Cardiff & Vale of Glamorgan

White Ribbon

Calendar of Events

9th November – 1st December



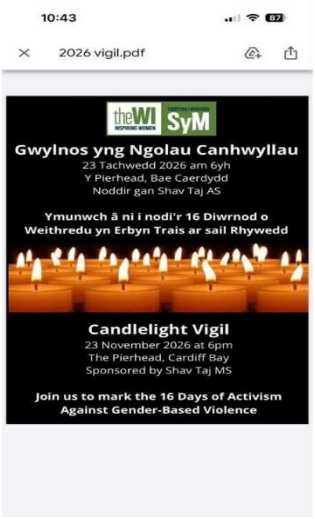
#It takes all of us

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This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg

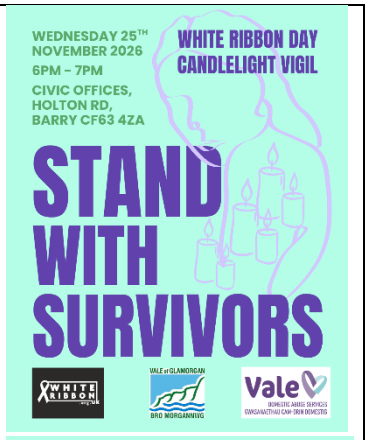
Monday 9 November				
Time	**Name of Event**	**Target Audience**	**Venue**	**To book/contact details**
1.00 pm – 3.30 pm	**Ask and Act Group 2 - Cardiff** Ask and Act Group 2 is designed to equip professionals with the knowledge and confidence to recognise indicators of violence against women, domestic abuse and sexual violence (VAWDASV), respond appropriately to concerns or disclosures, and understand their role in supporting individuals affected by abuse. The training explores the nature and impact of VAWDASV, barriers to disclosure, the importance of professional curiosity, and how to respond safely and effectively. Participants will develop an understanding of trauma-informed practice, safeguarding responsibilities, and local support pathways, enabling them to provide an informed and compassionate response when abuse is identified.	Mandatory training for Cardiff professionals who have direct contact with members of the public as part of their role and may identify or receive disclosures relating to VAWDASV, but who are not required to undertake a specialist enquiry under Ask and Act.	Cardiff Online	Via DigiGov
Thursday 12th November 2026				
Time	**Name of Event**	**Target Audience**	**Venue**	**To book/contact details**
9:15am – 3pm	**VDAS SAS: Support & Signpost community training.**	All welcome	Barry Library	Please register here: Register interest : Welsh Women's Aid
Thursday 17th November 2026				
Time	**Name of Event**	**Target Audience**	**Venue**	**To book/contact details**
5:30pm – 7pm	**Vale Governors Briefing** Provide an introduction to the Violence Against Women, Domestic Abuse and Sexual Violence (VAWDASV) Whole Education Approach and explores how education settings can help prevent abuse, support those	Governors across the Vale of Glamorgan	Vale Online	rlane@valeofglamorgan.gov.uk

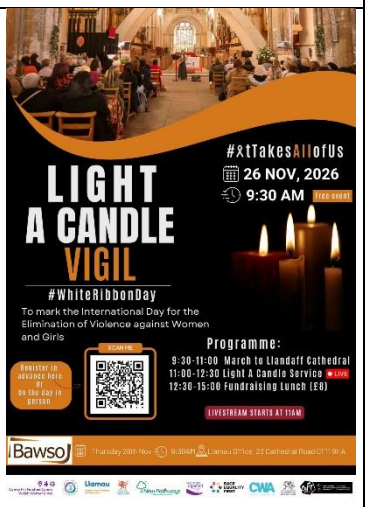
	affected, and promote safe, equal and respectful relationships			
Wednesday 18th November 2026				
Name of Event	**Target Audience**	**Venue**	**To book/contact details**	
10am-3pm	Information Stand – University Hospital of Wales	Members of the public	University Hospital of Wales Concourse	
Friday 20th November 2026				
Time	**Name of Event**	**Target Audience**	**Venue**	**To book/contact details**
9:30am – 12pm 1pm – 3:30pm	**Ask and Act Group 2 – Vale of Glamorgan** Ask and Act Group 2 is designed to equip professionals with the knowledge and confidence to recognise indicators of violence against women, domestic abuse and sexual violence (VAWDASV), respond appropriately to concerns or disclosures, and understand their role in supporting individuals affected by abuse. The training explores the nature and impact of VAWDASV, barriers to disclosure, the importance of professional curiosity, and how to respond safely and effectively. Participants will develop an understanding of trauma-informed practice, safeguarding responsibilities, and local support pathways, enabling them to provide an informed and compassionate response when abuse is identified.	Mandatory training for professionals who have direct contact with members of the public as part of their role and may identify or receive disclosures relating to VAWDASV, but who are not required to undertake a specialist enquiry under Ask and Act.	Pencoedtre High School	rlane@valeofglamorgan.gov.uk
Monday 23 November 2026				
Time	**Name of Event**	**Target Audience**	**Venue**	**To book/contact details**
11.00 am – 1.00 pm	**Cross-party stakeholder event** Join the WI at the Senedd to mark the 16 Days of Activism Against Gender-Based Violence This event will include a panel discussion looking at the connection between violence against women and homelessness. Panel speakers include: Ruth Dodsworth OBE, survivor of domestic abuse,	Key Stakeholders	Hybrid event Neuadd, Senedd Or online	Please register here: Ffurflen gofrestu - digwyddiad i randdeiliaid / Registration form - stakeholder event

