

**Organisation / Service & Address  
Contact Details**

Prince's Trust Fairbridge, 42 The Parade, Cardiff, CF24 3AD

Ms Jo Micklewright, Tel: 02920 448010 Email: [jo.micklewright@princes-trust.org.uk](mailto:jo.micklewright@princes-trust.org.uk) Website: [www.princes-trust.org.uk](http://www.princes-trust.org.uk)

**Skills Offered**

The Princes Trust Fairbridge 16+ Programme Is for 13-16 yr olds, who are underachieving in school, may be socially isolated and who would benefit from working on the personal development to improve attainment/attendance, for example. The over 16 provision is for those not in education, Training or Employment (16hrs+) Taster days and induction Before every ACCESS course we will put a taster day on for referrers/young people/parents/carers to attend and see a presentation, take a tour and partake in team building games. Young people will then be offered 1-2 inductions if considering the next ACCESS course to help with paperwork. The ACCESS course is for young people age 16-25yrs The ACCESS course has been specially designed to help young people to build their confidence and self-esteem by giving them the opportunity to experience new and challenging activities (80% adventurous activities). The ACCESS course provides a safe and supportive learning environment and has a strong focus personal development. The ACCESS course is 5 consecutive days and includes a 2 night residential that will take place at either a bunkhouse or campsite - weather/season permitting. Once a young person completes their ACCESS course they will be offered an opportunity to enter the Fairbridge Follow On Programme. The Follow On Programme Offers a range of courses to develop life and other skills. Offering activities from gorge walking, canoeing, climbing, fitness and healthy eating, navigation award scheme (NNAS). Non adventures include Drama, first aid, money management, Art/music/construction and more. We cannot provide transport so young people will need to be independent enough to get to and from the centre or have support in doing so. Costs can be refunded upon receipts being provided

**Age**

16-25

**Cost**

No

**Tier**

3

**Progression**

Referral processes in place. Progression of a young person is tracked through a text survey every 3 months, if disengaged it is PT aim to ensure the young person is placed back with PT.