

ENROL
NOW

SHORT COURSES for SUMMER 2018

across the Vale of Glamorgan

Start at
£20



CONTACT US

Old Hall, High Street
Cowbridge CF71 7AH
E valecourses@valeofglamorgan.gov.uk

For more info or to book call

📞 **01446 773831**

www.valecourses.org

Vale Courses
Adult Learning





PORTRAITURE FOR BEGINNERS

with **Lucy Jones**

Sat 12 May | 10-4pm | £40

Cowbridge Community College

Learn the basic principles to enable you to depict a portrait accurately from life and observation.

GARDENS WITH A SEA VIEW: WATERCOLOUR PAINTING

with **Pauline Williams**

Mon 14 May | 10-4pm | £35

The Kymin Centre, Penarth

Develop methods that suit the 'en pleine air' approach to watercolour painting in the extensive grounds of The Kymin, Penarth.

LIFE DRAWING

with **Penelope Cowley**

Sat 19 May | 10-2pm | £35

Penarth Learning Community

Learn how to use different tones to create depth, with expert guidance on measuring and proportion to create life drawings.

INDIAN INK AND GOUACHE WASH OFF

with **Sarah Davies**

Sat 19 May | 10-4pm | £35

Cowbridge Community College

Create intriguing paintings which have a 'print' quality, using this unique layering effect of Pen, Gouache and Indian Ink. Have fun exploring a technique that's a little bit different!

SEASCAPES IN WATERCOLOUR

with **Pauline Williams**

Sat 19 May | 10-4pm | £35

Penarth Learning Community

Learn a variety of watercolour techniques, brush handling and colour blending, based on the popular seascape theme.

DRAWING AND WATERCOLOUR MASTERCLASS

with **Peter Cronin**

Fri 1 to Sun 3 June | 10-4pm | £95

Cowbridge Community College

Enjoy 3 days Painting and Drawing in Watercolour. Critique your current work, produce new work of superior quality and expression.

LINO CUTTING AND PRINTING CARDS

with **Sarah Davies**

Sat 16 June | 10-4pm | £40

Cowbridge Community College

Produce your own greeting cards using lino cutting techniques. No experience needed and all equipment provided.

WATER-SOLUBLE OILS

with **Sarah Davies**

Sat 23 June | 10-4pm | £35

Cowbridge Community College

This course will introduce some of the techniques and basic principles of painting with water-soluble oils - come and explore this wonderful medium.

FLOWERS IN CHARCOAL AND WATERCOLOUR

with **Sarah Davies**

Mon 9 July | 10-4pm | £37

Cowbridge Community College

Come and learn a technique that blends drawings in compressed charcoal with vibrant watercolour washes.



LIFE DRAWING

with Penelope Cowley

Tue 10 July | 10-2pm | £35

Palmerston Adult Learning Centre, Barry

Learn how to use different tones to create depth, with expert guidance on measuring and proportion to create life drawings.

IMPROVE YOUR LANDSCAPES USING ATMOSPHERIC PERSPECTIVE

with Sarah Davies

Tue 10 July | 10-4pm | £35

Cowbridge Community College

Learn to create beautiful atmospheric landscapes in watercolour using the techniques of washing off.

DRAWING AND PAINTING IN THE PHYSIC GARDENS

with Sarah Davies

Wed 11 to Fri 13 July | 10-12.30pm | £45

Cowbridge Community College

Enjoy 3 mornings painting and drawing in the beautiful Physic Gardens. Learn new techniques, approaches and gain confidence painting outdoors.

PAINTING IN OILS

with Pauline Williams

Thu 12 to Fri 13 July | 10-4pm | £60

Palmerston Adult Learning Centre, Barry

An opportunity to experiment with a variety of different oil painting techniques, from glazing and scumbling to scrafito and palette knife work.



WATERCOLOUR FOR SKY, LAND AND SEA

with Penelope Cowley

Mon 16 July | 10-4pm | £35

Palmerston Adult Learning Centre, Barry

Learn skills and techniques to explore and create with watercolours.

