

Cardiff and Vale University Health Board

Children and Young People (CYP)

Emotional and Mental Health

Update to Vale of Glamorgan
Scrutiny Committee

October 2016

Emotional Wellbeing Service

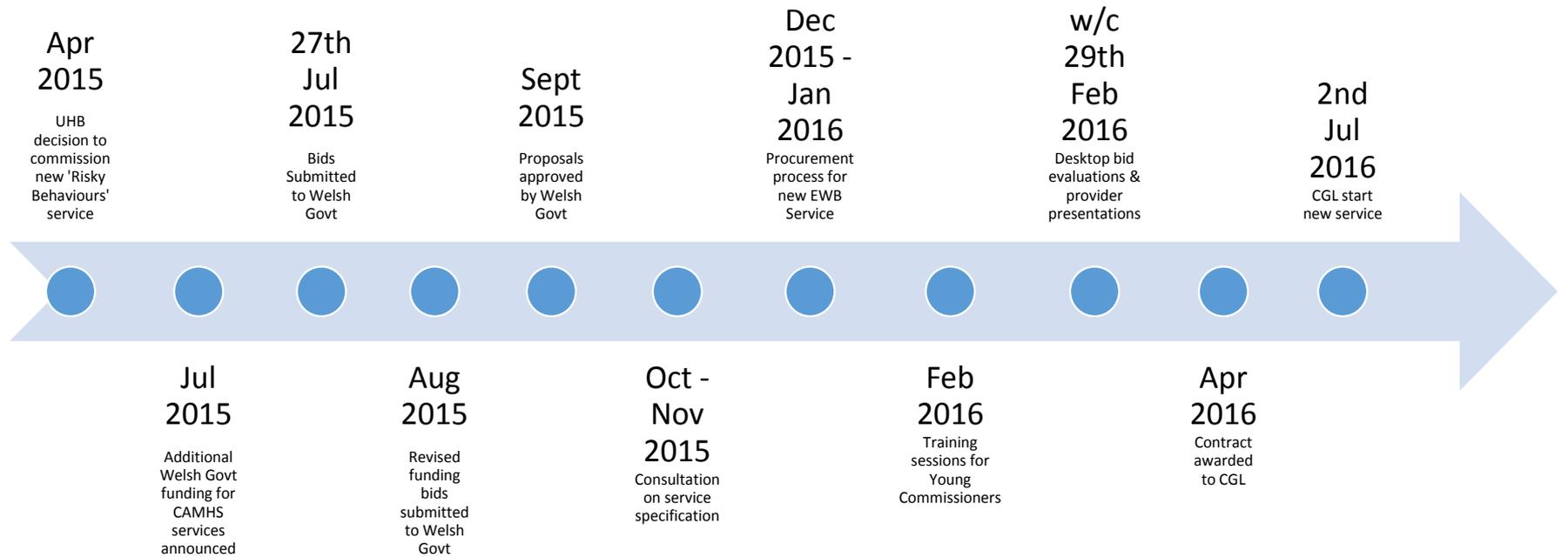
- 2014 Stakeholder workshops held including GPs to look at key CAMHS issues, highlighted areas of need and requirement to focus on prevention.
- C&V UHB decided to commission a 'Risky Behaviours' service.
- Additional WG and Substance Misuse funding expanded scope of commissioned service to early intervention and support services
- Emotional and Mental Wellbeing Service commissioned during 2015/16, with support from Young Commissioners from the local authorities and contract awarded to CGL (change, grow, live). (3rd Sector organisation)
- Service went live 2nd July 2016.

Emotional Wellbeing Service

- Early intervention and support service for mild to moderate emotional and mental health needs.
- Aimed at secondary school age young people, although older primary school children are included if services appropriate.
- Offers rapid access to assessment via a single point of access.
- Support offered through one to one or group interventions
- Can offer support as part of case management by another service, step down from SCAMHS or whilst awaiting an initial appointment
- Dynamic service that can adapt to changing need

