VALE of GLAMORGAN BRO MORGANNWG

# Trans Inclusion

# Schools Toolkit

A guide to supporting transgender children and young people in school.

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## Foreword

We are pleased to present this updated version of the Trans Inclusion Schools Toolkit.

We recognise that Trans children and young people are vulnerable to bullying, prejudice and poor mental health outcomes if they are not effectively supported.

We see the Toolkit as an important addition to the range of equality and anti-bullying resources and guidance we provide to education settings in the Vale of Glamorgan that support students with protected characteristics and wide-ranging needs.

We know from conversations with young people and their families how vital they have found support in this area and the support our schools have offered them.

We believe this guidance in conjunction with other guidance documents provides ideas for policy and practice that will keep all children and young people safe and help to create environments which help prevent and pro-actively respond to gender stereotypes.

Please read it carefully as this is a complex area of practice where careful thought and balance of needs is required.

Thank you in advance for your support.







Paula Ham Director of Learning and Skills

## **Acknowledgements**

This is the second version of Vale of Glamorgan Council's Trans Inclusion Schools Toolkit and reflects contributions and feedback from a wide range of sources.

This updated version has relied on:

- The Brighton & Hove Trans Inclusion Schools Toolkit and the contributions made by Allsorts youth project.
- The ESTYN thematic inspection report of peer-on-peer sexual harassment 'We don't tell our teachers' December 2021.
- Welsh Government response to and recommendations resulting from the aforementioned ESTYN report.

## **1** Introduction

## 1.1 Vale of Glamorgan's Council commitment to equality and inclusion

The Vale of Glamorgan Council is committed to promoting equality and inclusion. Our vision is for a more equal County where no one is left behind. Everyone deserves to be valued and treated with respect.

As an organisation, we work under the Equality Act 2010 and the Equality Act 2010 (Statutory Duties) (Wales) Regulations 2011 to uphold the dignity and respect of all residents in the County, children and young people in our schools, and our staff. The Equality Act and the Wales Regulations also apply to schools.

The obligations imposed by the Equality Act and the Wales Regulations are considered at 3.1 below. The legislation not only prohibits discrimination related to protected characteristics including gender reassignment, but also requires that public authorities including the Council and schools pay due regard to the need to take active steps to remove or minimise disadvantages associated with these characteristics.

We understand that social and political contexts and landscapes change over time. We also recognise that identities evolve and are relative to different contexts. Therefore, we remain open to learning from schools and different communities and to new research, new case law, and best practice. We will use this continually to review our practice to ensure it remains relevant and up to date.

The Trans Inclusion Schools Toolkit is intended for use by staff and governors in Vale of Glamorgan primary, secondary and special schools. Some of the content and principles will also be of use to Further Education and Early Years Settings. Independent schools within our County are welcome to access it.

It will be of particular interest to senior leaders involved in developing and leading wholeschool policy across a range of areas of practice and to pastoral staff working directly with trans children and young people. However, all members of the school community should have an appropriate level of trans awareness (see sections 4.2 and 4.3 for information on the role of governors and staff training), with the level of awareness determined by role and context.

## 1.2 Overview

Education settings are diverse communities that reflect wider society and are places where children and young people learn about valuing and respecting themselves and others. Children and young people spend a great deal of time in these settings and should feel able to be themselves in them.

Schools and education settings have a responsibility to ensure that all children and young people in their care feel safe and supported to reach their potential and be the best version of themselves. Trans and non-binary children and young people will generally be a small group within a school community, but a potentially vulnerable one.

This Trans Inclusion Schools Toolkit is a Vale of Glamorgan Council guide for education professionals. Education settings will decide the extent to which the guidance is supportive of their values and ethos.

A glossary of terms is included in section 2.2 below. Here it is sufficient to say that the term "transgender" or "trans" can be understood as "an umbrella term for people whose gender identity is different from the sex registered at birth".<sup>1</sup> This toolkit uses the phrase "sex registered at birth" in line with the Census 2021<sup>2</sup>, except where it is quoting other sources. A person's sex is registered at birth based on their physical characteristics in utero and at birth.

It is also useful to clarify at this point that "gender" refers to the socially constructed characteristics of women and men (girls and boys) including the norms applied to them, the roles they are expected to play and the relationships that are expected to exist between them. Gender expectations vary between cultures and can change over time. Finally, for the purposes of this overview, the term "gender identity" is used in this toolkit to refer to a person's internal perception of themselves, which may not match their sex registered at birth. Not everyone regards themselves as having a distinct gender identity, some regarding

<sup>&</sup>lt;sup>1</sup> Office for National Statistics

https://www.ons.gov.uk/economy/environmentalaccounts/articles/whatisthedifferencebetweensexandgender/2019-02-21 (Retrieved 14.5.2020)

<sup>&</sup>lt;sup>2</sup> Census 2021 <u>https://census.gov.uk/help/how-to-answer-questions/online-questions-help/is-the-gender-you-identify-with-the-same-as-your-sex-registered-at-birth</u>

the concept of "gender" as external and societally imposed rather than internal. But for others gender identity is central to the understanding of trans identity.

Many people do not regard (internally experienced) gender as being binary but see it as existing on a spectrum and increasing numbers of people are identifying as somewhere along a continuum between man and woman, or as non-gendered (neither man nor woman). The concept of non-binarism is not new and has existed for many years across different cultures around the world.<sup>3</sup>

Children and young people who develop an understanding of their gender identity as being different from their sex registered at birth may experience high levels of anxiety, as may their families. Some studies find trans young people to be at an increased risk of self-harm and suicide (see Appendix 2), and also find that this risk is significantly reduced when the young person is effectively supported<sup>4</sup>. The Royal College of Paediatrics and Child Health Care recognises, as does the Council, "the discrimination that arises as a result of misleading and prejudiced information, and the additional significant harm this can cause to LGBT+ children, young people and their families"<sup>5</sup>.

Creating safe, inclusive learning environments is crucial therefore in order to reduce and prevent harm to vulnerable trans and gender variant children and young people such that they can learn and thrive at school.

Every trans and gender variant child's and young person's views, experience, needs and journey will be different, and they should be consulted and involved in the support they are offered.

This toolkit does not address the needs of children and young people with differences in sex development, although it is possible that some of the inclusive practice outlined will provide support to them. Neither do all parts of this guidance refer to all trans and gender variant children and young people.

This toolkit recognises that there will be trans and gender variant staff and governors in Vale of Glamorgan schools. Section 7 signposts resources that may be supportive in creating a working environment that supports and values these members of the community.

Trans inclusion is one part of a much wider equality agenda for schools. This toolkit focuses on trans children and young people for the reasons set out in the context statement in

<sup>&</sup>lt;sup>3</sup> Office for National Statistics

https://www.ons.gov.uk/economy/environmentalaccounts/articles/whatisthedifferencebetweensexandgender/2019-02-21 (Retrieved 14.5.2020)

<sup>&</sup>lt;sup>4</sup> <u>https://www.sciencedirect.com/science/article/abs/pii/S1077722918300385</u>

<sup>&</sup>lt;sup>5</sup> <u>https://www.rcpch.ac.uk/resources/supporting-lgbtq-children-young-people#key-messages-for-health-professionals</u> (accessed 24.9.20)

Appendix 1. Supporting trans and gender variant pupils and students forms just one vital part of efforts to celebrate difference and tackle all forms of discrimination, including homophobia, biphobia, sexism, racism, prejudice related to religion (or the absence thereof) and ableism. For guidance and training on all of these important areas of work contact the Learning & Skills Directorate Safeguarding Team.

## 1.3 How to use the Toolkit

Different sections of the Toolkit will be relevant to different members of staff depending on whether their role is pastoral or curriculum-based. It is recommended that at least one member of staff and one member of the governing body has an in-depth knowledge of the contents of the toolkit.

Appendix 6 can be adapted to reflect your school practice and shared with staff to reinforce your approach to supporting trans children and young people. In Appendix 7 you will find an audit and action planning tool which may provide a useful starting point to developing trans inclusive practice.

Education settings are reminded that, whenever significant changes to policies are made, due regard must be given to the equality implications of decision-making (See section 3 and Appendix 3) and safeguarding procedures must be followed.

This guide does not cover all possible scenarios. Settings and schools are encouraged to seek further advice if needed, from Vale of Glamorgan Council Learning & Skills Safeguarding Officer, or the Vale of Glamorgan Council Corporate Equalities Team

## **1.4 Underlying principles and messages in the toolkit**

- Education settings should continue to develop effective equality and anti-bullying policies and practices across all characteristics protected by the Equality Act 2010 and in line with the values and ethos of the setting.
- Diversity [recognition of diversity] in education settings provides children and young people with opportunities to learn about, and prepare them for, life in modern Britain. The prevention of gender stereotyping, sexism, homophobia, and biphobia is central to reducing and preventing transphobia.
- Transphobia and bullying can contribute to poor mental health outcomes for trans children and young people (see Appendix 2).

- There is more than one way to be a boy or a girl.
- Identities are developing throughout childhood and adolescence and into adulthood, and some children and young people may explore and express their gender identities in different ways. This can start from a young age and may change over time.
- Children and young people should be able to explore their identities, be accepted and change their minds.
- Support for individual trans and gender variant children and young people should be provided on a case-by-case basis in discussion with them, their family and relevant professionals.
- Members of the education setting may need support in developing an understanding of trans and gender variant identities and experiences and education settings need to consider how to provide/ ensure such support and ensure the safety of all.
- This guidance does not provide advice on any medical issues relating to gender transition. Decisions and guidance about medical matters are made outside of education settings by the NHS. The recognised universal gateway into NHS services is via the GP service.

# 2 Developing understanding of trans and gender variant children and young people

## 2.1 Introduction to terms

This section provides an overview of key concepts and terminology used in this toolkit. Language is constantly changing and not everyone agrees with the definitions used here. This section will be regularly reviewed.

Identity is personal and individual and may be subject to change. The umbrella terms 'trans' and 'non-binary' are generally accepted, but pupils and students should be allowed to self-describe. Some children and young people feel that they have a gender different from their sex registered at birth. As set out above, the term "gender identity" is used in this toolkit to refer to the internal perception which some people have of themselves which may or may not match their sex registered at birth.

Sex is normally registered at birth based on the external genitalia of a child but is also used to refer to chromosomes as well as hormones and secondary sex characteristics that won't become apparent until the child is older. Hormone levels, genitalia and secondary sex characteristics change throughout a course of a person's lifetime, and some trans people use medical intervention to seek to reconcile their hormone levels, genitalia and/or secondary sex characteristics with their gender identity.

## 2.2 Key definitions

## Gender dysphoria

Gender dysphoria is a term that describes a sense of unease that a person may have because of a mismatch between their biological sex and their gender identity. This sense of unease or dissatisfaction may be so intense it can lead to depression and anxiety and have a harmful impact on daily life<sup>6</sup>.

## Gender and gender identity

The World Health Organisation states that:

Gender refers to the socially constructed characteristics of women and men – such as the norms, roles and relations of and between groups of women and men. Gender norms, roles and relations vary from society to society and evolve over time. They are often upheld and reproduced in the values, legislation, education systems, religion, media, and other institutions of the society in which they exist. When individuals or groups do not "fit" established gender norms they often face stigma, discriminatory practices, or social exclusion – all of which adversely affect health. Gender is also hierarchical and often reflects unequal relations of power, producing inequalities that intersect with other social and economic inequalities.

Gender interacts with but is different from sex. The two terms are distinct and should not be used interchangeably. It can be helpful to think of sex as a biological characteristic and gender as a social construct. Sex refers to a set of biological attributes in humans and animals. Sex is mainly associated with physical and physiological features including chromosomes, gene expression, hormone level and function, and reproductive and sexual anatomy.

Gender identity refers to a person's innate, deeply felt internal and individual experience of gender, which may or may not correspond to the person's physiology or designated sex at birth.<sup>7</sup>

The Office for National Statistics states that:

<sup>&</sup>lt;sup>6</sup> NHS <u>Gender dysphoria - NHS (www.nhs.uk)</u> (Retrieved 9.12.20)

<sup>&</sup>lt;sup>7</sup> WHO, *Gender and Health*, <u>https://www.who.int/news-room/questions-and-answers/item/gender-and-health</u> (Retrieved 6.7.22).

- Gender identity is a personal, internal perception of oneself and so the gender category someone identifies with may not match the sex they were assigned at birth
- An individual may see themselves as a man, a woman, as having no gender, or as having a non-binary gender – where people identify as somewhere on a spectrum between man and woman<sup>8</sup>

## **Cisgender or cis**

Someone whose personally experienced or perceived gender identity is the same as the sex they were registered at birth. The term "non-trans" is also used by some people.<sup>9</sup>

## **Gender expression**

The World Health Organisation states that:

Gender expression refers to how an individual expresses their gender identity, including dress and speech. Gender expression is not always indicative of gender identity.<sup>10</sup>

A person who does not conform to societal expectations of gender may not identify as trans.<sup>11</sup>

It is very common for children to experiment and explore through dressing up. Many children will 'dress up' in clothes which are seen as stereotypically intended for a different gender and this alone would not mean they were trans. Outside the context of dressing up, a boy wearing a dress may be engaged in gender expression without signifying that he is trans. Schools can play a part in normalising, for example, boys having long hair or wearing jewellery without assumptions that they are gay or trans.