VIBRANT MONO PRINTING

with Sarah Davies

Mon 16 July | 10-4pm | £38

Cowbridge Community College

Come along and learn a technique that can produce full colour prints, single colour line drawings and textured surfaces.

ROCKPOOLS IN ACRYLICS

with Sarah Davies

Tue 17 July | 10-4pm | £35

Cowbridge Community College

This one day course will explore how to paint wet rocks and pools of water using different Acrylic techniques.

FAMOUS WELSH BUILDINGS AND LANDMARKS IN PEN AND INK WITH WATERCOLOUR WASH

with Sarah Davies

Wed 18 July | 10-4pm | £35

Cowbridge Community College

Create texture and colour to your pen and ink drawing with watercolour paint, pencils and crayons.

INTRODUCTION TO GOUACHE

with Sarah Davies

Thu 19 July | 10-4pm | £35

Cowbridge Community College

Explore and develop a wonderful depth of colour to your paintings using Gouache.

SEASCAPES IN CHARCOAL AND PASTEL

with Sarah Davies

Fri 20 July | 10-4pm | £35

Cowbridge Community College

Learn how to create dramatic seascape paintings in charcoal and pastel.





STAINED GLASS FLOWERS AND LEAVES

with Ingrid Walker

Sat 12 May | 10-4pm | £43

Cowbridge Community College

Use the Physic Garden to gain inspiration for making a hanging light catcher or a small standing stained glass ornament.

STAINED GLASS FLOWER USING COPPER FOIL TECHNIQUE

with Ingrid Walker

Fri 18 May | 10-4pm | £43

Cowbridge Community College

Learn to cut glass, grind, apply copper foil and solder together to create a beautiful stained glass flower.

FUSED GLASS JEWELLERY

with Frances Lloyd

Sat 19 May | 10-4pm | £45

Cowbridge Community College

Learn basic glass cutting skills to produce a small range of fused glass pendants and / or earrings.

UPHOLSTERY

with Judith Harris

Sat 19 May | 10-4pm | £35

Penarth Learning Community

Learn how to strip and recover a small item of furniture such as an ottoman or dining room chair.

JEWELLERY IN HAND CAST PEWTER

with Mandy Nash

Sat 16 June | 10-4pm | £45

Cowbridge Community College

Carve your designs to create your own unique jewellery from pewter.

CHALK PAINT FURNITURE & UPHOLSTERY FOR BEGINNERS

with Nicola Sumner-Smith

Wed 11 July | 10-4pm | £55

Cowbridge Community College

Learn how to prepare, paint and finish furniture pieces using Chalk Paint and products, followed by a quick master class in basic upholstery.

UPHOLSTERY

with Judith Harris

Thu 12 July | 10-4pm | £35

St Athan Gathering Place

Learn how to strip and recover a small item of furniture such as an ottoman or dining room chair.

WILLOW WEAVING INTRODUCTION

with Out to Learn Willow

Fri 13 July | 9.30-3.30pm | £40

Cowbridge Community College

Learn to handle willow safely and weave a variety of items such as a birdfeeder, willow flower or a dragonfly.

UPHOLSTERY

with Judith Harris

Fri 13 July | 10-4pm | £35

Palmerston Adult Learning Centre, Barry

Learn how to strip and recover a small item of furniture such as an ottoman or dining room chair.

ANODISED ALUMINIUM JEWELLERY

with Mandy Nash

Tue 17 July | 10-4pm | £45

Cowbridge Community College

Design and make your own unique jewellery from aluminium. Learn how to colour pre-anodised aluminium sheet, then cut and shape into beautiful jewellery.





WORDPRESS FOR WEBSITES

with Adam Colman

Fri 18 May | 9-3pm | £35

Cowbridge Community College

Create a simple but effective blog or website for your business, club or society.

HOW TO TAKE BETTER PHOTOGRAPHS

with Glyn Evans

Tue 10 July | 10-4pm | £35

Cowbridge Community College

The course will demonstrate tips and ideas to help you improve your photographs and avoid potential disasters.

