

Nash Point Lighthouse



You can't miss spotting Nash Point Lighthouse...

and that's the whole point of it! The lighthouse was built to warn passing ships of the Nash Sandbanks – big piles of sand just out to sea, which lie hidden beneath the waves and can be dangerous to ships if they crash into them. It was built in 1832 after a ship called 'Frolic' crashed into the sandbanks and many people lost their lives.

Nash Point was the last lighthouse in Wales to be operated by a lighthouse keeper, whose job it was to switch on the light at night and sound the horn during foggy weather. The brightness of the light is the same as 134,000 candles! It can be seen nearly 25 miles away.

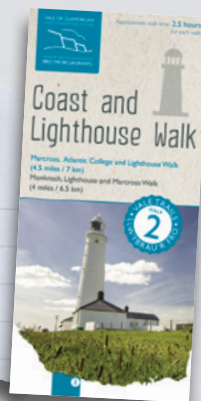
The lighthouse is open to visitors with guided tours on Saturday and Sunday between 2–5pm (*admission fees apply*). Each tour lasts approximately one hour. Please note that for safety reasons you are not allowed to wear open-toed shoes, like sandals, inside the lighthouse.

How tall is the lighthouse? Work it out for yourself... all you need is an adult volunteer!

Try using this old method to work out the height of the lighthouse:

- Ask one of the adults in your group to walk with you away from the lighthouse. Try to guess when you're as far away from the lighthouse as it is tall.
- When you think you're far enough away, ask the adult to look between their legs until they can just see the top of the lighthouse. If they can't, move a little further away until they can.
- Once they can see the top of the lighthouse, turn around and walk back to the lighthouse taking big, long strides. Count each step you take.
- The number of steps should be close to the height of the lighthouse (in metres). (*The answer is on the diagram*).

If you enjoyed your adventures around Nash Point and would like to see more visit the walking section of www.visitthevale.com and download a copy of the Vale Trail maps.



Nash Point Lighthouse © Barnrey Leith

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Crofa Amaethyddol Ewrop ar gyfer Datblygu Gwledig; Ewrop yn Buddsoddi mewn Ardaloedd Gwledig.
The European Agricultural Fund for Rural Development: Europe Investing in Rural Areas



Goleudy Trwyn Nash

Allwch chi ddim methu gweld Goleudy Trwyn Nash...

a dyna'r holl bwynt! Codwyd y goleudy i rybuddio llongau oedd yn mynd heibio am Fanciau Tywod Nash – pentyrrau mawr o dywod ychydig o'r lan yn y môr, sy'n gorwedd ynghudd o dan y tonnau ac sy'n gallu bod yn beryglus i longau os ydyn nhw'n eu bwrw. Cafodd y goleudy ei adeiladu ym 1832 ar ôl i long o'r enw 'Frolic' gael ei dryllio ar y banciau tywod a cholodd llawer o bobl eu bywydau.

Trwyn Nash oedd y goleudy olaf yng Nghymru i gael ei weithio gan geidwad; swydd y ceidwad oedd troi'r golau ymlaen gyda'r nos a chanu'r corn yn ystod tywydd niwlog. Mae cryfder y golau'n cyfateb i 134,000 o ganhwyllau! Gallwch chi ei weld tua 25 o filltiroedd i ffwrdd.

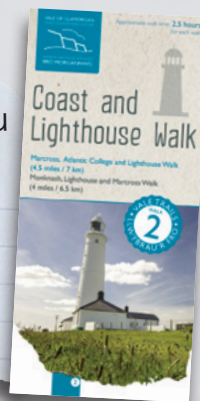
Mae'r goleudy'n agored i ymwelwyr gyda theithiau tywysedig ar ddydd Sadwrn a dydd Sul rhwng 2 a 5yp (*mae ffi mynediad*). Mae pob taith yn para oddeutu awr. Dylech sylwi, oherwydd rhesymau diogelwch, chewch chi ddim gwisgo esgidiau blaen agored, fel sandalau, y tu mewn i'r goleudy.

Pa mor uchel yw'r goleudy?
Ceisiwch ei amcanu drosoch chi'ch hun...
oedolyn sy'n barod i helpu yw'r cwbl sydd ei angen arnoch!

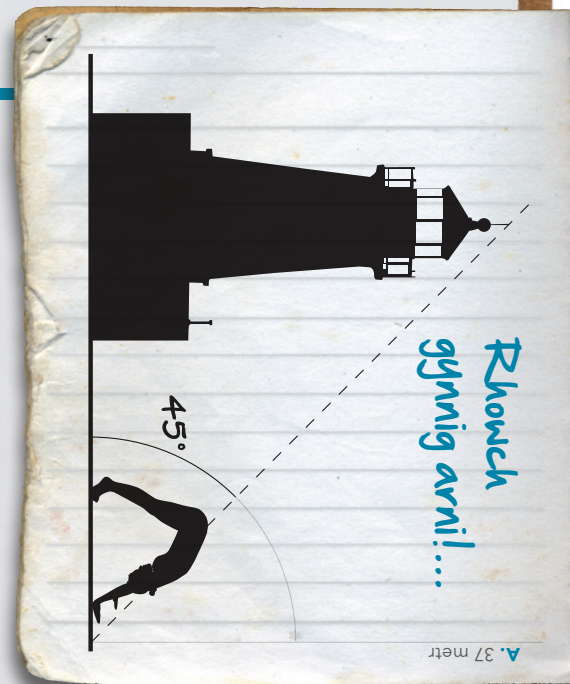
Rhowch gynnig ar yr hen ddull yma i amcanu uchder y goleudy:

- Gofynnwch i un o'r oedolion yn eich grŵp gerdded gyda chi i ffwrdd o'r goleudy. Ceisiwch ddyfalu pan fyddwch chi mor bell i ffwrdd o'r goleudy â'i uchder.
- Pan fyddwch chi'n ddigon pell i ffwrdd yn eich barn chi, gofynnwch i'r oedolyn edrych rhwng ei goesau nes ei fod yn gallu gweld pen y goleudy. Os nad yw, symudwch ychydig ymhellach i ffwrdd, nes ei fod yn gallu.
- Unwaith ei fod yn gallu gweld pen y goleudy, trowch a cherdded yn ôl at y goleudy gan gymryd camau bras hir. Cyfrifwch bob cam.
- Dylai nifer y camau fod yn agos i uchder y goleudy (mewn metrau). (*Mae'r ateb ar y diagram*).

Os ydych wedi mwynhau'ch anturiaethau o gwmpas Trwyn Nash a hoffech weld mwy, ewch at adran gerdded www.visitthevale.com a lawrlwytho copi o fapiau Llwybrau'r Fro.



Goleudy Trwyn Nash © Eirwyny Leith



Sganiwch yma ar gyfer mwy o hwyl i'r teulu...



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