No | 01446 792942 |
| Mobile | |
| Fax No | |
| E-mail Address | |
| Website Address | http://www.welshbowlingassociation.co.uk/ |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact development officer or phone individual clubs |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|-------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | Depends on club |
| Is there wheelchair access? | Some clubs have the facilites to cater for this |
| Does the service cater for | Depends on club |
| people with special needs? | |

Bowling Clubs

The following Bowling clubs exist in the Vale of Glamorgan. We have listed their contact details where possible. If no number appears, or you would like more detailed information about Bowling opportunities in the Vale, please contact the Welsh Bowls Coaching Association using the details given in this directory.

| Club Name | Contact Name | Contact Number | Further details |
|--------------------|-------------------|----------------|-----------------|
| Barry Athletic | Mr Clive Cottrell | 01446 410708 | |
| Barry Central | Mr Gareth | 01446 406111 | |
| | Thomas | | |
| Barry Plastics | | | |
| Barry Romily | Mr Des Bannister | 01446 418899 | |
| Cadoxton | Mr Kelvin | 01446 742497 | |
| | Chedgzoy | | |
| Cowbridge B.C | Mr Michael | 01446 773289 | |
| | Bradley | | |
| Dinas Powys | | | |
| Llantwit Major | Mr D Johnes | 01446 793927 | |
| Millwood, Barry | | | |
| Murch, Dinas Powys | | | |
| Penarth | Mr Albert Beaven | 02920 709714 | |
| Penarth Belle View | Mr Mike Smith | 07896 512140 | |
| Rhoose | Mrs Joanne | 01446 710366 | |
| | Hopkins | | |
| Sully | | | |
| Windsor Penarth | Mr A Daniel | 02920 708591 | |

Welsh Netball Association

We offer the following services:

Opportunities to represent Area teams and Wales, coaching clinics for players of all abilities and summer residential netball camps, as well as a shooting skills award scheme and the Coca-Cola skills award scheme.

We also offer free posters to all schools and sometimes have attendance by International players, coaches and staff at promotional events, e.g. presentation evenings, club AGMs, school events.

We also have contact information for clubs in the Vale of Glamorgan, from Barry to Cowbridge.

| Contact Address | Welsh Netball Association 33-35 Cathedral Road Cardiff CF11 9HB |
|----------------------------|--------------------------------------------------------------------------|
| Tel No | 02920 237048 |
| Mobile | |
| Fax No | |
| E-mail Address | welshnetball@welshnetball.com |
| Website Address | www.welshnetball.co.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Phone individual clubs, or contact WNA for further information |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 09:00 | 17:00 |
| Tuesday | 09:00 | 17:00 |
| Wednesday | 09:00 | 17:00 |
| Thursday | 09:00 | 17:00 |
| Friday | 09:00 | 17:00 |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Check with individual clubs |
| Does the service cater for | Check with individual clubs |
| people with special needs? | |

Netball clubs

The following Netball clubs exist in the Vale of Glamorgan. We have listed their contact details where possible. If no number appears, or you would like more detailed information about Netball opportunities in the Vale, please contact the Welsh Netball Association using the details given in this directory.

| Club Name | Contact Name | Contact Number | Further Details |
|----------------|-----------------|----------------|------------------------------|
| Barnettes | Lisa kear | 01446 704691 | lkear@valeofglamorgan.gov.uk |
| Barrians | Gaynor Hamer | 01446 748248 | |
| Barry Dragons | Linda Rees | 01446 402871 | |
| Cowbridge | | | |
| Penarth Ladies | Caroline Ronson | 01446 790166 | |
| Spear | Heather Lewis | 01446 710354 | |

Welsh Wheelchair Rugby Association

Wheelchair rugby is a sport for tetraplegics, or anybody with an upper limb impairment. We encourage disabled people into sport to help give a better quality of life. Takes place in the Vale at Barry Sport Centre, Highfield Road, Barry on a Saturday, and in Llantrisant Leisure Centre on a Thursday. Contact us for further details.

| Contact Address | Various Venues | | |
|----------------------------|--------------------------------------------------------|-------|--|
| Tel No | 01443 226210 | | |
| Mobile | | | |
| Fax No | | | |
| E-mail Address | rich.vowles@btinternet.cor | m | |
| Website Address | http://www.wwra.co.uk/ | | |
| Areas of the Vale served | All Vale | | |
| How to contact the service | Phone or e-mail us, or see website for further details | | |
| Opening Times | AM | PM | |
| Monday | Alvi | 1 IVI | |
| Tuesday | | | |
| Wednesday | | | |
| Thursday | | | |
| Friday | | | |
| Saturday | 10:30 | 13:30 | |
| Sunday | | | |
| Is there a charge? | | | |
| Hourly Cost | | | |
| Daily Cost | | | |
| Weekly Cost | | | |
| Session Cost | | | |
| Termly Cost | | | |
| Cost by Arrangement | | | |

Yes

Yes

Yes No

16 - 60 Years

Free

Age ranges covered

Is a service provided in Welsh?

Is there wheelchair access?

Does the service cater for people with special needs?

