

Cardiff and Vale Suicide and Self-harm Prevention Strategy Update

Presentation to Vale of Glamorgan Healthy Living and Social
Care Scrutiny Committee

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Introduction

- Background
- Structure and governance
- Key achievements
- Actions in progress
- Supporting actions
- Next steps and recommendation



Background - Strategy

- Developed in 2017
- Reported to Vale of Glamorgan Healthy Living and Social Care Committee on 12 June 2017
- Based on Talk to Me 2
- Principle that 'All lives matter'
- Nine strategic objectives

Background - Trends

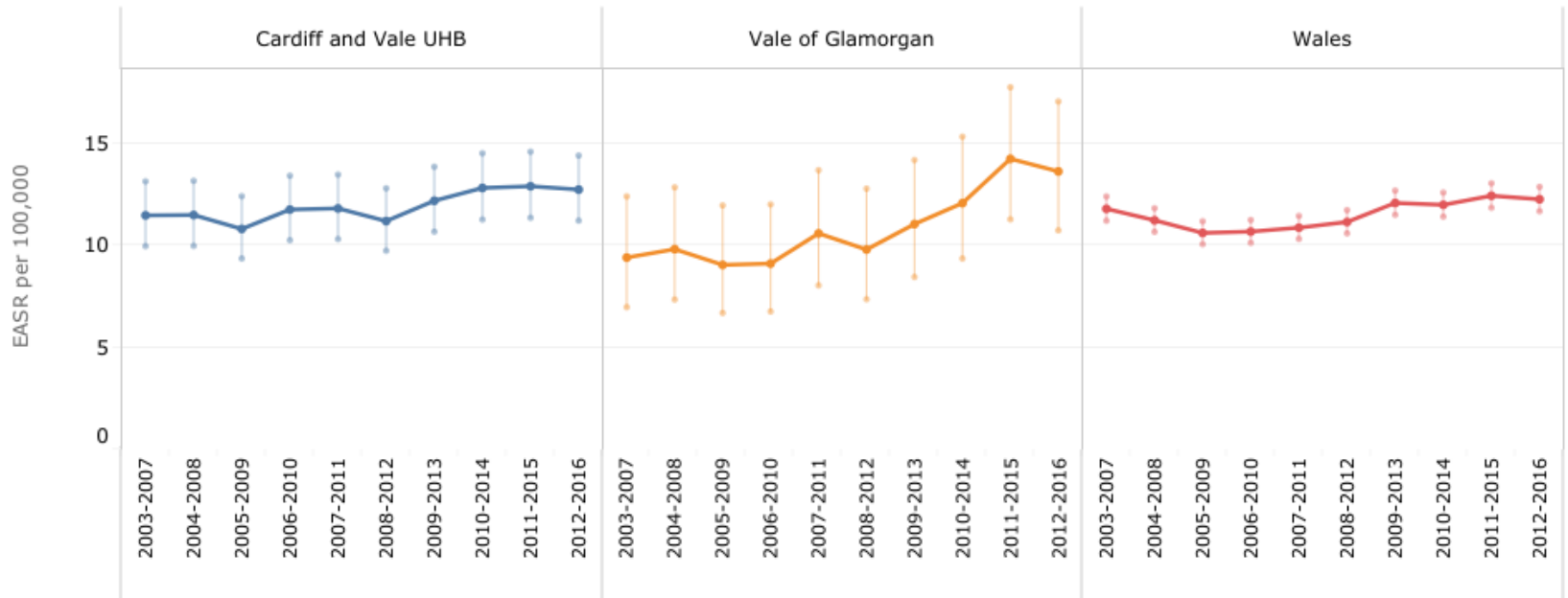
Suicides, 2003-07 to 2012-16