Any prejudice expressed to a child, young person, or adult because of their gender expression (for example, what they are wearing) or because they are gender nonconforming should be challenged.

<sup>&</sup>lt;sup>8</sup> Office for National Statistics

https://www.ons.gov.uk/economy/environmentalaccounts/articles/whatisthedifferencebetweensexandgender/2019-02-21 (Retrieved 14.5.2020)

<sup>&</sup>lt;sup>9</sup> Stonewall <u>https://www.stonewall.org.uk/help-advice/glossary-terms</u> (Retrieved 14.5.20)

<sup>&</sup>lt;sup>10</sup> WHO, *Gender and Health*, <u>https://www.who.int/news-room/questions-and-answers/item/gender-and-health</u> (Retrieved 6.7.22).

<sup>&</sup>lt;sup>11</sup> Stonewall Glossary <u>https://www.stonewall.org.uk/help-advice/faqs-and-glossary/glossary-terms</u> (Retrieved 29.7.2020)

## Gender stereotypes

The UN High Commissioner for Human Rights explains that 'Gender stereotyping refers to the practice of attributing to an individual woman or man specific attributes, characteristics, or roles by reason only of her or his membership in the social group of women or men".<sup>12</sup>

Gender stereotyping becomes harmful when it limits an individual's capacity to develop, make choices and pursue careers outside of a stereotype.

The wellbeing of boys and girls can be harmed by stereotyping<sup>13</sup>. All education settings will want to prevent and challenge gender stereotypes and give the message that there are many ways to be a girl or a boy. This approach will be of benefit to the wellbeing and aspirations of all children and young people and contribute to reducing and preventing sexism, homophobia, biphobia and transphobia. This work will also benefit trans and non-binary children and young people as unrealistic expectations about what it means to be a man, woman, boy or girl in society can do harm to those who don't conform to the gendered expectations placed on them.

## Intersex or differences in sex development (DSD)

"Intersex people are individuals whose anatomy or physiology differ from contemporary cultural stereotypes of what constitute typical male and female"<sup>14</sup>. "Differences in sex development (DSD) is a group of rare conditions involving genes, hormones and reproductive organs including genitals. It means a person's sex development is different to most other people's"<sup>15</sup>.

### **Non-binary**

"An umbrella term for people whose gender identity doesn't sit comfortably within 'man' or 'woman'. Non-binary genders and identities are varied and can include people who identify with some aspects of binary identities, while others exist outside of

(Retrieved 4.12.20)



<sup>&</sup>lt;sup>12</sup> https://www.ohchr.org/en/women/gender-stereotyping, retrieved 6.7.22.

<sup>&</sup>lt;sup>13</sup> The Children's Society How gender roles and stereotypes affect young people

https://www.childrenssociety.org.uk/what-we-do/blogs/how-gender-roles-affect-young-people (Retrieved 2.12.20) <sup>14</sup> The UK Intersex Association <u>http://www.ukia.co.uk/about.html</u>

<sup>&</sup>lt;sup>15</sup> NHS <u>Differences in sex development - NHS (www.nhs.uk)</u>

those categories entirely."<sup>16</sup> Non-binary people may use the pronoun 'they' but may also use 'he', 'she' or another pronoun. Pronouns do not necessarily correlate with gender, for example a person may have a non-binary gender but use 'he' or 'she' pronouns.

## Orientation

"Orientation is an umbrella term describing a person's attraction to other people. This attraction may be sexual (sexual orientation) and or romantic (romantic orientation). These terms refer to a person's sense of identity based on their attractions, or lack thereof."<sup>17</sup> Trans and gender variant people, like everyone else, can have a range of sexual orientations.

## Sex

The Office for National Statistics states that the UK government defines sex as:

- referring to the biological aspects of an individual as determined by their anatomy, which is produced by their chromosomes, hormones and their interactions
- generally male or female
- something that is assigned at birth<sup>18</sup>.

## Trans and gender variant

A term for people whose "gender identity is different from the sex assigned at birth"<sup>19</sup> including those who identify as:

- transgender
- gender queer
- gender fluid
- non-binary
- both male and female (this may be at the same time or over time)
- neither male nor female
- a third gender
- or who have a gender identity which we do not yet have words to describe.

<sup>18</sup> Office for National Statistics

<sup>&</sup>lt;sup>16</sup> Stonewall <u>https://www.stonewall.org.uk/help-advice/glossary-terms</u> (Retrieved 14.5.20)

<sup>&</sup>lt;sup>17</sup> Stonewall <u>https://www.stonewall.org.uk/help-advice/glossary-terms</u> (Retrieved 14.5.20)

https://www.ons.gov.uk/economy/environmentalaccounts/articles/whatisthedifferencebetweensexandgender/2019-02-21 (Retrieved 14.5.2020)

<sup>&</sup>lt;sup>19</sup> Office for National Statistics

https://www.ons.gov.uk/economy/environmentalaccounts/articles/whatisthedifferencebetweensexandgender/2019-02-21 (Retrieved 14.5.2020)

Many cultures across the world have a different gender system to the western world. A person who identifies as a gender from within their culture that does not exist within UK culture may not identify as trans, although others might.

## Trans boy or man

A person registered female at birth and whose gender identity is that of a boy or a man.

## Trans girl or woman

A person registered male at birth and whose gender identity is that of a girl or woman.

## Transition

"The steps a trans person may take to live in the gender with which they identify. Each person's transition will involve different things. Transitioning might involve things such as telling friends and family, dressing differently and changing official documents."<sup>20</sup> For some it may also involve medical intervention, such as puberty blockers, hormone therapy and surgeries, but not all trans people want or are able to have this. A young trans and gender variant person cannot have surgery in the UK until they are an adult.

## To remember

- Language is subject to change over time
- Individuals should be allowed to self-describe
- Children and young people will explore their identity and gender expression in a range of ways; this does not necessarily mean they are trans
- Gender identity, sexual orientation and gender expression are all spectrums, and all describe different things

## **3 Legal context**

## 3.1 Equality Act, 2010

Gender reassignment is defined by the Equality Act as follows:

A person has the protected characteristic of gender reassignment if the person is proposing to undergo, is undergoing or has undergone a process (or part of a process) for the purpose of reassigning the person's sex by changing physiological

<sup>&</sup>lt;sup>20</sup> Stonewall <u>https://www.stonewall.org.uk/help-advice/glossary-terms</u> (Retrieved 14.5.20)

or other attributes of sex. 21

Not every trans and gender variant child or young person will have the protected characteristic of gender reassignment though many will. The latest relevant case suggests that the term is wide enough to cover:

- those whose transition is not medical but involves 'changing non-physiological aspects of sex, such as one's name and/or how one dresses, or wears one's hair, or speaks, or acts';
- (2) those who are 'proposing to undergo', as well as those who are undergoing or have undergone, all or part of a process of 'reassigning ... sex', as long as they have made 'a conscious decision, which can properly be described as settled, to adopt some aspect of the identity of a gender different from that assigned at birth. A passing whim will not do, but nor is an intention required that the change should be permanent'.<sup>22</sup>

The Equality Act 2010 provides protection from direct and indirect discrimination in respect of the protected characteristic of 'gender reassignment' and the similar protection to following protected characteristics:

- age (for staff only)
- disability
- marriage and civil partnership (for staff only)
- pregnancy and maternity
- race
- religion or belief
- sex
- sexual orientation<sup>23</sup>

The Equality Act does not require that pupils with the protected characteristic of gender reassignment are treated as if they are of a sex other than that registered at birth. Nor does it require that such pupils are permitted to transition socially at school. It does require that they are not discriminated against because of their

<sup>&</sup>lt;sup>23</sup> Note that the Equality Act does not prohibit harassment of students (as distinct from staff) because of religion or belief or sexual orientation. Some such harassment will however amount to direct discrimination and be prohibited as such.



<sup>&</sup>lt;sup>21</sup> Section 7 of the Equality Act <u>https://www.legislation.gov.uk/ukpga/2010/15/section/7</u> (Retrieved 19.5.20)

<sup>&</sup>lt;sup>22</sup> R (AA & Ors) v National Health Service Commissioning Board) [2023] EWHC 43 (Admin), §§130-132.

protected characteristic. The Equality Act also allows schools to provide single sex spaces and activities, and to exclude pupils of the other sex from them irrespective of their gender orientation, if this is proportionate to a legitimate aim. Please see section 6 for more on single-sex spaces in schools.

The Equality Act 2010 also protects against harassment related to protected characteristics (though not, in the case of pupils, harassment related to religion, belief or sexual harassment). Harassment occurs where a person is subjected to unwanted conduct whose purpose or effect is to violate their dignity or to create an intimidating, hostile, degrading, humiliating or offensive environment for them.

It should be noted that the Equality Act 2010 lists "belief" as a protected characteristic. This has implications for the extent to which pupils, in particular, may be required or expected to "affirm" trans pupils' gender identity. In addition, the Human Rights Act 1998 gives effect in the UK to the European Convention on Human Rights, Article 9 of which protects freedom of religion and belief and Article 10 of which protects freedom of expression. Schools are public authorities for the purposes of the 1998 Act and must act consistently with the Convention provisions. These equality matters are further discussed below.

The Equality Act 2010 imposes a duty on public authorities including schools to pay "due regard" to the need to (a) eliminate discrimination and harassment; (b) advance equality of opportunity; and (c) foster good relations between those who do and do not share protected characteristics.<sup>24</sup> Compliance with this duty (referred to as the "Public Sector Equality Duty" or "PSED") requires that decision makers consider the potential equality implications of policies and significant decisions when developing policy and taking decisions, not as an afterthought. Education settings should keep a record of their decision making, including their consideration of equality implications, and should keep the implications of policies and significant decisions under review.

## 3.2 The Equality Act 2010 & trans and gender variant pupils and students in Vale of Glamorgan education settings

Whether or not gender variant students fall within the protected characteristic of "gender reassignment",<sup>25</sup> they (like other pupils) are entitled to protection from all forms of bullying.

<sup>&</sup>lt;sup>24</sup> Section 149 of the Equality Act https://www.legislation.gov.uk/ukpga/2010/15/section/149 (Retrieved 13.10.22)

<sup>&</sup>lt;sup>25</sup> An employment tribunal suggested in *Taylor v Jaguar Land Rover Ltd*, 1304471/2018 that the protected characteristic of gender reassignment extends to non-binary people but it is not clear that this is consistent with the statutory language and the tribunal's decision does not create binding precedent.

They will also be protected from discrimination on the basis of their perceived gender reassignment, and/or their association with others. The *Equality Act 2010: advice for schools* provides that:

Schools need to make sure that all gender variant pupils, or the children of transgender parents, are not singled out for different and less favourable treatment from that given to other pupils. They should check that there are no practices which could result in unfair, less favourable treatment of such pupils.<sup>26</sup>

## 3.3 Safeguarding

Safeguarding the mental and physical health of children and young people is paramount. Some trans and gender variant children and young people may be particularly vulnerable and may require additional support.

<u>Keeping Learners Safe (gov.wales)</u> highlights how emotional abuse that "may involve serious bullying" is a safeguarding issue. The higher prevalence of bullying which is likely to be experienced by trans and gender variant children and young people, outlined in Appendix 2, means that tackling transphobic bullying should be a high priority for all schools and education settings.

There are no provisions in child protection and safeguarding legislation specific to trans and gender variant children or young people aside from what is in place to keep all pupils and students safe. Settings should follow their usual safeguarding policies remembering that being trans and gender variant is not in itself a safeguarding issue. All schools should follow the *Keeping Learners Safe* 2022 statutory safeguarding guidance.<sup>27</sup>

## 3.4 Confidentiality and information sharing

When a child or young person initially discloses their trans and gender variant status, it is important to talk to them about confidentiality and who, if anyone, they would like information to be shared with. The member of staff should make clear that they will need to share the information with at least one other member of trained staff and then discuss who else will be told from there. In line with pastoral policies, it would be good practice to keep a record of support provided to trans and gender variant children and young people.

<sup>&</sup>lt;sup>26</sup> Equality Act; Advice for Schools (2018) p17 https://www.gov.uk/government/publications/equality-act-2010-advice-for-schools (Retrieved 13.10.22)

<sup>&</sup>lt;sup>27</sup> <u>https://gov.wales/sites/default/files/publications/2022-04/220401-keeping-learners-safe.pdf</u>

Most parents and carers of trans and gender variant children and young people will be involved in working in partnership with the school and their child to appropriately plan and deliver support (see section 5). Settings will encourage pupils and students to talk with their parents and carers about their trans or gender exploring status, including offering to talk with the parent or carer on the child's behalf. Even if the decision for social transition is supported by parents, school has obligations to safeguard the learners and ask themselves the question whether, for example, in the case of a very young child the issue is being driven by the parents or the child. If a decision is made by schools not to support a learner's social transition (with or without parents' consent), schools must continue to ensure that the learner is protected from any form of bullying or discrimination.

Leaving aside cases involving communication with parents, information about a child or young person's trans status, legal name, or sex registered at birth should not be shared without permission or unless there is a legally permissible reason to do so. Education settings should follow their usual policies related to information sharing to support the wellbeing of a child or young person.

