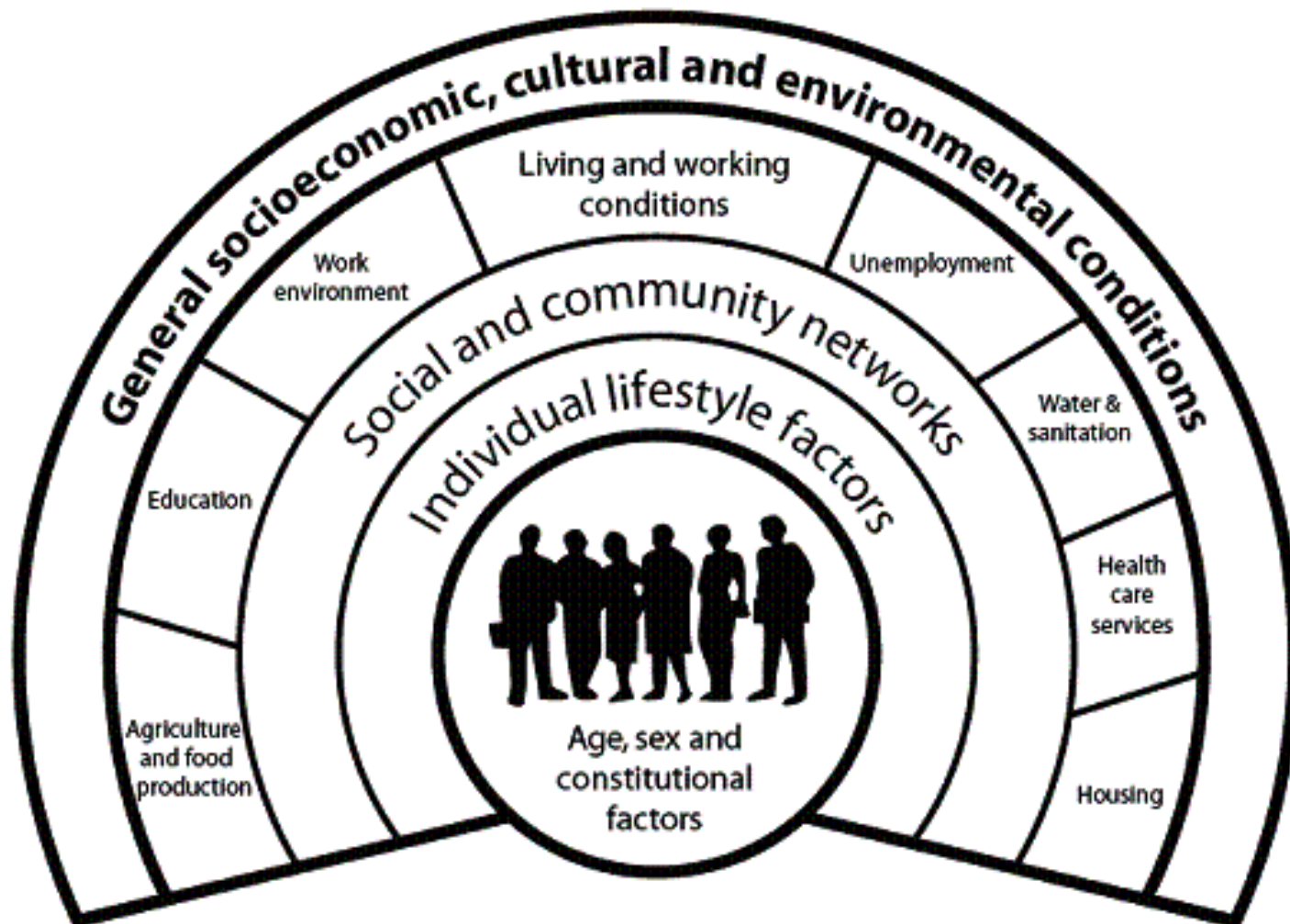


# Public Health in the Vale of Glamorgan

Dr Siân Griffiths  
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Cardiff and Vale Public Health Team