Emotional Wellbeing & Support Service

Commissioning Timeline

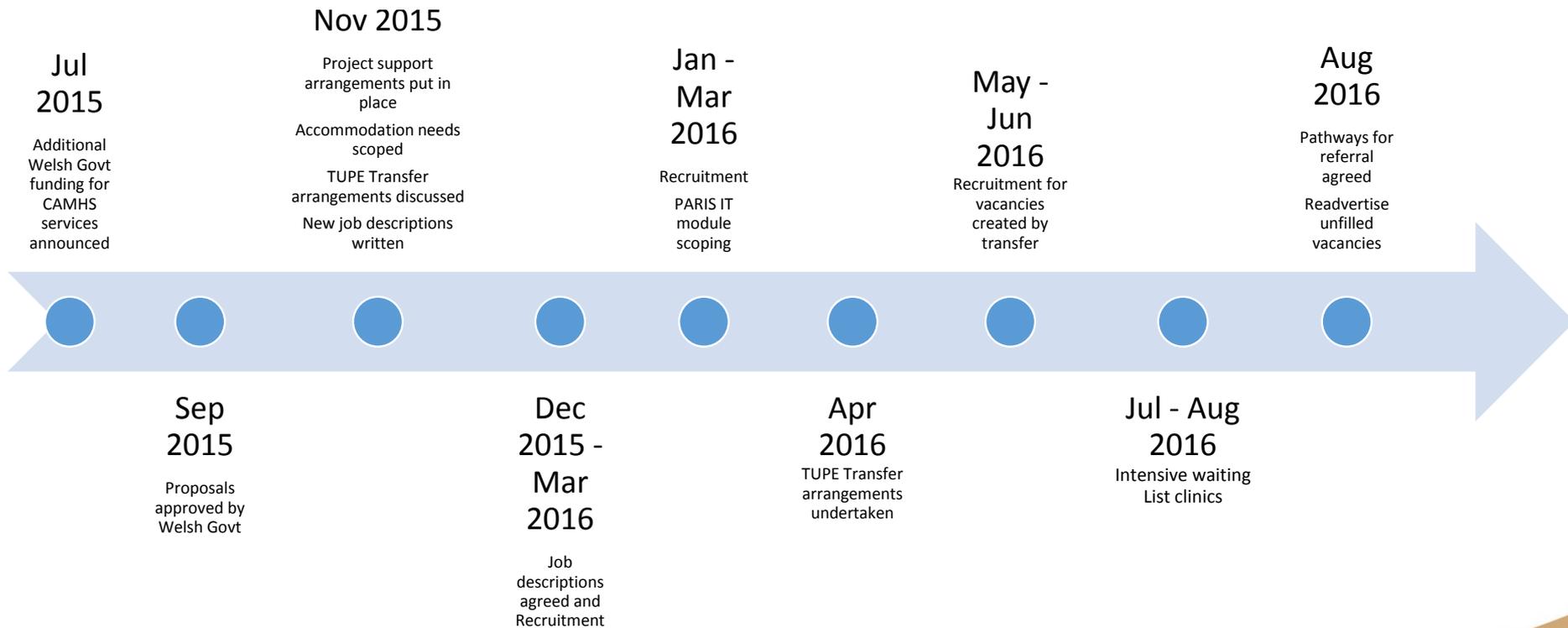


Primary Mental Health Team

- Transferred from Cwm Taf on 1st April 2016
- Moving on to PARIS Information system to improve referral process
- Ran 'blitz clinics' over the summer to reduce waiting list
- Additional staff recruited and more appointed but yet to start
- Review of operational model underway

Primary Mental Health Team

Transfer and Implementation Timeline



Neurodevelopment Service (ND)

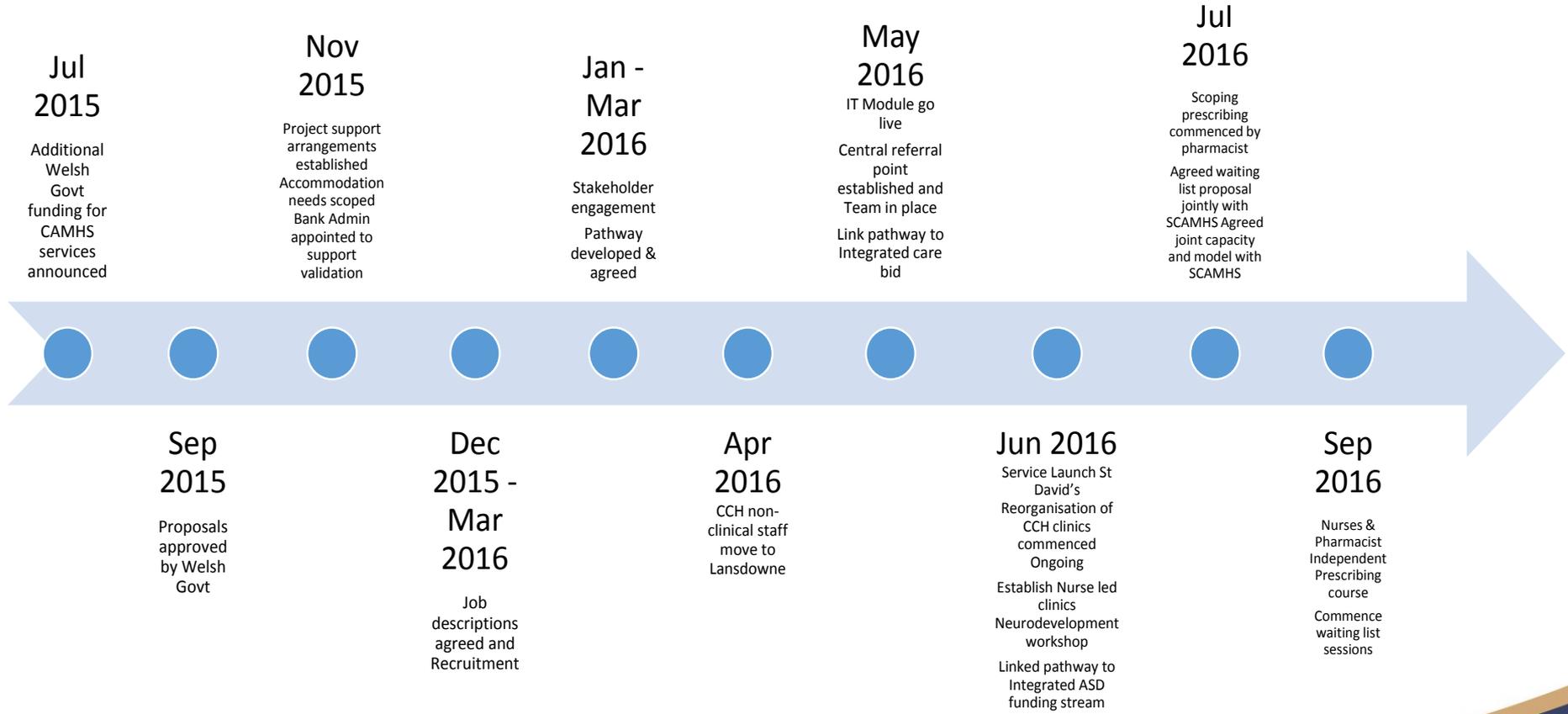
- Multidisciplinary team in place since 1st June
- All referrals to Neurodevelopment Co-ordinator – St David's Children Centre
- Joint service between Community Child Health and Specialist CAMHS (SCAMHS)
- Process based on National agreed Pathway
- Training conducted with School Additional Learning Needs Co-ordinators
- 2 Nurses and 1 Pharmacist undertaking Independent Prescribing course
- Pharmacist scoping prescribing processes
- Aim for maximum wait of 26 weeks