It is important to consider school and college photos and websites to ensure that these images do not reveal any confidential information. If images and names are not protected, they may be used later in a trans person's life to 'out' them as such. Ensure that all children and young people (and their parents and carers if appropriate) are aware of these risks and consent accordingly. Under General Data Project Regulations (GDPR) individuals also have the right to have personal data removed.

All people, including children and young people, have a right to privacy. Staff should not discuss trans and gender variant and young people outside of school with friends or family members, even a casual reference to a child or young person may compromise confidentiality.

## 3.5 General Data Protection Regulation (GDPR)

Schools and education settings are required to comply with the GDPR in respect of all children and young people (as "data subjects") and personally identifiable information relating to individuals. They will be aware of the regulations in relation to processing and sharing of personal data. Such data includes any information that can identify a person, or their family, and this sort of data remains "personal" even if an individual chooses to publicise it.

Under GDPR Article 9, 'special category data' relates to more sensitive topics which may pose a significant risk to people's privacy and which can only be processed under certain conditions.

'Special category data' includes personal data which concerns physical or mental health or sexual orientation. This <u>guide</u> from the UK Information Commissioner's Officer (ICO) provides further information on this data.

The GDPR does not necessarily prevent processing or sharing of personal information but requires that there is a specific and limited purpose for doing so, that the data used is proportionate to that purpose and that it is stored and shared securely. Special category data is subject to additional controls. The ICO provides helpful guidance on this area. It is vital that anyone who is considering sharing sensitive personal information about a pupil or student is aware of, and/or takes appropriate advice on, the legal implications of so doing.

## 3.6 ESTYN Education Inspection Framework

Under the ESTYN Education Inspection Framework:

Inspectors will assess the extent to which the school or provider complies with relevant legal duties as set out in the Equality Act 2010 and the Human Rights Act 1998 which promotes equality of opportunity and takes positive steps to prevent any form of discrimination, either direct or indirect, against those with protected characteristics in all aspects of their work.<sup>28</sup>

Inspectors will make a judgement on behaviour and attitudes by evaluating the extent to which:

 Leaders, teachers and learners create an environment where bullying, peer-on-peer abuse or discrimination are not tolerated.<sup>29</sup>

Additionally, guidance which makes clear that safeguarding action may be needed to protect children and learners from (for example):

- physical abuse
- sexual abuse

- emotional abuse
- bullying, including online bullying and prejudice-based bullying
- racist, disability and homophobic or transphobic abuse
- gender-based violence/violence against women and girls
- sexual harassment, online sexual abuse and sexual violence between children and learners<sup>30</sup>

## To remember

Work to prevent transphobia and support trans and gender variant children and young people is supported by ESTYN, statutory safeguarding duties and the Equality Act 2010.

## **4 A Whole Setting Approach**

## 4.1 Introduction

Many Vale of Glamorgan education settings are already working to ensure that the school environment and curriculum celebrates similarity, difference and diversity such that all children and young people see themselves and their families represented and valued. This Toolkit provides guidance on how to ensure trans and gender variant members of the community feel equally welcomed, represented and safe. Education settings are skilled in supporting vulnerable pupils and students and this practice can be used to inform support provided to trans and gender variant children and young people.

If a whole setting approach is taken then harmful bullying and harassment of trans and gender variant pupils, students and staff in the school community will be prevented or minimised and all pupils and students prepared for life in the modern world.

For specific guidance on creating safe learning environments for other groups protected under the Equality Act 2010 contact Learning & Skills Directorate Safeguarding Team

## 4.2 Role of Governors

The governing body has responsibilities under the Equality Act 2010 and for safeguarding, as described in\_*Keeping Learners Safe* 2022<sup>31</sup>. It is recommended that the Designated Safeguarding Governor has attended bespoke safeguarding training for that role and has read this toolkit. The governing body could ask questions such as the following in governor meetings:

- Can we see data on bullying and prejudice-based incidents by type?
- What is being done to challenge gender stereotypes?
- What changes have been made to policies and practice to support the needs of trans and gender variant children and young people? Have these changes been through an equality impact assessment?
- What are we doing to keep parents and carers updated on our equality practice?

## 4.3 Staff training

All staff need to be provided with training which develops trans and gender variant awareness and confidence in terminology and vocabulary e.g. appropriate use of pronouns and names, and in challenging gender stereotypes, sexism and transphobia. Staff working with individual trans and gender variant young people will need additional specialist training to provide pastoral support.

Teachers will need support in delivering trans and gender variant sessions and managing discussion.

 It is recommended that training is provided to staff to ensure they have a better understanding of the issues, the confidence to use the toolkit and to provide appropriate support to trans and gender variant pupils. This will lead to a more positive experience for trans and gender variant pupils when they need support. The local authority sourcing this training and anticipate rolling it out in 2024-25.

## 4.4 Parent and carer community

It is hoped that education settings will have positive relationships with all groups of parents and carers and will be using a range of methods to break down any barriers to enable open

<sup>&</sup>lt;sup>31</sup> <u>https://gov.wales/sites/default/files/publications/2022-04/220401-keeping-learners-safe.pdf</u>

and transparent conversations about equality practice. All parents and carers should feel that their child(ren) and family are represented within the setting.

Education settings will want to communicate the work they are doing to support trans inclusion to parents and carers in the context of other equality work. For example, when explaining work for LGBT History settings may want to use language such as: 'As part of our work to promote our school value of respect we are...'; or: 'As part of our ongoing commitment to improving equality and prevent bullying we are...'.

Settings may find they are approached by parents and carers about their trans and gender variant inclusive practice. Settings can listen openly and respectfully to any questions or concerns, provide information that does not break confidentiality of trans and gender variant individuals and offer the following kinds of reassurance:

- The setting acknowledges there are a diversity of views about trans and gender variant inclusion and will listen respectfully to concerns.
- The setting is working within local authority guidance and the Equality Act 2010 to prevent and respond to all forms and bullying and prejudice and to ensure all children and young people feel safe to learn.
- The setting is preparing children and young people for life in modern Britain where they are going to meet and work alongside a range of people.
- The setting is working to develop its equality practice across all protected groups and efforts are being made to ensure all groups feel safe, represented and included.

Any complaints made will follow a school complaints policy. Education settings can contact the local authority about concerns raised by members of the school community.

## 4.5 Policy Framework

Education settings will want to ensure that all relevant policies appropriately reference trans and gender variant pupils and students and that there is reference, where appropriate, to intersectional issues. Some examples of how to do this are identified in Appendix 5, but this is not an exhaustive list.

In Appendix 7 you will find a document that could be adapted and used as a summary of your school's approach to trans inclusion.

## 4.6 Transphobic and sexual bullying and harassment

For definitions of bullying and prejudice and scripts for challenging prejudice please see Appendix 4. Education settings may also want to be mindful about how so-called 'banter' or jokes are used in peer groups and can cause harm.

Education settings should ensure that they identify, record, respond to and monitor all forms of bullying and prejudice incidents.

Recording of incidents means that the wellbeing of individual pupils and students can be tracked as can the behaviours of perpetrators. This data along with data from school surveys can also be used to target preventative interventions and measure the impact of activities.

Trans and gender variant children and young people are vulnerable to bullying, as is any child or young person who does not conform to gender norms and stereotypes. Additionally, children and young people with trans and gender variant family members may also be transphobically bullied. Transphobic bullying therefore may be perpetrated by pupils, students, parents, carers or staff members and directed at:

- Children, young people and adults who do not conform to gender stereotypes or are perceived to be trans and gender variant.
- Trans and gender variant children, young people and adults in school, outside school and on-line.
- Children and young people with trans siblings, parents, relatives or friends
- Lesbian, gay and bisexual children, young people and adults.

As a key preventative measure for transphobic bullying, settings should ensure that the curriculum, assemblies and displays are used to prevent and challenge gender stereotypes and sexism. One of the reasons why gender stereotyping is harmful is because it suggests that boys and girls should present themselves in certain ways, and that failure to comply with gender stereotyping may lead to bullying and harassment.

*Keeping Learners Safe* <u>2022</u> has a strong emphasis on preventing and responding to peeron-peer abuse and recognises the gendered nature of some forms of abuse in schools. Education settings may also refer to the recent publication of the Estyn report December 2021 (*Experiences of peer-on-peer sexual harassment among secondary school pupils in Wales - Supporting resources* (gov.wales), along with the Welsh Government's response and recommendations January 2022<sup>32</sup>.

<sup>&</sup>lt;sup>32</sup> https://gov.wales/incidence-peer-peer-sexual-harassment-among-secondary-school-pupils-wales-governmentresponse-html

Identifying the nature of any bullying will assist the school to understand and then address any trends in the school community. Sexist, sexual or transphobic bullying are not the same as homophobic or biphobic bullying. However, sexist attitudes often manifest themselves in homophobic bullying as any child or young person who is perceived as not expressing stereotypically masculine or feminine traits expected of them might experience homophobic or transphobic bullying.

Staff will need to use their professional judgement as to whether some incidents should be recorded as homophobic or transphobic but should take care not to under-record transphobic bullying.

Transphobic bullying may also occur in conjunction with other forms of bullying, including that related to additional learning needs and disabilities or cyberbullying. Trans and gender variant pupils and students may be particularly targeted with behaviours such as 'skirt lifting', 'groping' or being asked inappropriate personal questions. Again, educational settings should be vigilant in preventing and responding to all forms of sexual harassment and bullying.

If a transphobic incident occurs in a group situation and the member of staff dealing with it is aware that the child or young person is trans and gender variant but they are not 'out' to the rest of the community, the member of staff must challenge the prejudice but will need to take care not to label the incident as transphobic in front of other pupils and students, which would 'out' the person being targeted. The incident would still be recorded as a transphobic incident.

There may be occasions where transphobic bullying has wider safeguarding implications, or involve criminal behaviour; in these cases, educational settings need to engage the appropriate safeguarding agencies and or the police.

## 4.7 Language

It is important for all children and young people that staff are thoughtful about the use of gendered terms. For example, using terms such as 'ladies' and 'gents' may reinforce certain stereotypical ideas of femaleness or maleness. Equally asking for two strong boys to move a piece of classroom furniture implies that girls cannot be physically strong.

In addition, care needs to be taken to avoid excluding those who do not identify as male or female (e.g. who are non-binary), and not to make assumptions about someone's gender identity based on their gender expression. The Vale of Glamorgan supports schools to consider using language which does not reinforce a binary approach to gender particularly when the gender of a person or people being referred to is not known. A trans boy who is

referred to as a girl or a trans girl who is called a boy and non-binary students will feel excluded by this language. Settings can develop a repertoire of gender-neutral language, and the use of pronouns that reflects their community, including words such as learners, Year 8, folks, partner, all genders, everyone etc. and use when appropriate.

The purpose of this thoughtful use of language is not to deny sex and gender as important parts of identity, in fact we need to use binary language to talk about sexism, sexual harassment and sex specific life experiences. Equally, it may be appropriate to use sex-specific language such as 'mum', 'grandma' or 'him when referring to someone specific whose sex/gender is known.

## 4.8 Curriculum

## Relationships and Sexuality Education (RSE) and Curriculum for Wales

RSE is a statutory requirement in the Curriculum for Wales framework and is mandatory for all learners from ages 3 - 16.

The Curriculum for Wales guidance sets out the legal status of RSE in the framework and identifies the legislative duties of schools and settings in terms of the development of and curriculum planning for RSE.<sup>33</sup>

RSE is a mandatory element of the Curriculum for Wales Framework and a curriculum must accord with the RSE Code. This means <u>schools</u> and <u>settings</u> must include the learning set out in the Code. A curriculum does not encompass RSE unless it accords with the provision in the RSE Code. Learning and teaching also does not encompass the mandatory element of RSE unless it accords with the provision in the RSE Code.

The RSE Code is set out and signposted in the **RSE section** of the Framework guidance.

This Code is issued under section 8 of the Act.

The <u>RSE Code</u> sets out the themes that must be encompassed in a school's RSE curriculum. It consists of three inter-linking strands:

• relationships and identity

<sup>&</sup>lt;sup>33</sup> https://hwb.gov.wales/curriculum-for-wales/summary-of-legislation/#relationships-and-sexualityeducation

- sexual health and well-being
- empowerment, safety and respect

The Curriculum and Assessment (Wales) Act 2021 requires that a school or setting's RSE must be developmentally appropriate. To support practitioners in this, the RSE guidance sets out phases within each of the strands that allow practitioners to decide if learning is developmentally appropriate.

As well as having strong links with learning and experiences within the health and well-being Area, RSE is also a <u>cross-cutting theme, which</u> means that schools and practitioners must have a methodology for designing their curriculum that allows learners to develop, where appropriate, their understanding of RSE through a whole-school approach which should include learning and experiences in each Area. The 'designing your curriculum' section within each Area's guidance includes support on how each Area can contribute toward authentic RSE learning.

## Inclusivity, including LGBTQ+ inclusivity

In keeping with the mandatory requirements of the RSE code, teaching and learning should be inclusive, and in line with the principles of equality. This helps ensure that all learners can see themselves, their communities and families reflected across the curriculum, and can begin to value difference and diversity as a source of strength. This includes gender equity and LGBTQ+ inclusivity.