16<sup>th</sup> January 2017



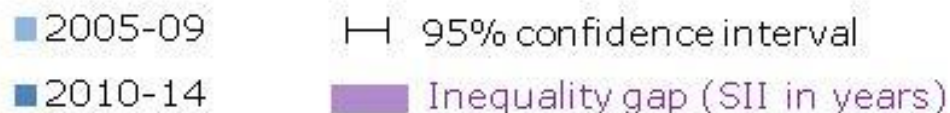
Dahlgren and Whitehead (1991)

# Public Health and the Vale of Glamorgan Council Corporate Plan

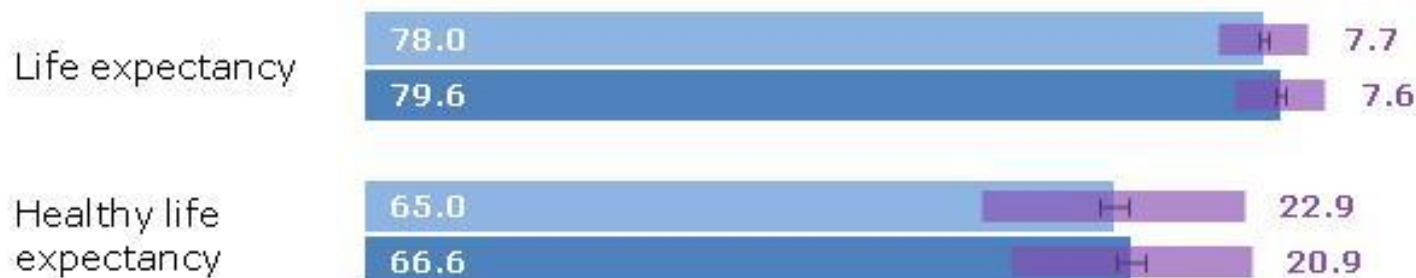


## Comparison of life expectancy and healthy life expectancy at birth, with Slope Index of Inequality (SII), Vale of Glamorgan, 2005-09 and 2010-14

Produced by Public Health Wales Observatory, using PHM & MYE (ONS), WHS & WIMD 2014 (WG)