Whitmore Bay Surf Lifesavers Club

We are a surf life saving club. As well as lifeguard duties, the club also has social functions and competes nationally in surf lifesaving sport. Members are given the opportunity to complete various first aid and lifeguard courses. The club supports paid lifeguards during the summer by providing voluntary lifeguard patrols. Meeting times and lifeguard duties vary please contact for details

| Contact Address | Barry Lifeguard Hut Barry Island Barry Vale of Glamorgan CF62 8DU |
|----------------------------|-------------------------------------------------------------------|
| Tel No | 07790189390 |
| Mobile | |
| Fax No | |
| E-mail Address | ross_fraser@ntlworld.com |
| Website Address | www.whitmorebayslsc.co.uk |
| Areas of the Vale served | Barry |
| How to contact the service | Phone, e-mail or see website for further information |

| Opening Times | AM | PM |
|---------------|----|---------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | 20:00 - 22:00 |
| Thursday | | 17:00 - 19:00 |
| Friday | | |
| Saturday | | |
| Sunday | | 16:00 - 19:00 |

| Is there a charge? | |
|-------------------------------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | £1.00 |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | |
| Age ranges covered | 7 years+ |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Windsor Lawn Tennis Club

Based in Larkwood Avenue, Penarth (next to Evenlode School), we are a family-friendly tennis club with a large membership, making it one of the largest clubs in Wales. We cater for all ages and abilities through the events we put on and the coaching courses that we provide. Windsor Lawn Tennis Club provides both recreational and competitive tennis. Other activities such as coaching, open days, tennis birthday parties are also provided. Costs vary and are by arrangement - contact or see website for further details.

| Contact Address | Windsor Lawn Tennis Club, Larkwood Avenue Penarth Vale of Glamorgan CF64 3JJ |
|----------------------------|---------------------------------------------------------------------------------------|
| Tel No | 07905919796 |
| Mobile | 07905919796 |
| Fax No | |
| E-mail Address | admin@windsorlawntennisclub.org.uk |
| Website Address | www.windsorlawntennisclub.org.uk |
| Areas of the Vale served | Penarth |
| How to contact the service | Drop in or Telephone, e-mail and website for further information. |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 07:00 | 21:30 |
| Tuesday | 07:00 | 21:30 |
| Wednesday | 07:00 | 21:30 |
| Thursday | 07:00 | 21:30 |
| Friday | 07:00 | 21:30 |
| Saturday | 07:00 | 21:30 |
| Sunday | 07:00 | 21:30 |

| Is there a charge? | |
|-------------------------------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 5 Years + |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | Yes |

Sport

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/Helpline |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------------------|------------------|
| www.adventure.visitwales.com/index.asp | Adventure Wales | Activities & | _ |
| · | | outdoor pursuits | |
| | | in Wales | |
| www.basketballwales.com | Basketball Wales | Regional | |
| | | information, | |
| | | competitions, | |
| | | contacts etc | |
| www.bbc.co.uk | BBC | Information on | |
| | | activities in | |
| | | Wales from | |
| | | surfing to football | |
| www.christiansurfers.co.uk | Christian Surfers, | Local | |
| | United Kingdom | information, | |
| | | events, gallery, | |
| | | shop etc | |
| www.disability-sport-wales.org/index.html | Disability Sports | Local clubs, | |
| gg | Wales | directory, news, | |
| | | volunteering etc | |
| www.indoorclimbingwalls.co.uk/ | Welsh | Facilities, | 01443 710749 |
| www.maderegwaereerav | International | bookings, local | |
| | Climbing Centre | area etc | |
| http://www.llantwitmajorvale.co.uk/sport/i | Llantwit Major | Complete | |
| ndex.html | Vale Sports | directory of | |
| | Directory | sporting activities | |
| | | in Llantwit Major | |
| | | area | |
| www.mbwales.com | Mountain Biking | Where to ride, | |
| | Wales | news, events etc | |
| www.magicseaweed.com | Magic Seaweed | Surf reports for | |
| - The state of the | magio ocamoca | Wales and the | |
| | | rest of the world | |
| www.sports-council- | Sports Council for | Sports | 0845 0450904 |
| wales.co.uk/index2.cfm | Wales | development, | 3310010001 |
| | | news, clubs etc | |
| www.welshkarateunion.org/new/index.sh | Welsh Karate | Clubs, Calendar, | |
| tml | Union | results etc | |
| www.watersportswales.co.uk/wwframes. | Watersports | Clubs, training, | dave@watersport |
| htm | Wales | equipment for | swales.co.uk |
| | | various | |
| | | watersports | |

Tall Ships Youth Trust - Cardiff And The Vale Branch

The Tall Ships Youth Trust, incorporating the Sail Training Association, is a registered charity founded in 1956 and dedicated to the personal development of young people aged 16 to 25 through the crewing of Tall Ships.

We sail all year round - in and around Europe and the UK from April to November and further afield in the Winter months - the Azores, Canaries and Caribbean Tall Ship cruising. We provide assistance and opportunities for young people to sail on the Tall Ships.

