



Balance Medspa Staff Discount

Balance Medspa in Barry are offering a 10% staff discount for all Vale of Glamorgan Council staff, including:

Infrared saunas

Relaxation lounge with pressotherapy

Guided meditation Yoga and fitness classes

Massage and holistic therapies

Advanced skincare treatments and body treatments

Japanese headspa

For all wellbeing information and services, visit <https://balance-wellbeing.co.uk/>

Instagram: [@balance.medspa24](#)

Contact: 01446 788473 / Info@balance-wellbeing.co.uk