### Males



### Females



**Domain**  
Ways of living that improve health

**Indicator Name**  
Adults who smoke

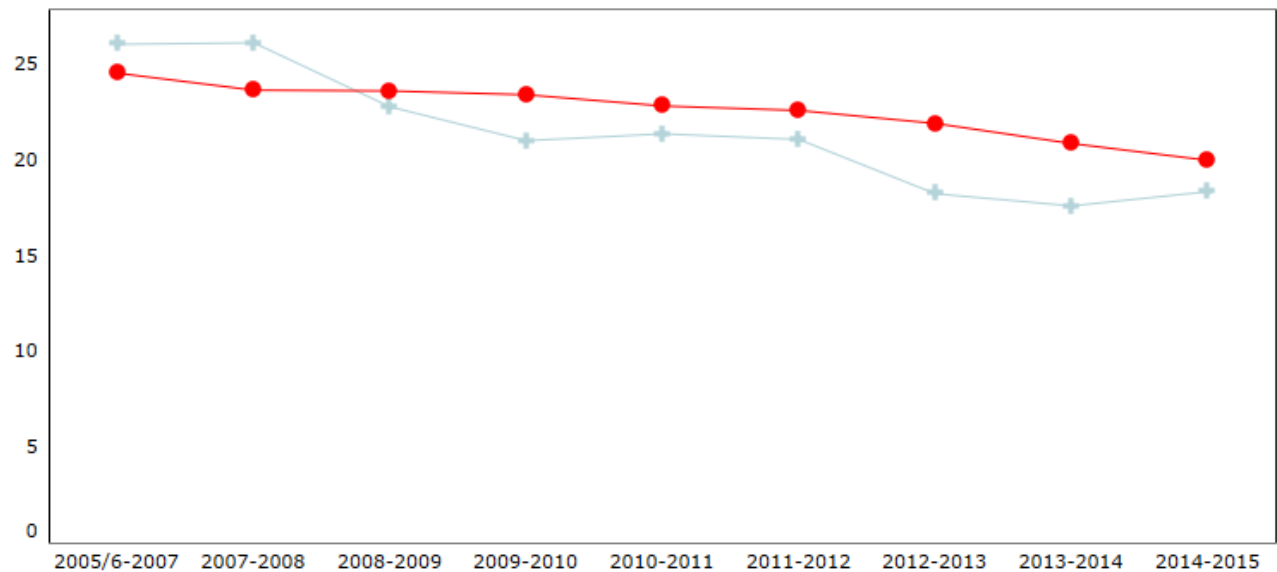
**Health Board**  
Cardiff and Vale UHB

**Area**  
Multiple values

**Gender**  
Persons

**Adults reporting a smoking status of 'daily smoker' or 'occasional smoker', age-standardised percentage, persons aged 16+, Wales, Cardiff and Vale UHB and local authorities, 2005/06-2015**

■ ● Wales  
■ + Vale of Glamorgan



Please consult the technical guide for full details on how this indicator is calculated. Produced by Public Health Wales Observatory, using Welsh Health Survey (WG)



**Domain**  
 Ways of living that improve health

**Indicator Name**  
 Adults meeting physical activity guidelines

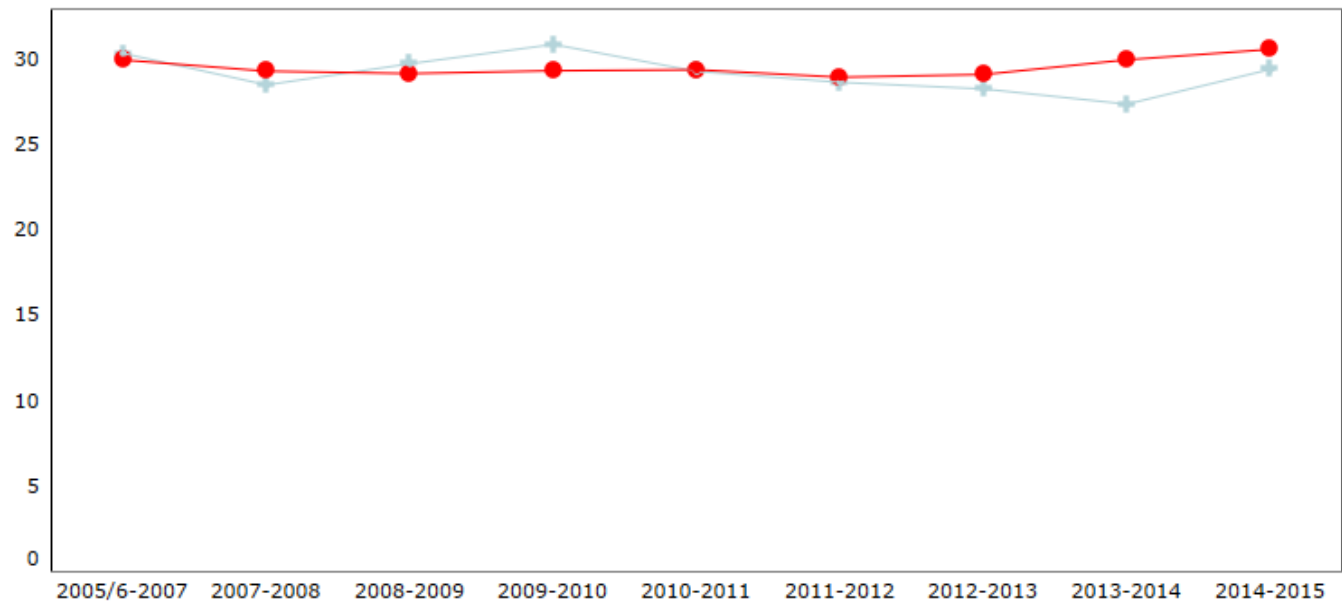
**Health Board**  
 Cardiff and Vale UHB

