

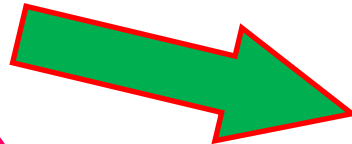


"Rainbow Walk"



BEFORE YOU SET OFF...

- Pack a drawing pad and pencils to write down all the colours of the rainbow.
- Practice your singing of the colours!
- Create a Colour Scavenger Hunt Sheet



DURING YOUR TRIP...

Colours of the RAINBOW.... Walk, run, jog, hop, sidestep – Travel a different way each time when looking for your imaginary rainbow... make a note of the objects

Red, Yellow, Pink, Green, Purple, Orange and Blue

- Look out for different colour leaves – why not create a rainbow leaf drawing by putting the leaves underneath the paper then rubbing chalks or crayons over the paper?
- Look out for different colour butterflies and insects
- What colour is the grass? Can you grass whistle? (Put the grass between your fingers and blow to hear the whistle)
- What colour flowers can you see? Try to make a daisy chain!
- Make a rainbow fruit kebab before you set off! Eat it whilst out and about!



REMEMBER TO TAKE LOTS
OF PHOTOS ON YOUR WALK

WHERE DID YOU GO?

WAS IT FUN?

HOW MANY STEPS DID YOU DO?