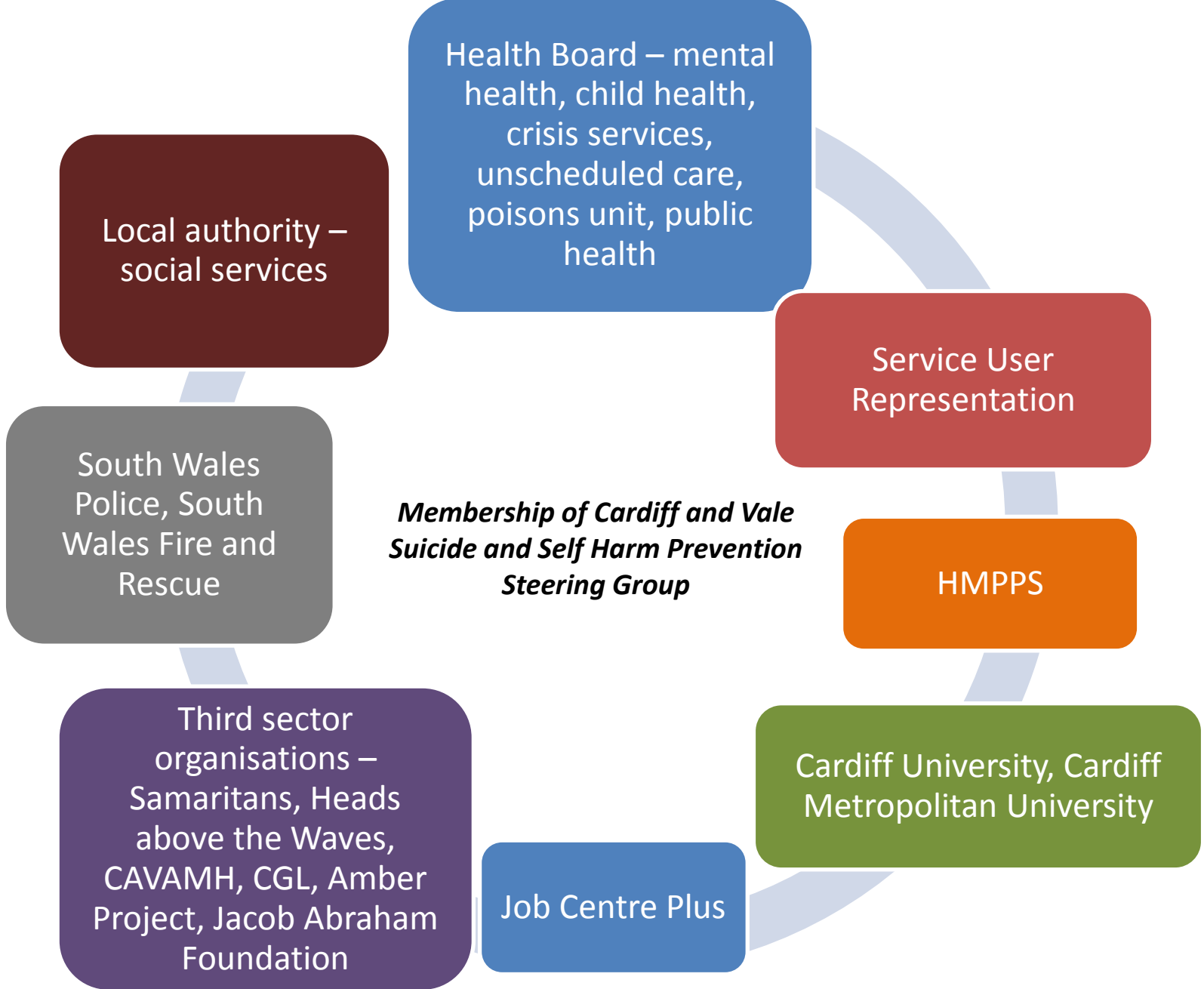
European age-standardised 5 year rolling rate (EASR) per 100,000, persons aged 10+, Cardiff and Vale UHB and local authorities

↔ 95% confidence interval



Toggle view





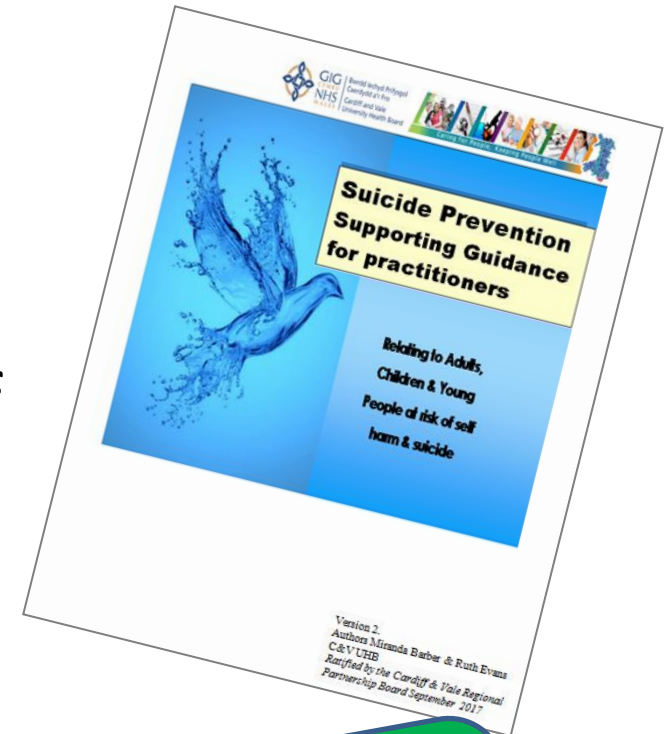
Structure and governance

- Two-way reporting system between the Cardiff and Vale Steering Group and the Regional Steering Group for Suicide and Self-harm, which then reports to the National Advisory Group
- Cardiff and Vale Strategy for Suicide and Self Harm Prevention aligned to Talk to Me 2 key objectives
- Development of Local Project Plan aligned to Talk to Me 2 objectives - reviewed & updated in each meeting

