

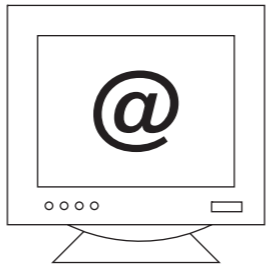
NO
STAMP
NEEDED



telephone

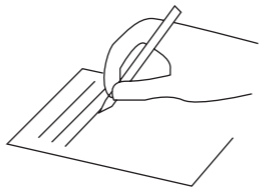
0800 616 101

**FREEPOST
NYAS**



email

help@nyas.net



write

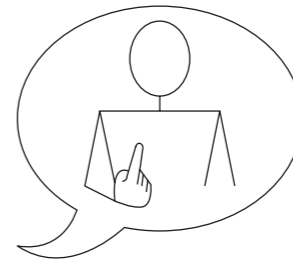
freepost NYAS



NATIONAL YOUTH ADVOCACY SERVICE



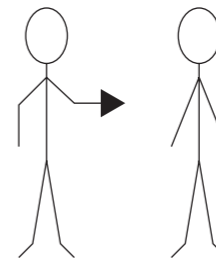
Helping Young People!



advocacy



helps



you



speak



NYAS can



	●	advocacy listens
	●	helps you speak
	●	helps you choose
	●	ask staff to phone or write to NYAS



	●	make phone calls for you
	●	go to meetings for you
	●	say things in meetings for you

	name
	my address
	age phone number 123
	please tick
	I want to talk I am worried <input type="checkbox"/>
	sad <input type="checkbox"/>
	I want to choose <input type="checkbox"/>