In terms of what this means for schools the following questions will be useful to consider:

- How well does the curriculum incorporate developmentally appropriate discussion of LGBTQ+ issues? Deciding when to introduce teaching and learning about what LGBTQ+ and the terms within the acronym mean, lies with schools and should reflect when they think it is developmentally appropriate to introduce it to their learners. The statutory guidance states that this needs to be responsive to learners' needs, their experiences and their developing knowledge.
- Do learners experience positive LGBTQ+ role models through the curriculum?
- Do the resources you use provide a range of different, diverse and inclusive examples of individuals, identities, families, relationships, race, ethnicity?
- Are the resources used to teach learners about the different types of families inclusive of the range of families within the school, the community, society etc. (this isn't just about same-sex families but also families headed by grandparents, single parents, adoptive parents, families from different faiths etc.). This helps to develop learners' understanding of diversity, equity, tolerance, respect and rights in ensuring the fair

treatment for all. It also encourages acceptance of difference, challenges discriminatory behaviours and supports much of the learning and key ideas within the empowerment, safety and respect strand.

- Do pupils of all ages have access to a diverse range of resources including those that show stereotypical and non-stereotypical gender expressions, masculine girls and feminine boys, trans and gender variant people and men and women in a wide range of careers?
- Do displays around the school challenge gender stereotypes, actively celebrate different families and LGBTQ+ people?
- Do pupils have the opportunity to participate in events that address LGBTQ+ issues and celebrate diversity? School could make use of events such as LGBT History Month (February), International Trans Day of Visibility (31March), LGBTQ+ Pride month (June) and Trans Awareness Week (November) as opportunities for further work.
- To what extent do schools draw on the views of learners, including LGBTQ+ pupils, to influence curriculum design?

#### How can we make RSE more inclusive for trans pupils?

- Ensure that gender neutral and inclusive language is used. For example, when talking about relationships use terms such as 'partner' rather than, or as well as, 'boyfriend or girlfriend'. When discussing families, use 'grown up' rather than, or as well as, 'mum or dad'. When talking specifically about known family members or relationships, gender specific language is appropriate.
- Use gender-neutral names when designing some case studies, scenarios or characters.
- Represent trans and gender variant people in scenarios and resources used.
- Start any teaching around puberty and bodies by highlighting that all people's bodies and genitals are different and that there will be a diverse range of responses to puberty.
- When labelling the genitals consider stating that most, rather than all, boys have a penis and testicles and most, rather than all, girls have a vulva and vagina.
- Present sexual health information with an awareness that trans and gender variant young people may feel that their body does not sit comfortably with their gender identity.

 If you know you have a trans and gender variant pupil in the class, some pre-planning and one-to-one support may be necessary to ensure the learner gets the information they need in a way that feels supportive to their gender identity.

## Supporting learners' needs

Some teaching and learning approaches may make trans and gender variant children and young people feel confused, excluded or uncomfortable. Putting children and young people into single sex groups may have this effect. There may be times when single sex groups are needed, including for aspects of relationship and sex education or to support the learning needs of groups (e.g. boys and literacy). Providing a clear need is identified, the Equality Act 2010 allows for such provision.<sup>34</sup> However, it is recommended that school staff only group by sex when it is educationally appropriate. Speak to the trans and gender variant child or young person in advance and decide whether any additional support is needed.

### Resources

Many resources are available online that provide schools with advice about how to go about creating a LGBT+ inclusive curriculum. As a local authority, we don't particularly endorse any specific resources. Much of the resources available relate to the Relationships, Sex and Health Education curriculum (RSHE) in England although there are many areas of cross-over with the RSE Code.

https://www.stonewall.org.uk/best-practice-toolkits-and-resources-0 https://www.theschoolrun.com/learning-about-lgbt-issues-primary-schools https://healthyschoolscp.org.uk/pshe/lgbt/

There are many more resources available on HWB, on all aspects of RSE:

<u>Repository - Hwb (gov.wales)</u> including a four page guide summarising the changes to RSE which could be helpful for parents. In addition, resources are also available on the Central South Consortium (CSC) website <u>Repository - CSC (cscjes.org.uk)</u>, including case studies and example activities to support the development of the RSE framework within schools.

### To remember

- Many schools have existing good practice that promotes equality and supports the needs of individual children and young people.
- Trans inclusion should be referenced across the policy framework.

<sup>&</sup>lt;sup>34</sup> Equality Act; Advice for Schools (2018) p17 <u>https://www.gov.uk/government/publications/equality-act-2010-advice-for-schools</u> (Retrieved 13.10.22)

- Schools should challenge, record and monitor all incidents of bullying and prejudice by type.
- The curriculum and particularly RSE can be used to develop understanding of family diversity, sexual orientation, gender stereotyping and gender identity and to prevent sexism, homophobia, biphobia and transphobia.

## 5 Supporting the individual trans and gender variant child or young person

## 5.1 An individualised approach to support

There is not a one-size-fits-all approach in supporting a trans and gender variant child or young person. Allocating a key member of staff, as would be done for any other vulnerable pupil or student, is an important first step.

It is vital that each child and young person is met with the kindness, compassion and support needed to keep them and their peers safe and well. There may be additional challenges for trans and gender variant pupils and students from certain faith or cultural backgrounds or who have an additional learning need or disability. It is important for education settings take into account, as far as possible, all aspects of a child's identity and experience in considering how to best support and respond to the child. Each journey will be unique.

## Non-binary children and young people

Certain sections of this guidance refer to binary trans children and young people, however the principles of this toolkit and the sections related to pronoun change, dress, curriculum and gender stereotyping are relevant to the inclusion of non-binary children and young people.

## **Gender exploring**

It is important to acknowledge that some children and young people will go through a period of exploring their gender identity. Over time some of this group may realise they are comfortable with their registered sex, for others this may be part of a longer journey. This exploration can come in many forms and appear at different ages. It may include using a different name and or pronoun. It may include exploring gender expression, for example by changing in what a child wears or how they present, while for others it may relate to their sexual orientation.

The Royal College and Paediatrics and Child Health calls on Health professionals to:

Help parents, schools and other agencies to adopt a supportive, flexible and responsive attitude to affirm a child's expressed sexuality and gender, whilst being sensitive to change over time. This will involve making appropriate adjustments.<sup>35</sup>

## Coming out

It is important to recognise that coming out is a hugely significant step in any LGBTQ+ person's journey and the initial response can have a lasting impact on the individual. The choice to come out is a personal one and will happen when the time feels right for the child or young person. They may come out to some people and not others, may share it very openly in school or a wider community or only want one person to be aware.

If a child or young person makes the decision to come out to you, it is a big step and suggests that you are a trusted person in their life. Acknowledge what they say, be empathic and thank them for speaking with you. If you aren't sure about terms the young person is using it is okay to ask. A first step may be to gently ask some questions 'Can you tell me more about how you feel...?' 'How long have you been thinking this...?' 'Have you spoken with anyone else / family members...?'

 A "watch and wait policy, which does not place any pressure on children to live or behave in accordance with their [sex registered at birth] or to move rapidly to gender transition"<sup>36</sup> should be adopted. (2018 position Royal College of Psychiatrists)

It is important to be mindful that, for changes such as names and pronouns to be acknowledged in the wider community, a level of information sharing will need to happen amongst staff and pupils. This should, as much as possible, be led by the child or young person and their family asking for these changes.

- Whilst a child or young person and their family may be keen to come out and make transitions as quickly as possible, school staff may need to work with them to ensure they are supported and manage this process thoughtfully. This will help to ensure the safety of the child or young person who is coming out and to support their peers in understanding any changes.
- The Cass Review considered that 'Social Transition', was not a neutral act and "may have significant effects on the child or young person in terms of their psychological functioning. This is why a "watch and wait" approach is essential,

<sup>&</sup>lt;sup>35</sup> RCPH Supporting LGBTQ+ children and young people <u>https://www.rcpch.ac.uk/resources/supporting-lgbtq-children-young-people#key-messages-for-health-professionals</u>

<sup>&</sup>lt;sup>36</sup> Retrieved from <u>PS02\_18.pdf (rcpsych.ac.uk)</u>

there are different views on the benefits versus the harms of early social transition, whatever position is taken it is important to acknowledge that it is not a neutral act, and care needs to be taken to ensure that no young person rushes into the process without a thorough understanding of its implications.

In some education settings, the child or young person may have transitioned in a previous school setting. School staff should be mindful that this child or young person may only have come out to a small number of school staff or their peers and, as such, their information must be kept private and confidential (unless confidentiality needs to be broken for safeguarding reasons).

## 5.2 Working with the parents, carers and siblings of trans and gender variant pupils and students

As a key principle, education settings will want to work in close partnership with parents and carers. Parents and carers will often be the ones to approach the setting about the needs of their trans and gender variant child.

Many parents and carers of a child or young person who comes out as trans and gender variant will be supportive of their child although they may also experience some shock, concern, and grief for the child they feel they may lose and the future they imagined for them. They may also fear community reactions and extra time, support and care will need to be offered to these parents.

Difficulties will arise for schools where a child who wants to make a social transition at school does not wish their parents to be consulted or notified. As was pointed out in the interim Cass Report, social transitioning is not a neutral act because it may have significant psychological implications for a child. This being the case, schools should not support a child or young person under the age of 18 to socially transition without involving the learner's parents in the process.

If there is strong reason for concern that informing a parent could have a detrimental impact on the wellbeing of a pupil, schools should seek advice from the Education Safeguarding Officer who will support the school in their decision making and seek further advice if required.

### 5.3 Transition

Transition can be divided into 'social' and 'medical' transition. Decisions about medical transitioning will not be taken by schools, but schools must be aware that social transitioning makes subsequent medical transition more likely, and that social transitioning is not therefore to be regarded as 'neutral'.

#### **Social transition**

As stated above, schools should not support a child or young person under the age of 18 to socially transition without involving the learner's parents in the process. It may also be possible that parents and carers will seek to prevent their child from making any steps towards a transition and extra time, support and care will need to be offered to this family.

In the case of secondary aged pupils, if there are concerns that the refusal of parents' agreement is having a serious impact on the young person's mental health and wellbeing the school should seek professional advice from the Education Safeguarding Officer who will support the decision-making process and seek further guidance if required.

In these circumstances, it may be necessary to determine whether the child is *Gillick* competent to make such a decision.

#### **Gillick competence**

This is a term used to indicate a child's competence to make decisions for themselves. For many practical purposes parents are trusted to make important decisions in the best interests of their children. Where the views of parents and children differ, or where children do not want their parents to be involved, it will be necessary to determine whether the child is competent to make the decision themselves (this is referred to as *Gillick* competence).

*Gillick* competence is judged in relation to the particular decision in issue and not in the round. There is no definitive set of questions which need to be asked but appropriate professionals will need to consider:

- the child's age, maturity and mental capacity;
- their understanding of the issue and of the advantages, disadvantages and potential long-term implications of the decision;
- their understanding of the potential risks;
- the child's ability to understand any advice or information they have been given;
- the child's understanding of any alternative options, if available;
- the child's ability to provide a rationale for their decision.

When determining *Gillick* competence in the context of social transitioning it will be necessary to consider the specific question whether the child is sufficiently mature to make the relevant decision(s) without the support of their parent(s).

When children are not *Gillick* competent, decisions may be made in their best interests by parents or appropriate professionals.

A social transition could include:

- A name change
- A change in pronoun (he, she, they, zie etc.)
- Wearing clothes that are associated with the individual's gender identity\*

\*Of course, not all children and young people who wear clothes associated with a gender different to that of their sex registered at birth are trans and gender variant. Education settings should provide for a wide spectrum of gender expressions and be open to the diversity shown by children and young people. It is vital that work on sexism, gender expression, gender stereotyping and, particularly, masculinity and femininity is done across the school to ensure all children and young people feel respected in their gender expression. Equally, a trans and gender variant person may choose not to wear clothes stereotyped as fitting their gender identity.

A child or young person's goals in terms of transition may change over time and the support offered needs to reflect this. For example, a child or young person may start on a transition pathway, realise this isn't the right path for them and reverse some or all aspects of their social transition.

Be aware that some pupils and students, including those with ALN, may not feel the same pressures or awareness of 'fitting in' socially, or may have empathy differences that make it difficult for them to understand their families or friends' perspectives or feelings. Once they have 'come out' to one person they may have unrealistic ideas or timeframes about how their journey will progress, and this can leave little time to build a supportive plan. Schools will need to develop plans that meet the needs of an individual but provide effective support for them and the wider community.

Some trans and gender variant pupils and students will need support in developing scripts and responses to questions they may be asked about their transition. This may include phrases such as 'It's none of your business...' 'I have always been a boy / girl'. 'Non-binary means...' This support can be provided, where it reflects the individual pupil's belief, by a trusted adult at school, working in collaboration with a child or young person's family and another appropriate professional.

According to Estyn "The most effective schools and colleges respond flexibly to the needs of the learners and understand that the transition journey is unique to each individual young person. In these cases, they work well with pupils, learners and their parents to plan the transition process. They communicate this to other members of the school or college community sensitively. This eases the transition journey and reduces instances of transphobic bullying."

## **Medical transition**

It is not the role of educational settings to make decisions about medical treatment. Some children and young people may undergo medical treatment related to transition while at school, but many others will not.