**Area**  
 Multiple values

**Gender**  
 Persons

**Adults meeting physical activity guidelines, age-standardised percentage, persons aged 16+, Wales, Cardiff and Vale UHB and local authorities, 2005/06-2015**

■ ● Wales  
■ + Vale of Glamorgan



Please consult the technical guide for full details on how this indicator is calculated. Produced by Public Health Wales Observatory, using Welsh Health Survey (WG)



**Domain**

Ways of living that improve health

**Indicator Name**

Adults eating five fruit or vegetable portions a ..

**Health Board**

Cardiff and Vale UHB

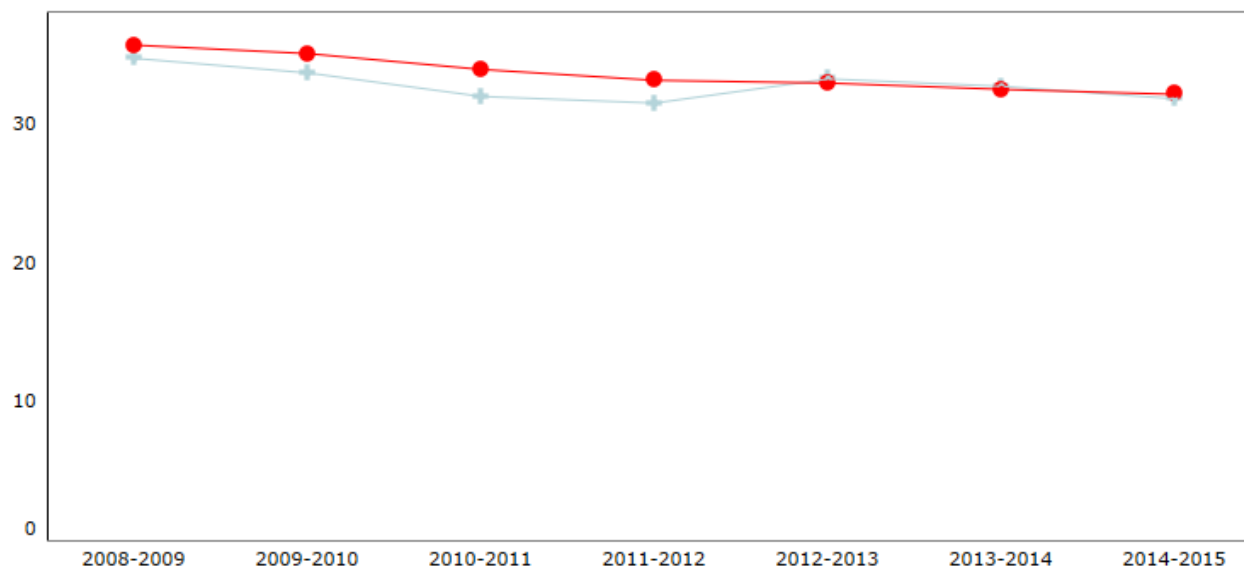
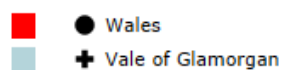
**Area**

Multiple values

**Gender**

Persons

**Adults who report eating five or more portions of fruit or vegetables within the previous day, age-standardised percentage, persons aged 16+, Wales, Cardiff and Vale UHB and local authorities, 2008-2015**



Please consult the technical guide for full details on how this indicator is calculated. Produced by Public Health Wales Observatory, using Welsh Health Survey (WG)

