

## How to get in touch

You can contact us yourself or ask someone else to get in touch on your behalf. A member of our team will visit you in the comfort of your own home to find out what difficulties you're facing and together you'll find a way forward.

If you have more than one particularly complex issue, we are able to offer ongoing support and home visits until you feel the issue has been successfully resolved.

When you have cancer, you don't just worry about what will happen to your body, you worry about what will happen to your life. At Macmillan, we know how a cancer diagnosis can affect everything and we're here to support you.

*Cancer, Older People and Advocacy is funded by BIG Lottery Silver Dreams Fund and Macmillan Cancer Support*

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OLDER PEOPLE'S ADVOCACY ALLIANCE



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MACMILLAN.**  
CANCER SUPPORT

# Affected by Cancer?



**We can provide one to one support,  
help and advocacy for anyone over 50**

*"I could share my feelings about the cancer and what happened to me with Marion more than anyone else"*

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CANCER SUPPORT

# Our service is free, independent, non-judgemental and confidential

Our aim is to help you resolve issues or difficulties, cancer related or not, to improve your quality of life. We can help with many issues including treatment and care, social, financial and employment issues and can provide a listening ear.

## Independent Advocacy aims to help you:

- express your views
- ask for what you want or need
- obtain services and benefits to which you are entitled
- stand up for your interests
- safeguard your entitlements

## How can we help?

We aim to support you to make informed choices and decisions about treatment and care. We can find out whatever you need to know, come with you to medical appointments and find out what practical help is available locally.

We are here for anyone who is aged 50 or over who has been affected by cancer, either as a patient or family member, friend or carer. We can help with those things you are worried about allowing you to focus on your health and well-being, particularly if you are feeling unwell and undergoing or recovering from cancer treatment.



# Why not become a Volunteer Advocate?

We are looking for good listeners aged over 50 with some knowledge of cancer related issues who want to help people take control of their lives. Our professional staff provide training, regular support and expenses. Ideally we'd need a flexible time commitment of between two to four hours weekly.

We also recognise the additional needs of those from Black and Minority Ethnic and Lesbian/Gay/Bisexual and Trans communities. We aim to be fully inclusive and especially welcome the contribution and involvement of volunteers from these communities.

Our volunteer advocates have personal experience of cancer. They are specially trained, supervised and supported and will:

- Give time and listen
- Offer support and understanding
- Find relevant information and explain it
- Help you make choices
- Help you speak up
- Look into practical support