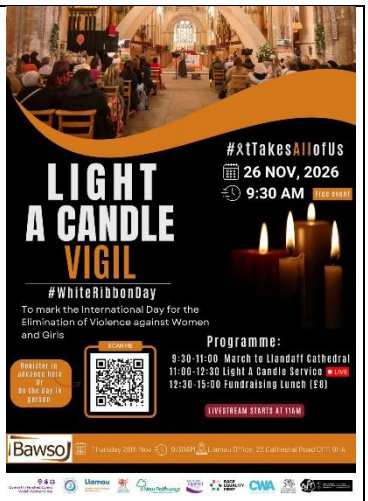
6.00 p.m. – 7.30 p.m.	campaigner, presenter and journalist; Llamau, a leading homelessness charity in Wales, with a mission to eradicate homelessness for young people and vulnerable women; Councillor Andrea Harrington, WLGA Housing spokesperson; and Sara Kirkpatrick, Chief Executive, Welsh Women's Aid. **Candlelight Vigil** This event is an opportunity for supporters to come together to show solidarity with survivors. Confirmed speakers: • Sioned Williams, Deputy First Minister and Cabinet Minister for Equality and Social Justice • Dan Ley, SOUND x White Ribbon Ambassador • Jeryl Stone, NFWI Chair	Everyone welcome	The Pierhead, Cardiff Bay	Register here to attend: Ffurflen gofrestu - Gwylnos yng Ngolau Canhwyllau / Registration form - Candlelight vigil – Fill out form 
1.00pm – 2.00 pm	**Interventions for those using harmful behaviours** This session, delivered by Safer Merthyr Tydfil, explores the range of interventions available for individuals who use abusive, controlling, violent, or otherwise harmful behaviours within relationships and communities. Participants will gain an understanding of the causes and drivers of harmful behaviour, the importance of accountability and behaviour change, and the role that professionals can play in supporting safer outcomes for victims, families and communities. The session will also examine referral pathways, available support services, and the	Lunch and Learn for Cardiff and Vale frontline staff	Online	**Teams Meeting link:** https://teams.microsoft.com/meet/3523840947106420?p=aCKS5HCoGUpLtptP13

	principles of effective perpetrator-focused interventions.			
Tuesday 24 November 2026				
Time	**Name of Event**	**Target Audience**	**Venue**	**To book/contact details**
9.30 am – 4.30 pm	**Ask & Act Group 3** Ask and Act Group 3 Training is specialist training designed for professionals who have a direct role in identifying, responding to, assessing and managing risk associated with violence against women, domestic abuse and sexual violence (VAWDASV). Building on the foundations of Groups 1 and 2, the training develops participants' knowledge and skills to undertake effective, trauma-informed interventions, understand the impact of abuse on adults and children, recognise complex risk factors, and respond appropriately within safeguarding and multi-agency frameworks.	Cardiff Council Professionals with safeguarding responsibilities or those providing direct support to individuals who may be experiencing or at risk of VAWDASV, including practitioners within health, social care, housing, community safety, and specialist support services.	Llanrumney community room, Llanrumney Hub, Countisbury Avenue, CF3 5NQ	ntfadmin@cardiff.gov.uk
11:00 am – 12:30 pm	**Introducing Cardiff's Newly Commissioned VAWDASV Services** This briefing provides an introduction to the newly commissioned specialist Violence Against Women, Domestic Abuse and Sexual Violence (VAWDASV) services in Cardiff. The session will introduce partners to the new service arrangements, including the different elements of the specialist provision, how they work together and how people can access support. It will also provide clarity around referral pathways, eligibility and the role of partner	Cardiff Council front line staff	Online	https://teams.microsoft.com/meet/3471528317047279?p=BQkWKnPWqQ58A5DMoA