**Domain**  
Health throughout the life-course

**Indicator Name**  
Working age adults of healthy weight

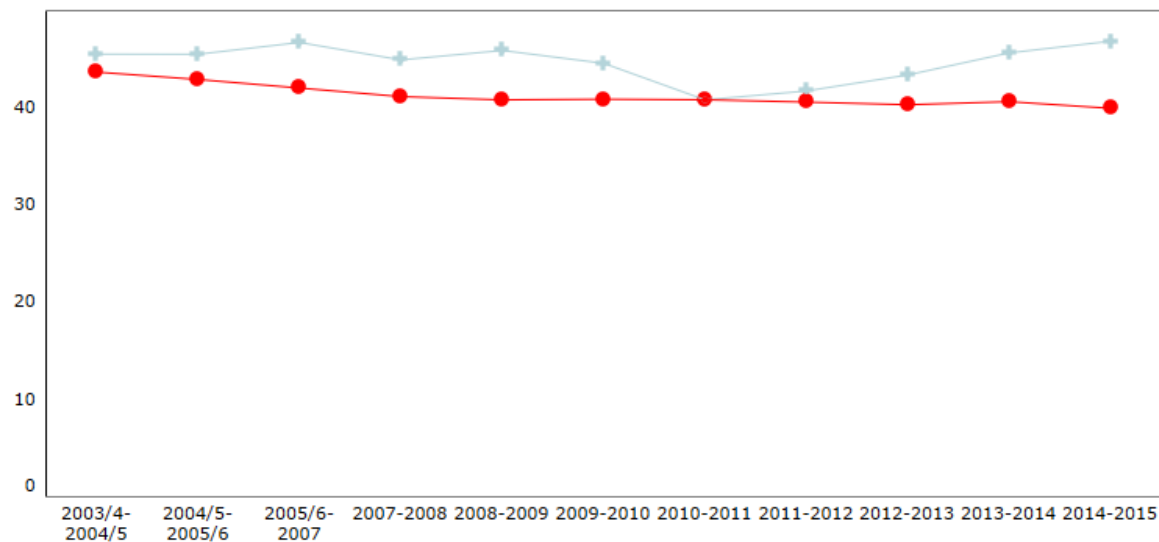
**Health Board**  
Cardiff and Vale UHB

**Area**  
Multiple values

**Gender**  
Persons

**Working age adults of healthy weight, age-standardised percentage, persons aged 16-64 Wales, Cardiff and Vale UHB and local authorities, 2003/04-2015**

■ ● Wales  
■ + Vale of Glamorgan



Please consult the technical guide for full details on how this indicator is calculated. Produced by Public Health Wales Observatory, using Welsh Health Survey (WG)