Coming to terms with being trans and gender variant can be a difficult time at any age. Starting the initial stages of medical transition can be particularly demanding for a young person and their family. This can be exacerbated by long waiting times to access medical support and the lengthy assessment process involved. It is therefore a time when support is likely to be needed.

Pupils or students needing time off for a medical appointment should be recorded with an M code.

## 5.4 Timing of transition (including primary to secondary transfer)

Schools will have pupils and students at different stages of transition including those who have transitioned prior to attending their school. Circumstances will vary and the level of and type of support needed will vary according to the individual and their stage of transition.

Some trans and gender variant children may socially transition at primary school. Before they move on to secondary school, the following is recommended:

- Have a meeting with the child (and their parents or carers) to find out if they have any worries and discuss how they would like any issues that arise to be managed
- Allocate a named contact or 'trusted adult' for the child to approach if issues arise during the school day. This will limit the number of adults they will have to come out to or explain their story to if there are any challenges.

Some children and young people, with support from their families, may make a transition into their preferred gender identity at a point when they are changing schools. Secondary schools will therefore need to be particularly aware and supportive of children transferring from a primary to secondary school. Where the child/young person are in agreement and there is no evidence to suggest that there is a cause for concern in relation to that particular pupil/young person, the school will work with students from the original primary school which would be aware of this change.

All settings should be able to effectively support a trans and gender variant child or young person, including those transitioning.

## 5.5 Pupils and students with additional vulnerabilities

## Intersectionality

All educational settings should recognise the uniqueness of their children and young people, address their needs holistically and challenge all forms of prejudice.

## Additional Learning Needs & Disability

Children and young people with Additional Learning Needs (ALN) may need additional support in understanding or accepting their own identity, learning about those who are different to them, and understanding that difference is to be respected and celebrated.

Staff, parents, carers, and wider professionals may need support in understanding that a child or young person with ALN or Disability is just as likely to be lesbian, gay, bisexual, trans and gender variant as any other person. There is developing research showing that there is a higher prevalence of autistic people who are trans and gender variant. There is likely to be a range of reasons for this. The National Autistic Society includes articles on its website about this.

It is important that a child or young person's words or actions are not automatically attributed to their ALN or Disability, for example, preferences for clothing types or hair length being seen as a sensory need, or behaviours described as a new special interest, fascination, curiosity or phase. Whilst this may be true in some instances, it is important to listen without judgement so that expressions of questioning gender identity are not dismissed.

Emotions related to gender identity are complex for anyone to understand and express, and this could be exacerbated in those with communication and interaction difficulties.

Some children and young people with ALN or Disability may not see the need to communicate and may not understand that others don't already see them in the same way as they see themselves or know themselves to be. This could obviously lead to increased frustration and anxiety and impact negatively on well-being and mental health. Providing one-to-one support for the child or young person to explore issues in a non-judgmental, safe way with conversations that go at the child's pace will be important.

Differences in social understanding, empathy and communication may mean specific support is needed. Tools such as Mind Mapping, Comic Strip Conversations and Social Stories may be useful to support communication and understanding.

In addition, there may be potential increased vulnerabilities of a young person with ALN. Staff will need to give increased support as needed and teach children about safety including online.

# Black, Asian and Minority Ethnic (BAME) children and young people and children and young people from faith backgrounds

BAME trans and gender variant people are likely to face discrimination based on their race and gender, and this can make seeking support harder. By coming out as trans and gender variant some children and young people of faith may risk losing their communities.

All major faiths have LGBT inclusive groups, and these may be a helpful resource for professionals and some children, young people and their families.

In conversation with children, young people and their families, education settings may also encourage, if appropriate, the seeking of support from faith, cultural and community leaders or groups.

### **CLA-Children Looked After**

Children and young people who are living in a care setting or have experienced care are likely to come with additional vulnerabilities due to their experience. This could include previous traumas, attachment difficulties and challenges with managing emotions. For children living in care, it will be vital that the communication between professionals, school, carers and child is clear and transparent.

Children in care who are wishing to change their name legally may have additional challenges due to the differing levels of legal responsibility the adults around them have to input into legal decision making. This may mean that a child may not be able to change their name by deed poll until they are 16; the position should be clarified with the child's social worker. Schools should be alert to this issue and ensure that where appropriate, they are able to support the child to use a preferred name in their setting where possible.

Children and young people in care may often have experiences of neglect and feeling unheard. Further frustrations around a delayed name change is likely to amplify these feelings.

If a looked after child wants to be known by a different name, it important to share this with their social worker. The social worker can take legal advice on steps to achieve this, if it is considered to be in the child's best interests.

The child or young person in care may have to come out multiple times to various professionals involved in their care. Equally, they may only come out to one person but find multiple people are aware. The child or young person should be informed of what information is being shared and to whom.

## 5.6 Signposting to additional support

- Youth Cymru (youthcymru.org.uk / mailbox@youthcymru.org.uk / 01443 827840). It runs <u>TransForm Cymru</u> and <u>Belong</u> (Julia@youthcymru.org.uk).
- I AM ME is a youth club for LGBTQ+ young people and allies with the aim of creating safe spaces to express themselves and explore their identities. It offers LGBTQ+ training on topics such as healthy relationships, internet safety and confidence building. Contact Georgia Young for information, Youth Engagement Officer for information (gyoung@valeofglamorgan.gov.uk)
- <u>Umbrella Cymru</u> provides information on <u>social and support groups</u>, <u>clubs and forums</u> on its website.
- <u>CYPF</u> (Children, Young People and Families provides links to <u>LGBTQ+ specific</u> resources.
- <u>Glitter Cymru</u> is a Cardiff based community organisation of ethnic minority LGBTQ+ people. It lists <u>resources</u> on its website:

### To remember

- Follow the lead of the child, young person and their family, maintain confidentiality where appropriate and take appropriate, timely action that protects the wellbeing of those involved.
- Be alert to any safeguarding concerns and use the appropriate safeguarding procedures.
- Consider all aspects of a child and young person's identity in the tailoring of support.
- Transitioning is a unique journey.
- Make use of local and national specialist support services.

## 6 ESTYN guidance and managing specific issues for trans and gender variant children and young people

## 6.1 Estyn guidance

The specific issues covered in this section are complex. Estyn has produced "<u>Celebrating</u> <u>diversity and promoting inclusion: Good practice in supporting lesbian, gay, bisexual and</u> <u>transgender (LGBT) learners in schools and colleges</u>", October 2020.

The good practice guide recognises the challenges facing school leaders and states that: "Effective leaders recognise that there are no standard or simple solutions to these challenges, and there is a need for dialogue with all involved. In schools and colleges that are sensitive to the needs of transgender learners, staff liaise well with parents and carers to address the challenges they face and modify provision where needed. In most schools, staff reassure parents of transgender pupils that they will act to tackle discrimination against their children and that they will not tolerate homophobic, biphobic and transphobic bullying.

The guide comments specifically on how schools can take into account the needs of trans learners, as follows:

In schools and colleges that are sensitive to the needs of transgender learners, staff liaise well with parents and carers to address the challenges they face and modify provision where needed. In most schools, staff reassure parents of transgender pupils that they will act to tackle discrimination against their children and that they will not tolerate homophobic, biphobic and transphobic bullying. However, only a small proportion of schools are truly effective in addressing this issue and, in too many cases, bullying of transgender pupils impacts negatively on their school experience.

In a majority of secondary schools and colleges, leaders consider how sex or genderspecific features and facilities, such as toilets, changing rooms and school uniform requirements, impact on the lives of transgender learners. In the best cases, leaders do not make assumptions about their needs, but work with them sensitively to adapt provision and ensure that they can access the most appropriate facilities given their needs and the nature of the school or college building.

Often, schools and colleges are limited as to the physical changes they can make to facilities because of the limitations of the building and available budgets. In the best cases, where they are making changes to their facilities or planning a new build, they consult with all learners including any LGBT groups to consider their opinions. However, too frequently when considering the construction of new buildings, schools and colleges do not consider provision for transgender learners well enough.

The guidance also contains useful 'Self-evaluation questions to support LGBT inclusion' in its Appendix 1.

Education settings should consider the guidance below and apply on an individual, case by case basis. In making these complex decisions schools will be fully supported by local authority officers as appropriate.

#### 6.2 Access and safety for all

The Equality Act promotes access to facilities, the curriculum and extra-curricular opportunities to all children and young people.

Education settings will engage with children and young people who are at various stages of exploring their identities or transitioning. This includes, but isn't limited to, those who are just coming out as trans and gender variant, those who have come out as non-binary, those who have socially transitioned either partly or fully and those who are exploring their gender identity with no fixed pathway. As we say above, most but not all [trans] [gender variant] children and young people will have the protected characteristic of "gender reassignment" but this does not provide an entitlement to be treated as if they were of the other sex. There is no legal obligation on a school to allow trans and gender variant pupils to use single sex facilities such as toilets, changing rooms or single sex bedrooms on school trips.

However, schools are required to demonstrate that they are giving full consideration to the needs of the trans or gender variant pupils alongside the needs of all other pupils and make "reasonable adjustments" in order not to treat trans or gender variant pupils less favourably than any other person who has a protected characteristic.

When making decisions, schools will need to be mindful of the impact on other pupils of having a pupil of a different sex present in single sex facilities. It is recommended that schools carry out equality impact assessments when making changes to provision with the purpose of reducing or preventing any potential negative impacts of changes. See Appendix 8 for an example format. For more advice on individual cases, showing due regard and undertaking Equality Impact Assessments please contact the Equality team or the Learning & Skills Directorate Safeguarding Team - safeguardingeducation@valeofglamorgan.gov.uk.

Education settings should keep a record of their decision making, including their consideration of equality implications, and should keep the implications of policies and significant decisions under review.

## 6.3 Toilets and Changing Rooms

The Education (School Premises) Regulations 1999 which apply to all schools maintained by Local Authorities in Wales, provide (Regulation 3) that separate toilet facilities must be provided for boys and girls aged 8 years or over except where the toilet is in an individually lockable room containing a single toilet and washbasin, with or without a shower or deep sink, which opens directly onto a circulation space other than stairs.<sup>37</sup>

Anecdotal feedback from trans and gender variant children and young people is that many will opt for a gender-neutral toilet for fear of bullying or harassment rather than a large multi occupancy single sex facility.

<sup>&</sup>lt;sup>37</sup> https://www.legislation.gov.uk/uksi/1999/2/regulation/3/made (Retrieved 18.10.22)

Estyn found that, in a majority of secondary schools and colleges, leaders consider how sex or gender-specific features and facilities, such as toilets, changing rooms, impact on the lives of transgender learners. In the best cases, leaders do not make assumptions about their needs, but work with them sensitively to adapt provision and ensure that they can access the most appropriate facilities given their needs and the nature of the school or college building.

Often, schools and colleges are limited as to the physical changes they can make to facilities because of the limitations of the building and available budgets. In the best cases, where they are making changes to their facilities or planning a new build, they consult with all learners including any LGBT groups to consider their opinions.

Any pupil or student who has a need or desire for increased privacy, regardless of the underlying reason, should be provided with a reasonable alternative, such as the use of a private area or with a separate time to change. Any alternative arrangement should be provided in a way that protects the child or young person's ability to keep their trans status confidential.

Ideally, where funding and space allows; educational settings should provide pupils and students with access to a mixture of toilets including:

- single sex toilets
- blocks of floor to ceiling cubicle toilets which open directly onto a circulation space other than stairs that can be used by all, with bins for menstrual products in each cubicle ('toilets for everyone')
- accessible toilets.

The Education (School Premises) Regulations 1999 also provide (Regulation 3(7)) that schools must provide "changing accommodation including showers ... for pupils who have attained the age of 11 years and who are in receipt of physical education".

The Equality and Human Rights Commission's document *What Equality Law Means for You as an Education Provider in Wales* makes no reference to trans and gender variant pupils. The EHRC's Technical Guidance for schools in England, however, states as follows:

A school fails to provide appropriate changing facilities for a transsexual pupil and insists that the pupil uses the boys' changing room even though she is now living as a girl. This could be indirect gender reassignment discrimination unless it can be objectively justified. A suitable alternative might be to allow the pupil to use private changing facilities, such as the staff changing room or another suitable space<sup>38</sup>.

The use of changing rooms by trans and gender variant children and young people should be assessed on a case-by-case basis in discussion with the individual child or young person. Like with all children the goal should be to maximise social integration and promote an equal opportunity to participate in physical education classes and sports, ensuring safety, comfort and focus on their wellbeing.

As stated above, there is no legal obligation on a school to allow a trans and gender variant pupil to use a single sex changing room reserved to pupils of the other sex, and schools will need to be mindful of the potential impact on other pupils of having a pupil of a different sex present while they are in a state of undress.

## 6.4 PE and sports

PE will generally be mixed sex in primary schools and so trans and gender variant pupils are unlikely to be excluded because of their sex. At secondary level PE lessons are more often segregated by sex. Determining whether a trans and gender variant pupil whose transition is being supported by the school should be permitted to engage in such lessons with pupils of the other sex will require risk assessment to be carried out in relation to the trans and gender variant pupil and to the other pupils involved. See Appendix 9 for an example format. For more advice on individual cases, and on completing the Risk Assessment, please contact the Learning & Skills Directorate Safeguarding Team - safeguardingeducation@valeofglamorgan.gov.uk.