	agencies in helping people reach the right support.			
White Ribbon Day /UN Elimination of Violence Against Women Day: 16 days of Activism Against Gender Based Violence (25th Nov – 10th Dec) **Wednesday 25 November 2026**				
Time	**Name of Event**	**Target Audience**	**Venue**	**To book/contact details**
11:00-1:00pm	**The White Ribbon information stall** will provide a visible and engaging presence within the Civic Offices reception area, promoting the Council's commitment as a White Ribbon Accredited Organisation and raising awareness of violence against women and girls (VAWG). The stall will encourage staff, elected members, visitors, contractors, and partner agencies to learn more about White Ribbon, make a personal pledge to take action, and access information about support services.	Vale of Glamorgan Employees, elected members / Councillors and members of the public.	Civic Offices, Holton Road, Barry	Not required – further information available from rlane@valeofglamorgab.gov.uk
12.30 – 1.30	**Bystander Intervention to prevent Violence Against Women and Girls led by Kindling Interventions** A taster session of Lead the Change Wales- presented in a webinar format for staff to mark White Ribbon Day. Learn key ideas; what is a bystander, what is the problem, what can bystanders do and what difference does it make? An interactive session with Q&A With Luke Sellers, Lead Trainer.	Cardiff and Vale employees Lunch and Learn This webinar is suitable for all staff, volunteers, managers, community members, students, White Ribbon Champions and Ambassadors, and anyone interested in promoting safer, more respectful communities.	Online	https://teams.microsoft.com/meet/328308265586731?p=v1MDN1WUIvLFMz4aHt

6:00pm – 7:00pm	**White Ribbon Day Candlelight Vigil** An opportunity for people to come together to show solidarity and call for the end to all forms of violence against women and girls.	All welcome – please bring your own candle	Outside Civic Offices, Holton Road Barry, CF63 4RU	 

Thursday 26 November 2026				
Time	**Name of Event**	**Target Audience**	**Venue**	**To book/contact details**
9:00-12:30 p.m	**Vale Domestic Abuse Forum**	Professionals working within the Vale of Glamorgan who are seeking to broaden their networks and enhance their knowledge of services available within the scope of VAWDASV	Civic Offices, Barry	rlane@valeofglamorgan.gov.uk
9.30 a.m. – 11.00 a.m. 11.00 a.m. – 12.30 p.m.	**March To Llandaff** **White Ribbon Day Candlelight Vigil** An opportunity for people to come together to show solidarity and call for the end to all forms of violence against women and girls.	All welcome All welcome	Llamau Office, 23 Cathedral Road, CF11 9HA Llandaff Cathedral	

12.30p.m. – 3.00 p.m.	**Fundraising Lunch £8**	All welcome but attendees must register before the day £8 per person	Llandaff RFC, The Old Mill, Western Ave CF5 2AZ	

Friday 27 November 2026				
Time	**Name of Event**	**Target Audience**	**Venue**	**To book/contact details**
10:00-12:00pm	**Walk a Mile in her shoes – Vale of Glamorgan** Step up, take a stand and make a difference this White Ribbon Day. Join us for Walk a Mile in her Shoes and show your support for ending violence against women and girls. This year's White Ribbon theme, "It Takes All of Us", reminds us that everyone has a part to play. By challenging harmful attitudes, starting conversations and standing together, we can help create safer communities for women and girls. Take a stand. Walk a mile. Make a difference. **It takes all of us.**	Everyone welcome	Barry Island Promenade	