* Refer to website or call for details as costs vary greatly.

| Contact Address | 36 Millbrook Close Dinas Powys Vale of Glamorgan CF64 4DD |
|----------------------------|--------------------------------------------------------------------|
| Tel No | 02920 515026 |
| Mobile | 07850 763841 |
| Fax No | |
| E-mail Address | peter.f.coleman@btinternet.com |
| Website Address | http://www.tallships.org |
| Areas of the Vale served | All Vale |
| How to contact the service | Contact by phone/e-mail. Refer to website for further information |

| Opening Times | AM | PM |
|---------------|----|----|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Saturday | | |
| Sunday | | |

| Is there a charge? | |
|---------------------------------|------------------------------------------------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | Yes (If by arrangement, see information above) |
| Free | |
| Age ranges covered | 14 - 25 Years |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | No |
| Does the service cater for | Yes within a defined criteria |
| people with special needs? | |

| | | | Leisure. | |
|--|--|--|----------|--|
| | | | | |
| | | | | |
| | | | | |

Tourist Information Centre - Barry

Provision of tourist information - this includes information on attractions, events, accommodation and transport. The information held is mostly for Wales but some information is held on the rest of the UK. Other services include an accommodation booking service, throughout UK, sale of maps, books and tickets for Waverley & Balmoral boat trips.

| Contact Address | The Promenade, The Triangle Barry Island Barry Vale of Glamorgan |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 01446 747171 |
| Mobile | |
| Fax No | 01446 704892 |
| E-mail Address | tourism@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | All Vale |
| How to contact the service | Telephone/ drop in/ e-mail. Centres are only open Easter untill end of September |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 10:00 | 17:30 |
| Tuesday | 10:00 | 17:30 |
| Wednesday | 10:00 | 17:30 |
| Thursday | 10:00 | 17:30 |
| Friday | 10:00 | 17:30 |
| Saturday | 10:00 | 17:30 |
| Sunday | 10:00 | 17:30 |

| Is there a charge? | |
|---------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for | N/A |
| people with special needs? | |

We also provide services in Information & Advice.

Tourist Information Centre - Penarth

Provision of tourist information - this includes information on attractions, events, accommodation and transport. The information held is mostly for Wales but some information is held on the rest of the UK. Other services include an accommodation booking service, throughout UK, sale of maps, books and tickets for Waverley & Balmoral boat trips.

| Contact Address | Penarth Pier The Esplanade Penarth Vale of Glamorgan |
|----------------------------|----------------------------------------------------------------------------------|
| Tel No | 02920 708849 |
| Mobile | |
| Fax No | |
| E-mail Address | tourism@valeofglamorgan.gov.uk |
| Website Address | www.valeofglamorgan.gov.uk |
| Areas of the Vale served | Penarth |
| How to contact the service | Telephone/ drop in/ e-mail. Centres are only open Easter untill end of September |

| Opening Times | AM | PM |
|---------------|-------|-------|
| Monday | 10:00 | 17:30 |
| Tuesday | 10:00 | 17:30 |
| Wednesday | 10:00 | 17:30 |
| Thursday | 10:00 | 17:30 |
| Friday | 10:00 | 17:30 |
| Saturday | 10:00 | 17:30 |
| Sunday | 10:00 | 17:30 |

| Is there a charge? | |
|-------------------------------------------------------|----------|
| Hourly Cost | |
| Daily Cost | |
| Weekly Cost | |
| Session Cost | |
| Termly Cost | |
| Cost by Arrangement | |
| Free | Yes |
| Age ranges covered | All Ages |
| Is a service provided in Welsh? | No |
| Is there wheelchair access? | Yes |
| Does the service cater for people with special needs? | N/A |
| heobie mini shediai needs: | |

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World, UK, Europe, Wales, Travel

The following Websites and Help lines may also provide useful information in this category. The material on them has not been verified as appropriate, and we accept no responsibility for their content.

| Website | Organisation | Content | Contact/Helpline |
|-------------------------------------|------------------|---------------------------------------|------------------|
| www.arriva.co.uk | Arriva | Transport service – Train and travel | |
| | | times for Wales | |
| www.cardiffbus.com | Cardiff Bus | Services, times, | |
| | | tickets etc | |
| www.cardiffwaterbus.com/ | Cardiff Water | Cardiff Bay | |
| | Bus | waterbus – times | |
| | | and prices | |
| http://www.firstgroup.com/index.php | First Group | Local travel times | 01792 582233 |
| | Travel | for First group | |
| www.gapyear.com | Gap Year.Com | Information on | |
| | | travelling, Visa's, | |
| | | flights, insurance | |
| | | etc | |
| www.statravel.co.uk | STA Travel | Flights, travel | 08712 300 040 |
| | | advice etc | |
| www.traveline-cymru.org.uk/ | Traveline | Information on all | 0870 6082608 |
| | Cymru | modes of travel in | |
| | | Wales | |
| www.wales.gov.uk/index.htm | Welsh | Information on all | |
| | Assembly | Welsh Assembly | |
| | Homepage | matters, Policies, | |
| | | legislation, news | |
| | | and more | |
| www.yha.org.uk | Youth Hostelling | Local | 0870 770 8868 |
| | Association | accommodation, | |
| | | membership, | |
| | | offers etc | |