



OCCUPATIONAL THERAPY ADVICE

Information for those who intend making their own arrangements for equipment and adaptations

This information may also be provided in other languages and in other formats.
Please contact the Innovation & Information Team. Tel: 01446 704814
Email: socialcareinfo@valeofglamorgan.gov.uk

Sales Outlets

Information and advice on equipment is widely available locally. Many offer advice from an Occupational Therapist and some offer a Building and Adaptations Service.

You can find out more from the Yellow Pages sections entitled:

- Mobility and Access Equipment
- Disability Information & Services

Disabled Living Centres

See Yellow Pages under 'Disability Information & Services'

Equipment Provision

The Vale of Glamorgan Council does not provide equipment costing less than £15.

Internet Based Advice

Disabled Living Foundation
www.dlf.org.uk
or Tel: 0845 1309177

Private Practitioner Occupational

Therapy Services are readily available in the South and East Wales area. For more information contact:-

The College of Occupational Therapists,
106-114 Borough High St. Southwark,
London, SE1 1LB Tel: 020 7357 6480
or www.cot.org.uk

Other Support-

- Care & Repair in the Vale.
- Depending on your condition or past employment funding may be available, e.g:-
 - The Royal British Legion if ex service personnel.
 - Benevolent Funds from employers e.g:- Police.
 - Condition specific charities, e.g:- Motor Neurone Disease Society.

Other advice If you are waiting for assessment for major works of adaptation via a Disabled Facilities Grant from the Council please be aware that these grants are means tested. If you want to know more about the grant contact:

The Grants Department, 3rd Floor, Civic
Offices, Holton Road,
Barry, CF63 4RU. Tel 01446 709816
OR

www.communities.gov.uk/housing

Please let us know if you decide to make your own arrangements so that we can amend our records:

Occupational Therapy Team,
Canolfan Ty Jenner, Gladstone Road,
Barry CF63 1NH. Tel: 01446 725100

SS/62/DEC2011



CYNGOR AM THERAPI GALWEDIGAETHOL

**Gwybodaeth i bawb sydd am
drefnu eu cyfarpar a'u
haddasiadau eu hunain**

Mae'r wybodaeth hon ar gael hefyd mewn ieithoedd a fformatiau eraill drwy holi. Ffoniwch y Tîm Arloesi a Gwybodaeth.

Ffoniwch: 01446 704814

neu e-bost i: socialcareinfo@valeofglamorgan.gov.uk

Gwerthwyr

Cewch lawer o wybodaeth a chyngor am gyfarpar yn lleol. Bydd nifer o werthwyr yn cynnig cyngor gan Therapydd Galwedigaethol a rhai'n fodlon dod i addasu'ch adeilad.

Cewch fwy o wybodaeth yn y
Tudalennau Melyn o dan y teitlau:

- Mobility and Access Equipment
- Disability Information & Services

Canolfannau Byw'n Annibynnol

Gwelwch y Tudalennau Melyn o dan y teitl '*Disability Information & Services*'

Darparu Cyfarpar

Ni fydd Cyngor Bro Morgannwg yn darparu cyfarpar sy'n costio llai na £15.

Cyngor ar y Rhyngrwyd

Ewch i www.dlf.org.uk (Sefydliad Byw'n Annibynnol)

neu fffoniwch 0845 1309177

Therapyddion Galwedigaethol Preifat

Mae'n hawdd dod o hyd i wasanaethau yn ne a dwyrain Cymru. Am fwy o wybodaeth, cysylltwch â:

Choleg Therapyddion Galwedigaethol,
106-114 Borough High St. Southwark,
Llundain, SE1 1LB drwy ffonio
020 7357 6480 neu www.cot.org.uk

Cymorth ychwanegol –

- Gofal a Thrwsio yn y Fro.
- Mae'r nawdd sydd ar gael yn dibynnu ar eich cyflwr a'ch swydd yn y gorffennol, e.e:-
 - Os buoch yn y lluoedd arfog, cewch wneud cais i'r Lleng Brydeinig.
 - Mae cronfeydd lles hefyd gan gyflogwyr fel yr Heddlu.
 - Os oes cyflwr penodol arnoch fel clefyd niwronau motor, cewch ofyn am help gan yr elusen sy'n ymwneud â'r clefyd hwnnw.

Os ydych yn aros i gael eich asesu am Grant Cyfleusterau i'r Anabl oddi wrth y Cyngor er mwyn cael addasu'ch tŷ'n llwyr, **cofiwch** fod y grantiau hyn yn cael eu cynnig ar sail prawf moddion.

Os hoffech wybod mwy amdanynt, ffoniwch:-

Yr Adran Grantiau, 3^{ydd} Llawr, Swyddfeydd
Dinesig, Heol Holton,
y Barri, CF63 4RU ar 01446 709816
neu ewch i www.communities.gov.uk/housing

Rhowch wybod i ni os byddwch yn penderfynu gwneud eich trefniadau'ch hun, er mwyn i ni gael newid ein cofnodion:

Dîm Therapi Galwedigaethol,
Canolfan Tŷ Jenner, Heol Gladstone,
Y Barri CF63 1NH. Ffoniwch: 01446 725100

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