SEASIDE PHOTOGRAPHY AT PENARTH PIER

with Lewis Phillips

Wed 11 July | 10-3pm | £35

The Kymin Centre, Penarth

On location near Penarth Pier, look into the fundamentals of landscape photography, camera controls, settings, aperture and composition.

EXCEL FOR IMPROVERS

with Adam Colman

Fri 13 July | 9-3pm | £35

Cowbridge Community College

Do you use Excel but want to know how to get the most out of it? Learn to sort, filter and manipulate your data with confidence.

PHOTOSHOP ELEMENTS FOR BEGINNERS

with Glyn Evans

Tue 17 July | 10-4pm | £35

Cowbridge Community College

Using this image editing software, you will learn to use basic editing tools, enhancement and image filters.

PHOTOGRAPHY MASTERCLASS - FLOWERS AND GARDENS

with Glyn Evans

Wed 18 to Thu 19 July | 10-4pm | £60

Cowbridge Community College

An opportunity to spend 2 days with a professional photographer. Get the best from your camera.

BIRDS OF PREY PHOTOGRAPHY

with Lewis Phillips

Thu 19 July | 10-3pm | £40

Cowbridge Community College

A fun insight into wildlife photography with captive birds of prey. Capture images of static and moving birds from owls to hawks.

iPAD FOR BEGINNERS

with Ren Perini

Thu 19 July | 10-4pm | £35

Cowbridge Community College

Learn how to setup your iPad correctly, use security settings, download apps and updates. Take photographs and use the Internet.

EXCEL FOR ADVANCED

with Adam Colman

Fri 20 July | 9-3pm | £35

Cowbridge Community College

Master advanced Excel features, including data analysis tools, advanced functions, linking to Word, automation and more.

iPAD FOR IMPROVERS

with Ren Perini

Wed 25 July | 10-4pm | £35

Cowbridge Community College

Learn to use Safari to access the Internet on the iPad; and get to grips with the camera to take and edit photos and videos.





FRENCH FOR HOLIDAYS

with Gill Wood

Starts Wed 9 May (3 weeks) | 7-9pm | £35

Cowbridge Community College

Perfect for going on holiday, learn how to order your meals and drinks, ask for directions and even have a short conversation with confidence.

CREATIVE WRITING FOR BEGINNERS

with Deborah Morgan

Sat 12 May | 10-4pm | £35

Cowbridge Community College

A day full of creative writing experiments, story structure and thematic analysis, along with practical writing guidance.

MEDITATION AND MINDFULNESS

with Natalie Snuggs

Sat 12 May | 10-4pm | £35

Cowbridge Community College

Come and explore the many different forms of meditation and the link with mindfulness.

BREAD MAKING

with Claire Davies, Cooked from Scratch

Sat 19 May | 10-4pm | £35

Penarth Learning Community

Gain the skills and confidence to bake your own delicious bread at home.

CHINESE COOKERY

with Uma Sims

Sat 19 May | 10-4pm | £42

Penarth Learning Community

A fresh look at Chinese style cookery - watch a demonstration, cook a selection of dishes and enjoy a delicious lunch.

CREATIVE WRITING - FIND THE AUTHOR IN YOU

with Colum Sanson-Regan

Sat 19 May | 10-4pm | £35

Penarth Learning Community

This course is ideal if you need help in getting started on a writing project or just want to explore the literate side of your creative self.

MEDITATION AND MINDFULNESS - GOING FORWARDS

with Natalie Snuggs

Sat 19 May | 10-4pm | £35

Cowbridge Community College

Take your mindfulness or meditation practice forward, develop techniques and learn how to extend these practices.



SPANISH FOR HOLIDAYS

with Sara Novo Loureiro

Sat 19 May | 10-4pm | £35

Cowbridge Community College

Perfect for going on holiday, learn how to order your meals and drinks, ask for directions and even have a short conversation with confidence.