Estyn recognise that many schools and colleges allow transgender learners to participate in team sports with the gender with which they identify, unless there are specific safety concerns that prevent this from occurring.

The Equality Act permits the sex segregation of "gender affected activities" of a competitive nature. A gender-affected activity is "a sport, game or other activity of a competitive nature in circumstances in which the physical strength, stamina or physique of average persons of one sex would put them at a disadvantage compared to average persons of the other sex as competitors in events involving the activity", taking into account the "age and stage of

<sup>&</sup>lt;sup>38</sup> <u>https://www.equalityhumanrights.com/en/publication-download/technical-guidance-schools-england</u> (Retrieved 13.5.21)

development of children who are likely to be competitors".<sup>39</sup> Where the sex segregation involves discrimination because of gender reassignment it will be permissible where necessary in the interests of fairness or safety.

It is unlikely that, pre-puberty, a trans and gender variant child would have a sex-related advantage in competing and representing a school or would pose any safety risk to other competitors by reason of their sex. Consideration will have to be given, however, to the suitability of changing facilities at an 'away game' and staff should ensure that appropriate provision is available.

## 6.5 Residential trips

Determining suitable accommodation on residential trips will require consideration of the privacy interests of the trans and gender variant pupil and of other pupils with whom they may be accommodated, as well as potential safety and safeguarding issues. Appropriate risk assessment should always be undertaken. Placing pupils in a position of having to undress (knowingly or unknowingly) in the presence of pupils of the other sex may give rise to challenge under the Equality Act 2010 or the Human Rights Act 1998, not least where pupils come from religious or other backgrounds which require modesty. Schools will need to be shared with others involved (professionally or as pupils) in any residential trip. Such information should not be shared without consent, but a refusal of consent may impact on whether and how a trans and gender variant pupil may participate in a residential trip.

Estyn state that on residential trips, schools and colleges work sensitively with all parties to consider sleeping arrangements. In the case of overseas trips, staff consider carefully the possible implications of official documentation, such as passports, not matching the pupil or learner's self-identified gender and the legal protection available in the destination country to learners who are lesbian, gay, bisexual or transgender.

## 6.6 Uniform and dress

When schools have agreed to support a pupil to socially transition, they should be able to dress in a manner consistent with their gender identity. Beginning to dress in the clothes associated with one's gender identity can be a big and potentially daunting step. Care must be taken to ensure that trans and gender variant children and young people are supported fully during this time as it may be a very visual representation of the transition process.

<sup>&</sup>lt;sup>39</sup> <u>https://www.legislation.gov.uk/ukpga/2010/15/section/195</u> (Retrieved 18.10.22)

Having a non-gendered school uniform list would be supportive to all pupils and students and particularly those who do not conform to gender stereotypes and those who are trans and gender variant. By allowing children and young people to choose what they wear, schools will allow for regulated structure and remain inclusive.

Staff training is recommended to ensure that all staff understand what it means to be trans and gender variant. RSE programmes will explore gender stereotypical ideas that to be a woman or a man one has to look a certain way.

According to Estyn many schools and colleges with transgender learners recognise that they may want to alter how they dress to reflect their gender identity and a few schools now ensure that all approved uniform items are available to all young people, whichever sex or gender they associate with most closely. Recent Welsh Government statutory guidance provides clear instructions for governing bodies on the contents of their school uniform policy.

### 6.7 Name and pronoun changes

Some trans and gender variant children and young people may wish to change the name they are known by and their pronoun (e.g. he, she, they). Often this will be supported by and in communication with parents and carers. Some people who consider their gender identity as not fitting into a binary (boy/girl or man/woman) may use gender neutral pronouns (for example, 'they' or 'zie').

When the decision has been taken to support a pupil's social transition at school, respecting the pupil's preference as regards name and pronoun will be an important aspect of this support

Staff should seek to be consistent in their use of preferred names and pronouns, to protect a child or young person's confidentiality and to not 'out' them in ways that may be unsafe and exposing. If a mistake is made with a name or pronoun, then this can be apologised for.

Staff will need to work with the trans and gender variant child or young person to agree how to communicate any changes to names and pronouns to their wider staff team.

### School Data Recording; name and gender

The Education (Pupil Registration) (Wales) Regulations 2010, provides that schools must have a register of pupils by (legal) 'sex' registered at birth.

Schools are not required by the Regulations to refer to a trans pupil as they are registered and if the decision is made to support the social transition, the name can be changed in these contexts.

### Forename and deed poll

The law is clear that a child over the age of 16 has the right to change their legal name by deed poll without the consent of those with parental responsibility (PR). For a child or young person under 16, consent from all those with parental responsibility is required to change a name legally. Where there is an absent parent or lack of parental support this will hinder the process.

If the pupil does not legally change their name schools can still support their wishes to be known by a different name if it is considered in their best interests to do so but the register should still show the pupil's original, legal name and sex.

Although some young people may feel that they want to change their name by deed poll, others may not feel that this is a step that they are ready or able to take. This will mean that, although they may have established themselves within the school under a chosen name, they will have to use their birth name when filling in exam documentation.

This could potentially be a source of distress for that individual and care should be taken by staff to support the young person. Staff should remain sensitive and supportive during such times.

### Legal name field and exams

To make changes to the child or young person's Legal Name field, evidence is required. This evidence is generally a deed poll.

Theoretically, young people can be entered under any name with an exam board and it is possible for exam certificates to be issued in the name asked for, but this will require careful thought. Schools and colleges should ensure a strategy is agreed with the young person and their parents and carers, then agreed with the various exam boards prior to starting accredited courses, as some exams may be sat in Year 10 and the length of time the process of re-registering may take has to be considered. Exam boards may be experienced in working with trans children and young people and be able to guide the school or college through the process. It is possible to change names on exam certificates but there may be a charge for this.

Once an exam result is accredited it will be linked with a Unique Pupil Number (UPN) or Unique Learner Number (ULN) which existed in the school census information submitted in January of the exam year. UPNs and ULNs are only linked with legal, rather than preferred, names (the term "legal name" refers to the name in which a pupil or student arrives in education for the first time; this is often the name on their birth certificate).

### **Recommendations:**

- When sending data about the pupil or student to third parties always ensure you are sending the correct information.
- Ensure that the selected name is used on exam certificates before being sent to pupils and students.
- Engage with the pupil or student as well as their parents and guardians to agree a strategy for presenting the correct information to the examination boards.
- The examination officer should contact the relevant exam board to discuss their processes.

## Gender and the school census

The School Census requires the recording of gender as male or female. This may be particularly problematic for pupils and students who identity as non-binary. Government guidance clarifies that selfdeclared gender can be recorded in the Schools' MIS and this is possible with the Schools' current MIS solution (SIMS.net).

Gender should be self-declared and recorded according to the wishes of the parent and / or pupil. Individuals are free to change the way their gender is recorded.

According to Welsh Government, it is not currently a requirement to record non-binary students as such in the School Census, however this is under review and may change.<sup>40</sup>

## 6.8 Confidentiality and information sharing

All people, including children and young people, have a right to privacy, although that right is not absolute. Information about a pupil's gender identity, legal name, and sex registered at birth may also constitute confidential information.



<sup>&</sup>lt;sup>40</sup> The 2022/23 School Census guidance is **at** <u>https://gov.wales/sites/default/files/publications/2022-</u>08/technical-completion-notes-for-local-authorities-and-schools-plasc-2023.pdf

#### Please see sections 3.3 & 3.4 for further information.

#### 6.9 Work experience

Where an educational setting is considering a work experience placement for a trans and gender variant student, the setting must complete a suitable assessment of the potential placement to establish if there is any risk (physical or otherwise) associated with the placement and whether the placement is otherwise suitable for the student. In making this assessment the educational setting should take account of the fact that, as a general principle, personal information relating to the young trans and gender variant person must not be shared without consent. Schools must be sensitive to this in their planning before any trans young person is placed in any business or organisation. Careful discussion about any proposed placement with the students and parents and carers needs to happen as early as possible to ensure it is suitable and successful.

#### 6.10 Vaccinations

Historically, vaccinations have been given to young people together in a large space such as a sports hall. Consideration should be given to trans and gender variant pupils and students if the vaccination is sex-specific i.e. a trans boy might find it very difficult to stand in a queue of girls awaiting a female-specific vaccination, or to be left behind when pupils of one sex are invited to leave class for a vaccination.

The Cardiff & Vale of Glamorgan University Health Board is usually allocated a school hall setting for the vaccination session and pupils attend the hall and vaccinations are given to pupils in a mixed queue. Privacy screens set up at the session especially for a young person whose clothing may not provide easy access to their upper arm for the purposes of vaccination.

The nursing staff at the session should be respectful and maintain pupils' dignity at all times.

Catch up clinics are also offered at smaller locations outside of school hours for those pupils who were absent at a school session and for very anxious pupils who would prefer to attend a quieter session or would like to be accompanied by a parent/guardian.

#### 6.11 Dealing with the media

All media enquiries about trans and gender variant students should be directed to the Council press office (press@valeofglamorgan.gov.uk). Statements should emphasise the Council's commitment to tolerance, inclusivity, equality and acceptance. It is important to

stress that the purpose of the toolkit is to ensure that all pupils and students are safe from bullying and feel valued. At all stages the confidentiality of individuals should be protected.

A complaint about press coverage can be made to the Independent Press Standards Organisation via <u>www.ipso.co.uk/</u>

#### To remember

- Staff are best placed to evaluate how to balance any competing sensitivities whilst actively promoting the welfare and equalities of trans and gender variant students.
- Provide a choice of uniform which allows children and young people to exercise choice in what they wear.
- When agreement has been reached to allow a child or young person to transition socially at school, staff should endeavour to use their preferred name and pronoun.
- Wearing non gender stereotypical clothes does not mean that someone is trans.
- Schools should provide support where an official name change has not been made in preparation for exams.
- A change of name by deed poll is not required to make a change to school records on school database systems such as SIMS.
- Seek support from local authority officers if you are not sure how to support an individual and their family.

## 7 Trans and non-binary staff and governors

This toolkit does not cover the needs of trans and gender variant staff and governors. However, trans staff and governors can experience similar challenges to those outlined in the Toolkit including bullying and harassment. Education settings are encouraged to think about ensuring they have effective policies and practice in place to support these staff members. Unions may be useful for this purpose.

All employees of the Vale of Glamorgan Council will be supported through a range of HR policies and procedures which are recommended to schools. In addition, wellbeing support is available through a number of services, including our Occupational Health team and our Care First facility and Education Support. Our employees will also be able to access the Council's GLAM network which provides a safe and supportive environment for colleagues to raise awareness of LGBT+ in the workplace and a dedicated avenue for influencing and supporting developments of policy or practice.

Guidance for inclusive workplaces can be found on the Stonewall website: <u>Best practice</u>, <u>toolkits and resources | Stonewall</u>.

## **8 Additional support**

#### **Families First Advice Line**

• The Families First Advice Line provides advice and support to families that will enable them to resolve their concerns independently or will assist in identifying appropriate services to be referred onto.

Families First Advice Line will aim to:

- Listen and provide advice on meeting the needs of families
- Help identify and access services for families in the Vale of Glamorgan
- Provide emotional support and practical guidance to help resolve family's concerns, worries and issues faced by families

The Families First Advice is the single point of access for: \*Team Around the Family \*Vale Parenting Service \*Youth Wellbeing Service \*Flying Start Outreach \*Young Carers \*Parent and Young Careers assessments \*Barnardo's Cygnet Programme

Available for families in the Vale of Glamorgan with children aged 0 -18 years old.

The Advice Line is also available to professionals to discuss services for families they are supporting.

#### Contact methods

- <u>0800 0327 322</u>
- <u>familiesfirstadviceline@valeofglamorgan.gov.uk</u>

#### Social media

- Facebook
- <u>X</u>

### **Opening times**

Monday, Tuesday, Wednesday, Thursday and Friday - 9:00am - 4:30pm

#### **Childline Cymru**

Childline is 24-7 helpline for young people to be to contact either online or over the phone <u>www.childline.org.uk</u> telephone 08001111

#### **Samaritans**

Samaritans is a helpline service 24 hours a day, 7 days a week. It aims to work with people to create a safe space where they can talk about what is happening and how they feel.

www.samaritans.org.uk telephone 116123

#### Learning & Skills Directorate Safeguarding Team

Vale of Glamorgan Council Learning & Skills Directorate Safeguarding Team can provide advice to schools in addressing bullying or prejudice and case work to help professionals better support families and children experiencing bullying or prejudice. Phone: 01446 700111 or e-mail:

safeguardingeducation@valeofglamorgan.gov.uk

## **Appendix 1 Context Statement**

#### Vale of Glamorgan Council commitment to equality and inclusion

The Vale of Glamorgan Council is committed to promoting equality and inclusion. The Council's vision is Strong Communities with a Bright Future.

In order to deliver the vision, the Corporate Plan identifies four key outcomes that we want to achieve in order to achieve this vision, one of these is:

• An inclusive and safe Vale

As an organisation, we work under the Equality Act 2010 and the Equality Act 2010 (Statutory Duties) (Wales) Regulations 2011 to uphold the dignity and respect of all residents in the County, children and young people in our schools, and our staff. The Equality Act and the Wales Regulations also apply to schools.

