









### Hello

It's good to have the right information and know what support is available.

We want you to have a full happy life.

We want you to connect to services, take part in activities and have fun – that's what The Index is for.



### What's The Index?

The Index lets you know about the services, activities and events happening in your area.

### Who is it for?

The Index is for families of children and young people with disabilities or additional needs.

You can sign up to The Index if you are a parent or carer of a child or young person with disabilities or additional needs or a professional working with a child.

## Why?

Signing up means you don't miss out. You get:



**The Index** – a newsletter every 3 months. It's packed full of information.



**The Index eNews** – emails about extra activities and events.



### Yes, The Index also:

• connects you to organisations that can support you

 helps professionals know what you need so they can work better

• means you can have a say on how we plan and deliver services in your area.



# How can I sign up?

**Vale Family Information Service** 

**6** 0800 587 10 14

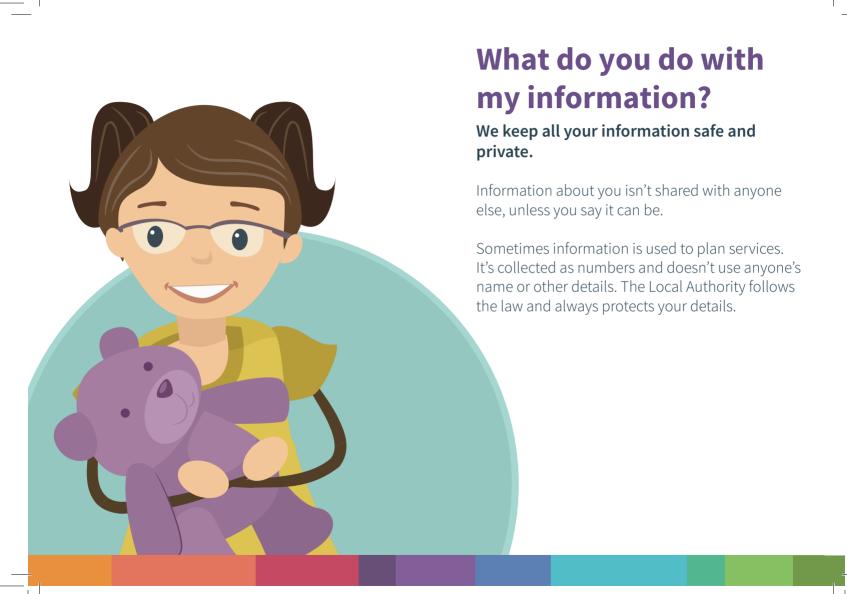
theindex@valeofglamorgan.gov.uk

www.valeofglamorgan.gov.uk/theindex

You don't have to sign up, but it's good to be connected.

# What information do we need?

- Information about your child's:
  - name
  - date of birth
  - contact details
  - the school they go to.
- What disabilities or additional needs they have.
- ★ What services and support your family use.
- What information or support you need.



# Thanks for reading this

Here are some contact numbers:

#### Health

Llandough Children's Centre © 029 2071 5580 St David's Children's Centre © 029 2053 6789

### **Social Services**

Vale Child Health and Disability Team

#### **Education**

Vale Achievement for All SNAP Cymru

### Information, Advice and Support

Vale Family Information Service Vale Families First Advice Line

#### Youth

Vale Inclusive Youth Provision

### Play

Vale Play Development

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**6** 01446 704285

**6** 01446 709180

**6** 0808 801 06 08

**6** 0800 587 10 14

**6** 0800 032 73 22

**6** 01446 732926

**6** 01446 704809

@ValeFIS

**#** @VOGFIS