Referral to Neurodevelopment Service

- **Referral from GP to Neurodevelopment co-ordinator**
 - Co-ordinator will liaise with parents to send questionnaires and school to gain all relevant information required before arranging an appointment with the relevant professional.
 - Feedback to parents regarding any diagnosis scheduled with Multidisciplinary Team
 - Letter to GP to inform of the assessment outcome.
- **Referral from School**
 - School to inform GP that the referral is being made
 - Co-ordinator to liaises with parents, etc as above
 - Letter to GP to inform of assessment outcome

Neurodevelopment Multidisciplinary Team

Specification and Implementation Timeline



Waiting List Initiatives

- Primary Mental Health Team have run 'blitz clinics' over the summer and reduced wait for Part 1 assessments from 36 weeks on 1st April to 12 weeks on 21st September. Additional staff will continue to improve this position.
- Community Child Health Team in C&V UHB have taken over management of Neurodevelopment waiting list from Cwm Taf and the waiting list scheme aims to achieve 26 weeks wait by 31st March (currently 100 weeks).
- C&V UHB have approved extra funding for a brief intervention team in Cwm Taf SCAMHS to deliver a 28 day waiting time by the end of August 2017 (currently 62 weeks).

SCAMHS –National Update

- Together for Children & Young People –multi-agency service programme to reshape, remodel and refocus emotional and mental health services for C&YP in Wales launched June 15
- Welsh Government released Report on Baseline Variation & Opportunities Audit of CAMHS across Wales based on CAREMORE –June 16
- Framework for Improvement released July 16 providing clear definition of the role of SCAMHS together with pathways for Crisis Care, Eating Disorders and Early Intervention in Psychosis

Definition of SCAMHS in NHS Wales July 16

- SCAMHS forms part of a continuum of services provided by that address the mental health needs of children and young people
- It provides services *directly* through care coordination to those children and YP with the highest risk and likelihood of mental disorder and mental illness
- It also provides input for C&YP who are displaying developmentally inappropriate behaviours that are risky to self or others (including self harm) including those who display these behaviours as a result of trauma or attachment problems
- This input is provided through *advice, consultation and liaison* to the professional network supporting the child

Crisis Care Services SCAMHS

- Assessment and Urgent Intervention (time limited) to C&YP whose presentation indicates an imminent risk of self harm or harm to others arising from
 - 1) severe mood disorder
 - 2) acute psychotic disorder
 - 3) severe eating disorder
- All C&YP to be seen within 48 hours

SCAMHS Crisis Services in C&V

- From Sept 16 operating 7 days a week from 10am -10pm
- During normal working hrs (9-5) contactable via St David's CAMHS
- Out of hours contactable through UHW switchboard and co-located with Adult Mental Health Crisis services at Llandough Hospital
- Accepting urgent professional referrals (typically from UHW A&E or Paediatric Unit and Primary Care Services) during these times
- Accepts telephone referral
- Provide urgent advice and where necessary assessment and brief follow up of those patients where required across 7 day working