We understand that social and political contexts and landscapes change over time. We recognise that identities evolve and are relative to different contexts. Therefore, we remain open to learning from schools, different communities, new research, new case law, and best practice and use this to continually review our practice and ensure it remains relevant and up to date.

The Vale of Glamorgan Council is committed to promoting equality and inclusion. The Council's vision is Strong Communities with a Bright Future. To deliver this vision, the Corporate Plan identifies four corporate well-being objectives that it aims to achieve.

We have linked our equality objectives with these corporate well-being objectives. This aligns the Council's work in these areas and mainstreams our work on tackling areas where there is most pressing disadvantage.

Our first Corporate Well-being Objective is **to work with and for our communities**. Our Strategic Equality Plan links with this by identifying the communities who are most disadvantaged as identified in 'Is Wales Fairer 2018' and through local engagement.

Our second Corporate Well-being Objective is to support learning, employment and sustainable economic growth.

Our Strategic Equality Plan aims to support learning and employment for protected groups, focusing on those who are most disadvantaged.

Our third Corporate Well-being Objective is to support people at home and in their community.

The Strategic Equality Plan supports the safety and well-being of people at home and in their community, with particular regard to protected groups identified as disadvantaged in 'Is Wales Fairer 2018' and our own local information and data.

Our fourth Corporate Well-being Objective is to respect, enhance and enjoy our environment.

The Strategic Equality Plan seeks to ensure our local environment can be enjoyed by a diverse range of people, including disabled people.

These equality objectives support our work to achieve the five ways of working and contribute to our well-being objectives as required by the Well-being of Future Generations Act. The Strategic Equality Plan was developed in accordance with the five ways of working and they are also reflected in the content of the Plan. There is strong emphasis on collaboration as the Council recognises the need to work with partners to deliver services and improve local well-being. The plan reflects the importance of prevention, and this has been a strong theme in much of the engagement to date. This is a four-year plan, but we recognise that many of the issues are even longer term.

We have developed a model Strategic Equality Plan that schools can adapt to reflect their local circumstances. The model plan focuses on two key areas of the corporate Strategic Equality Plan that relate to schools:

- Improve how we involve, engage, and communicate with protected groups about our work and decisions.
- Develop and implement plans throughout the life of this plan to address attainment gaps for children and young people and provide support to overcome barriers to them reaching their full potential.

There are associated actions and expected outcomes with each of the equality objectives. This toolkit aligns with these.

#### **Context and history**

Vale of Glamorgan Council has a long history of working with community and voluntary sector partners to support schools to provide safe learning environments for all pupils and students.

The Transgender Inclusion Toolkit and Guidance Document for Schools and other settings was first adopted by the Vale of Glamorgan Council in 2018. The background to the introduction of that document followed a number of requests, dating from 2016, from Vale of Glamorgan schools asking for additional advice and guidance. The document was developed in response on behalf of the five Central South Consortium Local Authorities. Welsh Government were keen for Local Authorities in Wales to adopt the Toolkit which was also adopted by other Local Authorities in Wales, and in some cases subsequently withdrawn, by other councils in Wales.

In recognising social and political contexts and landscapes change over time, more recently the Council has been progressing its review of the toolkit having liaised with colleagues in Welsh Government and other Local Authorities in England and elsewhere in Wales. The Coronavirus (Covid-19) pandemic delayed progress of this work, but as we emerge from the pandemic, this work has been progressing at pace. It is more important than ever to ensure that appropriate advice is given to schools to ensure that the duties owed by the Local Authority are met in respect of all people with a protected characteristic, and to take account of the developments in case law and reviews undertaken.

The Council also recognises that identities evolve and are relative to different contexts. Therefore, in consulting widely on the Council's policy document, we remain open to learning from schools, different communities, new research, new case law, and best practice and use this to continually review our practice to ensure it remains relevant and up to date.

#### **Research base**

The formation of the Vale of Glamorgan toolkit has relied heavily on the Brighton & Hove Trans-inclusion Guidance which demonstrated the detailed research and consultation carried out by Brighton & Hove City Council. In summary this was carried out over a number of years, beginning in 2013. The Brighton & Hove Trans Equality Scrutiny Panel set out to ask: *what needs to be done to make things fairer for trans people to live, work and socialise in the city?* Panel members listened to trans people's stories of discrimination, disadvantage, transphobia and invisibility. Their final report made several

recommendations, one of which was to conduct a full needs assessment to understand the extent of the issues. Extensive qualitative and quantitative research took place led by NHS and Brighton & Hove City Council in partnership with University of Brighton and Community and Voluntary Sector organisations in the city. <u>The Trans Needs assessment report</u> was published in 2015.

The Trans Needs Assessment highlighted the level of discrimination and prejudice that was ongoing for trans people in Brighton & Hove. It also noted the strengths of the local trans community and provided practical recommendations on how inequality could be tackled and local and how national services could be improved.

The Toolkit will be subject to continual review and change in consultation with partners and schools and in response to legal changes.

## **Appendix 2 National data**

The Government Equalities Office <u>estimates</u> that less than one per cent of the population is trans. Not all children who explore their gender identity will grow up to identify as trans or non-binary. In recent years, there has been a significant increase in the number of young people seeking specialist support from NHS Gender Identity Development Services<sup>41</sup>; although in terms of overall numbers, the proportion of young people accessing these services is still far less than one per cent of the youth population.

In the <u>Metro Youth Chances Report, 2016</u> over half of trans respondents (58%) knew they were trans by the age of 13.

Various research studies have shown that mental ill health, suicidal ideation, attempted suicide and completed suicide are of higher prevalence for trans people than cisgender people. Some studies have found trans young people to be at an increased risk of self-harm including the <u>Stonewall School Report</u>, 2017.

The Stonewall School Report, 2017 also found:

- Nearly half of lesbian, gay, bi and trans pupils (45%) including 64 per cent of trans pupils reported being bullied for being LGBT at school.
- Almost half of LGBT pupils (45%) who were bullied for being LGBT never told anyone about the bullying.
- Seven in ten LGBT pupils (68%) reported that teachers or school staff only 'sometimes' or 'never' challenged homophobic, biphobic and transphobic language when they heard it.
- Seven in ten LGBT pupils (68%) reported that their schools said that homophobic and biphobic bullying was wrong, but just four in ten (41%) reported that their schools said that transphobic bullying is wrong.
- Three in four LGBT pupils (77%) had never learnt about gender identity and what 'trans' means at school.
- More than two in five trans pupils (44%) said that staff at their school were not familiar with the term 'trans' and what it means.

<sup>&</sup>lt;sup>41</sup> Gender Identity Service <u>https://gids.nhs.uk/number-referrals</u>

Caution must be exercised when sharing any data on mental health, self-harm and suicide with children and young people. Guidance on developing suicide aware schools can be found at:

www.samaritans.org/how-we-can-help/schools/ and www.papyrus-uk.org/

## **Appendix 3 Further information on the legal framework**

The Equality Act 2010 prohibits direct and indirect discrimination, harassment and victimisation related to the following protected characteristics:

- age (for staff only)
- disability
- gender reassignment
- marriage and civil partnership (for staff only)
- pregnancy and maternity
- race
- religion or belief
- sex
- sexual orientation.

The Equality Act provides that:

A person has the protected characteristic of gender reassignment if the person is proposing to undergo, is undergoing or has undergone a process (or part of a process) for the purpose of reassigning the person's sex by changing physiological or other attributes of sex.<sup>42</sup>

Not everyone who identifies as "trans" will have the protected characteristic of gender reassignment though many will. The latest relevant case suggests that the term is wide enough to cover:

- those whose transition is not medical but involves 'changing non-physiological aspects of sex, such as one's name and/or how one dresses, or wears one's hair, or speaks, or acts';
- (2) those who are 'proposing to undergo', as well as those who are undergoing or have undergone, all or part of a process of 'reassigning ... sex', as long as they have made 'a conscious decision, which can properly be described as settled, to adopt some

<sup>&</sup>lt;sup>42</sup> Section 7 of the Equality Act <u>https://www.legislation.gov.uk/ukpga/2010/15/section/7</u> (Retrieved 19.5.20)

aspect of the identity of a gender different from that assigned at birth. A passing whim will not do, but nor is an intention required that the change should be permanent'.<sup>43</sup>

The Equality Act does not require that pupils with the protected characteristic of gender reassignment are treated as if they are of a sex other than that registered at birth. Nor does it require that such pupils are permitted to transition socially at school. It does require that they are not discriminated against because of their protected characteristic.

Direct discrimination occurs when a person is treated less favourably because of a protected characteristic. This might happen where (for example) a boy is refused access to a girls' soccer team. The same is true where a trans girl is refused access to a girls' soccer team because she is not recognised as a girl. The Equality Act permits some sex discrimination, including in relation to competitive sports. Whether or not such discrimination is lawful will depend on the needs and interests of the girls in the soccer team as well as those of the boy or trans girl who wishes to access it, and failure to take their interests into account may result in sex discrimination against those girls.

Indirect discrimination occurs where the same rule is applied to all but has a disparate impact on people in some groups defined by reference to protected characteristics, unless the rule is proportionate to a legitimate aim. Refusing boys and trans girls access to a girls only soccer team will have a disparate impact on trans girls (who are more likely to want to play in the team). Whether or not it will amount to unlawful indirect discrimination will depend on the needs and interests of the girls in the soccer team as well as those of the boy or trans girl who wishes to access it, and failure to take their interests into account may result in sex discrimination against those girls.

The Equality Act 2010 also protects against harassment related to protected characteristics (though not, in the case of pupils, harassment related to religion, belief or sexual harassment). Harassment occurs where a person is subjected to unwanted conduct whose purpose or effect is to violate their dignity or to create an intimidating, hostile, degrading, humiliating or offensive environment for them.

It should be noted that the Equality Act 2010 lists "belief" as a protected characteristic. This has implications for the extent to which pupils, in particular, may be required or expected to "affirm" trans pupils' gender identity. In addition, the Human Rights Act 1998 gives effect in the UK to the European Convention on Human Rights, Article 9 of which protects freedom of religion and belief and Article 10 of which protects freedom of expression. Schools are

<sup>&</sup>lt;sup>43</sup> R (AA & Ors) v National Health Service Commissioning Board) [2023] EWHC 43 (Admin), §§130-132.

public authorities for the purposes of the 1998 Act and must act consistently with the Convention provisions. These matters are further discussed below.

Finally, the Equality Act 2010 imposes a duty on public authorities including schools to pay "due regard" to the need to (a) eliminate discrimination and harassment; (b) advance equality of opportunity; and (c) foster good relations between those who do and do not share protected characteristics.<sup>44</sup> Compliance with this duty (referred to as the "Public Sector Equality Duty" or "PSED") requires that decision makers consider the potential equality implications of policies and significant decisions when developing policy and taking decisions, not as an afterthought. Education settings should keep a record of their decision making, including their consideration of equality implications, and should keep the implications of policies and significant decisions under review.

<sup>&</sup>lt;sup>44</sup> Section 149 of the Equality Act https://www.legislation.gov.uk/ukpga/2010/15/section/149 (Retrieved 13.10.22)

## **Appendix 4 Definitions - bullying and prejudice**

Shared understanding of bullying and prejudice-based incidents is important to prevent and respond effectively. The Vale of Glamorgan Model Anti-Bullying Policy (...\Learning & Skills Model Anti-Bullying policy January 2021 (English).docx ...\Polisi Gwrth-fwlio Model Dysgu a Sgiliau Ionawr 2021 (Cymraeg).docx recommends that all bullying and prejudice is recorded by type. In this way behaviours can be monitored and used to inform practice and to measure the impact of activities.

### **Bullying**

"Bullying is behaviour by an individual or group, repeated over time, that intentionally hurts another individual or group either physically or emotionally. Bullying can take many forms (for instance, cyber-bullying via text messages, social media or gaming, which can include the use of images and video) and is often motivated by prejudice against particular groups, for example on grounds of race, religion, gender, sexual orientation, special educational needs or disabilities, or because a child is adopted, in care or has caring responsibilities. It might be motivated by actual differences between children, or perceived differences."<sup>45</sup>

### **Transphobic Bullying**

Transphobic bullying is when someone is bullied because they are trans, or perceived to be trans.

Where children and young people are perceived not to be conforming to the dominant gender roles that may be widely expected of them, schools should be alert for signs of bullying. Transphobic bullying is commonly underpinned by sexist attitudes and can affect any child or young person. An individual may also experience transphobic bullying as a result of perceptions that a parent, relative or other significant figure does not conform to stereotypes about gender expression or is trans.

### **Prejudice-based incidents**

This is a one-off incident which is perceived by the victim or any other person, to be motivated by hostility, prejudice or ignorance, based on a person's perceived or actual ethnicity, sex, disability, religion, beliefs, sexual orientation or gender identity or their

<sup>45</sup> Preventing and Tackling Bullying, DfE 2013

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/623895/Preventing\_a nd\_tackling\_bullying\_advice.pdf (Retrieved 26.5.20)

association with someone from one of these groups. These can also include indirect prejudice-driven behaviour that is not targeted at one individual. The impact of this expression of prejudice against an equality group, whether intentional or not, can be damaging and such incidents must therefore be responded to as prejudice-based incidents.