BIRDS OF PREY - INTRODUCTION TO FALCONRY

with Lewis Phillips

Sat 16 June | 10-3pm | £40

Cowbridge Community College

A unique opportunity to learn about falconry and to work with our birds of prey.

BIRDS OF PREY - INTRODUCTION TO FALCONRY with Lewis Phillips

Mon 9 July | 10-3pm | £40

Cowbridge Community College

A unique opportunity to learn about falconry and to work with birds of prey.

CREATIVE WRITING FOR BEGINNERS

with Deborah Morgan

Tue 10 July | 10-4pm | £35

Palmerston Adult Learning Centre, Barry

This is a practical course designed to give you the tools to get you writing creatively.



FELT, FABRIC AND EMBROIDERY: CHRISTMAS IN JULY with Gillian Davies

Wed 11 July | 10-4pm | £47

Palmerston Adult Learning Centre, Barry

Get a head start on those felt and fabric Christmas decorations: wreaths, stars, wall hangings and angels.

FELT MAKING - BAGS

with Mandy Nash

Thu 12 July | 10-4pm | £45

Cowbridge Community College

Learn how to lay down wool fleece using wet felting techniques and make a simple bag.

MEDITATION AND MINDFULNESS

with Natalie Snuggs

Tue 17 July | 10-4pm | £35

Palmerston Adult Learning Centre, Barry

Come and explore the many different forms of meditation and the link with mindfulness.

LEVEL 2 AWARD IN EMERGENCY FIRST AID AT WORK with Denise Davies

Wed 18 July | 9-5pm | £55

Palmerston Adult Learning Centre, Barry

Learn basic first aid techniques and gain a recognised qualification.

FAMILY HISTORY - ONLINE RESEARCH with Julie Daniel

Wed 18 July | 10-12.30pm | £20

Cowbridge Library

Identify methods of tracing your family tree. Access several free websites to research your family history.

CREATIVE WRITING - FIND THE AUTHOR IN YOU

with Colum Sanson-Regan

Thu 19 July | 10-4pm | £35

Cowbridge Community College

This course is ideal if you need help in getting started on a writing project or just want to explore the literate side of your creative self.

MAKE A VINTAGE APRON

with Brigit Lee-Pimm

Thu 19 July | 10-4pm | £47

Palmerston Adult Learning Centre, Barry

A fun day creating your own bright and cheerful vintage waist apron. All materials provided. Suitable for anyone with a little experience of using a sewing machine.

FAMILY HISTORY - ONLINE RESEARCH

with Julie Daniel

Fri 20 July | 10-12.30pm | £20

Penarth Library

Identify methods of tracing your family tree. Access several free websites to research your family history.





PHOTO *Graphy*

With **GLYN EVANS**

Cost £44.50*

At Cowbridge Community College
Old Hall, High Street, Cowbridge CF71 7AH

FOR MORE INFO OR
TO BOOK CALL

01446 773831



5 WEEK COURSES

DIGITAL PHOTOGRAPHY FOR IMPROVERS

Starts Tue 24 Apr 2018 10-12noon (Penarth Library)
Starts Tue 24 Apr 2018 7-9pm
Starts Wed 25 Apr 2018 10-12noon

BLACK AND WHITE PHOTOGRAPHY

Starts Tue 24 Apr 2018 1-3pm
Starts Wed 6 Jun 2018 1-3pm

PHOTOSHOP ELEMENTS FOR IMPROVERS

Starts Wed 25 Apr 2018 1-3pm
Starts Wed 6 Jun 2018 7-9pm

DIGITAL PHOTOGRAPHY FOR BEGINNERS

Starts Wed 25 Apr 2018 4.30-6.30pm
Starts Tue 5 Jun 2018 10-12noon (Penarth Library)
Starts Tue 5 Jun 2018 1-3pm

PHOTOSHOP ELEMENTS FOR BEGINNERS

Starts Wed 25 Apr 2018 7-9pm
Starts Tue 5 Jun 2018 7-9pm
Starts Wed 6 Jun 2018 10-12noon

* Concessions available