

'Circus skills walk'



BEFORE YOU SET OFF ...

- Pack balls, a drawing pad and pencils to write down how many different surfaces you can juggle against



FLAMING HOOPS

CIRCUS ACTIVITY FOR KIDS



Flaming Hoops

- Step 1 - cut up different coloured strips of paper.
- Step 2 - use sellotape to stick them around your hula hoop.
- Step 3 - find different ways of moving through your hoop - roll, jump, or throw objects.



Where did you go?

Was it fun?

Take lots of photos



How many steps did you do?



DURING YOUR WALK OR BACK AT HOME...

- Can you ...
 - balance along a wall or balance along the pavement lines (for younger ones), like walking a tight rope?
 - juggle balls against different surfaces or practice your throwing and catching with a balloon (for younger ones)?
 - juggle with one hand?
 - juggle standing on one leg?
 - juggle more than 2 balls?
- How many different surfaces did you manage to juggle against during your walk?
- draw a clown create a paper plate clown
- find a stick and use it in your tight rope walking?
- juggle with different size balls