**Domain**

Ways of living that improve health

**Indicator Name**

Adults drinking above guidelines

**Health Board**

Cardiff and Vale UHB

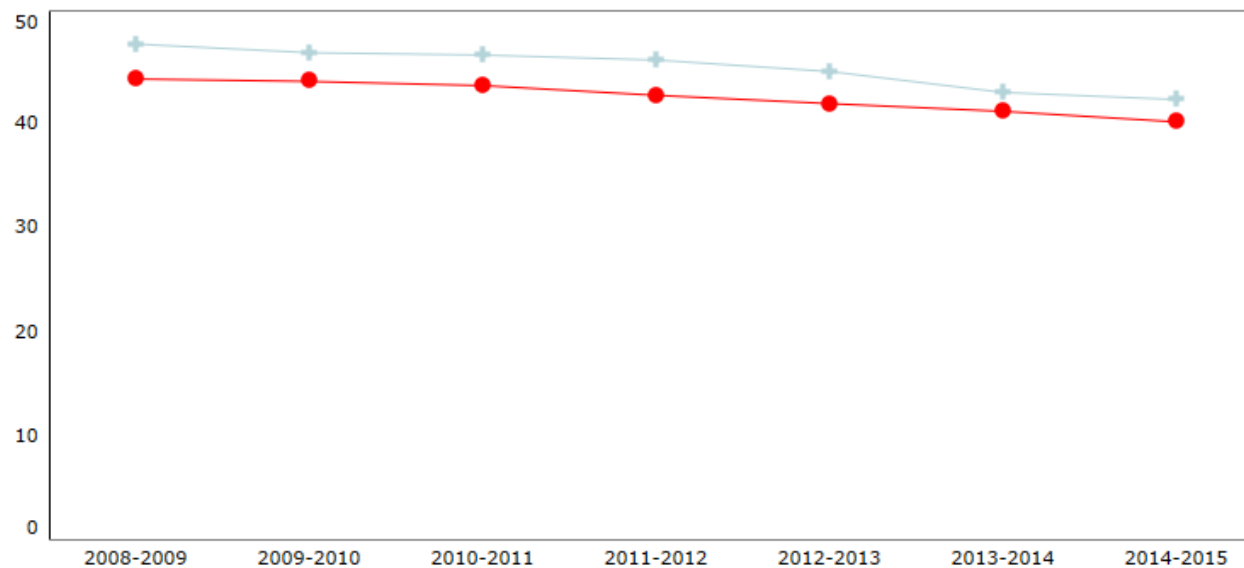
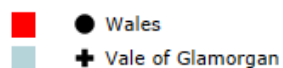
**Area**

Multiple values

**Gender**

Persons

**Adults drinking above guidelines, age-standardised percentage, persons aged 16+, Wales, Cardiff and Vale UHB and local authorities, 2008-2015**



Please consult the technical guide for full details on how this indicator is calculated. Produced by Public Health Wales Observatory, using Welsh Health Survey (WG)

# Partnership Public Health Documents

- Public Health Integrated Medium Term Plan
- Tobacco Free Cardiff and Vale Strategy and Action Plan
- Cardiff and Vale Healthy Weight Framework
- Cardiff and Vale Physical Activity Action Plan
- Cardiff and Vale Eating Well Action Plan
- Cardiff and Vale of Glamorgan Alcohol Working Group Action Plan

# Examples of partnership in action

- Corporate Plan
- Area Planning Board
- Health and Wellbeing Board
- Sports Development/LAPA
- Barry Regeneration Forum
- Poverty Alignment Group

# Examples of success

- Tobacco
  - Smoke Free School Gates
  - ‘Just Be’ programme
  - Smoking cessation groups
- Physical Activity
  - NERS
- Food
- Alcohol
  - ABI
  - Alcohol Awareness in older people
- Immunisations
- Falls Prevention
  - Otago
- Wellbeing for You
- Making Every Contact Count



Gwneud i bob cyswllt gyfrif  
Making every contact count

# How can we do even better?

- Stronger links
  - urban healthy planning, active travel, promotion of urban and rural green spaces as a means to improve physical and mental well-being.
- Support
  - Vale Food Charter 'Food Vale'
- Efficient joint working
  - Communications

# Food Vale

- Food Vale aims to ‘...Improve access and availability of good food in the Vale of Glamorgan ...which is affordable to further encourage people to eat well ...’ ( Cardiff & Vale Eating Well Action Plan, 2015 – 2018) and is a Multi-agency approach to promoting good, healthy & sustainable food
- Food Vale will provide opportunities to engage with:
  - Producers & growers ; Suppliers, private food businesses, community programmes, Housing Associations and social landlords, the voluntary sector, schools and colleges and many more!
- Steering Group
  - 1<sup>st</sup> meeting held November 2016; 2<sup>nd</sup> Meeting planned for January 2017. membership drawn from key local stakeholders including Vale of Glamorgan Council , Communities First and GVS
  - Develop branding via Schools Competition in early 2017
  - Action Plan in development – work framed by the Sensemaker pilot from 2016
  - Refresh of Food Assets map - completed
  - Engagement Event planned
  - Sustainable Food Cities Award application process to begin in 2017