# Vale Eisteddfod Sports and Play Programme

## Main Sports Area

| Time | Saturday 4 August | Sunday 5 August | Monday 6 August | Tuesday 7 August | Wednesday 8 August | Thursday 9 August | Friday 10 August | Saturday 11 August |
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| **10 – 10.45am** | Dragon Sport Multiskills Games (Sports Team)<br><br>Goalball (Sports Team)<br><br>Squash (Squash Wales) | Dragon Sport Multiskills Games (Sports Team)<br><br>Sitting Volleyball (Sports Team)<br><br>Squash (Squash Wales) | Dragon Sport Multiskills Games (Sports Team)<br><br>Squash (Squash Wales) | Sitting Volleyball (Sports Team)<br><br>Tennis (Sports Team)<br><br>Squash (Squash Wales) | Glamorgan Cricket Club First Team Training session (10am – 12pm) | Cardiff Blues Team Training Session Cardiff Blues training session (10am – 12pm) | Gymnastics (Barry YMCA Gymnastics Club) (10am – 12pm)<br><br>Athletics (Sports Team)<br><br>Squash (Squash Wales) | Goalball (Sports Team)<br><br>Athletics (Sports Team)<br><br>Squash (Squash Wales) |
| **11am – 12pm** | Badminton (Badminton Wales)<br><br>Athletics (Sports Team) | Badminton (Badminton Wales)<br><br>Dodgeball (Sports Team) | Badminton (Badminton Wales)<br><br>Sitting Volleyball (Sports Team) | Badminton (Badminton Wales)<br><br>Dragon Sport Multiskills Games (Sports Team) | | | Badminton (Badminton Wales)<br><br>Gymnastics (Barry YMCA Gym (10am – 12pm) | Badminton (Badminton Wales)<br><br>Dodgeball (Sports Team) |
| **12.30 – 1.30pm** | Football (Football Association of Wales) | Football (Football Association of Wales) | Football (Football Association of Wales) | Football (Football Association of Wales) | Football (Football Association of Wales) | Football (Football Association of Wales) | Football (Football Association of Wales) | Football (Football Association of Wales) |
| **2 – 3pm** | Tag Rugby (Cardiff Blues)<br><br>Tennis (Sports Team)<br><br>Squash (Squash Wales) | Tag Rugby (Cardiff Blues)<br><br>Athletics (Sports Team)<br><br>Squash (Squash Wales) | Tag Rugby (Cardiff Blues)<br><br>Athletics (Sports Team)<br><br>Squash (Squash Wales) | Tag Rugby (Cardiff Blues)<br><br>Athletics (Sports Team)<br><br>Squash (Squash Wales) | Tag Rugby (Cardiff Blues)<br><br>Dragon Sport Multiskills Games (Sports Team) | Badminton (Badminton Wales)<br><br>Goalball (Sports Team) | Tag Rugby (Cardiff Blues)<br><br>Sitting Volleyball (Sports Team)<br><br>Squash (Squash Wales) | Tag Rugby (Cardiff Blues)<br><br>Tennis (Sports Team)<br><br>Squash (Squash Wales) |

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| **3.00pm – 4pm** | Cricket<br>(Glamorgan Cricket)<br><br>Dodgeball<br>(Sports Team)<br><br>Squash<br>(Squash Wales) | Cricket<br>(Glamorgan Cricket)<br><br>Tennis<br>(Sports Team)<br><br>Squash<br>(Squash Wales) | Cricket<br>(Glamorgan Cricket)<br><br>Dodgeball<br>(Sports Team)<br><br>Squash<br>(Squash Wales) | Cricket<br>(Glamorgan Cricket)<br><br>Dodgeball<br>(Sports Team)<br><br>Squash<br>(Squash Wales) | Cricket<br>(Glamorgan Cricket)<br><br>Badminton Wales<br>(Sports Team) | Cricket<br>(Glamorgan Cricket)<br><br>Tennis<br>(Sports Team) | Cricket<br>(Glamorgan Cricket)<br><br>Tennis<br>(Sports Team)<br><br>Squash<br>(Squash Wales) | Cricket<br>(Glamorgan Cricket)<br><br>Sitting Volleyball<br>(Sports Team)<br><br>Squash<br>(Squash Wales) |
| **4pm onwards** | | | | | | S4C Celebs Football Match | | |