Project/Programme	Status	Responsible	Start Date	End Date	Review Date
Cardiff and Vale Strategy for Suicide and Self-Harm Prevention	Completed	Public Health	2018	2020	2020
Local Project Plan	In Progress	Public Health	2020	2021	2021
Regional Steering Group	Active	Public Health	2020	Ongoing	2021
National Advisory Group	Active	Public Health	2020	Ongoing	2021

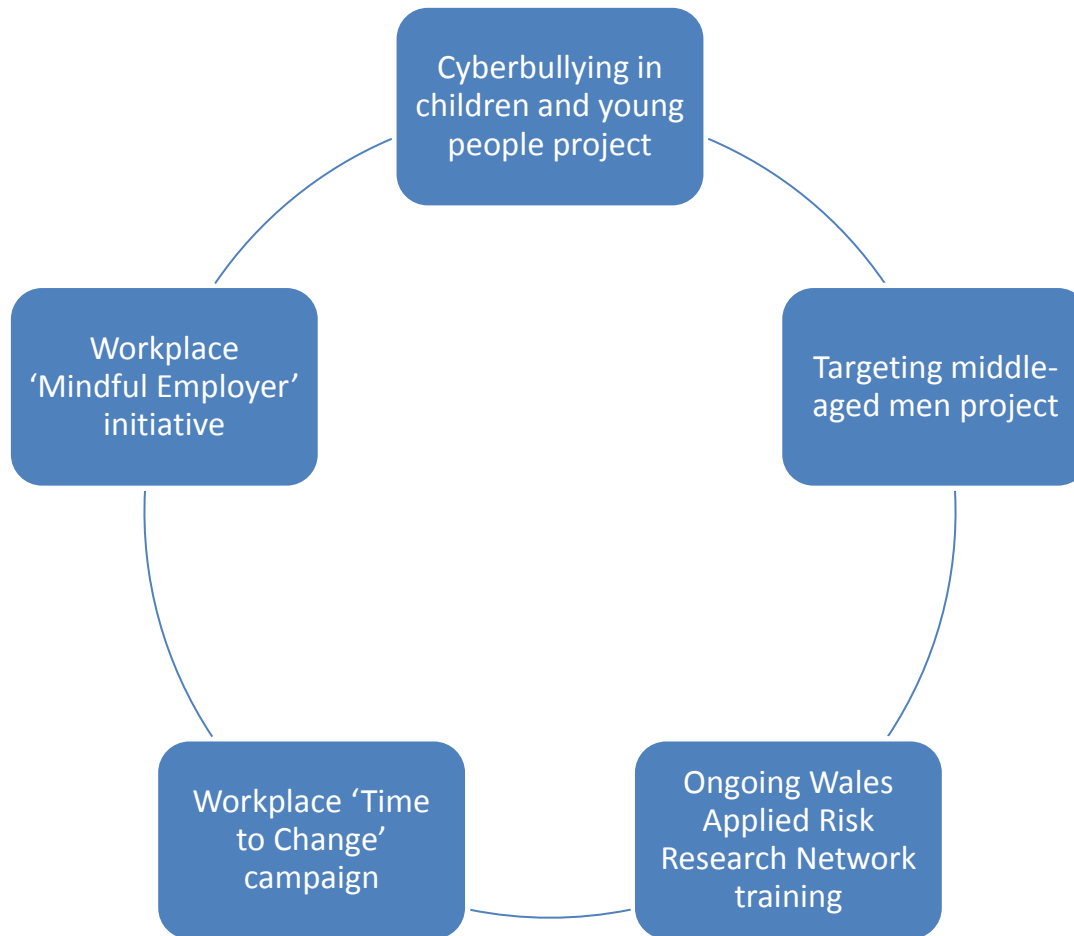
Key achievements to date

- Compilation of Suicide Prevention Supporting Guidance for practitioners
- Compilation of Suicide and Self Harm Prevention Training and Development Data base
- Collation of data on frequently used sites / Fire and Rescue, British Transport Police and Coroner's data



No frequently used sites identified across Cardiff and Vale

Actions in progress



Wider partnership action to support emotional and mental health

- Public Service Board wellbeing plan - range of work on early years
- Childs' rights approaches
- Me, My Home, My Community - resilience workers in schools
- Emotional wellbeing service for children and young people - *Change, Grow, Live*
- Primary Mental Health Support Services and counselling services
- Primary care cluster – mental health liaison workers and third sector workers

Next steps and recommendation

- Ongoing project management to progress strategic objectives/actions
- Monitoring of suicide rate trends
- Monitor and review 'frequently used sites' data

Recommendation:

The Vale of Glamorgan Healthy Living and Social Care Scrutiny Committee is asked to note the progress to date and continue to support the delivery of the actions.