'Hate Incidents' is the term widely used by the police and other sectors to describe prejudicebased incidents. Schools should be aware that, at their most serious, both bullying and prejudice-based incidents should be reported to the police.

### **Transphobic Incident**

"Any incident which is perceived, by the victim or any other person, to be motivated by a hostility or prejudice against a person who is transgender or perceived to be transgender"<sup>46</sup>.

<sup>&</sup>lt;sup>46</sup> Crown Prosecution Service <u>https://www.cps.gov.uk/legal-guidance/homophobic-biphobic-and-transphobic-hate-crime-prosecution-guidance</u>

## **Appendix 5 A Guide to Trans Inclusive policies**

Policy	Example of trans inclusive approach (read relevant sections of this toolkit to
	further inform writing of relevant policy section)
Equality Policy	This should be in line with the Equality Act 2010 and reference gender
	reassignment as a protected characteristic. All policies should include the
	protected characteristic of sex as well as gender reassignment. This policy
	could reference this Trans Inclusion Schools Toolkit by saying for example that
	the setting works within the guidance provided by Vale of Glamorgan Council.
Anti-Bullying Policy	Include reference to sexist, homophobic, biphobic and transphobic bullying
	(alongside bullying associated with any other protected characteristic) and
	explain how both bullying and prejudice-based incidents are recorded by type,
	analysed and monitored.
PE and Physical Activity	Include detail on what is in place to ensure all those using changing rooms are
Policy	kept safe. Include how trans pupils and students will be supported to participate
	in PE and physical activity (including swimming) and enabled to access
	appropriate changing facilities. Include how changing facilities will be managed
	for away fixtures.
School visits, trips and	Include how pupils and students will be supported to participate in residential
residential policies	trips. Include how discussions will be had with trans children and young people
	and their families to support this.
RSE Education policies	Include how the RSE curriculum (including statutory relationships, sex and
	health education) will support understanding of trans identities and be inclusive
	of trans children and young people.
Uniform Policy	Uniform items are listed, rather than listed by gender. A statement is included
	to cover approved changes to swimming costumes for trans pupils and
	students and others for whom adjustments are needed such as those from faith
	backgrounds.
Safeguarding,	As appropriate these explain how changes are made to personal information
Confidentiality, Data	and make clear that:
Protection	Being trans is not a safeguarding issue
	Trans members of the community will not be 'outed' without their permission
	unless there are safeguarding reasons for doing so
Special educational	Include the statement that a pupil or student who has SEN / ALN and/or is
needs / ALN and	disabled is just as likely to be trans or gender exploring as any other person
disabilities policies	and signpost to support their needs.
Teaching and learning /	These policies will encourage approaches which are inclusive, representative
behaviour/ relationship	of the community and prevent and challenge sexism, homophobia, biphobia
policies	and transphobia.

## Appendix 6 Template for school level statement on good practice in working with trans children and young people in our school

Education settings should include reference to the inclusion of trans children and young people across the policy framework as described in Appendix 8. However, some settings may want to provide key messages for all staff outlining how trans children and young people will be supported. This statement can therefore be adapted to reflect school-based practice and shared with staff <u>following training</u> and as <u>one aspect</u> of the setting's practice to improve equality and inclusion. It is recommended that there is a named member of staff with training and expertise in supporting trans children and young people.

Disclosures of trans identity will be shared with [named member of staff] to ensure appropriate decisions are made to support the child or young person

We will take our lead from children and young people and involve them in making decisions that will affect them

We will provide access to a range of appropriate toilets and changing facilities, ensuring all those using changing rooms and toilets are kept safe (appendix 8)

We will update our records. [Named member of staff] will be responsible for this and communicating changes made)

We will support all pupils / students to wear uniform and PE kit in line with their gender identity

We will take confidentiality seriously and not 'out' a trans child or young person without their permission unless there is a safeguarding reason to do this

We will use the curriculum and other opportunities to challenge gender stereotyping, sexism, homophobia, biphobia and transphobia and will represent diversity as part of our wider equality work

We will identify, record and challenge <u>all</u> incidents involving prejudice or bullying, including those which are sexist, homophobic, biphobic and transphobic

## Appendix 7 A whole setting approach to trans inclusion – audit and action planning tool

Area of focus	Suggested activities (these could be RAG rated)	Next steps / Actions identified	In place√
Trans issues and transphobia are	Reference provision that is being made or will be made for trans		
acknowledged across the policy	pupils and students in the Equality Policy.		
framework.	Include an equality objective (Public Sector Duty of the Equality Act 2010) which supports the needs of trans children and young people. Reference transphobia when talking about prejudiced forms of bullying in the anti-bullying policy.		
	In the uniform policy, list uniform items which are acceptable in school, but do not list by gender. When groups of pupils or students are referenced or discussed ensure this includes trans pupils where appropriate.		

Acknowledge there could be trans people	Ensure that there is a statement in the Equality Information for the	
within the educational setting such as	school (required under the Public Sector Duty) which states that	
family members, staff, governors and	there may be trans members of the community.	
pupils	Use assemblies to celebrate a diversity of trans people and ensure pupils and students understand that transphobia is unacceptable in the school community.	

	Use inclusive language such as 'all genders' / 'everyone', where appropriate, to avoid making assumptions about an individual's gender identity.		
Area of focus	Suggested activities (these could be RAG rated)	Next steps / Actions identified	In place√
Closely monitor all areas of the curriculum, resources and teaching and learning approaches to ensure that where possible: trans people are visible gender stereotypes or transphobic material is avoided and trans pupils and students feel included in the classroom	Ensure the library stocks age-appropriate books which explore diversity. Discuss and challenge sexism, gender stereotyping and transphobia when it arises and as part of planned opportunities in RSE education.		

Ensure that the curriculum and RSE	Books can be used in English or literacy to discuss trans identities,	
education and work related to spiritual,	gender stereotyping and sexism.	
moral, social, and cultural development is	All subjects can provide role models which challenge gender and	
used to challenge gender stereotypes,	other stereotypes and raise aspirations for all groups.	
support the development of a positive		
understanding of gender identity and	Relationships and Sex Education (RSE) should be used to develop	
prevent transphobia.	understanding of trans, gender stereotyping and sexism and to	

Effectively challenge, record and deal with transphobic abuse, harassment and bullying (such as name-calling, derogatory jokes, graffiti, unacceptable or unwanted behaviour, intrusive questions) and then monitor incidence of transphobic abuse, harassment and bullying, and use this information to inform whole school developments.	explain that gender identity is a spectrum in an age appropriate manner. Bullying and prejudice-based incidents are recorded by type. Guidance or scripts on how to effectively challenge transphobic language and attitudes are provided to staff. Staff, pupils and students are provided with training and educational opportunities to develop skills in challenging all prejudiced language and behaviour including that which is sexist, homophobic, biphobic and/or transphobic.		
Area of focus	Suggested activities (these could be RAG rated)	Next steps / Actions identified	In place√
Include trans issues in equality training for staff and governors and support wider community understanding of trans.	Trans awareness training, support or information is provided to the whole school community (including parents and carers).		
Participate in events such as LGBT History Month and ensure visibility of trans people and their achievements.	Mark LGBT History Month, Transgender Day of Visibility and/or International Day against Homophobia and Biphobia Use displays to celebrate achievements of a diversity of trans people.		

Communication to all parents and carers that includes reference to the work that is going on to make the educational setting trans inclusive and if appropriate signpost to opportunities for them to develop their understanding of trans	Ensure the library stocks age-appropriate books about trans children, young people and adults. Promote on newsletters and the website work going on in school related to gender equality, trans inclusion and work to prevent homophobia, biphobia and transphobia.		
Area of focus	Suggested activities (these could be RAG rated)	Next steps / Actions identified	In place√
Provide appropriate support to pupils and students who identify as trans and refer them and their families when needed to national or local services	Allies or trusted adults for LGBT pupils and students are identified to talk with or go to with any issues arising in a school day. There are a range of toilets available for everyone. Name and gender changes are made on systems. Residential trips are accessible to all pupils and students and reasonable adjustments are made when necessary.		

## **Appendix 8 – Equality Impact Assessment**

#### 1. What are you assessing?

#### 2. Who is responsible?

Name	Job Title	
Team	Directorate	

## 3. When is the assessment being carried out?

|--|

#### 4. Describe the proposal?

What is the purpose of the proposal?	
Why do you need to put it in place?	

Do we need to commit significant resources to it (such as money or staff time)?

What are the intended outcomes of the proposal?

Who does the proposal affect?

Note: If the proposal affects lesbian, gay, homosexual, or transgender people, ensure you explicitly include same-sex couples and use gender neutral language.

Will the proposal affect how other organisations work?

Will the proposal affect how you deliver services?

Will the proposal impact on other policies or practices?

Can you change the proposal so that it further promotes equality of opportunity and fosters good relations?

How will you achieve the proposed changes?

Who will deliver the proposal?

How will you know whether you have achieved the proposal's purpose?

5. What evidence are you using?

The Gunning Principles, established from past court cases, can be helpful in ensuring we apply fairness in engagement and consultation:

Principle 1: Consultation must take place when the proposals are still at a formative stage. You must not have already made up your mind.

Principle 2: Sufficient reasons must be put forward to allow for intelligent consideration and response. Have people been given the information and opportunity to influence?

Principle 3: Adequate time must be given for consideration and response. Is the consultation long enough bearing in mind the circumstances?

Principle 4: The product of consultation must be conscientiously taken into account when finalising the decision.

Have you complied with the duty to engage as described above and are you sufficiently informed to proceed?

Yes	No	

Engagement (with internal and external stakeholders)	
Consider communities of interest or place (where people are groupe	d together
because of specific characteristics or where they live).	

Please include engagement with internal networks where appropriate – GLAM and Ethnic Minority Network.

Consultation (with internal and external stakeholders)

Consider communities of interest or place (where people are grouped together because of specific characteristics or where they live).

Please include consultation with internal networks where appropriate – GLAM and Ethnic Minority Network.

National data and research

Including Equality and Human Rights Commission's 'Is Wales Fairer 2018' Report, its Measurement Framework, the Future Generations Report 2020, Welsh Index of Multiple Deprivation, Census. Local data and research

Including Vale of Glamorgan Council's Community Impact Assessment.

6. How robust is the evidence?

Does it show what the impact will be (positive and negative)?			
What are the gaps?			
What will you do about this?			
What monitoring data will you collect?			
How often will you analyse and report on this?			
Where will you publish monitoring data and reports?			

### 7. Impact

Is there an impact?

If there is no impact, what is the justification for thinking this? Provide evidence.

If there is likely to be an impact, what is it?

Age

Disability

#### Gender reassignment, including gender identity

Ensure policies explicitly include same-sex couples and use gender neutral language.

Marriage and civil partnership (discrimination only)

**Pregnancy and Maternity** 

Race

**Religion and belief** 

Sex

**Sexual orientation** 

Ensure policies explicitly include same-sex couples and use gender neutral language.

#### Socio-economic considerations

Socio-economic disadvantage can be disproportionate in both communities of interest and communities of place – think about how this leads to further inequality of outcome and how intersectionality can exasperate this.

### Welsh language

How does your proposal ensure that you are working in line with the requirements of the Welsh Language Standards (Welsh Language Measure (Wales) 2011), to ensure the Welsh language is not treated less favourably than the English language, and that every opportunity is taken to promote the Welsh language (beyond providing services bilingually) and increase opportunities to use and learn the language in the community?

#### Human rights

#### How do you know?

Explain this for each of the relevant protected characteristics as identified above.

What can be done to promote a positive impact?

Explain this for each of the relevant protected characteristics as identified above.

What can be done to lessen the risk of a negative impact?

Explain this for each of the relevant protected characteristics as identified above.

Is there a need for more favourable treatment to achieve equal outcomes? (Disability only)

#### Will the impact be positive, negative or neutral?

Explain this for each of the relevant protected characteristics as identified above.

#### 8. Monitoring ongoing impact

Date you will monitor progress and outcomes Measures and outcomes that you will monitor Date you will review implemented proposal and its impact

#### 9. Further action as a result of this equality impact assessment

Possible Outcomes	Say which applies
No major change	
Adjust the policy	
Continue the policy	
Stop and remove the policy	

#### **10. Outcomes and Actions**

Recommend actions to senior management team Outcome following formal consideration of proposal by senior management team

#### 11. Important Note

Where you have identified impacts, you must detail this in your Cabinet report seeking approval for your proposal.

#### 12. Publication

Where will you publish your approved proposal and equality impact assessment?

In addition to anywhere you intend to publish your approved proposal and equality impact assessment, you must send a copy to Tim Greaves, Equality Co-ordinator, to publish on the equality pages of the Vale of Glamorgan website.

#### 13. Authorisation

Approved by (name)	
Job Title (senior manager)	
Date of approval	
Date of review	

## Appendix 9 – Risk Assessment

Location/Premises/School:	Date:
Completed by:	Review date:
Activity / Area / Description:	

What are the hazards?	Who might be harmed and how?	What are you already doing?	What further action is necessary?	Action by whom	Action by when	Date action comple ted