12:00 pm – 1:30 pm	**Introducing Cardiff's Newly Commissioned VAWDASV Services** This briefing provides an introduction to the newly commissioned specialist Violence Against Women, Domestic Abuse and Sexual Violence (VAWDASV) services in Cardiff. The session will introduce partners to the new service arrangements, including the different elements of the specialist provision, how they work together and how people can access support. It will also provide clarity around referral pathways, eligibility and the role of partner agencies in helping people reach the right support.	Cardiff Council front line staff	Online	https://teams.microsoft.com/meet/3255692273053458?p=PsL6QsaLn6dBJFxURZ
Saturday 28th November				
Time	**Name of Event**	**Target Audience**	**Venue**	**To book/contact details**
9:30 a.m. Registration Walk starts at 10:00 a.m.	Walk A Mile in Her Shoes - Cardiff Join us for Walk a Mile in Her Shoes as part of the White Ribbon campaign. This year's theme, "It Takes All of Us", reminds us that everyone has a role to play in challenging attitudes, starting conversations and helping to end violence against women and girls. Come along, step up and show your support. It takes all of us.	Members of the public	Trelai Park Ely, Cardiff, CF5 5QA	Register via the link or on the day Walk A Mile In Her Shoes 2026 - Saturday 28th November 10am – Fill in form
Monday 30th November 2026				
Time	**Name of Event**	**Target Audience**	**Venue**	**To book/contact details**
12:00pm – 1pm	Online Lunch & Learn: How to stand with survivors	All welcome	Online	Register here: Vale Domestic Abuse Services - Online Lunch & Learn: Stand With Survivors 30.11.26
Tuesday 1 December 2026				

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Time	Name of Event	Target Audience	Venue	To book/contact details
10.00 am – 12.30 pm	**Ask and Act Group 2** Ask and Act Group 2 is designed to equip professionals with the knowledge and confidence to recognise indicators of violence against women, domestic abuse and sexual violence (VAWDASV), respond appropriately to concerns or disclosures, and understand their role in supporting individuals affected by abuse. The training explores the nature and impact of VAWDASV, barriers to disclosure, the importance of professional curiosity, and how to respond safely and effectively. Participants will develop an understanding of trauma-informed practice, safeguarding responsibilities, and local support pathways, enabling them to provide an informed and compassionate response when abuse is identified.	Cardiff Council Staff Mandatory training for professionals who have direct contact with members of the public as part of their role and may identify or receive disclosures relating to VAWDASV, but who are not required to undertake a specialist enquiry under Ask and Act.	Online	Via DigiGov

Please follow our social media campaigns via #ittakesallofus

White Ribbon UK

Make the White Ribbon Promise and be part of the change. Never use, excuse or remain silent about men's violence against women.

Make the White Ribbon Promise — White Ribbon UK

VAWDASV specialist services

Cardiff - RISE

Specialist VAWDASV support for women and children

029 2046 0566
Domestic abuse - Cardiff Council

Vale of Glamorgan – Vale Domestic Abuse Service

Specialist VAWDASV support for women and children

https://valedas.org

National - Live Fear Free helpline

0808 80 10 800

If you, a family member a friend, or someone you are concerned about has experienced domestic abuse or sexual violence, you can contact the Live Fear Free Helpline 24 hours a day 7 days a week, for free advice and support or to talk through your options.
https://gov.wales/live-fear-free

BAWSO

0800 7318147

Provides practical and emotional support to survivors from ethnic minorities who have experienced domestic abuse, sexual violence, human trafficking, Female Genital Mutilation and forced marriage.

Bawso | Supporting ethnic minorities affected by violence and exploitation

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‘Ynys Saff’ or ‘Safe Island’

029 2033 5795

The region's Sexual Assault Referral Centre (SARC) where a range of specially trained, experienced professionals provide help, support and advice to men, women, children and young people, following a sexual assault. Based at the Cardiff Royal Infirmary.

Ynys Saff Sexual Assault Referral Centre - Cardiff and Vale University Health Board

New Pathways

029 2022 0390

Provides specialist support for adults, children and young people who have been affected by rape, sexual assault or abuse

New Pathways Rape crisis and sexual abuse support services.

Dyn

Specialist support for gay, heterosexual, bisexual, and transgender men affected by domestic and sexual abuse.

https://www.saferwales.com/domestic-abuse

National helpline

0808 801 0321

Open between 10am-4pm Monday to Friday and a 24 hours answer phone service is available when the helpline is closed

Provides free and confidential support Safety advice for male for victims and professional

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