


RATION BOOK

MINISTRY  OF FOOD

RATION BOOK

(JUNIOR) 1944-45


Surname.....


Other Names.....

Address.....
(as on Identity Card)

Date of birth (Day)..... (Month)..... (Year).....

NATIONAL REGISTRATION NUMBER	:	R.B.4 7	JUNIOR
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FOOD OFFICE CODE No. 

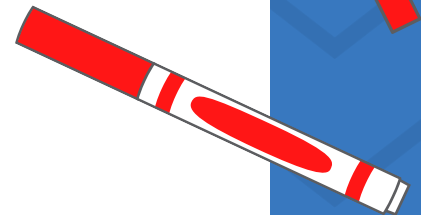
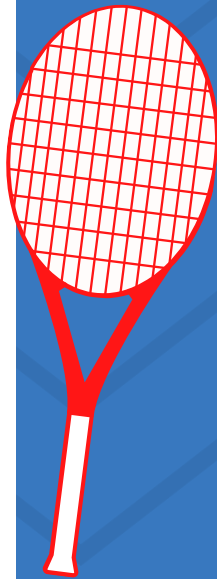
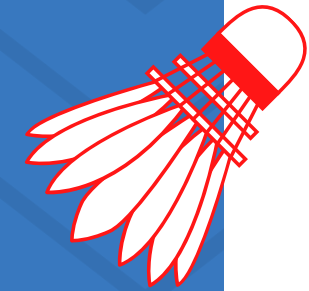
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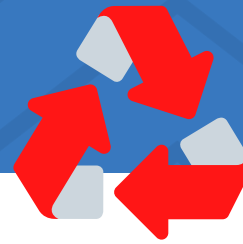
Serial No. of Ration Book **EJ 115019**

IF FOUND RETURN TO ANY FOOD OFFICE

You will need...

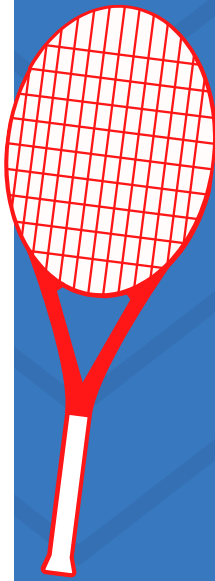
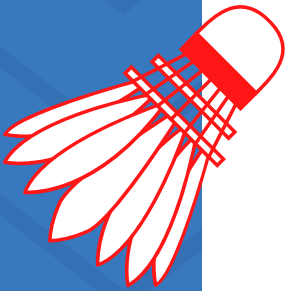
- A4 paper sheets folded in half
- Pens to decorate
- Pencil to write and record items






RATION BOOK

- On January 8th 1940, bacon, butter & sugar were rationed. This was followed by successive ration schemes for meat, jam, biscuits, breakfast cereals, cheese, eggs, lard, milk, and canned & dried fruit.
- Fresh vegetables and fruit were not rationed but supplies were limited.
- Why not make your own Ration Book, thinking about the items that have been rationed recently due to the coronavirus.



LLYFR DOGNI

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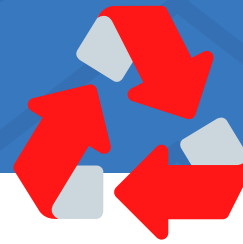
Serial No. of Ration Book

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Bydd angen ...

- Taflenni papur A4 wedi'u plygu yn eu hanner
- Pinnau i'w haddurno
- Pensil i ysgrifennu a recordio eitemau



LLYFR DOGNI

- Ar Ionawr 8fed 1940, dogniwyd cig moch, menyn a siwgr. Dilynwyd hyn gan gynlluniau dogni olynol ar gyfer cig, jam, bisgedi, grawnfwydydd brecwast, caws, wyau, lard, llaeth, a ffrwythau tun a sych.
- Nid oedd llysiau a ffrwythau ffres yn cael eu dogni ond roedd y cyflenwadau'n gyfyngedig.
- Beth am wneud eich Llyfr Dogni eich hun, gan feddwl am yr eitemau sydd wedi'u dogni yn ddiweddar oherwydd y coronafirws.

